


February 2019
Assisted Living Lifestyle & Leisure



created with Sage

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 2616 Turner Road Ponca City, OK 74604 580-765-5900	<div><div>AE</div>Artistic Expression</div> <div><div>CC</div>Community Connections</div> <div><div>CE</div>Continuing Education</div> <div><div>LL</div>Lifestyle & Leisure</div> <div><div>PE</div>Physical Engagement</div> <div><div>SS</div>Spiritual Support</div>				9:30 <div>PE</div> Morning Exercises 1	Groundhog Day 2 9:30 Morning Walk 2:00 Board Game 6:00 Brews & News 7:15 Saturday Stretches
	10:00 <div>SS</div> Sunday Service 3 2:00 Card Game 6:00 Word Puzzles 7:15 Sunday Striders	9:30 <div>PE</div> Morning Exercises 4 10:30 News & Nibbles 2:00 Cookies & Milk 6:00 Movie Night 7:15 Evening Stroll	9:30 <div>PE</div> Morning Exercises 5 10:30 Baptist Church Singers 2:00 Braum's Outing 6:00 Crossword Puzzles 7:15 Stretch & Flex	9:30 <div>PE</div> Morning Exercises 6 10:30 Snacks & Chats 2:00 <div>AE</div> Crafty Corner 6:00 Card Game 7:15 Simple Stretches	9:30 <div>PE</div> Morning Exercises 7 10:30 <div>CC</div> Food Committee Meeting 1:00 Music & Manicures 2:30 <div>SS</div> Bible Study 6:00 Domino's 7:15 Wind Down Walk	9:30 <div>PE</div> Morning Exercises 8 10:30 Coffee & Crosswords 3:00 Live Entertainment 6:00 Movie Night 7:15 Stretch It Out
	10:00 <div>SS</div> Sunday Service 10 2:00 Card Game 6:00 Word Puzzles	9:30 <div>PE</div> Morning Exercises 11 10:30 News & Nibbles 2:00 Ice Cream Social 6:00 Movie Night 7:15 Evening Stroll	9:30 <div>PE</div> Morning Exercises 12 10:30 Coffee & Convo's 2:00 Walmart Outing 6:00 Crossword Puzzles 7:15 Stretch & Flex	9:30 <div>PE</div> Morning Exercises 13 10:30 Snacks & Chats 2:00 <div>CE</div> Taste & Tell 7:15 Simple Stretches	Valentine's Day 14 9:30 <div>PE</div> Morning Exercises 10:30 <div>CC</div> Food Committee Meeting 2:00 Valentines Day Party 6:00 Domino's 7:15 Wind Down Walk	9:30 <div>PE</div> Morning Exercises 15 10:30 Coffee & Crosswords 3:00 Live Entertainment 6:00 Movie Night 7:15 Stretch It Out
	10:00 <div>SS</div> Sunday Service 17 2:00 Card Game 6:00 Word Puzzles	Presidents' Day 18 9:30 <div>PE</div> Morning Exercises 10:30 News & Nibbles 2:00 Wine & Cheese 6:00 Movie Night 7:15 Evening Stroll	9:30 <div>PE</div> Morning Exercises 19 10:30 Coffee & Convo's 2:00 Sonic Outing 6:00 Crossword Puzzles 7:15 Stretch & Flex	9:30 <div>PE</div> Morning Exercises 20 10:30 Snacks & Chats 2:00 Bingo 7:15 Simple Stretches	9:30 <div>PE</div> Morning Exercises 21 10:30 <div>CC</div> Food Committee Meeting 1:00 Music & Manicures 2:30 <div>SS</div> Bible Study 6:00 Domino's 7:15 Wind Down Walk	9:30 <div>PE</div> Morning Exercises 22 10:30 Coffee & Crosswords 3:00 Live Entertainment 6:00 Movie Night 7:15 Stretch It Out
	10:00 <div>SS</div> Sunday Service 24 2:00 Card Game 6:00 Word Puzzles	9:30 <div>PE</div> Resident Council Meeting 25 10:30 News & Nibbles 2:00 Bingo 6:00 Movie Night 7:15 Evening Stroll	9:30 <div>PE</div> Morning Exercises 26 10:30 Coffee & Convo's 2:00 Casino Outing 6:00 Crossword Puzzles 7:15 Stretch & Flex	9:30 <div>PE</div> Morning Exercises 27 10:30 Snacks & Chats 2:00 <div>LL</div> Birthday Bash 7:15 Simple Stretches	9:30 <div>PE</div> Morning Exercises 28 10:30 <div>CC</div> Food Committee Meeting 1:00 Music & Manicures 2:30 <div>SS</div> Bible Study 6:00 Domino's 7:15 Wind Down Walk	