February 2019
Assisted Living Lifestyle & Leisure

created with Sagely

SAGE DESERT
ASSISTED LIVING & MEMORY CARE
Caring · Inspiring · Rewarding

2365 West Orange Grove Road
Tucson, AZ 85741
520.328.8509

AE Artistic Expression
CC Community Connections
CE Continuing Education
LL Lifestyle & Leisure
PE Physical Engagement
SS Spiritual Support

Location Keys

Bistro	B
Community Room	C
Court Yard	CY
Demo Kitchen	DK
Dining Room	DR
Fitness Center	FC
Game Room	GR
Grand Lobby	GL
Living Room 1st Floor	LR1
Living Room 2nd Floor	LR2
Lobby	L
Pub	P
Terrace 2nd Floor	T2
Theater	T

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 **Bubble Gum Day** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Sit and Stretch to Music w/ Barbara [C] 10:30 AE Creative Coloring 11:00 Sit, Stitch, Knit & Chat [LR2] 1:00 Cards [GR] 2:30 PE ***Move & Groove Walking [GL]*** 3:00 **Scrabble [GR]**	**2** **Groundhog Day** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Circuit Training [FC] 10:30 Creative Expressions [B] 1:00 Puzzle Perfect [GR] 2:00 Sweet Bingo w/Barbara [GR] 3:30 Book Reading [LR2] 6:00 Bridge Club [GR]
3 **Superbowl 53** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 8:45 SS ***Church - St. Odilias*** 9:00 **Independent Wild Walkers [L]** 9:30 *Cardio Blast [FC]* 10:30 SS Desert Foothills Baptist Church 11:30 Communion Services 1:30 Word-a-thon [C] 3:00 Harmonica Entertainment w/Nick 4:00 ***Superbowl Party [T]***	**4** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Strength Training [C] 10:30 *Ladies Social, Share a Story [LR2]* 1:30 Residents Council Meeting [C] 2:15 Ambassador Meeting [C] 2:30 Engage your Brain - Trivia [C] 3:30 ***The Great Courses [T]*** 6:00 **Card Club [GR]**	**5** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Fitness Fun [C] 9:30 Let's Play Bridge [GR] 10:30 CC *Casino Outing* 2:00 Nickel Bingo [GR] 3:30 Painting 101 with Ethan 6:15 Movie [T]	**6** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 10:00 *Shopping @ Frys [L]* 1:30 PE Chair Volley Ball [C] 3:00 CC Hump Day Happy Hour [P] 6:00 **Card Club [GR]**	**7** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 PE Circuit Training [FC] 10:30 Let's Play Corn Hole [C] 1:30 CE Group Scrabble [GR] 3:00 Blackjack/21 [LR1] 3:00 Pound Fitness 6:00 Yahtzee with friends [GR] 6:15 Movie [T]	**8** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Sit and Stretch to Music w/ Barbara [C] 10:30 **Creative Arts and Crafts** 11:00 Sit, Stitch, Knit & Chat [LR2] 1:00 Cards [GR] 2:30 CE **Cooking Demo w/Jose [DK]** 3:00 **Scrabble [GR]**	**9** **Nat'l Pizza Day** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 10:00 Cooking Corner [DK] 11:00 Sit, Stitch, Knit & Crochet [GR] 1:00 Puzzle Perfect [GR] 2:00 Sweet Bingo w/Barbara [GR] 3:30 Chair Yoga & Smoothies [T] 6:00 Bridge Club [GR]
10 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 8:45 SS ***Church - St. Odilias*** 9:00 **Independent Wild Walkers [L]** 9:30 *Cardio Blast [FC]* 10:30 SS Desert Foothills Baptist Church 11:30 Communion Services 1:30 Word-a-thon [C] 3:00 Harmonica Entertainment w/Nick 3:00 ***Sunday Matinee Movie [T]***	**11** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Strength Training [C] 10:30 *Ladies Social, Share a Story [LR2]* 10:30 *Ladies pampered by Mary Kay* 1:30 CE *Technology Class [LR2]* 2:30 Hula Exercise with Eva [C] 3:30 ***The Great Courses [T]*** 6:00 **Card Club [GR]**	**12** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Fitness Fun [C] 9:30 Let's Play Bridge [GR] 10:00 CC ***Mystery Ride*** 10:30 **Valentines Crafts [DK]** 10:30 Vendor: Bottled Art [GL] 1:30 SS Residents Memorial [C] 2:00 Nickel Bingo [GR] 3:30 Painting 101 with Ethan 3:30 CE This Month in History [LR1] 6:15 Movie [T]	**13** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 10:00 Shopping @ Walmart [L] 10:30 Mystery Games & Prizes w/Denise [GR] 1:00 ***Walker/wheelchair/scooter service check [GL]*** 1:30 CE ***Town Hall [C]*** 2:00 *Activities Programming [C]* 3:00 CC Hump Day Happy Hour & Entertainment [P] 4:00 LL Putty-Golf Time [CY] 6:00 **Card Club [GR]**	**14** **Valentine's Day** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 PE Circuit Training [FC] 10:30 Equine Therapy 12:00 Valentines Lunch & Celebration [DR] 1:30 CE Group Scrabble [GR] 3:00 Pound Fitness 5:30 Couples Valentines Candlelight Dinner [C] 6:00 Dominos [GR] 6:15 Movie [T]	**15** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Sit and Stretch to Music w/ Barbara [C] 10:30 Border Patrol 101 [C] 11:00 Sit, Stitch, Knit & Chat [LR2] 1:00 Cards [GR] 2:30 PE ***Move & Groove Walking [GL]*** 3:00 **Scrabble [GR]**	**16** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Circuit Training [FC] 10:30 Creative Expressions [B] 1:00 Puzzle Perfect [GR] 2:00 Sweet Bingo w/Barbara [GR] 3:30 Book Reading [LR2] 6:00 Bridge Club [GR]
17 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 8:45 SS ***Church - St. Odilias*** 9:00 **Independent Wild Walkers [L]** 9:30 *Cardio Blast [FC]* 10:30 SS Desert Foothills Baptist Church 11:30 Communion Services 1:30 Talent No Talent Show [DR] 1:30 Word-a-thon [C] 3:00 Harmonica Entertainment w/Nick 3:00 ***Sunday Matinee Movie [T]***	**18** **Presidents' Day** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Strength Training [C] 10:30 *Ladies Social, Share a Story [LR2]* 2:30 Engage your Brain - Trivia [C] 3:30 ***The Great Courses [T]*** 6:00 **Card Club [GR]**	**19** **Random Act of Kindness Day** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Fitness Fun [C] 9:30 Let's Play Bridge [GR] 2:00 Nickel Bingo [GR] 3:30 Painting 101 with Ethan 6:15 Movie [T]	**20** **Cherry Pie Day** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 10:00 Shopping @ Albertson's [L] 11:00 CC Lunch Outing 1:30 PE Chair Volley Ball [C] 3:00 CC Happy Hour & Karokee [T] 6:00 **Card Club [GR]**	**21** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 PE Circuit Training [FC] 10:30 LL Good Time Oldies [T] 1:30 CE Group Scrabble [GR] 2:30 **Taste & Tell [DK]** 3:00 Blackjack/21 [LR1] 3:00 Pound Fitness 6:00 Yahtzee with friends [GR] 6:15 Movie [T]	**22** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Sit and Stretch to Music w/Barbara [C] 10:30 **Creative Arts and Crafts** 11:00 Sit, Stitch, Knit & Chat [LR2] 1:00 Cards [GR] 2:30 PE ***Move & Groove Walking [GL]*** 3:00 Entertainment: Desert Star Cloggers [DR]	**23** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 10:00 Cooking Corner [DK] 1:00 Puzzle Perfect [GR] 2:00 Sweet Bingo w/Barbara [GR] 3:30 Chair Yoga & Smoothies [T] 6:00 Bridge Club [GR]
24 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 8:45 SS ***Church - St. Odilias*** 9:00 **Independent Wild Walkers [L]** 9:30 *Cardio Blast [FC]* 10:30 SS Desert Foothills Baptist Church 11:30 Communion Services 1:30 Word-a-thon [C] 3:00 Harmonica Entertainment w/Nick 3:00 ***Sunday Matinee Movie [T]*** 6:00 91st Academy Awards [T2]	**25** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Strength Training [C] 10:30 *Ladies Social, Share a Story [LR2]* 1:30 CE *Technology Class [LR2]* 2:30 Hula Exercise with Eva [C] 3:30 ***The Great Courses [T]*** 6:00 **Card Club [GR]**	**26** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 Fitness Fun [C] 9:30 Let's Play Bridge [GR] 10:00 CC ***Mystery Ride*** 11:00 Country Entertainment [DR] 2:00 Nickel Bingo [GR] 3:30 Welcome New Residents [B] 6:15 Movie [T]	**27** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 8:30 CC *Men's Social Breakfast [DR]* 9:00 **Independent Wild Walkers [L]** 10:00 Shopping @ The Dollar Store/99cent [L] 1:00 CC Shen Yun 2019 3:00 Monthly Birthday Celebration & Entertainment 4:00 LL Putty-Golf Time [CY] 6:00 **Card Club [GR]**	**28** 8:00 **What's Happening Today [DR]** 8:30 **Daily Chronicles** 9:00 **Independent Wild Walkers [L]** 9:30 PE Circuit Training [FC] 10:30 Equine Therapy 12:00 Rodeo Celebration BBQ [CY] 1:30 CE Group Scrabble [GR] 4:00 SS Bible Study [LR2] 6:00 Dominos [GR] 6:15 Movie [T]		

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