

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

The INN at The Terraces

February 2019 The INN at The Terraces						National Wear Red Day 1 9:30 News & Coffee Break (B) 10:00 Tai Chi w/Matt (EX) 11:00 Money Bingo \$ (AR) *Bring your Nickels & Dimes* 2:30 Activity Planning w/Amanda (Bistro) 3:30 Short Play Scripts (Bistro) 6:30 Netflix Movie Night (TR) Groundhog Day							
Super Bowl Sunday! 3 9:30 Brain Fitness Puzzles (B) 10:00 Opera Sunday "Barber of Seville" (Theater) 11:00 Sunday Stretch (EX) 3:00 Super Bowl Party (Bistro) 3:30 Super Bowl LIII ~ watch in the Theater or Bistro Cheer for your favorite Team!! Patriots vs Rams		4 9:30 Coffee & Daily Chronicle (B) 10:00 Mobility Workout w/Carl (EX) 11:00 Candy Lovers Bingo (AR) 1:30 OUTING: Bidwell Mansion Tour *admission \$6* (Lobby) 3:00 Travelogue w/Rick Steve's (Theater) 6:30 Musical Movie Night "Jersey Boys" (TR)		Medical Appointments 5 10:00 Bible Study (Bistro) 10:45 Sit & Be Fit w/Leasa (EX) 2:00 Telling Your Story (GR) 3:45 Black Jack w/Steve (Bistro) 6:30 Resident Movie Selection (Theater) ~ YEAR OF THE PIG ~ Chinese New Year		Medical Appointments 6 9:30 News & Coffee (Bistro) 10:00 Therapeutic Exercise w/Matt (EX) 11:00 Crafting Creations w/Theresa (AR) 1:30 Shopping to Target (LOB) *Sign up at front desk* 1:30 Sing Along with Pam (Bistro) 2:00 Matinee w/Compass Rose (TR) 3:30 Ice Cream Social (Bistro) 4:00 BINGO Fun (AR) 6:30 Movie Selection (TR)		Medical Appointments 7 9:30 Today's News (LOB) 10:15 Mindful Exercise (EX) 11:00 Wii Bowling (GR) 1:30 Food for Thought w/ Chef G (Bistro) 2:00 Telling Your Story (GR) 3:30 Happy Hour with The Poseys (Bistro) 6:30 Armchair Travels: Escape to the Continent "Croatia" Episode 4		8 9:30 News & Coffee Break (B) 10:00 Tai Chi w/Matt (EX) 11:00 Money Bingo \$ (AR) *Bring your Nickels & Dimes* 2:30 Men's Movie Social (TR) "Cool Hand Luke" *Enjoy popcorn & beer* 3:30 Short Play Scripts (Bistro) 6:30 Netflix Movie Night (TR)		9 9:30 Daily News & Coffee (Lobby) 10:30 Aloha Tai Chi w/Michael (EX) 2:00 Ice Cream Social (B) 3:00 Chocolate Bingo (AR) 4:00 Jenga (Bistro) 6:30 Netflix Movie Night (Theater)	
9:30 Fun Facts & Coffee (B) 10:00 Opera Sunday "Renee Fleming" (Theater) 11:00 Ring Toss (EX) 11:30 Classical Piano/Voice Concert w/Elena (Dining Room) 2:30 Sunday Worship Service w/Ernie (Bistro) 3:00 Valentine's Day Manicures (AR) 5:00 Grammy Awards (Bistro) 6:30 Netflix Movie Night (TR) "Indiana Jones & Raiders of the Lost Ark" 10		9:30 Coffee & Daily Chronicle (B) 10:00 Mobility Workout w/Carl (EX) 11:00 Candy Lovers Bingo (AR) 12:00 Lunch & Gaming at Gold Country Casino *Bring \$* (Lobby) 3:00 Travelogue w/Rick Steve's (Theater) 4:30 Love Songs w/Jennifer Dogey (Dining Room) 6:30 Classic Movie Night (TR) "East of Eden" 11		Medical Appointments 12 10:00 Bible Study (Bistro) 10:45 Sit & Be Fit w/Leasa (EX) 11:00 Pam's Creative Jewelry (AR) 11:30 Travelogue Tuesday w/Jack & Dixie "Antarctica" (Theater Room) 2-6 Compass Rose 1 Year Anniversary Celebration (LODGE) 2:00 Telling Your Story (GR) 3:45 Black Jack w/Steve (Bistro) 4:30 Children's Choir (Dining Room) 6:30 Resident Movie Selection (TR)		Medical Appointments 13 9:30 News & Coffee (Bistro) 10:00 Therapeutic Exercise w/Matt (EX) 11:00 Crafting Creations w/Theresa (AR) 1:30 Shopping to Trader Joes (LOB) *Sign up at front desk* 1:30 Sing Along with Pam (Bistro) 3:30 Ice Cream Social (Bistro) 4:00 BINGO Fun (AR) 6:30 Movie Selection (TR)		Medical Appointments 14 9:30 Today's News (LOB) 10:15 Mindful Exercise (EX) 11:30-1:30 Be My Valentine Lunch & Piano Music w/Larry Lambert (DR) 2:00 Telling Your Story (GR) 3:30 Bubbly Valentine Happy Hour & Guitar Music w/Tom Boyd (Bistro) *King & Queen will be announced* 6:30 Armchair Travels: Escape to the Continent "Germany" Episode 6 (TR) Valentine's Day		15 9:30 News & Coffee Break (B) 10:00 Tai Chi w/Matt (EX) 11:00 Money Bingo \$ (AR) *Bring your Nickels & Dimes* 1:00 Bartlett's Hearing Aid Check (Bistro) 2:30 Newcomer's Welcome Social & Piano Concert w/Elena (B) 3:30 Short Play Scripts (B) 6:30 Netflix Movie Night (TR)		16 9:30 Daily News & Coffee (Lobby) 10:30 Aloha Tai Chi w/Michael (EX) 2:00 Ice Cream Social (B) 3:00 Chocolate Bingo (AR) 4:00 Shake Loose a Memory Game (Bistro) 6:30 Netflix Movie Night (Theater)	
