



## Honoring Mae Jemison, America's first black female astronaut

Meet Mae Jemison, America's first black female astronaut. Jemison's passion for science emerged at an early age, and spans well beyond the field of astronomy. She was born in 1956 in Alabama, but was raised in Chicago, IL, where, as a small child, she was first introduced to several scientific areas of study, including anthropology, astronomy and archaeology. She jumped into her studies headfirst, and emerged with an undergraduate degree from Stanford University in 1977 and a medical degree from Cornell University in 1981.

Prior to making her debut in space as a mission specialist aboard the Endeavour in 1992, Jemison focused on international medicine, working as a general practitioner and a medical officer in the Peace Corps. Her research projects led to collaboration with the Centers for Disease Control and Prevention and the National Institute of Health, among others.

Jemison was accepted into the NASA program in 1987, a feat that had never before been accomplished by a black female. Following her stint at NASA, Jemison has continued to dedicate herself to science and technology through teaching, creating science-centered programs for high-schoolers and much more. She also heads up the 100-Year Starship program, which aims to enable human travel outside the solar system over the next century. Mae Jemison not only breaks barriers, but also continues to test them.



Dolores Englert .....02/06/1929

Rose Malfa .....02/07/1927

Lorraine Gallagher .....02/17/1926

Nicholas Stiliha .....02/18/1922

Lorraine Edwards .....02/28/1931

## TRADING PLACES

A world-famous scientist was being driven to a university where he was scheduled to give a lecture. During the drive he complained to his chauffeur: "I'm not sure how much longer I can do this. I'm so bored with giving the same lecture at every campus we visit."

"I have an idea," said the driver. "I've been listening from the back of the room each time you've given this lecture. I know the material pretty well. Why don't we trade places today? I'll take your notes and give your speech, and you can sit in the back of the room and observe."

"I'll take you up on that offer," replied the scientist. Before they arrived at their destination, the pair pulled into a rest area and traded clothes. The scientist then drove the rest of the way while the driver sat in the backseat reviewing the lecture notes.

The driver was able to pull off the lecture with no one in the audience aware of the deception. Several minutes into the Q&A portion of the presentation a student asked a rather complicated question. The scientist began to panic. This was something they hadn't anticipated.

Yet the driver, standing confidently at the podium, maintained his composure as he said, "The answer to that question is so simple, I'm going to let my driver, seated in the back of the room, answer that."

ARBOR  
OAKS

February 2019

# News

3400 JOG ROAD • GREENACRES, FL 33467

## OUR MANAGEMENT TEAM

**Karen Gibbons**  
Executive Director

**Fara Linton**  
Nursing Director

**Brenna Gibbons**  
Activities Director/  
Business Manager

**Jimmy Perez**  
Maintenance Director

**Thomas Williams**  
Food Service Director

**Trevor Gibbons**  
Dining Room Supervisor

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AT GREENACRES  
An Assisted Living Residence  
561-432-4700

## February FUN STUFF

- 3 ..... Richard will be performing during the lunch hour in the dining room.  
5 ..... (12:00pm) Chinese New Year entertainment will be supplied by David Hulse during lunch.  
6 . Thrive Yoga - 10:00am in the Oak Room. Tassia will be introducing a new form of exercise. Come join the fun.  
8 ..... (09:30am - 1:30pm) Magnolia Jewelry  
14 ..... (12:00pm) For Valentine's Day, Alfonso will be here to woo all of us with song.  
17 ..... Richard will be entertaining during dinner in the dining room.  
20 ..... Thrive Yoga - Come try something new for your health and enjoyment in the Oak Room (activity room) at 10:00am.

## February Events & Holidays

- 1..... National Wear Red Day  
2..... Ground Hog Day - Will Punxsutawney Phil see his shadow?  
3..... Super Bowl Sunday - Super Bowl LIII (53) will feature the AFC champion vs NFC champion at the Mercedes-Benz Stadium in Atlanta, GA, at 6:30 pm Eastern time.  
4..... Stuffed Mushroom Day  
5..... Chinese New Year begins  
12..... Abraham Lincoln's Birthday  
14..... Valentine's Day  
18..... President's Day - third Monday of month  
20..... Cherry Pie Day  
22..... George Washington's Birthday  
26..... National Pistachio Day

Birthstone: Amethyst

Flower: Violet

Zodiac: Aquarius & Pisces

## CHINESE NEW YEAR

According to the Chinese 12-year animal zodiac cycle, the Chinese 2019 year is the year of the Pig. The Chinese zodiac year begins on Chinese New Year's Day.

