

February 2019  
Independent Living Lifestyle & Leisure



created with **Sagefly**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>8700 Riley Drive Little Rock, AR 72205 501-224-4242</p>					<p>9:30 Communion <b>1</b></p> <p>10:30 Aerobics Class</p> <p>11:15 Lunch Bunch - Brave New</p> <p>1:30 Bingo</p> <p>2:30 Tech Visits</p> <p>4:00 Happy Hour</p>	<p><b>Groundhog Day 2</b></p> <p>11:00 Men's Billiards Group</p> <p>1:00 Conversation Club/Atrium</p> <p>2:00 Pinochle/Atrium</p> <p>4:00 Happy Hour</p> <p>6:30 Saturday Night Movie</p>
<p>9:30 Worship Service <b>3</b></p> <p>11:00 Beginner's Bridge/Atrium</p> <p>11:00 Dominoes/Atrium</p> <p>2:00 Knit &amp; Crochet/Atrium</p> <p>2:00 Mahjong/Atrium</p> <p>5:30 Super Bowl Watch Party</p>	<p>10:00 AR Through Food - Conway <b>4</b></p> <p>10:00 Water Aerobics</p> <p>2:00 Yoga</p> <p>2:30 Tech Visits</p> <p>4:00 Happy Hour</p>	<p>10:00 Manicures &amp; Pedicures <b>5</b></p> <p>10:00 Playing Pool in the Billiards Room</p> <p>1:30 Bingo</p> <p>4:00 3rd floor Happy Hour &amp; Games</p> <p>4:00 Happy Hour</p>	<p>8:30 Life Quest Classes</p> <p>10:00 Dominoes/3rd floor, resident led <b>6</b></p> <p>11:00 Residents' Meeting</p> <p>1:00 Assisted Living Residents' Meeting</p> <p>1:00 Cards/3rd floor - cancelled</p> <p>2:00 Music in the Atrium - Fire &amp; Brimstone</p> <p>2:30 Tech Visits</p> <p>4:00 Happy Hour</p>	<p>8:30 Life Quest Classes <b>7</b></p> <p>10:00 One on One Visits</p> <p>10:00 Spa Day at Asian Nails</p> <p>11:00 Your Life Through Photos</p> <p>2:00 Yoga</p> <p>4:00 3rd floor Happy Hour &amp; Games</p> <p>4:00 Happy Hour</p>	<p>9:30 Communion <b>8</b></p> <p>10:30 Aerobics Class</p> <p>11:15 Lunch Bunch - The Terrace</p> <p>1:30 Bingo</p> <p>2:30 Tech Visits</p> <p>4:00 Happy Hour</p>	<p>11:00 Men's Billiards Group <b>9</b></p> <p>1:00 Conversation Club/Atrium</p> <p>2:00 Pinochle/Atrium</p> <p>4:00 Happy Hour</p> <p>6:30 Saturday Night Movie</p>
<p>9:30 Worship Service <b>10</b></p> <p>11:00 Beginner's Bridge/Atrium</p> <p>11:00 Dominoes/Atrium</p> <p>2:00 Billy Killmer Performs - Atrium</p> <p>2:00 Knit &amp; Crochet/Atrium</p> <p>2:00 Mahjong/Atrium</p>	<p><b>Movie Monday at Breckenridge - time TBA 11</b></p> <p>10:00 Water Aerobics</p> <p>11:00 Happiness Singers Perform</p> <p>11:30 Jewelry Conversion - Atrium</p> <p>2:00 Yoga</p> <p>2:30 Tech Visits</p> <p>4:00 Happy Hour</p>	<p>10:00 Manicures &amp; Pedicures <b>12</b></p> <p>10:00 Playing Pool in the Billiards Room</p> <p>11:00 Blood Pressure Checks</p> <p>1:30 Bingo</p> <p>4:00 3rd floor Happy Hour &amp; Games</p> <p>4:00 Happy Hour</p>	<p><b>Valentine's Celebration &amp; Birthday Night 13</b></p> <p>8:30 Life Quest Classes</p> <p>10:00 Dominoes/3rd floor, resident led</p> <p>1:00 Cards/3rd floor</p> <p>2:00 Music in the Atrium - Carol Dabney</p> <p>2:00 Nurses Meeting</p> <p>2:30 Tech Visits</p> <p>4:00 Happy Hour</p>	<p><b>Valentine's Day 14</b></p> <p>8:30 Life Quest Classes</p> <p>10:00 One on One Visits</p> <p>11:00 Your Life Through Photos</p> <p>2:00 Yoga</p> <p>4:00 3rd floor Happy Hour &amp; Games</p> <p>4:00 Happy Hour</p>	<p>9:30 Communion <b>15</b></p> <p>10:30 Aerobics Class</p> <p>11:15 Lunch Bunch - Cathead's Diner</p> <p>1:30 Bingo</p> <p>2:30 Tech Visits</p> <p>4:00 Happy Hour</p>	<p>11:00 Men's Billiards Group <b>16</b></p> <p>1:00 Conversation Club/Atrium</p> <p>2:00 Pinochle/Atrium</p> <p>4:00 Happy Hour</p> <p>6:30 Saturday Night Movie</p>
