

January 2019

In The Moment – Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Locust Grove Personal Care & Memory Care	4043 Irene Street West Mifflin, PA 15122 412-461-7210	New Year's Day 1 9:00 TUMMY TWISTS 10:00 CROCKPOT CREATION 11:00 CE MATH BUSTERS 1:00 TOWEL FOLDING 2:00 TABLET FUN 3:00 DECADE DANCING 6:00 WINDOW WATCHERS	2 9:00 FITASTIC 10:00 APPLE TV 11:00 HORSE RACING 1:00 KICKBALL 2:00 LAUGHTER BASKET 3:00 PLAY DOH FUN 6:00 FEEL THAT FABRIC	3 9:00 TIGHT MUSCLES 10:00 REMINISCING 11:00 POPCORN FUN 1:00 YARN ROLLING 2:00 OPERATION 3:00 CONNECT THE DOTS 6:00 NUTS AND BOLTS	4 9:00 BUSTING OUR BONES 10:00 SHAPE SORTING 11:00 LL JOYFUL RIDE 1:00 CARD CLUB 2:00 AE NOODLE ART 3:00 TABLE SETTING 6:00 SPACE DUSTING	5 9:00 WALK IT OUT 10:00 COFFEE KLATCH 11:00 NAIL CARE 1:00 STACK A CUP 2:00 SING-A-LONG SATURDAY 3:00 I SPY 6:00 POLKA TIME
		8 9:00 TUMMY TWISTS 10:00 UNTIE KNOTS 11:00 CE SCIENCE EXPIREMENT 1:00 MEN'S HOUR 2:00 CC FUN W/CARING 3:00 SPORTS CHAT 6:00 SMOOTH OUT TISSUE PAPER	9 9:00 FITASTIC 10:00 PAINT BY NUMBERS 11:00 WHATS THAT COLOR 1:00 BASKETBALL 2:00 UNDECORATING 3:00 DETECTIVE TIME 6:00 EVENING MOVIE	10 9:00 TIGHT MUSCLES 10:00 CONVERSATION CORNER 11:00 PASS THE BEAR 1:00 CHECKERS W/CHEESE 2:00 AE FUN W/BETHANY 3:00 JUICE PONG 6:00 SOUNDS OF SMOOTH JAZZ	11 9:00 BUSTING OUR BONES 10:00 MAKING MUSIC 11:00 LL JOYFUL RIDE 1:00 CARD CLUB 2:00 NOODLE DARTS 3:00 WHERE IS THE BALL 6:00 STROLL THE HALLS	12 9:00 WALK IT OUT 10:00 COFFEE KLATCH 11:00 RECIPE SWAP 1:00 FLOOR TIC TAC TOE 2:00 SING-A-LONG SATURDAY 3:00 NAIL CARE 6:00 POETRY READINGS
		15 9:00 TUMMY TWISTS 10:00 THREAD PASTA 11:00 CE THIS DAY IN HISTORY 1:00 DEB'S CHOICE 2:00 HOT CHOC MUGS 3:00 SPONGE STACK JENGA 6:00 I LOVE LUCY	16 9:00 FITASTIC 10:00 MORNING MOVIE 11:00 WHAT'S THAT SMELL 1:00 MINI GOLF 2:00 CC TASTE AND TELL 3:00 SKEE BALL 6:00 PAINTING W/ SHAKIARA	17 9:00 TIGHT MUSCLES 10:00 REMINISCING 11:00 PUZZLE PIECE SNOWFLAKE 1:00 AE DOBBER ART 2:00 OREO BINGO 3:00 MAKING A CENTER PIECE 6:00 BINGO W/KNIGHTS OF COLUMBUS	18 9:00 BUSTING OUR BONES 10:00 INTERACTIVE TV TIME 11:00 LL JOYFUL RIDE 1:00 CARD CLUB 2:00 LAUNCH THAT NOODLE 3:00 PRESSED FLOWERS 6:00 FAIRY TALES PT 1	19 9:00 WALK IT OUT 10:00 COFFEE KLATCH 11:00 SIMON SAYS 1:00 CONVERSATION BALL 2:00 SING-A-LONG SATURDAY 3:00 NAIL CARE 6:00 HISTORY CHANNEL