9:30 Brain Fitness Puzzles (B) 10:00 Opera Sunday "Rigoletto" (Theater) 11:00 Sunday Stretch (EX) 2:00 Sunday Cinema & Popcorn "The Last Laugh" (TR) 3:00 Word Hangman (GR) 6:30 Netflix Movie Night "Doctor Zhivago" (TR) 17		9:30 Coffee & Daily Chronicle (B) 10:00 Mobility Workout w/Carl (EX) 11:00 Candy Lovers Bingo (AR) 1:30 OUTING: Chico Art Center (LOBBY) 3:00 Travelogue w/Rick Steve's (Theater) 6:30 Presidents' Day Movie Night (TR) "Lincoln" Presidents' Day (US) 18		Medical Appointments 19 10:00 Bible Study (Bistro) 10:45 Sit & Be Fit w/Leasa (EX) 11:00 Resident Council Meeting (AR) 1-3 Sierra Club Newsletter Mailing (AR) 2:00 Telling Your Story (GR) 3:00 Butte Humane Society Pet Visit w/Trip! (AR) 3:45 Black Jack w/Steve (Bistro) 6:30 Resident Movie Selection (TR)		Medical Appointments 20 9:30 News & Coffee (Bistro) 10:00 Therapeutic Exercise w/Matt (EX) 11:00 Crafting Creations w/Theresa (AR) 1:30 Shopping to Elite Repeat (LOB) *Sign up at front desk* 1:30 Sing Along with Pam (Bistro) 3:30 Ice Cream Social (Bistro) 4:00 BINGO Fun (AR) 6:30 Movie Selection (TR)		Medical Appointments 21 9:30 Today's News (LOB) 10:15 Mindful Exercise (EX) 11:00 Pet Therapy Visit w/Pumpkin the Miniature Horse (AR) 2:00 Telling Your Story (GR) 3:30 Happy Hour & Guitar Music (Bistro) 6:30 Armchair Travels: Escape to the Continent "Portugal" Episode 9 (TR) 7:00 Mennonite Youth Choir Performs (Bistro)		22 9:30 News & Coffee Break (B) 10:00 Tai Chi w/Matt (EX) 11:00 Money Bingo \$ (AR) *Bring your Nickels & Dimes* 2:30 Ladies Matinee Social (TR) "Chappaquiddick" *Enjoy wine & popcorn* 3:30 Open Puzzles (Game Room) 6:30 Netflix Movie Night (TR)		23 9:30 Daily News & Coffee (Lobby) 10:30 Aloha Tai Chi w/Michael (EX) 2:00 Ice Cream Social & Guitar Music with Robert Karch (B) 3:00 Chocolate Bingo (AR) 4:00 Puzzle Fun (Bistro) 6:30 Netflix Movie Night (Theater)	
Oscar Sunday 24 9:30 Fun Facts & Coffee (B) 10:00 Opera Sunday "La Traviata" (TR) 11:00 Ring Toss (EX) 2:00 Family Movie Day & Popcorn "MOWGLI" *invite your grandkids* (TR) 3:00 Manicures with Rachel (AR) 5:00 91st Academy Awards (B) 6:30 Netflix Movie Night (TR) "Becoming Jane"		25 9:30 Coffee & Daily Chronicle (B) 10:00 Mobility Workout w/Carl (EX) 11:00 Candy Lovers Bingo (AR) 1:30 OUTING: 8th & Main Antiques (Lobby) 3:00 Travelogue w/Rick Steve's (TR) 6:30 Musical Movie Night (TR) "Mamma Mia"		Medical Appointments 26 10:00 Bible Study (Bistro) 10:45 Sit & Be Fit w/Leasa (EX) 2:00 Telling Your Story (GR) 3:45 Black Jack w/Steve (Bistro) 6:30 Resident Movie Selection (Theater)		Medical Appointments 27 9:30 News & Coffee (Bistro) 10:00 Therapeutic Exercise w/Matt (EX) 11:00 Crafting Creations w/Theresa (AR) 1:30 Shopping to JcPenney's (LOB) *Sign up at front desk* 1:30 Sing Along with Pam (Bistro) 3:30 Ice Cream Social (Bistro) 4:00 BINGO Fun (AR) 6:30 Movie Selection (TR)		Medical Appointments 28 9:30 Today's News (LOB) 10:15 Mindful Exercise (EX) 11:00 Wii Bowling (GR) 3:30 Happy Hour & Birthday Celebration w/The House Cats (Bistro) 6:30 Armchair Travels: Earth's Natural Wonders (TR)		Activity Location Key: (LOB) Lobby-1st Floor (AR) Alpine Arts & Craft Room-1st Floor (B) Bistro-1st Floor (DR) Juniper Dining Room-1st Floor (LIB) Terrace Library-2nd Floor (EX) Fitness Center-2nd Floor (GR) Sequoia Game Room-2nd Floor (TR) Mammoth Theater Room-3rd Floor			