


February 2019
In The Moment – Memory Support



created with Sage

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><p>Caring · Inspiring · Rewarding</p></div> <div>3499 Grande Vista Drive Thousand Oaks, California 91320</div> <div><div>AE</div>Artistic Expression <div>CC</div>Community Connections <div>CE</div>Continuing Education <div>LL</div>Lifestyle & Leisure <div>PE</div>Physical Engagement</div>			Healthy Snacks & Hydration offered throughout each day!	<div>Location Keys</div> <div>ACTIVITY ROOM LIVING ROOM MULTI-PURPOSE ROOM THEATRE</div> <div>AR LR MPR T</div>	9:30 <div>PE</div> Chair Yoga (flexibility) 10:30 <div>CE</div> Cognition Crossfit 11:00 <div>LL</div> LUNCH OUTING 1:30 <div>LL</div> Fitness w/ Catherine (AL) [MPR] 2:00 <div>LL</div> Crosswords & Word Search 2:30 <div>LL</div> 10 Things in the News! 3:15 <div>CE</div> I Didn't Know That!?!? 6:00 <div>LL</div> Scrabble	1 Groundhog Day 9:30 <div>PE</div> Fit Happens!! (cardio) 10:30 <div>CE</div> Pushups for the Brain 11:00 <div>CE</div> Daily Chronicle 1:30 <div>CC</div> Bingo (AL) [MPR] 3:00 <div>CC</div> HAPPY HOUR (AL) [LR] 4:00 <div>LL</div> Word Search Party 6:00 <div>LL</div> Board Games
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