



St Augustine Plantation Assisted Living and
Memory Care

30	31	Jan 1	2	3	4	5
		Soup Du Jour Green Salad Swedish Meatballs Homestyle Turkey/Gravy Delicious Rice Cheesy Spinach Bake Baked Roll Chocolate Chip Cookie	Soup Du Jour Green Salad Deep Dish Spinach Quiche Oven Fried Pork Chops Parmesan Roasted Potatoes Parmesan Asparagus Baked Roll Sweet Potato Pie	Soup Du Jour Green Salad Hamburger Steak/Onions Chicken and Biscuits Sour Cream Potatoes Capri Blend Baked Roll Maple Bread Pudding	Soup Du Jour Green Salad Sweet and Sour Pork Seafood Lasagna Vegetable Egg Roll Seasoned Broccoli Baked Roll Butter Pecan Fudge	Soup Du Jour Green Salad Burgundy Beef Chicken Wings <i>or</i> Fresh Mashed Potatoes Roasted Parmesan Brussels Sprouts Baked Roll Pineapple Cake
6	7	8	9	10	11	12
Soup Du Jour Green Salad <i>and</i> Baked Salmon/Lemon Dill Sauce Seasoned Fried Chicken <i>or</i> Garlic Mashed Potatoes Baby Carrots Baked Roll Homemade Peach Pie	Soup Du Jour Green Salad Marinated Drum Sticks Veal/Mushroom Sauce Lemon Rice Chef's Steamed Vegetable Baked Roll Sweet Potato Pie	Soup Du Jour Green Salad Balsamic Roasted Pork Italian Lasagna Baked Yams Roasted Cabbage Baked Roll Coconut Cake	Soup Du Jour Green Salad Bacon Wrapped Patty Chicken and Dumplings Onion Rings Mixed Vegetables Baked Roll Chocolate Eclairs	Soup Du Jour Green Salad Chicken Marsala Southern Fried Fish and Chips Best Noodles Roasted Cauliflower Baked Roll Homemade Carrot Cake	Soup Du Jour Green Salad Pan Fried Shrimp Ham and Gravy Baked Macaroni Cheese Coleslaw Bacon Sautéed Lima Beans Baked Roll German Chocolate Cake	Soup Du Jour Green Salad Meatloaf with Mozzarella Roasted Cornish Hens <i>or</i> Fresh Mashed Potatoes/Gravy Peas and Pearl Onions Baked Roll Red Velvet Cake
13	14	15	16	17	18	19
Soup Du Jour Green Salad <i>and</i> Tender Beef Roast Seasoned Fried Chicken <i>or</i> Fresh Mashed Potatoes/Gravy Greens Fresh Cornbread Grandma's Apple Pie	Soup Du Jour Green Salad Herb Baked Chicken Bacon Tomato Quiche Rice/Gravy Green Beans Italian Baked Roll Homemade Carrot Cake	Soup Du Jour Green Salad Pepper Steak Chicken Cordon Bleu Jasmine Rice Roasted Carrots Garlic Bread Lemon Cream Cake	Soup Du Jour Green Salad Sliced Turkey Breast Crispy Pork Chops Cornbread Dressing Herbed Corn Baked Roll Blueberry Cobbler	Soup Du Jour Green Salad Ham Roast Shredded Herb Chicken/Rice Baked Yams Seasoned Cauliflower Baked Roll Mandarin Oranges	Soup Du Jour Green Salad Honey Glazed Meatballs Baked Tilapia Fillet Jasmine Rice Lemon Buttered Broccoli Baked Roll Fruit Yogurt Parfait	Soup Du Jour Green Salad Corned Beef Brisket Chicken Penne Pasta <i>or</i> Steamed Red Potatoes Country Trio Medley Boiled Cabbage Baked Roll Caramel Apple Crisp
20	21	22	23	24	25	26
Soup Du Jour Green Salad <i>and</i> Herbed Roast/Vegetables Seasoned Fried Chicken <i>or</i> Fresh Mashed Potatoes Peas Baked Roll Lemon Meringue Pie	Soup Du Jour Green Salad Country Fried Steak/Gravy Rosemary Roasted Turkey Seasoned Rice Green Beans Baked Roll Chocolate Love Cake	Soup Du Jour Green Salad Chicken Florentine Sausage and Peppers Delicious Rice Mixed Vegetables Baked Roll Ice Cream Sandwich	Soup Du Jour Green Salad Teriyaki Shrimp Ham and Potato Casserole Vegetable Egg Roll Parsley Carrots Baked Roll Angel Food Cake	Soup Du Jour Green Salad Beef Parmesan Patty Pulled Pork BBQ/Bun Angel Hair Pasta Chef's Steamed Vegetable Coleslaw Baked Roll Cheesecake/Fruit Topping	Soup Du Jour Green Salad Blackened Chicken Glazed Salmon Rice Baked Seasoned Squash Baked Roll German Chocolate Cake	Soup Du Jour Green Salad BBQ Saint Louis Pork Ribs Hamburger Steak/Gravy <i>or</i> Baked Potato Corn on the Cob Baked Roll Classic Pecan Pie

27	28	29	30	31	Feb 1	2
Soup Du Jour Green Salad <i>and</i> Beef Roast/Gravy Buttermilk Fried Chicken <i>or</i> Fresh Mashed Potatoes/Gravy Scandinavian Veg Collard Greens <i>or</i> Fresh Cornbread Pumpkin Pie	Soup Du Jour Green Salad Catfish Nuggets Chicken Cordon Bleu Rice Pilaf Creamy Cheese Grits Broccoli Baked Roll Peach Cobbler	Soup Du Jour Green Salad Herb Gravy Pork Baked Chicken Drumsticks Smashed Sweet Potatoes Corn Baked Roll Chocolate Cream Pie	Soup Du Jour Green Salad Comforting Beef Stew Chicken Marsala Fresh Mashed Potatoes Parsley Carrots Baked Roll Fresh Banana Cream Pie	Soup Du Jour Green Salad Chicken and Dumplings Baked Meatballs/Gravy Delicious Rice Seasoned Cauliflower Baked Roll Brownies		