



Winter 2019



2445 South Quebec St
Denver, CO 80231-9924
303-756-9489

Santa, All I Want for Christmas...



Once again, the residents of the Eastern Star Masonic Retirement Campus (ESMRC) had the opportunity to create new memories with family, friends and employees. Turn the pages of this magazine to see the photos that record the events and happenings over the recent holiday season.

Happy New Year to All!

My loved one needs care, but does not have enough money

What does a family do when their loved one needs a safer environment, but cannot afford to pay for the much-needed care? This is a dilemma that more and more families are facing. What they are finding is that it is becoming nearly impossible in the Denver metropolitan area to find appropriate housing for low-income seniors who need assistance.

The ESMRC Marketing Department receives many calls a day from families trying desperately to find housing for their low-income parent/loved one. Our community accepts Medicaid, but the community has a very long wait list. Most often, I can not help these families, except to refer them to the Area Agency on Aging, 303-480-6700. Denver, and most cities, do not have nearly enough affordable housing for seniors.



Above: Memory Care Director Jonathan Hoyt joins a resident for a meal.

Legislators are somewhat aware of this problem, but have other issues that they feel are more important than affordable senior housing for those who need assistance. This is a problem that can only be fixed by having constituents tell their legislators that low-income seniors do not have a place to live if they need care. Denver is in a crisis situation on this issue.

What you can do is find out what your loved one's financial picture looks like? The more money you have to work with, the better your planning can be.

I advise my clients to work with elder-law firms that can help you plan much better for the upcoming lack of funds. There are ways to plan that can stretch your dollars further and create medical-care trusts that can help pay for medical care when it is needed.

You may call Diane or Debra for referrals to elder-law firms, 303-756-9489. You can also call the Area Agency on Aging, 303-480-6700, for assistance with housing, health care, transportation, Medicare options and more.

– Diane Martini
Director of Marketing

Eastern Star Masonic Retirement Campus: 303-756-9489

2445 South Quebec Street, Denver, CO 80231-9924

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Continued family support for residents with dementia helps

When someone close to you is diagnosed with one of the many forms of dementia, it can initiate a trying time for the affected individual and family members and other loved ones. As the dementia progresses, your loved one begins to change such that you may find it difficult to spend time with them in the same fashion as you once may have. Oftentimes, family and friends will stop visiting their loved ones as frequently. Sometimes visits come to a stop altogether.

In the advanced stages of dementia, it can be especially difficult to find the visits with your loved one meaningful.

Let me be the one to assure you that these visits are meaningful, to not only your loved one, but their caregivers as well.

One of the most beneficial ways to cope with your loved one's dementia is to educate yourself on the disease itself. We are all familiar with the term dementia, but there are more than 100 different forms of dementia that are currently identified, and each one progresses in a unique pattern. It is

important to have a physician who is familiar with the various forms of dementia provide a specific diagnosis for you and your loved one. This will help you when



researching the disease, and identifying what changes you can expect to see.

Many people have also found it helpful to read and listen to the testimonies of others who have had loved ones diagnosed with dementia. Hearing how others have coped with family members or friends dealing with the disease in the past can often provide a sense of comfort or relief for those who currently have a loved one living with dementia.

– Jonathan Hoyt



Community Shred-a-thon

Hosted by ESMRC and the International Order of the Rainbow Girls Littleton Assembly #5

10 am–noon Saturday, May 4

2445 S Quebec St Denver 80231

BRING old checks, credit card offers, mailings, medical records, tax forms, pay stubs, etc.

