

Pacifica Tidings



FEBRUARY 2019



A Note from the Executive Director

Here we are in 2019 already and the first month has just flown by! We are excited about the upcoming changes in 2019! We have some wonderful projects scheduled that everyone will be excited to see!

I would like to announce the addition of two more members to our nursing team! First off, Diane Pouliot who has joined us from Brookdale-Monroe where she has been the last several years. She brought with her, Cordie Burch who also worked at Brookdale. Before that, she spent 24 years at Merry Haven right here in Snohomish. Diane will be here Sunday-Thursday and Cordie will be here Friday and Saturday. Please make sure to say hello when you see them and welcome them to Pacifica-Snohomish!

On February 6th we will be hosting a fun event here at the community. The Wine and Chocolate Open House will run from 3pm-6pm on the 6th. We will be serving local wine, tasty chocolate treats while being entertained by one of our community favorites, Robbie Egelstad. We hope to see you there! Happy Valentine's Day!

-Heinz Gehner, ED

Who am I?

I came for a visit in November of 2018 and met the lovely residents at Pacifica Snohomish. I quickly made lots of friends and felt this place become my second home. It wouldn't take long before I found myself wandering back here to my home for good.

I know that when each day comes, I can bring a smile to each and every one of my residents. It's Perrrrfect..

**- And Now Introducing -
Employee Of The Month**

Welcome to Our Community

Walter Obritz
Windsor Mc Cannon
Rich Van Cooten
Juanita Frye

Activities & Special Events

Welcome To February 2019



It's American Heart Health Awareness Month! We are taking steps to raise awareness with keeping our hearts healthy and strong. From the Walking Club to Balloon Toss, we will be focusing on some of our favorite daily activities that benefit the heart.

Scenic Drives and trips to the Library are on the schedule this month. We're also planning a trip to the Looking Glass and a tour is set for the Snohomish Aquatic Center. Should be fun!

The "HeArt" Studio will be busy this month as we find several ways to create with different heart art projects. We have everything from valentines to heart shape boxes. If you would like to join us, the Art Studio is held every Monday at 1:00 pm.

Feel free to find us and like us on Facebook to stay up to date with current events and activities!

Senior Spotlight: Bev Moeller

This month, we shine our Senior Spotlight on our friend, Bev Moeller!

Bev was born in Texas and grew up in Waterloo, Iowa. She met Mike in college, where she earned a Bachelor of Science degree in Chemistry.

They married in 1960 and moved to Ft. Lewis, Washington St. and raised two wonderful kids, Kristen and Greg.

Bev worked as a program coordinator at a community college and spent most of her retirement in Arizona and New Mexico. She has since moved back to Washington and has been living in Monroe for a few years now.

She enjoys gardens, audiobooks, singing, walks, painting, making pottery and jewelry designing.

Bev has made many friends since she came to Pacifica Snohomish. You can find her often playing a game of Wii Bowling! She's an expert.

Words Of Wisdom..

"Life is uncertain. Eat dessert first." - E. Olmer



Health & Fitness by

Dawna & Michael

We invite you to come, relax and let the care team pamper you. They offer hair care, nail care and foot care. If you are new to the community or this is your first time hearing this, we have all the information below.

- **The Hair Salon**

Theresa Rutter has been with us for many years and is very good at what she does.

Days of Business:

Monday through Wednesday.

Services Available:

Shampoo & Style, Haircut & Style, Permanent Wave with Haircut and Set or Style, Color with Cut and Style.

Contact Information:

Please pick up a Hair Care Authorization form at the front desk today.

- **Nails By Leslie**

Leslie Martinis came to us last year and we are very grateful to have her as part of our team.

Days of Business:

Mondays Only 1:00pm-5:00pm

Services Available:

Manicures & Pedicures

Contact Information:

Please make appointment through the front desk today.

- **Physician**

Communication Form

Friendly Reminder...

Please make sure to pick up this form before going to your doctor's appointment. Located at the front desk or any one of our cottages. Thank you.

Birthdays



Patty Davies	2/5
Opal Griffith	2/19
Orlin Heck	2/21
Joyce Hiatt	2/21
Peter Jackman	2/22
Pauline Morgan	2/23
Connie Fraser	2/25
Joan Pearson	2/26
Ladlyn O'Loughlin	2/28

Happy Birthday To You!

Spiritual Activities

On Sundays, we are blessed to have Church Services provided by Emmanuel Baptist Church with Bill and Donna Bair.

Dave Troupe from Snohomish Community Church also comes to lead worship for our residents. Both trade off every other Sunday.

The Saint Michaels Parish offers Communion on Wednesdays. Tim comes by to provide this special service for all of our residents.



Who Am I? (answer)

Cal Raven
Black Cat
Kitty

The Community Cat



★★ *Employee Of The Month* ★★

Hanh Ho

Personal Care Assistant

For Outstanding Performance, Service And Dedication.
Congratulations Hanh!

Management Team

Heinz Gehner
Executive Director

Roxie Stormo
Community Relations Director

Dawna Wymore
Activity Director

Michael Cain
Resident Services Director

Janice Kleespie
Food Service Director

Chris Schilz
Maintenance Director

Nicole Jamison
Office Manager



*Pacifica Senior Living is committed to
supporting our communities,
residents, and the families we serve.*

*We strive to create a lifestyle of
independence, security, and peace of mind.*

*It is through our dedicated and caring
team members that our culture is
exemplified in service, accountability,
teamwork and compassion.*

*The right choice. The right time.
Welcome Home!*



PACIFICA
SENIOR LIVING

SNOHOMISH
Assisted Living
Memory Care

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Welcome Home!