

NO

### FULL-SERVICE RETIREMENT LIVING

It's a New Day. CAnd H's Yours!

Our Mission

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family. We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect. Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home. 32.32

It's a New Day.

And Fr's Yours!

At Pacifica Senior Living, we don't expect our residents to "fit" into one of our communities. We've designed our communities to "fit" them – to meet their different needs, preferences, dreams and goals. From independent living to assisted living and memory care, our communities welcome residents to live by their own design.

Our communities provide residents with every service and amenity they need, want and *deserve* to live each day just as they choose. We respect their individuality and understand that each person is in charge of the direction his or her life takes. We're simply here to support them. Every step of the journey.

Senior Ma Living Services

Pacifica Senior Living communities offer a variety of care and lifestyle choices to support our residents in living well.

#### **Independent Living**

Active seniors retire to carefree living at its best. No housework. No yardwork. *No worries.* Just time to spend as they choose. Our communities feature spacious apartment homes, amenities, services and engaging programs – all designed to provide residents with the lifestyle to which they've aspired.

#### Heartland<sup>™</sup> Assisted Living

Delivering the optimal balance of independence and support, Heartland<sup>™</sup> Assisted Living helps our residents live fulfilling, dignified lives. Each resident has a customized service plan that meets his or her individual needs. With support available 24 hours a day, our residents enjoy assistance with activities such as:

- Meals
- Medication Management
- Bathing & Dressing
- Mobility
- Transportation

## Welcome

Welcome to Pacifica Senior Living Sierra Vista. Our Independent and Assisted Living community offers an atmosphere of home and comfort with intimate family settings that help reduce the feeling of loneliness and isolation.

Through our signature program, Heartland Assisted Living, we offer those with limited ADL's a supportive and enriching place to call home.

Located in the heart of Victorville we are close to three hospitals, medical offices, shopping mall with direct access to the 15 freeway.

Sierra Vista provides its residents with the care they deserve delivered by a team of compassionate, patient and experienced professionals, complemented by homelike amenities, exceptional services and engaging activity programs.

Each bungalow is individually tailored to meet the needs of our residents. The bungalows are all connected by open outdoor spaces, scenic walking paths and patios to create a feeling of freedom and independence.

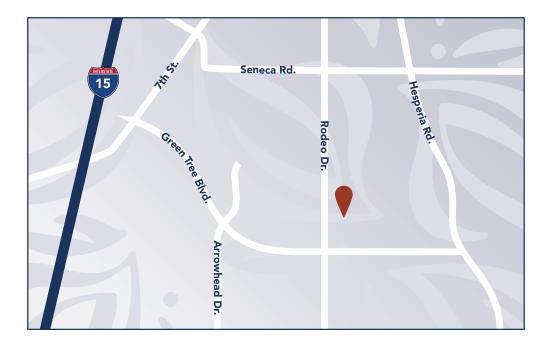
Best yet, we offer families the peace of mind of knowing that their loved ones are in good hands, delivered by people who genuinely care.

At Pacifica Senior Living Sierra Vista, it's a new day. And it's yours! Make the most of it. Right here.









Follow our driving directions to reach our Independent and Assisted Living community in Victorville, CA.

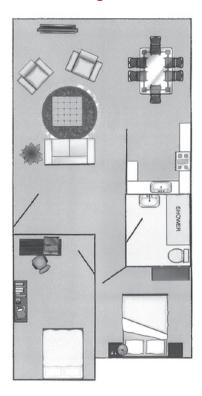
### From I-15 South:

- Exit 150 Toward CA-18 W/Palmdale Road.
- Take a slight left into Mariposa Rd.
- Take the first right onto 15 Business Loop N/7th Street (signs say Historic U.S. 66/Seventh Street).
- Take the first right onto Green Tree Boulevard, stay on Green Tree Blvd. for 1.2 miles.
- Turn Left onto Rodeo Drive.



## Floor Plans

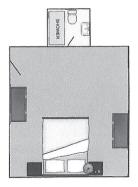
Two Bedroom Bungalow

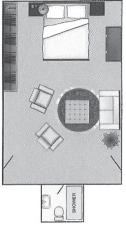




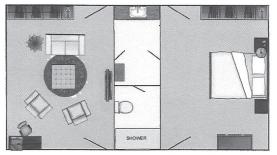
Private Studio







Companion Studio w/Shared Bath



One Bedroom Companion Bungalow w/Shared Common Areas



# Independent Living

Pacifica Sierra Vista welcomes residents to enjoy all the best that life has to offer – a beautiful place to live, a private or companion bungalow, delicious dining, a full calendar of activities and a variety of amenities, all complemented by services that take the worry and inconvenience out of everyday living.

No more chores. No more cleaning. No more yardwork. Just time to spend as you wish – with plenty of programs, activities and outings to choose from.

