

NEW Library News by Pat Edmonds

A colorful 1" binder that is the culmination of an 8-month project to catalog all the books in our library is what's **NEW!**

The number of books that I cataloged and tagged came to 1,382. There must be a book there for you to enjoy. I wish I could tell you that the list is 100% accurate but I know it is not. No book was missed in the process. However, over the period it took me to finish this project, books were taken out and never returned. Some are in and maybe forgotten in your apartments, some given to family or friends that were never brought back, or some left with a resident who moved out.

This binder is located on the table between the two lounge chairs. **THE BINDER IS NOT TO BE REMOVED FROM THE LIBRARY.**

Here is how the information is presented:

1. a genre information sheet to help located the shelf the book will be found on;
2. data sheets listing the books by author, title and genre;
3. a list of books that have been removed from the library to make room for new titles. At the beginning of both sections, on the left side, there will be a handwritten sheet containing books that were received each month. Revision of the total typed book lists will be done annually.

As always, if you need assistance, just ask me and I will try to help.

General Store

It was announced last month that the General Store will close for good at the end of this month. The General Store originated over ten years ago and was initially ran by the Women's Group. We want to thank ALL the ladies over the years for their time and effort in purchasing and offering items for your convenience.

Important Telephone Numbers

Office Hours – Monday-Friday 8:30am-5:30pm
 Saturday & Sunday 9:00am-5:00pm
 Office 916-929-3966 Fax 916-929-3627
 Tonya/Activities Office 916-929-6003
 Van/Transportation 916-468-3091
 Dining Room 916-921-5998
 Police Non-Emergency 916-264-5471
 Emergency & Fire 911
 Comcast Cable 1-800-266-2278
 AT&T 1-800-310-2355
 Paratransit 916-429-2744
 Yellow Cab 916-444-2222

Beauty Salon Jane Ma 916-223-9658
 Wednesday-Saturday
 Clean Touch Dry Cleaning 916-366-6666
 Pick-up & drop-off Monday & Thursday

YOUR Anniversaries

At our holiday party last month, Ray Stone Incorporated gives employees who have been with the company a placque on their 5th, 10th, 15th, etc. anniversary year. In 2018, we had an employee who celebrated 30 years! What an accomplishment.

We thought this would be a fun thing to do this year in our newsletter and we will list your 5th, 10th, 15th (or more) anniversary year the month you moved in. For this month, we thought we would go back to last year and list those significant anniversaries as there were quite a few. Happy Anniversary to the following:

Bill Becker 5 years (March 2013)
 Gloria Mollring 5 years (May 2013)
 Christa Henkelmann 5 years (June 2013)
 Violet Dillion 5 years (September 2013)
 Mary Strand 5 years (October 2013)
 Lorraine Day 5 years (November 2013)
 Theresa Stump 5 years (December 2013)
 Boo Hartzell 10 years (October 2008)
 Barbara Holland 15 years (March 2003)

Campus Commons

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**Team Campus**

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Sia Xiong
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Judy Dadigan
 PT Sun/Mon Resident Relations
campus-amd@raystoneinc.com

TBA
 Transportation Driver

Chris Cook, Maintenance
 Tom Phillips, PT Maint.
campus-maint@raystoneinc.com

Charlene Wickizer, Marcy Solis &
 Rick Comer, Housekeeping

Shawn Asberry, Karen Schaefer &
 Penny Rand, Evening Porters

Richard Beyerl
 Chef/General Manager, Sodexo

Christine's Comments

Happy New Year! We have a lot to look forward to this year especially with Tonya moving in to the Activities Director role. I was really hoping to make an announcement regarding the transportation position, but things are not quite final so as soon as I get confirmation, I'll let you know. Please review the Activities Corner article in this newsletter as we are adding an additional day for medical appointments.

Tom Combo, our Saturday evening (5pm-10pm) porter has decided to say goodbye with his last day being December 29th. Penny Rand, who works the 10pm Saturday to 9am Sunday shift will add his hours to her existing shift.

A special welcome and thank you to Christa Henkelmann who has volunteered to be our Wednesday evening bingo caller. Paige will now call bingo on Sundays. Please thank and respect these ladies for the time they give in calling bingo for you.

I'm looking for four new residents who would like to be on our food and dining committee. We meet once a month and we ask for a six-month commitment. Rick Trnka and Betty Cable have already committed themselves, so please stop by the office and let me know if you're interested. Our first meeting will be January 23rd at 2:45pm in the Card Room.

