



NOTE FROM ADMINISTRATOR

Welcome Nicole Ballard and Edna Andedo

Hello my name is Nicole Ballard I am the Resident Care Coordinator. I like to take a minute to introduce myself. I am so happy to be here at Wood Ridge. My husband and I have been together for 28 years in September. We have three sons Marquis, Rodney Jr. , Jarius and one granddaughter Aria Marie.

I was born in Illinois but raised in Michigan (GO BLUE) I worked 20 years with Alzheimer's and Dementia residents. I love

working with people and I'm excited to be here. When I'm free I like reading, enjoy time with my granddaughter and helping others. I also enjoy watching movies and cooking.

I look forward to meeting and working with everyone. Please feel free to contact me with your concerns.

Hello my name is Edna Andedo I am the Dining services Director. I'm happy to be here and a member of the Wood Ridge family. I wanted to introduce myself. I went to Ivy Tech for Hospitality

Management. Concentrated on culinary and baking.

I have been working in health care for over 20 years. I worked as a CNA for over 10 years and I still have a CNA license. I worked as a kitchen supervisor at St. Paul's, then chef. I was also a manager at Holy Cross.

I have been married for 19 years and have 2 children, 15 and 18 years old. I love cooking, baking, crocheting and knitting. Family is the most important thing to me.



Activity Highlights

2/3 8:00

Breakfast at Metro Dine

2/4 at 2:45

Goodwill Shopping

2/6 at 10:30

Pet Therapy

2/7 at 3:00

Cookie Exchange

2/8 at 11:15

Lunch outing/KFC

2/8 at 3:00

Entertainment with James Grontkowski

2/11 at 11:30

Men's lunch / Chili's

2/12 at 6:00

Valentine's Day Sweetheart Dinner & Dance at 4:30
Entertainment with Michael Smith

2/13 at 10:30

Bunco with Harbor Light Hospice

2/13 at 2:45

Movie & Popcorn/ Romeo and Juliet

2/15 at 1:15

Hobby Lobby

2/18 at 12:45

Movie Theater outing

2/19 at 10:30

Education talk on Diabetes with Harbor Light Hospice

2/21 at 2:00

Bingo with Grace Hospice

2/22 at 11:15

Lunch Outing at olive Garden

2/22 at 3:00

Entertainment with Jeff Leslie

2/26 at 3:00

Heart Healthy Foods with Heart to Heart Hospice

Photo Highlights



Resident Spotlight



Mary Beth. is our resident spotlight for February.

Mary Beth was born and raised in South Bend In. She went to Clay High School. After high school she went to Ball State where she got her bachelor degree. Mary

Beth then went to Georgia where she taught special education for one year. Moved back to South Bend and went to IU South Bend and got her Masters. Then she was a teacher for two years. Mary Beth then decided to go into retail, where she worked for 16 years. She worked at Hudson and L.S .Ayres. Her hobbies are she loves to read, cross stitch, and cook. Mary Beth also enjoyed traveling. She has been to Boston and to the coast. She is very excited because this is her 50th year class reunion this year. She is very active in her church. Last May she was inducted into the International Order of The Daughters of The King and is the new treasure of the chapter. We are very happy to have Mary Beth here at Wood Ridge.

Photo Highlights *continued*



Birthdays

Edna Y.	Feb 09
Steven S.	Feb 15
Robert M.	Feb 22
Deb B.	Feb 26



Cookie Exchange

February 7th at 3:00pm

Bring on the desserts
Bring in a dozen cookies to share with an attached recipe for your entry into the Cookie Exchange. Each person will be able to sample one cookie from each pal. We will also be voting on the best recipe shared. All recipes will be displayed in our 2019 Cookie Cookbook that will be open for purchase. Please contact Chris or Deeja for more information. 574-271-1151

Sweetheart Dinner

February 12th from 4:30-5:30

Come enjoy a romantic Candle Light Dinner on us. There will also be romantic tunes from local entertainer, Michael Smith. Dance away the night with our team here at Wood Ridge. There will also be a Valentine's Day Giveaway at the Event. Please RSVP for a meal by February 8th. 574-271-1151

Go Red For Women

February is American Heart Month, and the American Heart Association's signature women's program, Go Red for Women, is designed to increase women's heart health awareness and help improve the lives of women around the world. Learn more about how you can help raise awareness at www.goredforwomen.org.



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FEBRUARY – WORD SEARCH

H	Z	Z	I	U	D	B	D	H	O	I	M	A	B	Y
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ACHIEVE
CARDIAC
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EDISON
GENEROUS
HEALTH
HEART
HISTORY
HONOR
INNOVATION
INVENT
KINDNESS
PIG
RED
VALENTINE



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