Please do not bring phone books, newspapers, magazines or catalogs

Donations accepted for the International Order of the Rainbow Girls

Littleton Assembly #5 Scholarship Fund and other Assembly activities

Questions: Pati Sawyer Boex, Fraternal Relations Director, 303-753-2160, or

Valerie Hannon, 408-528-4833





Eastern Star
Masonic
Retirement Campus

10TH ANNUAL

Golf Tournament

JULY 19TH, 2019
WELLSHIRE: 3333 S COLORADO BLVD • DENVER, CO 80222

7:30am Shotgun Scramble
Includes Breakfast & Lunch, Driving Range & Balls, Cart
It will be our 10th annual Golf FUNraiser
Sponsorship opportunities available

Golfer (1) Name _____ Email _____	Golfer (2) Name _____ Email _____
Golfer (3) Name _____ Email _____	Golfer (4) Name _____ Email _____

Make checks payable to Eastern Star Masonic Retirement Campus • Find our event on Event Brite and you will have the option to pay by credit card
2445 S Quebec St • Denver, CO 80231





Refresh your driving skills with the AARP SMART DRIVER™ COURSE!

You will learn:

- Defensive driving techniques that help keep you and your loved ones safe on the road.
- Proven safety strategies, including techniques for handling left turns, right-of-way and roundabouts.
- New traffic laws and rules of the road.

Plus, there are no tests to pass. You simply sign up and learn. Upon completion, you could receive a multi-year discount on your car insurance. (Consult your agent for details. Other restrictions may apply.)



9 am–1 pm Wednesday, April 17
ESMRC Fraternal Relations Room
Call 303-756-9489 to register

Classroom course: \$15 for AARP members;
\$20 for non-members

If this course does not fit your schedule, visit www.aarp.org/drive, or call 1-877-846-3299 for additional course offerings.

Activities Recap

Left: Every morning, David pets Sally and gets his medication. Sally is one of the house cats. David has lived at ESMRC the longest.



Right: Polynesian dancers entertained



Arts and Crafts, while allowing all participants to release their inner creativity, took a turn towards holiday decorations.



Left and right: At a Door Social Craft Party, residents made decorations for their doors.





Left: A winning trip to the **casinos in Central City**, Russell and Tom



Right: Lita and Ann sipping drinks at **Hickory House in Parker**

Below: Students from Cherry Creek Academy

visit every year as part of their community service day. Here they are making Thanksgiving turkeys for everyone's doors, and shaking hands with Jim, a World War 2 veteran.



Below: Some students who could speak Russian enjoyed visiting with resident Iouri.

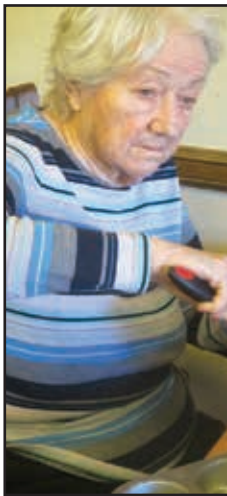




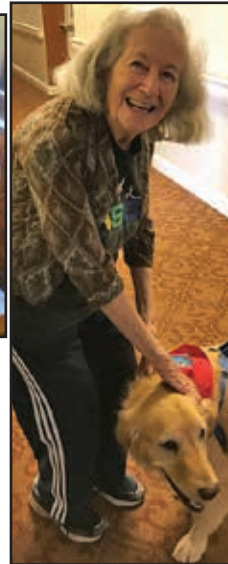
The **Masonic Youth** visited for Halloween in costumes. They handed out candy to all residents. Can you say "trick or treat?"



Staff and residents dressed up for Halloween



Baking muffins or other baked goods is a favorite Arts and Crafts activity for residents in memory care



Above and left: Memory Care bingo, and pet therapy with **Honey**, giving love wherever needed, even in the hallway.

Below and right: All residents and staff got flu shots.



Right and below: Memory Care bowling



Right: Wii bowling is very competitive!





We celebrated **Veterans Day** with a flag ceremony and music. Compassus Hospice introduced each Veteran, their branch of service, and rank. They gave them a challenge coin and certificate.



Left: Mac and Peggy attended the Veterans Day event. Mac's uniform still fits.

Below: A happy **Thanksgiving** photo with Masonic residents.



Below: A Memory Care family enjoyed Thanksgiving at ESMRC.



Above: The Voting commission stopped by, helping all residents cast their ballots. John votes.