		22 9:00 TUMMY TWISTS 10:00 CIRCULAR READING 11:00 CE SPELL THE WORD 1:00 WOMAN'S TEA 2:00 RESIDENTS CHOICE 3:00 FAMILY FEUD 6:00 POLKA TUNES	23 9:00 FITASTIC 10:00 CC KNOT BLANKET 11:00 WHAT'S THAT SOUND 1:00 PARACHUTE 2:00 VITAL CHECKS 3:00 RING TOSS 6:00 DANCING W/DOM	24 9:00 TIGHT MUSCLES 10:00 CONVERSATION CORNER 11:00 AMERICAS FUNNY VIDEOS 1:00 RACE CARS 2:00 POKENO 3:00 PET THERAPY 6:00 SOOTHING SOUNDS OF NATURE	25 9:00 BUSTING OUR BONES 10:00 PICTURE PERFECT 11:00 LL JOYFUL RIDE 1:00 CARD CLUB 2:00 MUSICAL NOODLE 3:00 SPELL AND TELL 6:00 HAPPY HOUR	26 9:00 WALK IT OUT 10:00 COFFEE KLATCH 11:00 GIANT DICE GAME 1:00 WHAT DO YOU SPY 2:00 SING-A-LONG SATURDAY 3:00 NAIL CARE
		29 9:00 TUMMY TWISTS 10:00 CROCKPOT CREATION 11:00 CE RELIGIOUS LEARNING 1:00 MAKE YOUR OWN THERAPY BALL 2:00 NAME 5 3:00 JANUARY BIRTHDAY CELEBRATION	30 9:00 FITASTIC 10:00 ASHLEYS HAIR SALON 11:00 MORNING MOVIE 1:00 VOLLEYBALL 2:00 AE PINECONE SNOWMAN 3:00 ANIMAL LAUNCH 6:00 COLOR CONTEST	31 9:00 TIGHT MUSCLES 10:00 REMINISCING 11:00 CC NON SLIP SOCK MAKING 1:00 LIMBO 2:00 SHUFFEL BOARD 3:00 NAIL CARE 6:00 FAIRY TALES PT 2	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support Healthy Snacks & Hydration offered throughout each day!	
6 9:00 STRETCH IT OUT 10:15 SS SPIRITUAL SERVICE 11:00 WHERE DO I BELONG 1:00 HANGMAN 2:00 HYMN SINGING 3:00 PIPE FITTING 6:00 CLIP COUPONS	7 9:00 PE ROCK YOUR HIPS 10:00 WAY WITH WORDS 11:00 HAND MASSAGES 1:00 SUPER BALL TOSS 2:00 SENTIMENTAL JOURNEYS 3:00 SCRAPBOOKING PAGE 6:00 PENPAL LETTER					
13 9:00 STRETCH IT OUT 10:15 SS SPIRITUAL SERVICE 11:00 BUTTON TREE 1:00 SEARCH FOR THE WORD 2:00 HYMN SINGING 3:00 OLD MAID 6:00 VIRTUAL TRAVEL	14 9:00 PE ROCK YOUR HIPS 10:00 NAME THAT TUNE 11:00 MUSICAL MEDITATION 1:00 BEAN BAG TOSS 2:00 GIGGLE TIME 3:00 BALLOON CUP SHOOTER 6:00 HOBBY TALK					
20 9:00 STRETCH IT OUT 10:15 SS SPIRITUAL SERVICE 11:00 MEMORY 1:00 TRICKY TRIVIA 2:00 HYMN SINGING 3:00 TEA TASTING 6:00 COOKING TV	Martin Luther King, Jr. Day 21 9:00 PE ROCK YOUR HIPS 10:00 MIND STRETCHERS 11:00 AROMA THERAPY 1:00 MUSICAL PAINTING 2:00 MLK TRIVIA 3:00 AE FOIL PAINTS 6:00 DOLLY THERAPY					
27 9:00 STRETCH IT OUT 10:15 SS SPIRITUAL SERVICE 11:00 LL AFTERNOON BRUNCH OUTING 1:00 FILL IN THE WORD 2:00 HYMN SINGING 3:00 SHELL CRABS 6:00 PEELING ORANGES	28 9:00 PE ROCK YOUR HIPS 10:00 MIND TEASERS 11:00 FLORAL ARRANGING 1:00 BALLOON TOSS 2:00 STAMP ART 3:00 GUESS THAT STATE 6:00 I LOVE LUCY					