January 2019 Memory Support						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CHERRY PARK PLAZA Independent, Assisted and Memory Care Communities	1323 SW Cherry Park Road Troutdale, OR 97060 503-491-1661	New Year's Day 9:30 Balloon Toss 10:00 Monthly Gazette w/ Midmorning Snack 10:30 As Artistic Moments: Watercolor Painting [DR] 2:00 Ss Ladies Hymn Group visit [LR] 2:30 Afternoon Snack [DR] 3:00 0 1:1 Visits 6:00 Short Stories 7:00 Night Time Snack [DR]	9:30 Parachute Exercise [LR] 10:00 Daily Chronicle w/ Midmorning Snack 10:30 Daily Chronicle w/ Midmorning Snack 10:30 Daily Chorful Relaxation [DR] 1:30 Daily Sensory Boxes [LR] 2:30 Daily Afternoon Snack [DR] 3:00 Daily Bible Study [LR] 6:00 Daily Aromatherapy & Hand Massages [LR] 7:00 Night Time Snack [DR]	9:30 Fischball [LR] 10:00 Fischball [LR] 10:00 Fischball [LR] 10:30 Fischball [LR] 10:30 Fischball [LR] 1:30 Fischball [LR] 1:	10:00 E Daily Chronicle w/ Mid-morning Snack	10:00 GE Daily Chronicle w/ Mid-morning Snack 11:00 LL Household Tasks 1:30 AE Painting 2:30 LL Afternoon Snack [DR] 3:00 PE Wii Bowling 6:00 LL Movie [LR] 7:00 LL Night Time Snack [DR]
10:00 Daily Chronicle w/ Mid-morning Snack 11:00 LL Household Task 1:30 AE One on One visits with caregivers 2:30 LL Afternoon Snack [DR] 3:00 GC Twenty Questions [LR] 6:00 SS Daily Devotional reading 7:00 LL Night Time Snack [DR]	9:30 Stretching 10:00 Daily Chronicle w/ Mid-morning Snack 10:30 Busy Hands 2:30 Mafternoon Snack [DR] 3:00 Music Mondays (Sing alongs) 6:00 Past time TV [LR] 7:00 Might Time Snack [DR]	9:30 PB Balloon Toss 10:00 PB Daily Chronicle w/ Midmorning Snack 10:30 PAIRSTILL MATERIAL MA	9:30 Parachute Exercise [LR] 10:00 Daily Chronicle w/ Midmorning Snack 10:30 Daily Chronicle w/ Midmorning Snack 10:30 Daily Chronicle w/ Midmorning Snack 10:30 Daily Chronicle w/ Midmorning Snack 1:30 Daily Mho Am I [LR] 2:30 Daily Chronicle Who Am I [LR] 3:00 Daily Chronicle Snack [DR] 3:00 Daily Aromatherapy & Hand Massages [LR] 7:00 Daily Night Time Snack [DR]	9:30 Foot Care 9:30 Kickball [LR] 10:00 Daily Chronicle w/ Midmorning Snack 10:30 Artistic Moments 1:30 Things that go together [LR] 2:30 Afternoon Snack [DR] 3:00 Picture Bingo 6:00 SS Chicken Soup for the Soul Series [LR] 7:00 Night Time Snack [DR]	9:30 PRING Toss [LR] 10:00 Daily Chronicle w/ Mid-morning Snack 10:30 Busy Hands 1:00 Nail Care [DR] 2:30 Afternoon Snack [DR] 3:00 Happy Hour w/ Tom Arbuckle [MDR] 6:00 Movie Night: [LR] 7:00 Night Time Snack [DR]	10:00 GE Daily Chronicle W/ Mid-morning Snack 11:00 III Household Tasks 1:30 AE Painting 2:30 III Afternoon Snack [DR] 3:00 PE Wii Bowling 6:00 III Movie [LR] 7:00 III Night Time Snack [DR]
10:00 Daily Chronicle W/Mid-morning Snack 11:00 Household Task 1:30 Doe on One visits with caregivers 2:30 Afternoon Snack [DR] 3:00 Common Twenty Questions [LR] 6:00 Some Daily Devotional reading 7:00 Night Time Snack [DR]	9:30 Stretching 10:00 S Daily Chronicle w/ Mid-morning Snack 10:30 S Busy Hands 2:30 Afternoon Snack [DR] 3:00 Music Mondays (Sing alongs) 6:00 Past time TV [LR] 7:00 Night Time Snack [DR]	9:30 PB Balloon Toss 10:00 PB Daily Chronicle w/ Midmorring Snack 10:30 PAINTSTEE WATERCOLOR Painting [DR] 1:30 PB Complete the Phrase [LR] 2:00 PB Ladies Hymn Group visit [LR] 2:30 PATERCOLOR SNACK [DR] 3:00 PB 1:1 Visits 6:00 PATERCOLOR SNACK [DR]	9:30 Parachute Exercise [LR] 10:00 Daily Chronicle w/ Midmorrning Snack 10:30 Daily Chronicle State 1:30 Daily Sensory Boxes [LR] 1:30 Daily Sensory Boxes [LR] 3:00 Daily Daily State 1:30 Daily Chronicle State 1:30 D	9:30 22 Kickball [LR] 10:00 63 Daily Chronicle w/ Midmorning Snack 10:30 A5 Artistic Moments 1:30 63 Things that go together [LR] 2:30 11 Afternoon Snack [DR] 3:00 63 Picture Bingo 4:30 11 Candlelight Dinner [DR] 6:00 S5 Chicken Soup for the Soul Series [LR] 7:00 11 Night Time Snack [DR]	9:30 PRING Toss [LR] 10:00 PRING Daily Chronicle w/ Mid-morning Snack 10:30 PRE Busy Hands 1:00 PRE Busy H	10:00 Daily Chronicle W/Mid-morning Snack 11:00 Household Tasks 1:30 Painting 2:30 Afternoon Snack [DR] 3:00 Wii Bowling 6:00 Movie [LR] 7:00 Night Time Snack [DR]