Right: We went to Grand Chapter. Here is PGM Shirley Day with Liz and Dinora.



Thanksgiving Fun!



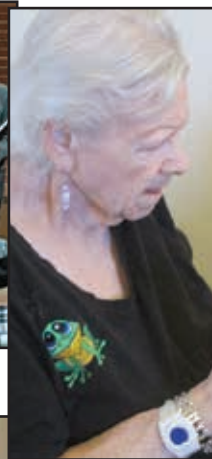
Residents supported **Colorado Gives Day**. They had their photos taken to promote the event. Many made donations.



Below: The New Chord singers



Below: Brass Quartet performs



Gingerbread houses were made by residents in memory care and assisted living.



Above and right: Musical groups provided seasonal entertainment for residents.





The **Colorado Youth: DeMolay, Rainbow Girls and Jobs Daughters** co-sponsored a Christmas party for the residents. We danced, sang and wore UGLY sweaters. Thank you to all who came and supported the event. The Christmas card frame was a popular prop for photos.



Open House Christmas Party with Tony David



Christmas FUN!



Right: Lunch out to Piccolos

*On Dec. 31, residents gathered to enjoy the
countdown to noon. Then they rang in the
New Year, 2019*



Philanthropy —

Eastern Star Masonic
Retirement Campus



thanks the following Chapters, Lodges and individuals for their donations to
the ESMRC for August–December 2018.

Charles Cassell
Katherine A Cook
Anthony Korvas

Thomas Henshall
Family of Sylvia Woodhouse

In-Kind Donations —

Thank you to the following Fraternal Family members
and private individuals who donated time or in-kind

donations for the residents of the ESMRC during the months of August–December 2018.

Lynn and Rick Brown-Jones	Megan Fritts (Excelsior Chapter)	Centennial Chapter
Beverly and Roy Chews	Donna Haas	Dawn Chapter #125
Cynthia Churchill in memory of Barbara Bergeson	Bobby and Ruby McClain	Excelsior Chapter
Kevin Durham	Nancy Sonnenfeld	Mt Zion Chapter 7
Bob and JoAnn Fowler	Robin Terry	Weston Lodge

Colorado Gives Day —

Thank you to the community members who made
a donation on Colorado Gives Day in December!
Donations totalled \$6,300!

Anonymous *****	Charles W Downing	Jean Leonard	Louise Rowe in memory
Toni Adamo	Marlene Doyle in mem-	Laurie Llanos in honor	of Elsie and Charles
Jim and DeAnn Anchus-	ory of Haskell and	of Roberta Hartwell	Garrison
stegui	Audrey Heinrich	Larry Lillo	Kristi Rudy
Melissa Aragon in mem-	David Gans	Diane Martini	Donald Ryan
ory of Barbara Aragon	Gasper Graziano	Loretta McElhiney	Pati Sawyer Boex in
Craig Bailey	Donna Haas	Barbara Morgan in	Memory of Willie
Jareene Barkdoll	Ted and Vicki Haluza	memory of Jim Morgan	Boden
Kathy Beattie	Cynthia Hamilton in	Nancy Mulhall	Corrine Schreiber in
David Berman	memory of Dorothy	Dotty Nittler	memory of Charlotte
Philip Black	and Charles Hamilton	Carolyn O'Malley-Adlong	Leader
Wayne Burch	Catherine Heflick	in honor of Eleanor	Elaine Tayman
Janet Buttrick	Jonathan Hoyt	O'Malley	Robin Terry
Jack and Martha Carter	Terry Hudson	Eleanor O'Malley	Elizabeth Teska
Phyllis Click	Raju Jairam	Tammy Oldson	Paul Ward
Hugh Clum	Lillian Johnson in mem-	Gloria Patten	Cindy Wardlaw
Gregory Curd in honor	ory of Merna Johnson	Daniel Reichel in mem-	Bart Wegner
of Patsy Curd	Wilma and Ed Kamps	ory of Jim Morgan	Fletcher Wideman
Ed and Carol Donahoe	Ann Lane	Edward Robertson	
Jana Doss	Gary Lavoie		

