

February 2019

Village

at belmar

Monarch House Event Calendar



Our Mission:

*It is our passion and privilege to provide an
elevated quality of life for those we serve through
Meaningful Connections with residents, families, friends and associates.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div> <div>Color Key</div> <div> <div>■</div> Special Events at Belmar </div> <div> <div>■</div> Off Campus Programs </div> </div>			<div>1</div> <div>9:30 Tai Chi</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 February Trivia</div> <div>11:30 Family Feud</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:00 VAB Theater: Vegas Vacation</div> <div>4:00 Sing A Longs</div> <div>6:00 Friday Funnies</div>	<div>2</div> <div>10:00 Sit And Be Fit</div> <div>10:30 Morning refreshments</div> <div>11:00 Brain Fitness</div> <div>11:30 Valen</div> <div>1:30 Health & Wellness-- Relaxation</div> <div>2:00 Painting With Olga</div> <div>3:00 Happy Hour</div> <div>4:30 One On One Social Hour</div> <div>6:00 Cheers</div>
<div>3</div> <div>9:30 Mile Hi Church</div> <div>9:30 IN2L Sermon</div> <div>11:00 Morning Refreshments</div> <div>11:30 Sit And Be Fit</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:00 Baking: Krispie Treats</div> <div>3:30 Afternoon Exercise</div> <div>4:00 Spa Manicures</div> <div>6:00 The Mary Tyler Moore Show</div>	<div>4</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 Birds Of Prey Presentation</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:30 Yoga Class</div> <div>3:30 Giant Jenga</div> <div>4:00 Pet Visit W/ Mavis</div> <div>4:30 One On One Social Hour</div> <div>6:00 Popcorn And A Movie ‘ Jumanji’”</div>	<div>5</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning refreshments</div> <div>11:00 Two Of A Kind</div> <div>11:30 On This Day</div> <div>1:30 Chef Demo</div> <div>2:45 Craft: Puzzle Piece Craft</div> <div>3:30 Out to the Library</div> <div>3:30 Dancing With Rosemary</div> <div>4:00 Music Therapy</div> <div>6:00 The Lucy Show</div>	<div>6</div> <div>10:30 Sit And Be Fit</div> <div>11:00 Morning Refreshments</div> <div>11:30 State Trivia</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:00 Poker Game</div> <div>3:00 Parachute</div> <div>4:30 Music From The 40’s</div> <div>6:00 The Golden Girls</div>	<div>7</div> <div>9:00 Scenic Drive</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 Brain Fitness</div> <div>11:30 Bingo</div> <div>1:30 Health & Wellness: Relaxation</div> <div>1:30 Movie Matinee</div> <div>2:00 Giant Jenga</div> <div>3:00 Chair Kickball</div> <div>4:00 Pet Visit With Mavis</div> <div>6:00 The Dick Van Dyke Show</div>	<div>8</div> <div>9:30 Tai Chi</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:30 Planet Earth</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:30 Color Me Colorado</div> <div>3:45 Bean Bag Toss</div> <div>4:30 Aroma Therapy</div> <div>6:00 Friday Funnies</div>	<div>9</div> <div>10:00 Sit And Be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 Brain Fitness</div> <div>11:30 50’s Movie Trivia</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:30 Valentines Day Party</div> <div>4:30 One On One Social Hour</div> <div>6:00 Cheers</div>
<div>10</div> <div>9:30 Catholic Church</div> <div>9:30 IN2L Sermon</div> <div>11:00 Morning refreshments</div> <div>11:30 Sit And Be Fit</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:00 Baking: Chocolate Peanut Butter Ritz</div> <div>3:30 Afternoon Exercise</div> <div>4:00 Spa Manicures</div> <div>6:00 The Mary Tyler Moore Show</div>	<div>11</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 Brain Fitness</div> <div>11:30 Out To Lunch: Chili’s</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:00 Color Me Colorado</div> <div>3:00 Chair Volleyball</div> <div>4:00 Pet Visit W/ Mavis</div> <div>4:30 One On One Social Hour</div> <div>6:00 Popcorn And A Movie ‘ Mamma Mia 2’</div>	<div>12</div> <div>10:00 Sit And Be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 What Did it Cost?</div> <div>11:30 Good News</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:00 Active Minds: Cuba</div> <div>3:00 Craft: Valentine’s Day Cards</div> <div>4:00 Music therapy</div> <div>6:00 The Lucy Show</div>	<div>13</div> <div>10:30 Sit And be fit</div> <div>11:00 Morning Refreshments</div> <div>11:30 State Trivia</div> <div>1:30 Health & Wellness: Relaxation</div> <div>3:30 Twister Toss</div> <div>4:30 Music From The 50’s</div> <div>6:00 The Golden Girls</div>	<div>14</div> <div>9:00 Scenic Drive</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning refreshments</div> <div>11:00 Brain Fitness</div> <div>11:30 Bingo!