Pig years are believed to be the most unlucky for people born in previous years of the Pig.

Chinese New Year (Spring Festival) in modern Mainland China, is China's most important traditional festival, celebrated at the turn of the traditional lunisolar Chinese calendar, which consists of both Gregorian and lunar-solar calendar systems.

China's Spring Festival public holiday starts on the Chinese New Year, and lasts for 7 days.



*Year of the Pig 2019*

## GROUNDHOG DAY

A holiday that brings people from all parts of the world to western Pennsylvania, for the weather prediction of Punxsutawney Phil.

Early European Christians would take their candles to the church to have them blessed for the protection of their homes during the remaining winter.

An old English folk song highlights the transition to weather prediction.

'If Candlemas be fair and bright,  
Come, winter, have another flight;  
If Candlemas brings clouds and rain,  
Go winter, and come not again.'

When this belief reached Germany, an animal was introduced to the folk lore. If the hedgehog saw his shadow on Candlemas Day, there would be a Second Winter (6 more weeks of bad weather). In the U.S., tradition replaced the hedgehog with the groundhog.

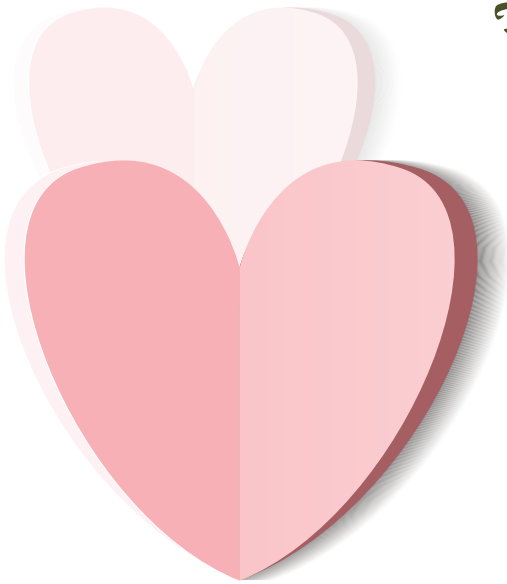
In 1886, Groundhog Day appeared in the Punxsutawney, PA, newspaper, the next year the first trek was made to Gobbler's Knob, and the participation has steadily increased.

Groundhog Day remains a day to take everything a little less seriously, and break up the winter monotony... at least for a while!





# February: It's Not Just the Occasional Leap Year



February may be the shortest month of the year, but it's packed with interesting and unusual characteristics. Here are a few to ponder as you shiver:

- Once every six years and twice every 11 years it has four full seven-day weeks.
- February starts on the same day of the week as March and November (shifting to August in leap years).
- February ends on the same day of the week as October.
- In leap years, February ends on the same weekday it begins.
- February is the only month that can pass without a full moon.



## Presidential Potential

Feb. 18 marks the annual observance of Presidents Day. The official federal holiday, known as Washington's Birthday, occurs on the third Monday of February in honor of the first president's Feb. 22 birthday. Regardless of the celebration's official title, a countless number of institutions take this opportunity to celebrate the myriad accomplishments of not only George Washington, but also the other 44 commanders-in-chief.

America's former leaders had some pretty interesting paths to presidency, with no shortage of job opportunities in other fields. Here are a few facts you might find surprising:

- Ninth President William Henry Harrison was the only president to study medicine in college. Rather than becoming a doctor, however, he opted for a military career.
- Seventeenth President Andrew Johnson was a skilled tailor, whose training began at age 10.
- Harry S. Truman tested his hand as a haberdasher prior

to becoming the 33rd president, running a business that sold men's goods. Economic hardship led to the store's failure in the early 1920s.

