

January 2019



Pheasant Ridge Senior Living

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30	31	Jan 1 Green Salad Swedish Meatballs Homestyle Turkey or Best Noodles Scandinavian Veg Baked Roll Chocolate Chip Cake	Wax Bean Salad Herb Crusted Pork Roast Grilled Chicken Legs Or Parmesan Roasted Potatoes Seasoned Cauliflower Baked Roll Mixed Berry Crisp	Layered Fruit Salad Hamburger Steak/Onions Tomato Basil Chicken Or Sour Cream Potatoes Capri Blend Baked Roll Maple Bread Pudding	Creamy Coleslaw Cheddar Crumb Cod Sweet and Sour Pork Or Rice Orzo Pilaf Seasoned Peas Baked Roll Raspberry Sherbet Dessert	Green Salad Cranberry Glazed Turkey Roast Aldilla Braised Beef Or Cornbread Dressing Roasted Parmesan Brussels Sprouts Baked Roll Pineapple Cake
Green Salad Yankee Pot Roast Baked Salmon/Lemon Dill Sauce Or Garlic Mashed Potatoes Baby Carrots Baked Roll Peach Pie	Mixed Vegetable Salad Marinated Drum Sticks Veal/Mushroom Sauce Or Lemon Rice Steamed Sugar Snap Peas Baked Roll Cranberry Apple Crisp	Green Salad Grilled Pork Cutlet Swiss Steak/Tomatoes Or Baked Yams Herbed Corn Baked Roll Glazed Pumpkin Cake	Fruited Jello Salad Bacon Wrapped Patty Turkey Roast/Stuffing or Baked Potato Greens Baked Roll Graham Streusel Cake	Green Salad Rosemary Lemon Chicken Maple Marinated Pork Roast Or Seasoned Brown Rice Capri Blend Baked Roll Blackberry Vanilla Parfait	Coleslaw Crunch-Topped Fish Ham and Gravy or Roasted Red Potatoes Green Beans Almondine Baked Roll Orange Cake	Classic Waldorf Salad Meatloaf with Mozzarella Turkey Cutlets/Pan Gravy Or O'Brien Potatoes Peas and Pearl Onions Baked Roll Cherry Crisp
Carrot Coin Salad Parmesan Crusted Chicken Tender Beef Roast Or Herb Mashed Potatoes Oven Roasted Broccoli Baked Roll Apple Pie	7-Up Salad Oven Roasted Pork Bacon Tomato Quiche Or Glazed Sweet Potatoes Green Beans Italian Baked Roll Carrot Cake	Green Salad Lasagna Grilled Catfish or Romaine Salad Garlic Bread Peanut Butter Brownie	Caesar Salad Sliced Turkey Breast Crispy Pork Chops or Cornbread Dressing Roasted Squash Baked Roll Blueberry Cobbler	Fruit Compote Ham Roast Chicken Riviera or Cream and Cheese Potatoes Seasoned Cauliflower Baked Roll Butterscotch Cream Pie	Fresh Fruit/Lemon Dip Honey Glazed Meatballs Cod AuGratin or Rice Snap Pea Vegetable Blend Baked Roll Spiced Pear Cake	Green Salad Mushroom and Swiss Chicken Corned Beef Brisket or Steamed Red Potatoes Country Trio Medley Baked Roll Peach Pudding Cup
Lime Jello With Pears North Carolina Pork Roast Herbed Roast/Vegetables Or Aloha Sweet Potatoes California Normandy Blend Baked Roll Crescent Cream Bars	Country Fried Steak/Gravy Rosemary Roasted Turkey	Colorful Corn Salad Melt In Your Mouth Chicken Sausage and Peppers or Penne Pasta Mixed Vegetables Baked Roll Berry Cobbler	Juicy Fruit Salad Pan Seared Tilapia Cranberry Glazed Ham or Scalloped Potatoes Parsley Carrots Baked Roll Peach Melba Ribbon Pie	Green Salad Beef Parmesan Patty Lemon Oregano Turkey Or Ranch Potato Bake Sauteed Zucchini Baked Roll Chocolate Vanilla Pudding Dessert	Coleslaw Grilled Chicken/Roasted Pepper Sauce Glazed Salmon or Rice Baked Seasoned Squash Baked Roll Dump Cake	Pineapple Marshmallow Salad BBQ Saint Louis Pork Ribs Sirloin Steak Or Baked Potato Corn on the Cob Baked Roll Marshmallow Treat
Yogurt Jello Salad Zesty Meatloaf Fried Chicken/Creamy Gravy Or Onion Roasted Potatoes Roasted Carrots Baked Roll Maple Bar	Asian Cabbage Salad Honey Curry Chicken Breast Cod/Garlic Butter Sauce Or Rice Pilaf Broccoli Baked Roll Peach Cobbler	Cinnamon Fruit Cup Almond Crusted Pork Cutlet Turkey Piccata or Smashed Sweet Potatoes Corn Baked Roll Cream Pecan Cake	Green Salad Salisbury Steak Ham with Raisin Sauce Or Baked Potato Sauteed Spinach Baked Roll Fresh Banana Cream Pie	Vegetable Pasta Salad Oven Roasted Chicken Breast Braised Pork or Lyonnaise Potatoes Mixed Vegetables Baked Roll Blueberry Cream Angel Dessert	Feb 1	2