<p>9:30 Worship Service <b>17</b></p> <p>11:00 Beginner's Bridge/Atrium</p> <p>11:00 Dominoes/Atrium</p> <p>12:30 Brunch</p> <p>2:00 Knit &amp; Crochet/Atrium</p> <p>2:00 Mahjong/Atrium</p> <p>5:30 Wildwood Park Lantern Festival</p>	<p><b>Presidents' Day 18</b></p> <p>10:00 Massages By Lisa</p> <p>10:00 Water Aerobics</p> <p>11:00 AR Through Food - Hot Springs &amp; Oaklawn</p> <p>12:00 Lunch</p> <p>2:00 Yoga</p> <p>2:30 Tech Visits</p> <p>4:00 Happy Hour</p>	<p>10:00 Manicures &amp; Pedicures <b>19</b></p> <p>10:00 Playing Pool in the Billiards Room</p> <p>11:00 Blood Pressure Checks</p> <p>1:30 Bingo</p> <p>4:00 3rd floor Happy Hour &amp; Games</p> <p>4:00 Happy Hour</p>	<p>8:30 Life Quest Classes</p> <p>10:00 Dominoes/3rd floor, resident led <b>20</b></p> <p>10:30 Tour of Stacey's Yoga Studio &amp; Lunch at La Casa Real</p> <p>11:00 Pottery</p> <p>12:00 Activity Committee Meeting</p> <p>1:00 Cards/3rd floor</p> <p>2:00 Music in the Atrium - Paul Morphis</p> <p>2:30 Tech Visits</p> <p>4:00 Happy Hour</p>	<p>8:30 Life Quest Classes <b>21</b></p> <p>10:00 One on One Visits</p> <p>11:00 Your Life Through Photos</p> <p>2:00 Yoga</p> <p>4:00 3rd floor Happy Hour &amp; Games</p> <p>4:00 Happy Hour</p>	<p>9:30 Communion <b>22</b></p> <p>10:30 Aerobics Class</p> <p>11:15 Lunch Bunch - Milford Track</p> <p>1:30 Bingo</p> <p>2:30 Tech Visits</p> <p>4:00 Happy Hour</p>	<p>11:00 Men's Billiards Group <b>23</b></p> <p>1:00 Conversation Club/Atrium</p> <p>2:00 Pinochle/Atrium</p> <p>4:00 Happy Hour</p> <p>6:30 Saturday Night Movie</p>
<p>9:30 Worship Service <b>24</b></p> <p>11:00 Beginner's Bridge/Atrium</p> <p>11:00 Dominoes/Atrium</p> <p>2:00 Knit &amp; Crochet/Atrium</p> <p>2:00 Mahjong/Atrium</p> <p>2:15 AR Symphony Outing - Beethoven: Symphony No.9</p>	<p><b>Movie Monday at Breckenridge - time TBA 25</b></p> <p>10:00 Water Aerobics</p> <p>11:00 OWLS Book Club</p> <p>11:30 Jewelry Conversion - Atrium</p> <p>2:00 Yoga</p> <p>2:30 Tech Visits</p> <p>4:00 Happy Hour</p>	<p>10:00 Manicures &amp; Pedicures <b>26</b></p> <p>10:00 Playing Pool in the Billiards Room</p> <p>1:30 Bingo</p> <p>4:00 3rd floor Happy Hour &amp; Games</p> <p>4:00 Happy Hour</p>	<p>8:30 Life Quest Classes <b>27</b></p> <p>10:00 Dominoes/3rd floor, resident led</p> <p>1:00 Cards/3rd floor</p> <p>2:00 Library Committee Meeting</p> <p>2:00 Music in the Atrium - Butch Money Gospel</p> <p>2:30 Tech Visits</p> <p>4:00 Happy Hour</p>	<p>8:30 Life Quest Classes <b>28</b></p> <p>9:00 Charles Darby with Chenal Hearing</p> <p>10:00 One on One Visits</p> <p>10:00 Spa Day at Asian Nails</p> <p>11:00 Your Life Through Photos</p> <p>2:00 Yoga</p> <p>4:00 3rd floor Happy Hour &amp; Games</p> <p>4:00 Happy Hour</p>		