

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<div>CHERRY PARK PLAZA</div> <div>Independent, Assisted and Memory Care Communities</div>	1323 SW Cherry Park Road Troutdale, OR 97060 503-491-1661	New Year's Day 1 9:30 PE Balloon Toss 10:00 CE Monthly Gazette w/ Mid-morning Snack 10:30 AE Artistic Moments: Watercolor Painting [DR] 2:00 SS Ladies Hymn Group visit [LR] 2:30 LL Afternoon Snack [DR] 3:00 CC 1:1 Visits 6:00 LL Short Stories 7:00 LL Night Time Snack [DR]	2 9:30 PE Parachute Exercise [LR] 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 AE Colorful Relaxation [DR] 1:30 CE Sensory Boxes [LR] 2:30 LL Afternoon Snack [DR] 3:00 CC Bible Study [LR] 6:00 LL Aromatherapy & Hand Massages [LR] 7:00 LL Night Time Snack [DR]	3 9:30 PE Kickball [LR] 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 AE Artistic Moments: Cheerio Bird Feeders [DR] 1:30 CE Things that go together [LR] 2:30 LL Afternoon Snack [DR] 6:00 SS Chicken Soup for the Soul Series [LR] 7:00 LL Night Time Snack [DR]	4 9:30 PE Ring Toss [LR] 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 PE Busy Hands 1:00 LL Nail Care [DR] 2:30 LL Afternoon Snack [DR] 3:00 LL Happy Hour w/Karen [MDR] 6:00 LL Movie Night: [LR] 7:00 LL Night Time Snack [DR]	5 10:00 CE Daily Chronicle w/ Mid-morning Snack 11:00 LL Household Tasks 1:30 AE Painting 2:30 LL Afternoon Snack [DR] 3:00 PE Wii Bowling 6:00 LL Movie [LR] 7:00 LL Night Time Snack [DR]		
		6 10:00 CE Daily Chronicle w/ Mid-morning Snack 11:00 LL Household Task 1:30 AE One on One visits with caregivers 2:30 LL Afternoon Snack [DR] 3:00 CC Twenty Questions [LR] 6:00 SS Daily Devotional reading 7:00 LL Night Time Snack [DR]	7 9:30 PE Stretching 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 PE Busy Hands 2:30 LL Afternoon Snack [DR] 3:00 LL Music Mondays (Sing alongs) 6:00 LL Past time TV [LR] 7:00 LL Night Time Snack [DR]	8 9:30 PE Balloon Toss 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 AE Artistic Moments: Watercolor Painting [DR] 1:30 CE Complete the Phrase [LR] 2:00 SS Ladies Hymn Group visit [LR] 2:30 LL Afternoon Snack [DR] 3:00 CC Reminisce Elvis's Birthday 6:00 LL Short Stories 7:00 LL Night Time Snack [DR]	9 9:30 PE Parachute Exercise [LR] 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 AE Colorful Relaxation [DR] 1:30 CE Sensory Boxes [LR] 1:30 CE Who Am I [LR] 2:30 LL Afternoon Snack [DR] 3:00 CC Bible Study [LR] 6:00 LL Aromatherapy & Hand Massages [LR] 7:00 LL Night Time Snack [DR]	10 9:30 Foot Care 9:30 PE Kickball [LR] 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 AE Artistic Moments 1:30 CE Things that go together [LR] 2:30 LL Afternoon Snack [DR] 3:00 CE Picture Bingo 6:00 SS Chicken Soup for the Soul Series [LR] 7:00 LL Night Time Snack [DR]	11 9:30 PE Ring Toss [LR] 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 PE Busy Hands 1:00 LL Nail Care [DR] 2:30 LL Afternoon Snack [DR] 3:00 LL Happy Hour w/ Tom Arbuckle [MDR] 6:00 LL Movie Night: [LR] 7:00 LL Night Time Snack [DR]	12 10:00 CE Daily Chronicle w/ Mid-morning Snack 11:00 LL Household Tasks 1:30 AE Painting 2:30 LL Afternoon Snack [DR] 3:00 PE Wii Bowling 6:00 LL Movie [LR] 7:00 LL Night Time Snack [DR]
		13 10:00 CE Daily Chronicle w/ Mid-morning Snack 11:00 LL Household Task 1:30 AE One on One visits with caregivers 2:30 LL Afternoon Snack [DR] 3:00 CC Twenty Questions [LR] 6:00 SS Daily Devotional reading 7:00 LL Night Time Snack [DR]	14 9:30 PE Stretching 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 PE Busy Hands 2:30 LL Afternoon Snack [DR] 3:00 LL Music Mondays (Sing alongs) 6:00 LL Past time TV [LR] 7:00 LL Night Time Snack [DR]	15 9:30 PE Balloon Toss 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 AE Artistic Moments: Watercolor Painting [DR] 1:30 CE Complete the Phrase [LR] 2:00 SS Ladies Hymn Group visit [LR] 2:30 LL Afternoon Snack [DR] 3:00 CC 1:1 Visits 6:00 LL Short Stories 7:00 LL Night Time Snack [DR]	16 9:30 PE Parachute Exercise [LR] 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 AE Colorful Relaxation [DR] 1:30 LL Pablo Visits [LR] 1:30 CE Sensory Boxes [LR] 2:30 LL Afternoon Snack [DR] 3:00 CC Bible Study [LR] 6:00 LL Aromatherapy & Hand Massages [LR] 7:00 LL Night Time Snack [DR]	17 9:30 PE Kickball [LR] 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 AE Artistic Moments 1:30 CE Things that go together [LR] 2:30 LL Afternoon Snack [DR] 3:00 CE Picture Bingo 4:30 LL Candlelight Dinner [DR] 6:00 SS Chicken Soup for the Soul Series [LR] 7:00 LL Night Time Snack [DR]	18 9:30 PE Ring Toss [LR] 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 PE Busy Hands 1:00 LL Nail Care [DR] 2:30 LL Afternoon Snack [DR] 3:30 LL Happy Hour w/ELVIS [MDR] 6:00 LL Movie Night: [LR] 7:00 LL Night Time Snack [DR]	19 10:00 CE Daily Chronicle w/ Mid-morning Snack 11:00 LL Household Tasks 1:30 AE Painting 2:30 LL Afternoon Snack [DR] 3:00 PE Wii Bowling 6:00 LL Movie [LR] 7:00 LL Night Time Snack [DR]
		20 10:00 CE Daily Chronicle w/ Mid-morning Snack 11:00 LL Household Task 1:30 AE One on One visits with caregivers 2:30 LL Afternoon Snack [DR] 3:00 CC Taste & Tell w/Chef Robert [LR] 6:00 SS Daily Devotional reading 7:00 LL Night Time Snack [DR]	Martin Luther King, Jr. Day 21 9:30 PE Stretching 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 PE Busy Hands 2:30 LL Afternoon Snack [DR] 3:00 LL Music Mondays (Sing alongs) 6:00 LL Past time TV [LR] 7:00 LL Night Time Snack [DR]	Bob M. 22 9:30 PE Balloon Toss 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 AE Artistic Moments: Watercolor Painting [DR] 1:30 CE Complete the Phrase [LR] 2:00 SS Ladies Hymn Group visit [LR] 2:30 LL Afternoon Snack [DR] 3:00 CC 1:1 Visits 6:00 LL Short Stories 7:00 LL Night Time Snack [DR]	23 9:30 PE Parachute Exercise [LR] 10:00 LL Gresham Hotshots 11:00 AE Colorful Relaxation [DR] 1:30 CE Sensory Boxes [LR] 1:30 CE Who Am I [LR] 2:30 LL Afternoon Snack [DR] 3:00 CC Bible Study [LR] 6:00 LL Aromatherapy & Hand Massages [LR] 7:00 LL Night Time Snack [DR]	24 9:30 PE Kickball [LR] 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 AE Artistic Moments 1:30 CE Things that go together [LR] 2:30 LL Afternoon Snack [DR] 3:00 CE Picture Bingo 6:00 SS Chicken Soup for the Soul Series [LR] 7:00 LL Night Time Snack [DR]	25 9:30 PE Ring Toss [LR] 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 PE Busy Hands 1:00 LL Nail Care [DR] 2:30 LL Afternoon Snack [DR] 3:00 LL Happy Hour w/ Old Time Fiddlers [MDR] 6:00 LL Movie Night: [LR] 7:00 LL Night Time Snack [DR]	26 10:00 CE Daily Chronicle w/ Mid-morning Snack 11:00 LL Household Tasks 1:30 AE Painting 2:30 LL Afternoon Snack [DR] 3:00 PE Wii Bowling 6:00 LL Movie [LR] 7:00 LL Night Time Snack [DR]
		27 10:00 CE Daily Chronicle w/ Mid-morning Snack 11:00 LL Household Task 1:30 AE One on One visits with caregivers 2:30 LL Afternoon Snack [DR] 3:00 CC Twenty Questions [LR] 6:00 SS Daily Devotional reading 7:00 LL Night Time Snack [DR]	28 9:30 PE Stretching 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 PE Busy Hands 2:00 LL Dean Sings [LR] 2:30 LL Afternoon Snack [DR] 3:00 LL Music Mondays (Sing alongs) 5:30 CC Dementia Support Group [ALD] 6:00 LL Past time TV [LR] 7:00 LL Night Time Snack [DR]	29 9:30 PE Balloon Toss 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 AE Artistic Moments: Watercolor Painting [DR] 1:30 CE Complete the Phrase [LR] 2:00 SS Ladies Hymn Group visit [LR] 2:30 LL Afternoon Snack [DR] 3:00 CC 1:1 Visits 6:00 LL Short Stories 7:00 LL Night Time Snack [DR]	30 9:30 PE Parachute Exercise [LR] 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 AE Colorful Relaxation [DR] 1:30 CE Sensory Boxes [LR] 1:30 CE What am I 2:00 LL Cynthia the Storyteller 2:30 LL Afternoon Snack [DR] 3:00 CC Bible Study [LR] 6:00 LL WINTER WONDERLAND BALL 7:00 LL Night Time Snack [DR]	31 9:30 PE Kickball [LR] 10:00 CE Daily Chronicle w/ Mid-morning Snack 10:30 AE Artistic Moments 1:30 CE Things that go together [LR] 2:30 LL Afternoon Snack [DR] 3:00 CE Picture Bingo 6:00 SS Chicken Soup for the Soul Series [LR] 7:00 LL Night Time Snack [DR]	<div>AE Artistic Expression</div> <div>CC Community Connections</div> <div>CE Continuing Education</div> <div>LL Lifestyle & Leisure</div> <div>PE Physical Engagement</div> <div>SS Spiritual Support</div> <div>Healthy Snacks & Hydration offered throughout each day!</div>	