

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



February Activities Calendar



MEETING SCHEDULE

Food Talk / GR - Wednesday, Feb 6th - 2 PM
Activities Meeting / TR - Wednesday, Feb 6th - 3 PM
Town Hall Meeting / GR - Wednesday, Feb 27th - 3 PM



1

9:30 Coffee Klatsch / CR
 10:30 Exercise with Marilyn / GR
 1:00 Sing Along / GR
 2:00 Jewish Life/Shabbat / TR
 2:00 Bingo / GR
 7:15 Evening at the Movies / TR

2

9:30 Coffee Klatsch / CR
 10:30 Exercise with Marilyn / GR
 1:00 **Po-Ke-No / GR**
 2:00 Travelogue / TR
 7:15 Evening at the Movies / TR

3

SUPER BOWL LIII (53)

4

9:30 Coffee Klatsch / CR
 10:30 **Silver Sneakers / GR**
 1:00 Think Fast / GR
 2:00 Bingo / GR
 7:00 Bridge / GR
 7:15 Evening at the Movies / TR

5

CHINESE NEW YEAR
THE YEAR OF THE PIG

9:00 Podiatrist / FR
 9:15 Bible Study / 3rd Fl Lobby
 9:30 Coffee Klatsch / CR
 10:00 Wellness Clinic / FR
 10:30 Silver Sneakers / GR
 1:00 Po-Ke-No / GR
 2:00 Yoga with Lucy / TR
 2:00 Nails-R-Us / GR
 2:00 Billiards / 5th Fl
 3:00 Ice Cream Social / GR
 3:00 Knifty Knitters / GR
 4:00 to 6:00 Chinese New Year's Celebration / GR & DR
 7:15 Chinese Dance Performance / GR

6

MUSIC AT NOON

9:30 Coffee Klatsch / CR
 10:30 **Silver Sneakers / GR**
 11:30 Music at Noon / 1st Fl
 2:00 Food Talk / TR
 3:00 Activities Meeting / TR
 7:00 Bridge / GR
 7:15 Evening at the Movies / TR
 7:30 Pinochle / GR

7

WAL-MART BREAKFAST

9:30 Coffee Klatsch / CR
 9:30 Catholic Communion / TR
 10:00 Wal-Mart Breakfast / 1st Fl
 10:30 Exercise with Marilyn / GR
 2:00 Po-Ke-No / CR
 2:00 Yoga with Lucy / TR
 2:00 Billiards / 5th Fl
 7:15 Evening at the Movies / TR

8

9:30 Coffee Klatsch / CR
 10:30 Exercise with Marilyn / GR
 1:00 Sing Along / GR
 2:00 Jewish Life/Shabbat / TR
 2:00 Bingo / GR
 7:15 Evening at the Movies / TR

9

POETRY READING

9:30 Coffee Klatsch / CR
 10:30 Exercise with Marilyn / GR
 1:00 **Po-Ke-No / GR**
 2:00 Travelogue / TR
 7:15 **Poetry Reading / GR**
 7:15 Evening at the Movies / TR

10

11

BOOK CLUB

9:30 Coffee Klatsch / CR
 10:30 **Silver Sneakers / GR**
 1:00 Think Fast / GR
 2:00 Bingo / GR
 3:00 **Book Club / TR**
 7:00 Bridge / GR
 7:15 Evening at the Movies / TR

12

MEMOIR WRITERS

9:15 Bible Study / 3rd Fl Lobby
 9:30 Coffee Klatsch / CR
 10:00 Wellness Clinic / FR
 10:30 Silver Sneakers / GR
 1:00 Podiatrist / FR
 1:00 Po-Ke-No / GR
 2:00 Yoga with Lucy / TR
 2:00 Nails-R-Us / GR
 2:00 Billiards / 5th Fl
 3:00 Ice Cream Social / GR
 3:00 Knifty Knitters / GR
 7:15 Evening at the Movies / TR

13

TABERNACLE OF
DAVID PROGRAM

9:30 Coffee Klatsch / CR
 10:30 **Silver Sneakers / GR**
 11:30 Music at Noon / 1st Fl
 1:30 Tabernacle of David / GR
 7:00 Bridge / GR
 7:15 Evening at the Movies / TR
 7:30 Pinochle / GR

14

VALENTINE'S DAY

9:30 Catholic Mass / TR
 10:30 Exercise with Marilyn / GR
 2:00 Po-Ke-No / GR
 2:00 Yoga with Lucy / TR
 2:00 Billiards / 5th Fl
 4:45 & 6:00 Valentine's Candlelight Dinner / DR
 7:15 Evening at the Movies / TR

15

CAREMORE HEALTHY
HEART

9:30 Coffee Klatsch / CR
 10:30 Exercise with Marilyn / GR
 1:00 Sing Along / GR
 2:00 Jewish Life/Shabbat / TR
 2:00 Bingo / GR
 3:30 **CareMore Healthy Heart / TR**
 7:15 Evening at the Movies / TR

