

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

All you need is Love

								National Wear Red 1 9:00 Morning walk (O) 9:30 Read daily chronical (L) 10:00 Fun Facts & Trivia (L) 10:30 Bible Study with Scott (2nd Floor Lounge) 11:00 Massage with Mary (3rd fl)		2 9:30 Resident News (L) 10:00 Discussion Topic "Who Gets the Ring?" (L) 10:30 Yoga Exercise (MPR) 1:30 Nickel Bingo (MPR) 3:00 "Remember When" with Shirlee Horowitz (L) Groundhog Day			
Super Bowl Sunday! 3 8:45 Holy Communion (P) 10:30 Cycling Fitness (Gym) 1:30 You Be the Judge: The Nose Knows (L) 2:00 Church Service (MPR) 2:30 Billiards (3rd Floor) 3:30 Super Bowl Game With Chips & Dip (B)		4 9:00 Morning walk/daily chronical 10:30 Ceramic Heart Frame (AR) 11:00 Kindness rock project 1:00 Bingo with Anthem Caremore (MPR) 3:00 The Not-So-Newlywed Game (MPR) 3:30 10 word a day journal		5 9:00 Morning walk/daily chronical 10:00 Peppermint Mocha Coffee & Donuts (B) 10:30 Exercise with Margaret 1:00 Trip to Senior center West Covina 3:00 Matinee: China (MPR) Chinese New Year		6 9:00 Morning walk/daily chronical 10:00 Flora's Writing Club (AR) 11:00 Lunch at Souplantation & AMC Movie "A Dogs Way Home" Outing 1:30 Musical Moments (MPR) 3:00 How Much World Cuisine's Do You Know?(MPR)		7 9:00 Morning walk/daily chronical 10:30 Exercise with Margaret 1:00 Window shopping at the mall 2:00 Beaded heart sun catcher DIY (AR) 3:00 Valentine's Day Card Making (MPR)		8 9:00 Morning Walk/daily chronical 10:00 What does the Bible say about Love. 11:00 No-sew hand warmer 1:00 American Heritage Girls (MPR) 3:00 Baking Zucchini Bread Together(AR)		9 9:30 Resident News Group (L) 10:00 The History of Valentine's Day (L) 10:30 Exercise Video (MPR) 1:15 Fun Bingo Bash with Angie (MPR) 3:00 Jazz Sanity Music Performance (MPR)	
World Marriage Day 10 8:45 Holy Communion (P) 10:30 Hearts & Crafts With Girl Scouts (AR) 1:30 Baking Cupcakes (AR) 2:00 Marriage Discussion (AR) 3:00 Saddleback Church with Scott (MPR) 3:00 Strawberry Cupcakes (B)		11 9:00 Morning walk/daily chronical 10:00 Searching for Presidents (word search) (L) 10:30 Painting Magnets (AR) 11:00 Valentine's Day Memories (AR) 1:00 Kindness rock project 3:00 10 word a day journal		12 9:00 Morning walk/daily chronical 10:00 French Vanilla Coffee & Donut Social (B) 10:30 Exercise with Margaret 1:00 Principles of Tai Chi(MPR) 3:00 Netflix: Lincoln (MPR)		13 9:00 Morning walk/daily chronical 10:00 Exercise with Erika (MPR) 11:00 Mr. Knotts Chicken Dinner Outing 1:30 Musical Moments (MPR) 2:30 Side Effects of Lack of Sleep with Erika (L) 3:15 "The Notebook" Movie		Valentine's Day 14 9:00 Morning Walk/daily chronical 10:30 Exercise w/ Margaret 1:00 Discussion what is your Love story 2:00 Making chocolate dip strawberries (AR) 4:30 Candlelight Dinner		15 9:00 Morning Walk/daily chronical 10:30 Bible Study with Scott (2nd Floor Lounge) 1:30 Baking Stained Glass Heart Cookies (AR) 3:00 Bring a Photo of your Sweetheart & Share (L) 3:30 Dice game/Nix the six		National Almond Day 16 9:30 Resident Discussion (L) 10:00 Timeless Melodies: 1950' From Swing to Swing (MPR) 1:30 Nickel Bingo with Diamond Bar High (MPR) 3:15 Movie: Victoria & Abdul (MPR) 3:30 Almond Pudding (B)	
