

February 2019
In The Moment – Memory Support



created with Sage

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 100 Shelby Station Drive Louisville, KY 40245 502-632-5500		AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Healthy Snacks & Hydration offered throughout each day!		10:00 PE Stretch & Flex 1	Groundhog Day 2
					11:00 LL Resident Council Meeting	10:00 PE Stretch & Go
					2:00 LL Ms. Marie- Let's Sing	11:00 LL Coffee chat
					3:30 B-I-N-G-O	2:00 SS Chicken Soup for the Soul
					6:00 Classic T.V.	3:30 Bean Bag Toss
						6:00 Music & Hand Massages
10:00 PE Stretch & Go 3	10:00 Moves & News 4	10:00 Simple Stretches! 5	10:00 Moves & News 6	10:00 Lets Move It! 7	10:00 PE Stretch & Flex 8	10:00 PE Stretch & Go 9
11:00 SS Southeast Broadcast	11:00 Manicures & Hand Massages	11:00 Baking Club	11:00 LL The Price is Right	11:00 AE Love Painting	11:00 Lets Bake It!	11:00 Hot Chocolate Social
2:00 Puzzles & More	2:00 Family Fued	11:50 Areomothearpy	2:00 LL Music W/David	2:00 Pet Thearpy	2:00 CE Poetry Circle	2:00 SS Chicken Soup for the Soul
3:30 PE Bowling	3:30 Margarita Monday!	2:00 Hide & Seek	3:30 Happy Hour	3:30 Ring Toss	3:30 B-I-N-G-O	3:30 LL Board Games
6:00 LL Movie and Popcorn	6:00 Classic T.V.	3:30 LL B-I-N-G-O	6:00 Magazine Scavenger Hunt	6:00 LL Movie and Popcorn	6:00 Classic T.V.	6:00 Music & Hand Massages
10:00 PE Stretch & Go 10	10:00 Moves & News 11	10:00 Simple Stretches! 12	10:00 Moves & News 13	Valentine's Day 14	10:00 PE Stretch & Flex 15	10:00 PE Stretch & Go 16
11:00 SS Southeast Broadcast	11:00 Manicures & Hand Massages	11:00 Sweet Heart Rolls!	11:00 LL The Price is Right	10:00 Lets Move It!	11:00 Lets Bake It!	11:00 LL Coffee chat
2:00 Sunday Sundaes	2:00 Family Fued	2:00 Tuesday's trivia	2:00 Outburst!	11:00 Valentines Cards	2:00 Reading club	2:00 SS Chicken Soup for the Soul
3:30 PE Bowling	3:30 Happy Hour	3:30 LL B-I-N-G-O	3:30 Art and Crafts	2:00 Valentines Party!	3:30 B-I-N-G-O	3:30 LL Board Games
6:00 LL Movie and Popcorn	6:00 Classic T.V.	6:00 Classic TV	6:00 Magazine Scavenger Hunt	3:30 Let's Play Jinga	6:00 Classic T.V.	6:00 Music & Hand Massages
10:00 PE Stretch & Go 17	Presidents' Day 18	10:00 Simple Stretches! 19	10:00 Moves & News 20	10:00 Lets Move It! 21	10:00 PE Stretch & Flex 22	10:00 PE Stretch & Go 23
11:00 SS Southeast Broadcast	10:00 Moves & News	11:00 Baking Club	11:00 LL The Price is Right	11:00 Taste and Tell	11:00 Lets Bake It!	11:00 Hot Tea Social
2:00 Sunday Triva	11:00 Manicures & Hand Massages	11:50 Areomothearpy	2:00 AE Music W/ Dave	2:00 PE Bowling	2:00 Stroll to the library	2:00 SS Chicken Soup for the Soul
3:30 PE Bowling	2:00 LL Sue Loy- Let's Sing	2:00 Tuesday's trivia	3:30 Happy Hour	3:30 Snack & Chat	3:30 B-I-N-G-O	3:30 LL Board Games
6:00 LL Movie and Popcorn	3:30 Happy Hour	3:30 LL B-I-N-G-O	6:00 Magazine Scavenger Hunt	6:00 LL Movie and Popcorn	6:00 Classic T.V.	6:00 Music & Hand Massages
10:00 PE Stretch & Go 24	10:00 Moves & News 25	10:00 Simple Stretches! 26	10:00 Moves & News 27	10:00 Lets Move It! 28		
11:00 SS Southeast Broadcast	11:00 Manicures & Hand Massages	11:00 Baking Club	11:00 LL The Price is Right	11:00 CC Community Outreach		
2:00 Outburst!	2:00 Family Fued	11:50 Areomothearpy	2:00 Pet Thearpy	2:00 PE Bean Bag Toss		
3:30 PE Bowling	3:30 Margarita Monday!	2:00 Tuesday's trivia	3:30 Sort & Organize	3:30 Connect Four!		
6:00 LL Movie and Popcorn	6:00 Classic T.V.	3:30 LL B-I-N-G-O	6:00 Magazine Scavenger Hunt	6:00 LL Movie and Popcorn		
		6:00 Pick A Movie!				