Christmas Donations —

Thank you for playing Santa and making Christ-
mas merry for the residents of the community:

Dawn Chapter	Past Matrons and Patrons Club
Denver Royal Arch #2	of Colorado
Knights Templar Association	Grover Sardeson
Liberty Lodge #134	Umar Shabazz

*Thanks to all donors who donat-
ed anonymously. If your name
failed to make this list,
ESMRC thanks you!*

The Robert Russell Eastern Star Masonic Retirement Campus is a 501 (c) 3 non-profit, so all donations are tax deductible. Please make checks payable to Robert Russell Eastern Star Masonic Retirement Campus or R.R.E.S.M.R.C. Send them to Attention Director, 2445 S. Quebec St, Denver, CO 80231.

ESMRC will host Blood Drives in 2019

**8 am–1:30 pm Friday, April 26,
8 am–1:30 pm Friday, Oct. 18,
in the Fraternal Relations Room**

***Donate blood. You can make a huge
difference to someone in need.***

**Co-sponsored by Columbine Masonic Lodge #147
and Vitalant**

Call Fraternal Relations Director Pati Sawyer Boex,
303-753-2160, or patis@esmrc.com



**ESMRC is in need of new sheets, twin size, new bath towels,
toiletry items: boxes of Kleenex, feminine wipes.**

Fraternal Activities at Eastern Star Masonic Retirement Campus

2019

- Feb. 12 Denver Royal Arch #2, Dinner 6:30 pm; Meeting 7:30 pm
- March 16 **House of Delegates Meeting**, 10 am, Fraternal Relations Room
- April 13 DeMolay Hosted Easter Egg Hunt, 11:30 am
- April 17 AARP Safe Drivers Class, 9 am–1 pm, Fraternal Relations Room
- April 26 Blood Drive with Columbine Lodge, 8 am–1:30 pm
- May 4 Community Shred-a-thon, 10 am–noon
- May 4 Masonic Youth Senior Prom, 2–4 pm, “Kentucky Derby Prom”
- May 7 Dawn Chapter #125 Chapter Meeting
- June 15 **House of Delegates Meeting**, 10 am, Fraternal Relations Room
- July 19 10th Annual Golf Tournament at Wellshire Golf Course
- Aug. 17 Fraternal Family Community Picnic
- Oct. 18 Blood Drive with Columbine Lodge, 8 am–1:30 pm
- Oct. 19 Reverse Trick or Treat, Rainbow, 11:30 am
- Nov. 14 Centennial Lodge, Dinner and Meeting
- Dec. 14 All Masonic Christmas Party for Residents

It is ESMRC's mission to host a once-a-month Chapter or Lodge meeting in the R. Keith Milheim Fraternal Meeting Room, which can include Masonic residents. If your Chapter or Lodge is interested in hosting a meeting for residents, please contact Fraternal Relations Director Pati Sawyer Boex, 303-753-2160 or patis@esmrc.com.

Spotlight

Robert Russell Eastern Star
Masonic Campus of Colorado, Inc.
2445 South Quebec Street
Denver, CO 80231-9924

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I would like to give a charitable contribution to
Eastern Star Masonic Retirement Campus.

☐ \$25 ☐ \$50 ☐ \$75 ☐ Other_____

☐ Tree of Faith ☐ Tree of Hope ☐ Tree of Love
\$100-499 \$500-999 \$1,000 and up

Make checks payable to Eastern Star Masonic Retirement Campus
or ESMRC. Your donation is tax deductible to the fullest
extent of the law.

Name: _____

Address: _____

City, State, Zip Code: _____

Send to:

Business Office
2445 S. Quebec Street
Denver, CO 80231

- ☐ Operating Fund
☐ Home Endowment
☐ In memory of: _____



Miriam at "sit and be fit" class