- Former President Jimmy Carter, the 39th commander-in-chief, worked in the family peanut-farming business in Georgia. Despite being ultimately quite successful, the business faced numerous financial and agricultural obstacles, leading Carter to become the only president to reside in subsidized housing prior to taking office.
- James A. Garfield, the 20th president, was simultaneously a teacher and student at the Western Reserve Eclectic Institute in Ohio. His dedication to learning led to regular preaching at area churches.



# Arbor Oaks a



## FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
			
10:00 Exercise <b>3</b> 10:30 Catholic Communion 11:00 Black Jack 1:30 Bingo 3:00 Friendly Social Hour	10:00 Exercise <b>4</b> 10:30 Pencil Art 11:00 Music Therapy 11:15 Book Reading 1:30 Jackpot Bingo 3:00 Gail's Surprise	Chinese New Year <b>5</b> 10:00 Barry Painting 10:00 Shopping@ Walmart 11:00 Tee Time 11:30 Lunch w/ Dave 1:30 Chaplin Frank 2:30 Exercise w/ Julie 6:00 Bible Study	10:00 Thrive 10:30 Music 11:00 Black J 1:30 Bingo 3:00 Ice Cre
10:00 Exercise <b>10</b> 10:30 Catholic Communion 11:00 Black Jack 1:30 Bingo 3:00 Friendly Social Hour	10:00 Exercise <b>11</b> 10:30 Pencil Art 11:00 Music Therapy 11:15 Book Reading 1:30 Jackpot Bingo 3:00 Gail's Surprise	10:00 Black Jack <b>12</b> 10:00 Shopping @ Publix 11:00 Cardo 11:30 Lunch Outing 1:30 Chaplin Frank 2:30 Exercise w/ Julie	10:00 Trivia 10:30 Music 11:00 Crafty 1:30 Bingo 3:00 Ice Cre 3:30 Movie
10:00 Exercise <b>17</b> 10:30 Catholic Communion 11:00 Black Jack 1:30 Bingo 3:00 Friendly Social Hour	10:00 Exercise <b>18</b> 10:30 Pencil Art 11:00 Music Therapy 11:15 Book Reading 1:30 Jackpot Bingo 3:00 Gail's Surprise	10:00 Barry Painting <b>19</b> 10:00 Shopping@ Walmart 11:00 Tee Time 11:30 Lunch Outing 1:30 Chaplin Frank 2:30 Exercise w/ Julie 6:30 Bible Study	10:00 Thrive 10:30 Music 11:00 Black J 1:30 Bingo 3:00 Ice Cre
10:00 Exercise <b>24</b> 10:30 Catholic Communion 11:00 Black Jack 1:30 Bingo 3:00 Friendly Social Hour	10:00 Exercise <b>25</b> 10:30 Pencil Art 11:00 Music Therapy 11:15 Book Reading 1:30 Jackpot Bingo 3:00 Gail's Surprise	10:00 Black Jack <b>26</b> 10:00 Shopping @ Dollar Tree 11:00 Cardo 11:30 Lunch Outing 1:30 Chaplin Frank 2:30 Exercise w/ Julie 6:30 Bible Study	10:00 Trivia 10:30 Music 11:00 Black J 1:30 Bingo 3:00 Ice Cre 3:30 Movie