Random Acts of Kindness 17 8:45 Holy Communion (P) 10:30 Fitness Workout (Gym) 1:30 Ideas to Inspire Kindness Part I (AR) 2:00 Church Service (MPR) 2:30 Kindness Part II (AR) 3:00 Bistro Snack (B)		18 9:00 Morning walk/daily chronical 10:00 Board game/card game (B) 10:30 "February" Skit (L) 11:00 Refreshments (B) 1:00 Kindness Rock Project 3:15 President's Jeopardy Game (MPR) 3:45 10 word a day journal		19 9:00 Morning walk/daily chronical 10:00 Peppermint Mocha Coffee & Donut Social (B) 10:30 Exercise w/ Margaret MPR 1:00 Tai Chi with Kathy Chou (MPR) 1:30 Dogs Visiting (Patio) 2:00 Water color (AR) 3:30 10 word a day journal		World Day for Social Justice 20 9:00 Morning walk/daily chronical 10:30 Zumba w/ Melodie (MPR) 11:00 West Covina Mall & Yogurtland Outing 1:30 Musical Moments (MPR) 3:00 Wednesday Matinee: "Rose Parks" (MPR)		21 9:00 Morning walk/daily chronical 10:00 Board game heads up (B) 10:30 Exercise with Margaret 1:00 Free Bingo with Anthem Caremore (MPR) 3:00 "Two Weeks' Notice" Movie (MPR)		National Margarita Day 22 9:00 Morning walk/daily chronical 10:30 Free Manicures with Mary (AR) 1:30 Endless Words (MPR) 3:00 Happy Hour with Marimba Player Patrick & Margarita's (MPR)		23 9:30 Resident News (L) 10:00 Scrabble Board Game (B) 10:30 Video Exercise (MPR) 1:00 Geography Trivia (L) 1:30 Nickel Bingo (MPR) 3:15 Saturday Matinee: "The Crown" (MPR)	
Academy Awards Presentation 24 8:45 Holy Communion (P) 10:30 Walking Group (1st Floor) 2:00 Billiards (3rd Floor) 3:00 Saddleback Church with Scott (MPR) 3:00 Bistro Heart Shaped Cheese & Crackers 5:00 91st Academy Awards (B)		25 9:00 Morning Walk/daily chronical 10:00 Chicken soup for the soul Soup/read (L) 10:30 Note Holder Craft (AR) 1:00 Kindness rock project (AR) 3:00 Sing Along Songs (MPR) 3:30 Left Right Center (AR) 3:45 10 word a day journal		26 9:00 Morning walk/daily chronical 10:00 Delicious Donuts (B) 10:30 Exercise with Margaret (MPR) 1:00 Healthy Aging with Kathy Chou (MPR) 3:00 Mini sudoku puzzle 3:30 10 day a word journal		National Strawberry Day 27 9:00 San Manuel Casino 10:30 Meditation (MPR) 11:30 February Birthday Meals 1:30 Musical Moments (MPR) 2:30 Strawberry Bites (B) 3:00 Aging and Vision Loss w/ Barbara Llamas (MPR) 3:45 10 day a word journal		Digital Learning Day 28 9:00 Morning walk/daily chronical 10:30 Exercise w/ Margaret 1:00 Magic Beanstalk Centerpiece (AR) 2:00 Scenic drive 3:00 10 word a day journal		(B) Bistro Area (MPR) Multi-Purpose Room (3rd F.B) 3rd Floor Billiards (L) Library (AR) Activity Room (2nd FL) 2nd Floor Lounge (P) Parlor Room (PDR) Private Dining Room			

Type the name, address, and other information about your community/company here.