# Pacifica Sierra Vista community features include:

- 24-hour emergency call system
- Transportation
- Relaxing library
- Private gated parking
- Salon
- Exercise class
- Personal laundry facilities
- Entertainment parlor and bingo room
- Gourmet dining room
- Courtyard and luxurious walking paths





Your retirement lifestyle should be as carefree and convenient as possible. Here you have the time to spend your days as you choose, free from the burdens of time-consuming home maintenance and chores. We provide a variety of exceptional services in your monthly fee, including:

- Bungalow home
- Bungalow home maintenance
- Three nutritious meals served daily in the gourmet dining room plus snacks available anytime
- Weekly housekeeping and linen service
- Full-time life enrichment programs
- All utilities (except phone)
- Cable television
- Scheduled transportation





# Heartland<sup>™</sup> Assisted Living

The Heartland<sup>™</sup> Assisted Living program at Pacifica, Sierra Vista provides seniors with the supportive services they need to continue living as independently and vibrantly possible.

Our specialized Wellness Team creates a customized, personal care program for each resident based on an assessment conducted with the resident and his or her family prior to move-in, ensuring all needs will be met properly.

Residents are regularly reassessed to make sure the most appropriate support is delivered.

#### Services may include:

- Medication management: monitoring, supervision or administration
- Bathing, dressing and grooming
- Escort to meals and activity programs
- Toileting
- Mobility
- Health programs
- Medical appointment scheduling
- Wellness checks
- Basic cable television
- Transportation





# Heartland<sup>™</sup> Assisted Living Rates

## One inclusive monthly fee\* includes the following Assisted Living services and amenities:

- Apartment home
- Apartment home maintenance
- 24-hour accessible staff
- Three nutritious meals served daily in the gourmet dining room plus snacks available anytime
- Life-enrichment programs and activities
- Weekly housekeeping and linen services
- Scheduled transportation and day trips
- Spacious Courtyards

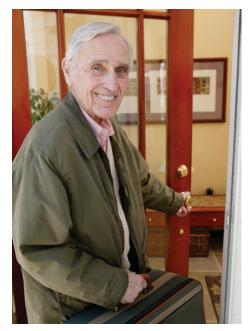
- Community health resource referrals
- All utilities cable included (except in room phone)
- Personal laundry facilities
- Transportation drop offs and pick ups
- Endless activities



Incontinence products not included.



## **Respite Care**



At Sierra Vista, we admire and respect those who care for their loved one at home. But we also understand the challenges and stresses faced by a caregiver. There are times when you need a break from your responsibilities to focus on yourself.

Respite Care can provide you with the time and peace of mind you deserve, while providing your loved one with 24-hour care and access to our engaging lifestyle.

This short-term stay option is also ideal for those considering a move to Sierra Vista. Respite Care allows you and your loved one to experience the support and services we provide on a trial basis.

#### Respite Care includes:

- A beautiful home-like environment
- Furnished apartment (private, semi-private or shared)
- Access to 24-hour personal care and assistance
- Three balanced meals and snacks daily
- Weekly housekeeping and personal laundry services

SENIOR LIVING SIERRA VISTA Independent Assisted Living License # 366423475



# Legacies<sup>™</sup> Memory Care

Our Legacies<sup>™</sup> Memory Care program provides those with Alzheimer's disease, dementia or other forms of memory loss with the support, care and respect they deserve to continue living a full, enriching life. Each resident receives a personalized care plan that is carefully implemented by our compassionate staff.

### **Adult Day Program**

Our Adult Day Program, offered in select communities, is alive with engaging, enriching activities that invite and welcome all seniors to participate. Just as our residents enjoy personalized care, so do our program participants. This is the perfect way to meet new friends and share new experiences.

### **Respite Care**

There are times in our lives when we need a little extra help. Pacifica's Respite Care program is available to allow families an opportunity to rest from the daily tasks required for a loved one. Our program is also perfect for individuals who are recuperating from a hospital/rehabilitation stay, or to just simply experience the Pacifica lifestyle. Trained team members work together to enhance continued dignity and trust. We know the difference a smile and kind word can make.

### **Companion Living**

Companion Living enables seniors to enjoy all the care, services and amenities of a Pacifica Senior Living community with the added benefits of forging a new friendship, enhanced well-being and the cost savings of sharing a suite, just to name a few.

# Designed for Living Well

Our communities are designed to help our residents live well, surrounded by services, amenities and programs.

### Dining

Dining is a delight at Pacifica Senior Living. Meals are prepared fresh daily by our on-site chefs and are served in beautifully appointed restaurant-style settings by attentive dining room staff.

### Life Enrichment

Our Life Enrichment programs offer a variety of opportunities to meet new friends, discover new interests, exercise and maintain health, enjoy exciting outings and excursions . . . and so much more.

### Transportation

A full-time, certified chauffeur is available through the community's transportation department. Scheduled services take residents to nearby medical appointments, shopping trips, religious services, banks, postal services and more.

### Pet Friendly

Pets are part of the family, so Pacifica Senior Living communities are pet friendly<sup>\*</sup> and have designated pet areas for convenience.

\*Weight limitations





For a list of Pacifica Senior Living communities, visit our website at

www.pacificaseniorliving.com

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