10:00 Daily Chronicle w/ Mid-morning Snack 11:00 Household Task 1:30 Doe on One visits with caregivers 2:30 Afternoon Snack [DR] 3:00 Taste & Tell w/Chef Robert [LR] 6:00 SS Daily Devotional reading 7:00 Night Time Snack [DR]	Martin Luther King, Jr. Day 9:30 Stretching 10:00 See Daily Chronicle w/ Midmorning Snack 10:30 See Busy Hands 2:30 Afternoon Snack [DR] 3:00 Music Mondays (Sing alongs) 6:00 Past time TV [LR] 7:00 Night Time Snack [DR]	Bob M. 9:30 E Balloon Toss 10:00 E Daily Chronicle w/ Midmorning Snack 10:30 A Artistic Moments: Watercolor Painting [DR] 1:30 E Complete the Phrase [LR] 2:00 SS Ladies Hymn Group visit [LR] 2:30 L Afternoon Snack [DR] 3:00 E 1:1 Visits 6:00 L Short Stories 7:00 Night Time Snack [DR]	9:30 Parachute Exercise [LR] 10:00 Gresham Hotshots 11:00 As Colorful Relaxation [DR] 1:30 Sensory Boxes [LR] 1:30 Who Am I [LR] 2:30 Afternoon Snack [DR] 3:00 Sensory Boxes [LR] 6:00 As Aromatherapy & Hand Massages [LR] 7:00 Night Time Snack [DR]	9:30 PE Kickball [LR] 10:00 Paily Chronicle w/ Mid-morning Snack 10:30 Pinings that go together [LR] 2:30 Picture Bingo 6:00 SS Chicken Soup for the Soul Series [LR] 7:00 Night Time Snack [DR]	9:30 Ring Toss [LR] 10:00 Daily Chronicle w/ Mid-morning Snack 10:30 Regular Busy Hands 1:00 Nail Care [DR] 2:30 Afternoon Snack [DR] 3:00 Happy Hour w/ Old Time Fiddlers [MDR] 6:00 Movie Night: [LR] 7:00 Night Time Snack [DR]	10:00 GE Daily Chronicle w/ Mid-morning Snack 11:00 LL Household Tasks 1:30 AE Painting 2:30 LL Afternoon Snack [DR] 3:00 PE Wii Bowling 6:00 LL Movie [LR] 7:00 LL Night Time Snack [DR]
10:00 Daily Chronicle W/Mid-morning Snack 11:00 Household Task 1:30 Doe on One visits with caregivers 2:30 Household Task 1:30 Foreign Snack [DR] 3:00 Foreign Twenty Questions [LR] 6:00 SS Daily Devotional reading 7:00 Night Time Snack [DR]	9:30 Stretching 10:00 Daily Chronicle w/ Midmorning Snack 10:30 Busy Hands 2:00 Dean Sings [LR] 2:30 Afternoon Snack [DR] 3:00 Music Mondays (Sing alongs) 5:30 Dementia Support Group [ALD] 6:00 Past time TV [LR] 7:00 Night Time Snack [DR]	9:30 PB Balloon Toss 10:00 PB Daily Chronicle w/ Midmorning Snack 10:30 PB Artistic Moments: Watercolor Painting [DR] 1:30 PB Complete the Phrase [LR] 2:00 PB Ladies Hymn Group visit [LR] 2:30 PB Afternoon Snack [DR] 3:00 PB 1:1 Visits 6:00 PB Short Stories 7:00 PB Night Time Snack [DR]	9:30 Parachute Exercise [LR] 10:00 Daily Chronicle w/ Midmorning Snack 10:30 Daily Chronicle w/ Midmorning Snack 10:30 Daily Chronicle w/ Midmorning Snack 10:30 Daily Chronicle w/ Midmorning Snack 1:30 Daily Sensory Boxes [LR] 1:30 Daily What am I 2:00 Cynthia the Storyteller 2:30 Daily Cynthia the Storyteller 2:30 Daily Cynthia the Storyteller 3:00 Daily Winter Snack [DR] 6:00 UNINTER WONDERLAND BALL 7:00 Night Time Snack [DR]	9:30 PE Kickball [LR] 10:00 Paily Chronicle w/ Mid-morning Snack 10:30 Picture Bingo 6:00 SS Chicken Soup for the Soul Series [LR] 7:00 Negative Middle Snack [DR]	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Healthy Snacks & Hydration offered throughout each day!