

# CARRIAGE PARK CONNECT

JANUARY 2019



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Facebook: /WaltonwoodCarriagePark



*Thank you  
Shirley  
VanderWall  
for all the  
time you put  
into making  
our  
Waltonwood  
Choir shine  
in 2018!*

## UPCOMING EVENT HIGHLIGHT

Happy New Year! All of us here at Waltonwood Carriage Park would like to extend a heartfelt wish of health, happiness and peace to you and yours in 2019. The new year brings to the surface one's hopes, goals, and dreams for the future. We challenge you to think about your goals for 2019 – Do you want to be more active? We have a solution for that! We are adding a new Strength Training regimen with Chris, starting in January. Do you want to be more social or maybe more spontaneous? We have opportunities to broaden your horizons! Join us this upcoming year for our group outings – fun and enjoyable occasions to learn about our world in the company of your Waltonwood family. Do you want to nurture your interest for the arts? We have you covered! Consider joining our choir, the Waltonwood Songbirds, as we are expanding our numbers to really showcase our musical talent. Whatever your goals are for 2019, we have the programs to assist you in reaching those goals! Let's make it a great year together!

## COMMUNITY MANAGEMENT

**DUSTIN STOLZMAN**  
Executive Director

**TERRY LOBB**  
Business Office Manager

**JOEL VASSALLO**  
Culinary Services Manager

**Erin McGraw**  
Life Enrichment Manager

**NICHOLE PASSMORE**  
Life Enrichment Manager

**ANNETTE ROGERS**  
Marketing Manager

**JOANN MAYHER**  
Resident Care Manager

**JEREMY MERIWETHER**  
Wellness Coordinator

**TRACEY CARROLL**  
Housekeeping Supervisor

**MIKE BURLETT**  
Maintenance Manager



## ASSOCIATE SPOTLIGHT

Our associate of the month is Michael Weiler (Lead Server). Michael is regularly identified as a standout amongst our Waltonwood team, providing attention to detail and exceptional customer service to all of our residents. Michael thinks outside the box when it comes to exceeding the expectations of the residents. The staff concurs—Michael is truly the definition of a team-player and extremely worthy of this accolade!



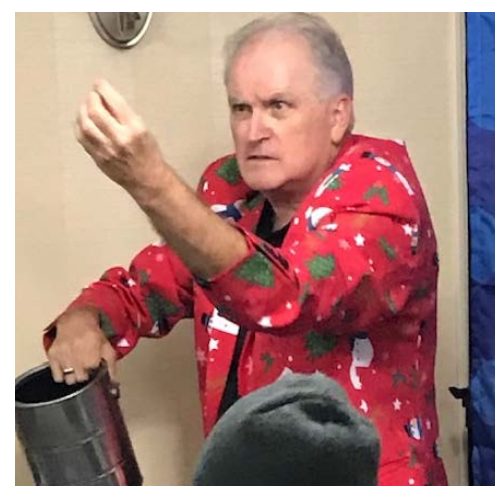
## DECEMBER HIGHLIGHTS

### 01

No better way to start the holiday season than with an evening of Brownies from Smith Elementary in Plymouth.

### 13

Pizza, Santa and a little magic with families and friends. What a fun evening we had!



### 17

We made some amazing gingerbread houses.

### 22

We enjoyed a beautiful concert from The Little Stars Foundation.



## AN OPEN INVITATION!

As the hustle and bustle of the holidays slowly fades and we once again transition into a new year we find ourselves drifting back to those routines that we're used to. Sometimes that's a much welcomed occurrence, while other times it becomes a dull and uninspiring way to spend the winter months. So this January why not try something new? Something that will not only kick start your daily routine but also improve the way you move, think and feel. This January I'd like to extend a warm, open invitation to join our "Forever Fit" exercise program here at Waltonwood. Open to all residents, our exercise classes and fitness center are aimed at enhancing independence while promoting healthy lifestyles in a safe and enjoyable environment. Utilizing an approach that makes exercise accessible to everyone, each of our many offerings is designed for its participants to move at a pace in which they see fit. So, this New Year give exercise a try, it just might be one of the best things you can do to keep happy and healthy in 2019.



# TRANSPORTATION INFORMATION

## JANUARY OUTINGS

Our Waltonwood bus or Cadillac runs five days a week for your transportation needs. We ask that you schedule your medical appointments on Mondays or Tuesdays if at all possible. Bus transportation schedules are kept in a binder in our mail room for your convenience. Please sign up 24 hours in advance for local trips and 1 week or in advance for doctor appointments.

- Wednesday 1/9
  - Monday 1/14
  - Thursday 1/17
  - Tuesday 1/22
  - Thursday 1/31
- Hudson Auto Museum
  - Laurel Park Mall
  - Sea Life Aquarium
  - Three Brothers
  - Emagine Theater

## JANUARY SPECIAL EVENTS

09

The Hudson Museum tells the story of local automobile companies including Tucker and Kaiser-Frazer

17

Dive into Michigan's largest aquarium & encounter thousands of sea creatures!



22

Join your friends for a great Polish-American lunch

31

Come see what's showing at the movies! Movie to be announced 1/25



## EXECUTIVE DIRECTOR CORNER

Happy New Year! What a fantastic finale to 2018 we had here at Waltonwood! Behind the scenes, our entire team worked hard over the past year to consider how we can continuously improve our Carriage Park community, and hopefully you've recognized some of the improvements we've made to better your experience as a part of the Waltonwood Carriage Park family. We always encourage and welcome feedback and suggestions at our monthly resident council meetings, of course, and you can always reach out to myself or any manager for an individual conversation to address your suggestions. As a reminder, sometime this month, you should expect to receive your annual resident/family satisfaction surveys in the mail. This is an ideal opportunity for you to share positive feedback about improvements made in the last year as well as individual employees that have made your experience at Waltonwood outstanding. As always, this is also an opportunity to identify things you would still like to see here at our community and share your suggestions of areas of opportunity that yet remain from your perspective.

Best Regards,

Dustin Stolzman  
Executive Director



Celebrating  
January  
Birthdays

HELEN B 1/5

REGINA 1/7

EUNICE 1/10

EDA 1/15

BETTY B 1/19

MAXINE 1/27

JEAN R. 1/31

Birthday Celebration

Thursday

January 24<sup>th</sup> 1:30 pm

Entertainment:

Gail Engling

CHEF’S COOKING DEMONSTRATIONS

10

Enjoy our Shrimp Scampi Station with  
Chef Joel

17

Seafood Dinner tonight! From the  
ocean to your plate, enjoy the best  
seafood in town!

24

Waffle bar with fresh toppings! Sure to  
be delicious!

31

So healthy and tastes good too!  
Chicken Stir Fry Station.

Bowl Game Wings

January features all of the College Bowl Games! Root for your favorite team and enjoy these tasty wing recipes shared by our very own Chef Joel.

Ingredients:

5lb of Chicken Wings Split

Old Bay 1/4cup

Lemon Pepper 1/8<sup>th</sup> Cup

Vegetable Oil ½ cup

Directions:

1. Toss raw chicken wings with all of the ingredients. Marinate overnight in the refrigerator.
2. Spread evenly on baking sheet.
3. Bake at 350 degrees F until internal temp is 165 degrees F (about 1 hour)
4. Serve and eat with your favorite dipping sauces.

-Chef Joel Vassallo, Culinary Services Manager

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately?  
When you refer someone to a Waltonwood  
community, they'll thank you for it - and then we'll  
thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!