</div> <div>1:30 Health & Wellness</div> <div>2:00 Giant Jenga</div> <div>3:00 Chair Kickball</div> <div>4:00 Pet Visit With Mavis</div> <div>6:00 The Dick Van Dyke Show</div> <div>Valentines Day!</div>	<div>15</div> <div>9:30 Tai Chi</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 What Did It Cost?</div> <div>11:30 Family Feud</div> <div>11:30 Fast Friday</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:00 VAB Theater: Christopher Robin</div> <div>4:00 Sing A Longs</div> <div>6:00 Friday Funnies</div>	<div>16</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 Brain Fitness</div> <div>11:30 Entertainment Trivia</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:00 Painting With Olga</div> <div>3:00 Happy Hour</div> <div>4:30 One On One Social Hour</div> <div>6:00 Cheers</div>
<div>17</div> <div>10:00 Church Service</div> <div>11:00 Morning Refreshments</div> <div>11:30 Sit And be Fit</div> <div>1:30 Health & Wellness</div> <div>2:00 Baking: Cookies</div> <div>3:00 Afternoon Exercise Group</div> <div>4:00 Spa Manicures</div> <div>6:00 The Mary Tyler Moore Show</div>	<div>18</div> <div>10:00 Sit And Be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 Word games</div> <div>11:30 Bingo!</div> <div>1:30 Health & Wellness: Relaxation</div> <div>1:30 Out for Coco</div> <div>2:30 Yoga Class</div> <div>3:30 Giant Jenga</div> <div>4:00 Pet Visit With Mavis</div> <div>4:30 One On One Social Hour</div> <div>6:00 Popcorn And A Movie “ OverBoard”</div>	<div>19</div> <div>10:00 Sit And Be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 Common Sayings</div> <div>11:30 On This Day</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:30 Singing With Roz</div> <div>3:30 Dancing With Rosemary</div> <div>4:00 Music Therapy</div> <div>6:00 The Lucy Show</div>	<div>20</div> <div>10:30 Sit And be Fit</div> <div>11:00 Morning Refreshments</div> <div>11:30 State Trivia</div> <div>12:00 Men’s Luncheon</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:30 Poker Game</div> <div>3:30 Parachute</div> <div>4:30 Music From The 60’s</div> <div>6:00 The Golden Girls</div>	<div>21</div> <div>9:00 Scenic Drive</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning refreshments</div> <div>11:00 Brain Fitness</div> <div>11:30 Bingo!</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:00 Denver Aquarium</div> <div>3:00 Chair Kickball</div> <div>4:00 Pet Visit With Mavis</div> <div>6:00 The Dick Van Dyke Show</div>	<div>22</div> <div>8:00 Out To Breakfast</div> <div>9:30 Tai Chi</div> <div>10:00 Sit And Be Fit</div> <div>10:30 Morning refreshments</div> <div>11:00 What Did It Cost?</div> <div>11:30 Trivia</div> <div>1:30 Health & Wellness</div> <div>2:30 Color Me Colorado</div> <div>3:45 Bean Bag Toss</div> <div>4:30 Aroma Therapy</div> <div>6:00 Friday Funnies</div>	<div>23</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 Brain Fitness</div> <div>11:30 70’s Movie Trivia</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:00 Painting with Olga</div> <div>3:00 Ladder Ball</div> <div>4:30 One On One Social Hour</div> <div>6:00 Cheers</div>
<div>24</div> <div>10:00 Church Service</div> <div>10:15 Mile Hi Youth Group</div> <div>11:00 Morning Refreshments</div> <div>11:30 Sit And Be Fit</div> <div>1:30 Health & Wellness</div> <div>2:00 Baking: Fudge</div> <div>3:00 Afternoon Exercise Group</div> <div>4:00 Spa Manicures</div> <div>6:00 The Mary Tyler Moore Show</div>	<div>25</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 Brain Fitness</div> <div>11:30 Bingo!</div> <div>1:30 Health & Wellness: Relaxation</div> <div>1:30 Out To The Movies</div> <div>4:30 Pet Visit With Mavis</div> <div>6:00 Popcorn And A Movie “La La Land”</div>	<div>26</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 Name That Sound</div> <div>11:30 On This Day</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:30 Craft: Handmade Suncatchers</div> <div>3:30 Dancing With Rosemary</div> <div>4:00 Music Therapy</div> <div>6:00 The Lucy Show</div>	<div>27</div> <div>10:30 Sit And be Fit</div> <div>11:00 Morning Refreshments</div> <div>11:30 State Tri</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:30 Village Inn Pie</div> <div>3:30 Parachute</div> <div>4:30 Music From The 70’s</div> <div>6:00 The Golden Girls</div>	<div>28</div> <div>9:00 Scenic Drive</div> <div>10:00 Sit And be Fit</div> <div>10:30 Morning Refreshments</div> <div>11:00 Out Bowling & Lunch</div> <div>1:30 Health & Wellness: Relaxation</div> <div>2:00 Giant Jenga</div> <div>3:00 Chair Kickball</div> <div>4:00 Pet Visit With Mavis</div> <div>6:00 The Dick Van Dyke Show</div>	<div>Please Note:</div> <div>All programming is subject to change based on weather, needs of residents, etc.</div>	