16

PASADENA SYMPHONY

9:30 Coffee Klatsch / CR
 10:30 Exercise with Marilyn / GR
 12:30 **Pasadena Symphony / 1st Fl**
 1:00 **Po-Ke-No / GR**
 2:00 Travelogue / TR
 7:15 Evening at the Movies / TR

17

TAP DANCE CLASS

18

9:30 Coffee Klatsch / CR
 10:30 **Silver Sneakers / GR**
 1:00 Think Fast / GR
 2:00 Bingo / GR
 7:00 Bridge / GR
 7:15 Evening at the Movies / TR

19

9:15 Bible Study / 3rd Fl Lobby
 9:30 Coffee Klatsch / CR
 10:00 Wellness Clinic / FR
 10:30 Silver Sneakers / GR
 1:00 Po-Ke-No / GR
 2:00 Yoga with Lucy / TR
 2:00 Nails-R-Us / GR
 2:00 Billiards / 5th Fl
 3:00 Ice Cream Social / GR
 3:00 Knifty Knitters / GR
 7:15 Evening at the Movies / TR

20

MUSIC AT NOON

9:30 Coffee Klatsch / CR
 10:30 **Silver Sneakers / GR**
 11:30 Music at Noon / 1st Fl
 2:00 Jolly Juicers / GR
 3:00 Resident Association Mtg / TR
 7:00 Bridge / GR
 7:15 Evening at the Movies / TR
 7:30 Pinochle / GR

21

CHINA TOWN

9:30 Coffee Klatsch / CR
 9:30 Catholic Communion / TR
 10:00 China Town / 1st Fl
 10:30 Exercise with Marilyn / GR
 2:00 Po-Ke-No / GR
 2:00 Yoga with Lucy / TR
 2:00 Billiards / 5th Fl
 7:15 Evening at the Movies / TR

22

RESIDENT VS STAFF
TRIVIA

9:30 Coffee Klatsch / CR
 10:30 Exercise with Marilyn / GR
 1:00 Sing Along / GR
 2:00 Jewish Life/Shabbat / TR
 2:00 Bingo / GR
 3:00 **Resident vs Staff Trivia / GR**
 7:15 Evening at the Movies / TR

23

SIERRA MADRE PLAYHOUSE
TUESDAYS WITH MORRIE

9:30 Coffee Klatsch / CR
 10:30 Exercise with Marilyn / GR
 1:30 **Resident Birthday Party / GR**
 entertainment by pianist & vocalist Dean Dobbins
 3:00 Travelogue / TR
 5:00 **Sierra Madre Playhouse / 1st Fl**
 7:15 Evening at the Movies / TR

24

91ST ACADEMY
AWARDS

25

BOOK CLUB

9:30 Coffee Klatsch / CR
 10:30 **Silver Sneakers / GR**
 1:00 Think Fast / GR
 2:00 Bingo / GR
 3:00 **Book Club / TR**
 7:00 Bridge / GR
 7:15 TED Talk / TR

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MEMOIR WRITERS

9:15 Bible Study / 3rd Fl Lobby
 9:30 Coffee Klatsch / CR
 10:00 Wellness Clinic / FR
 10:30 Silver Sneakers / GR
 1:00 Memoir Writers / 4th Fl DR
 1:00 Po-Ke-No / GR
 2:00 Yoga with Lucy / TR
 2:00 Nails-R-Us / GR
 2:00 Billiards / 5th Fl
 3:00 Ice Cream Social / GR
 3:00 Knifty Knitters / GR
 7:15 Evening at the Movies / TR

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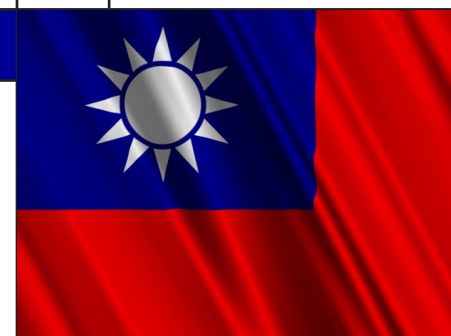
MUSIC AT NOON

9:30 Coffee Klatsch / CR
 10:30 **Silver Sneakers / GR**
 11:30 Music at Noon / 1st Fl
 2:00 VITAS Healthcare In-Service / TR
 3:00 Town Hall Meeting / GR
 7:00 Bridge / GR
 7:15 Evening at the Movies / TR
 7:30 Pinochle / GR

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NIGHT ON THE TOWN

9:30 Coffee Klatsch / CR
 9:30 Catholic Communion / TR
 10:30 Exercise with Marilyn / GR
 1:00 Po-Ke-No / GR
 2:00 Po-Ke-No / GR
 2:00 Yoga with Lucy / TR
 2:00 Billiards / 5th Fl
 5:30 **Night on the Town / 1st Fl**
 7:15 Evening at the Movies / TR



LEGEND

CR = Club Room
 DR = Dining Room
 FR = Fitness Room
 GR = Garden Room
 TR = Theatre
 LiB = Library