# at Greenacres

## MAY 2019



WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> 9:30 Puzzle of the Day 10:00 Exercise 11:00 Black Jack 1:30 Bingo 3:30 Happy Hour w/ Alfonso	<b>2</b> 9:15 Rosary 10:00 Exercise 11:00 Black Jack 1:30 Bingo 3:00 Ice Cream Social
<b>6</b> Yoga Therapy Black am Social	<b>7</b> 9:30 Nifty Nails 10:30 Black Jack 1:30 Cornhole 2:00 Sing-a-Long w/ Marvin 3:30 Exercise w/Julie	<b>8</b> 9:00 Jewlery Show 9:30 Puzzle of the Day 10:00 Exercise 11:00 Black Jack 1:30 Bingo 3:30 Happy Hour w/ Kenny B	<b>9</b> 9:15 Rosary 10:00 Exercise 11:00 Black Jack 1:30 Bingo 3:00 Ice Cream Social
<b>13</b> Therapy Wednesday am Social Matinee	<b>14</b> 9:30 Nifty Nails 10:30 Black Jack 12:00 Lunch w/ Alfonso 1:30 Cornhole 2:00 Cardo 3:30 Exercise w/ Julie	<b>15</b> 10:00 Catholic Service & Communion 10:30 Exercise 11:00 Black Jack 1:30 Bingo 3:30 Happy Hour w/ John L	<b>16</b> 9:15 Rosary 10:00 Exercise 11:00 Black Jack 1:30 Bingo 3:00 Ice Cream Social
<b>20</b> Yoga Therapy Jack am Social	<b>21</b> 9:30 Nifty Nails 10:30 Black Jack 1:30 Cornhole 2:00 Sing-a-Long w/ Marvin 3:30 Exercise w/ Julie	<b>22</b> 9:30 Puzzle of the Day 10:00 Exercise 11:00 Black Jack 1:30 Bingo 3:30 Happy Hour w/ Jeff Saks	<b>23</b> 9:15 Rosary 10:00 Exercise 11:00 Black Jack 1:30 Bingo 3:00 Ice Cream Social
<b>27</b> Therapy Jack am Social Matinee	<b>28</b> 10:00 Nifty Nails 11:00 Black Jack 1:30 Cornhole 2:30 Cardo 3:30 Exersice w/ Julie		



# Arbor Oaks at Gree

## FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
10:00 Ball Toss 10:30 Catholic Communion 10:30 Exercise 12:30 Lunch 2:00 Guess Who? 2:30 Trivia 3:00 Ice Cream Social 3:30 Classic Movie <b>3</b>	10:00 Sit & Be Fit 10:30 Sing-A-Long w/ Ruth 11:30 Remember When? 12:00 Lunch 1:30 Bingo 3:00 Ice Cream Social <b>4</b>	10:00 Ball Toss 11:00 Have You Ever? 11:30 Word Games 12:30 Lunch 2:00 Bingo 2:30 Chaplin Frank 3:00 Refreshments <b>5</b>	10:00 Sit & Be Fit 11:00 Trivia 11:30 Nifty Nails 12:30 Lunch 1:30 Sing-A-Long 3:00 Refreshments 3:30 Bingo
10:00 Ball Toss 10:30 Catholic Communion 10:30 Exercise 12:30 Lunch 2:00 Spelling Bee 2:30 Smoothie 3:00 Ice Cream Social 3:30 Movie Matinee <b>10</b>	10:00 Sit & Be Fit 10:30 Word Games 11:00 Trivia 12:30 Lunch 1:30 Bingo 2:00 Match 2:30 Puzzles 3:00 Ice Cream Social <b>11</b>	10:00 Ball Toss 11:00 Have You Ever? 11:30 Sing-A-Long 12:30 Lunch 2:00 Match That Object 2:30 Chaplin Frank 3:00 Refreshments <b>12</b>	10:00 Sit & Be Fit 11:00 Trivia 11:30 Nifty Nails 12:30 Lunch 1:30 Sing-A-Long 2:30 Dance D 3:00 Refreshments 3:30 Movie M
10:00 Ball Toss 10:30 Catholic Communion 10:30 Exercise 11:30 Refreshments 12:30 Lunch 2:00 Guess who? 2:30 Trivia 3:00 Ice Cream Social 3:30 Movie Matinee <b>17</b>	10:00 Sit & Be Fit 11:00 Word Games 11:30 Remember When? 12:30 Lunch 1:30 Bingo 2:00 Crafty Colors 3:00 Ice Cream Social <b>18</b>	10:00 Ball Toss 11:00 Have You Ever? 11:30 Sing-A-Long 12:30 Lunch 1:30 Puzzles 2:30 Chaplin Frank 3:00 Refreshments <b>19</b>	10:00 Sit & Be Fit 11:00 Trivia 11:30 Nifty Nails 12:30 Lunch 1:30 Bingo 2:30 Instrume 3:00 Refreshments 3:30 Movie M
10:00 Ball Toss 10:30 Catholic Communion 11:00 Sing-A-Long 11:30 Trivia 12:30 Lunch 1:30 Bingo 2:00 Sing-a-Long w/ Julie 3:00 Ice Cream Social 3:30 Movie Matinee <b>24</b>	10:00 Sit & Be Fit 11:00 Mind Games 11:30 Remember When? 12:30 Lunch 1:30 Bingo 2:00 Crafty Colors 3:00 Ice Cream Social <b>25</b>	10:00 Ball Toss 11:00 Have You Ever? 11:30 Sing-A-Long 12:30 Lunch 1:30 Crafty Tuesday 2:30 Chaplin Frank 3:00 Refreshments <b>26</b>	10:00 Sit & Be Fit 11:00 Trivia 11:30 Nifty Nails 12:30 Lunch 1:30 Bingo 2:30 Instrume 3:00 Refreshments 3:30 Movie M



