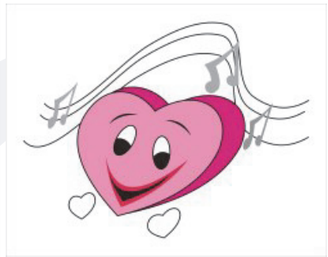
Legacies Pacifica Memory Care

February 2019

HERITAGE HILLS
A Pacifica Senior Living Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					**1** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Music Trivia FR 2:30 Super Bowl Party DR 7:00 Chicken Soup for the Soul	**2** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 12:00 Dining Setup DR 2:00 Music Therapy FR 3:00 Noodle Ball FR 5:00 Dining Setup DR **National Groundhog Day**
3 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 12:00 Dining Setup DR 3:00 Balloon Ball FR 6:45 Speak Life Comm. Church SUPER BOWL SUNDAY	**4** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Hymn Singing FR 2:30 Color by Numbers FR 3:30 Relaxing Music H 7:00 Wheel Of Fortune FR Nail Spa Time– All Day	**5** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR **11:00 B/P Clinic w/ Encompass** 2:00 Food Committee Meeting DR 3:00 King Goslin w/ Pound Fit 7:00 Worship Service w/ Duane	**6** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Hand Massage w/ Etta 2:00 Snacktivity DR 3:30 Walking Club H 7:00 Classical Music H	**7** 10:00 Morning Exercise w/ Brookdale Therapy FR 10:30 Daily Snack Social FR 11:00 Brain Game w/ Brookdale Therapy FR 2:30 Valentine Bingo DR 7:00 Wheel of Fortune FR	**8** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Word Game FR 2:30 Women's Group Red Hats FR 3:30 Movie & Popcorn FR 7:00 Chicken Soup for the Soul	**9** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 12:00 Dining Setup DR 2:00 Music Therapy FR 3:00 Brain Game FR 4:00 Saturday Matinee FR 5:00 Dining Setup DR
10 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Worship Music FR 3:00 Noodle Ball FR 4:00 Sunday Matinee FR 7:00 Gaither Video FR	**11** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Hymn Singing FR 2:00 Valentine Crafts DR **3:00 Scenic Drive BT** 7:00 Wheel Of Fortune FR **Nail Spa Time– All Day**	**12** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Paint Heart Valentine DR 3:00 Romance Music H 5:00 Family Night Theme: "Our Hearts are join together"	**13** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Hand Massage w/ Etta FR 2:00 Snacktivity DR 3:30 Walking Club H 7:00 Classical Music H	**14** 10:00 Morning Exercise w/ Brookdale Therapy FR 10:30 Daily Snack Social FR 11:00 Valentine Trivia FR 2:30 Valentine Party DR 4:00 Romantic Music H *Happy Valentine Day*	**15** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Lunch Outing BT 2:30 Noodle Ball FR 3:30 Movie & Popcorn FR 7:00 Chicken Soup for the Soul	**16** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 12:00 Dining Setup DR 2:00 Music Therapy FR 3:00 Balloon Volleyball FR 4:00 Saturday Matinee FR 5:00 Dining Setup DR
17 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Table Ball FR 3:00 Worship Music FR 4:00 Sunday Matinee FR 7:00 Gaither Video FR	**18** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Hymn Singing FR 2:30 Presidents Day Trivia FR 7:00 Wheel Of Fortune FR **Presidents Day** **Nail Spa Time– All Day**	**19** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Name that Tune FR 1:00 Memorial Service w/ Hospice 3:00 King Goslin w Pound Fit 7:00 Worship w/ Duane FR	**20** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Nature Pictures w/ Glenda FR 2:00 Snacktivity DR 3:30 Walking Club H 7:00 Classical Music H	**21** 10:00 Morning Exercise w/ Brookdale Therapy FR 10:30 Daily Snack Social FR 11:00 Sing-a-Long FR 2:30 Snack Bingo DR 4:00 Relaxing Music H 7:00 Wheel of Fortune FR	**22** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Resident Council Meeting 2:30 Monthly Birthday Party DR Entertainment w/ Robin Graf 3:30 Friday Matinee FR 7:00 Chicken Soup for the Soul	**23** 10:00 Morning Exercise FR 10:30 Daily Social Snack FR 12:00 Dining Setup DR 2:00 Music Therapy FR 3:00 Beach Ball Toss FR 4:00 Saturday Matinee FR 5:00 Dining Setup DR
24 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 12:00 Dining Setup DR 3:00 Balloon Toss FR 5:00 Dining Setup DR 7:00 Gaither Video FR	**25** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Hymn Singing FR 2:00 Beach Ball Toss FR **3:00 Scenic Drive BT** 7:00 Wheel Of Fortune FR **Nail Spa Time– All Day**	**26** 10:00 Morning Exercise FR 10:15 Daily Snack Social FR 10:30 Salvation Army FR 11:00 Price is Right FR 2:00 Calendar Planning Meeting DR 7:00Worship Service w/ Duane	**27** 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Nature Pictures w/ Glenda FR 2:00 Snacktivity DR 3:30 Walking Club H 7:00 Classical Music H	**28** 10:00 Morning Exercise w/ Brookdale Therapy FR 10:30 Daily Snack Social FR 11:00 Brain Game w/ Brookdale Therapy FR 2:30 Prize Bingo DR 7:00 Wheel of Fortune FR	**Location Key** **FR– Family Room** **DR– Dining Room** **DD– Dogwood Dining Room** **BT-Bus Trip** **O-Outside** **H-Hallway** **C-Courtyard**	****All Activities are Subject to Change****