# Macres • Evergreen

## RY 2019



WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
				1		2	
				10:00 Sit & Be Fit		10:00 Kickball	
				10:30 Trivia		11:00 Theraputic Touch	
				11:00 Guess What?		11:30 Drawing Circle	
				12:30 Lunch		12:30 Lunch	
				1:30 Crafty Colors		1:30 Jokes & Riddles	
				2:00 Have You Ever?		2:30 Guess Who?	
				3:30 Friendly Social Hour		3:00 Ice Cream Social	
						3:30 Movie Matinee	
6		7		8		9	
Fit		10:00 Ball Toss		10:00 Sit & Be Fit		10:00 Kickball	
ils		11:00 Current Events		10:30 Trivia		11:00 Theraputic Touch	
Long		11:30 Trivia		11:00 Guess What?		11:30 Drawing Circle	
ments		12:30 Lunch		12:30 Lunch		12:30 Lunch	
		1:30 Finger Painting		1:30 Crafty Colors		1:30 Bingo	
		2:00 Exercise w/ Julie		2:00 Have You Ever?		2:30 Finger Painting	
		2:30 Who am I?		3:30 Happy Hour w/ Julie		3:00 Ice Cream Social	
		3:00 Refreshments				3:30 Movie Matinee	
13		14		15		16	
Fit		10:00 Ball Toss		10:00 Sit & Be Fit		10:00 Kickball	
ils		10:30 Current Events		10:30 Sing-A-Long w/ Ruth		11:00 Theraputic Touch	
Long		11:00 Who am I?		11:30 Guess What?		11:30 Drawing Circle	
Dance!		11:30 Hangman		12:30 Lunch		12:30 Lunch	
ments		12:30 Lunch		1:30 Bingo		1:30 Bingo	
Matinee		2:00 Sing-a-long w/ Marvin		2:00 Puzzles		2:30 Word Games	
		2:30 Trivia		3:30 Friendly Social Hour		3:00 Ice Cream Social	
		3:00 Ice Cream Social				3:30 Movie Matinee	
20		21		22		23	
Fit		10:00 Ball Toss		10:00 Sit & Be Fit		10:00 Kickball	
ils		10:30 Current Events		11:00 Trivia		11:00 Theraputic Touch	
ental Jam		11:00 Short the Objects		11:30 Guess What?		11:30 Drawing Circle	
ments		11:30 Who am I?		12:30 Lunch		12:30 Lunch	
Matinee		12:30 Lunch		1:30 Bingo		1:30 Jokes & Riddles	
		1:30 Guess what?		2:00 Crafty Colors		2:30 Find the piece	
		2:00 Exercise w/ Julie		3:30 Friendly Social Hour		3:00 Ice Cream Social	
		3:00 Refreshments				3:30 Movie Matinee	
27		28					
Fit		10:00 Ball Toss					
ils		10:30 Current Events					
ental Jam		11:00 Short the Objects					
ments		11:30 Who am I?					
Matinee		12:30 Lunch					
		1:30 Guess what?					
		2:00 Exercise w/ Julie					
		3:00 Refreshments					