Thank you for your patience over the last two holidays with adjusted housekeeping schedules. We have another holiday this month – Martin Luther King on Monday, January 21st. Look for your adjusted housekeeping notice the week before.

**Happy
New Year!**

Tonya's Activity Corner

Thank you for all those that have graciously welcomed me as your new activities director. I know I have some pretty big shoes to fill, but with your patience and guidance, I hope to make you (and Barbara) proud.

Great news!! We will now be offering transportation for medical appointments three days a week – Tuesday, Wednesday & Thursday. This also means that lab appointments can be made on any of these days as well. Since I just came out of transportation and managing all your appointments, I discussed with Christine about adding another day due to the heavy influx of appointments on Tuesdays and Thursdays. Please make your appointments between 8am and 1:30pm with 2:30pm being the LAST pick up time. Most importantly, please be in the lobby 10 minutes **BEFORE** your leave time. If you are not ready to leave at the time of departure, you may have to reschedule. Please understand we do all we can to get you to and from your appointments, but know that you may not be the only resident who has a 9am, 10am, etc. appointment. It's a juggling act to say the least.

In addition to the added lab days and medical appointment day, we will move banking back to Fridays. Please review the sign up sheets in the binder for departure places and times.

We'll be heading to one of your favorite spots on January 2nd: lunch at High Hand Nursery in Loomis and The Shady Lady in Midtown on January 23rd. We'll also take a tour of Shriners Hospitals for Children on the 16th. This is the organization we support at our annual bingo bonanza. If you haven't been to Shriners for a tour, you really must sign up and go. On the 30th we'll head to the Crocker Art Museum as there is a special exhibit of Arte Extraordinario. Be sure and sign up for all these outings.

Atlas Hearing will be here on the 3rd instead of the 1st due to New Year's Day and Dr. Hague will be here on the 14th.

Happy New Year everyone! I'm looking forward to an incredible year with you.

January Birthdays

In astrology, those born between January 1–19 are Capricorn's Goats. Goats are focused on lofty goals; these hardworking and determined souls will prevail with grit and resilience. Those born between January 20–31 are Water Bearers of Aquarius. Water Bearers are deep-thinking intellectuals, unafraid of exploring outlandish ideas. Their strong sense of community makes them good friends and valuable team members.

Judy Guardalabene, January 10th
Gloria Roberts, January 10th
Virginia Sawyer, January 12th
George Tygret, January 14th
Joanne McKee, January 17th
Birgitta Ellis, January 25th
Ginger Trammel, January 26th
Yvonne Fouch, January 29th
Lorraine Day, January 31st

Natasha's Marketing Minutes

Join us on the 11th for Lincoln Highway as they perform for our Friday happy hour. Invite a friend – remember, your friends make the best neighbors. If you know someone who would benefit from the Campus Commons lifestyle, have them give me a call. I would love to discuss options with them.

Ring in the New Year with a complimentary hearing test offered by Atlas Hearing. The first 20 individuals to RSVP by Tuesday, January 15th will receive a hearing test. Testing is available for individuals NOT currently using hearing aids.

American River Companion Care will be here on January 29th to discuss fall prevention and make walker adjustments. Your walker should be adjusted to your height. If you are leaning over your walker, it's too low for you. Let them adjust it for you. Falls are the leading cause of injuries to seniors and we want to better equip you with preventing nasty falls. We hope you can attend this informative presentation.

January's Featured Resident by Shirley Riemer

Caroline Brown, a recent arrival at Campus Commons, born in Berkshire, England, emigrated to America from England at age 24, having lived through the horrors of World War II.



A few years before her emigration, her aunt in Seattle, Washington, visiting Caroline's mother in England, proposed the possibility of sponsoring Caroline and her brother Henry if they would emigrate to America. Caroline's mother did not accept the offer, however, stating instead that when Caroline reached age 21, she could decide for herself whether to emigrate.

When Caroline reached age 18, she was called up to service in the British army, serving for four and half years as a cook – feeding fellow soldiers who were being trained for battle.

During those years of army service, she was deeply involved as well in the construction of "barrage balloons," a device little-known by Americans during the war. "Barrage balloons" were very large, silver-colored balloons anchored to the ground or to ships of war by metal cables — their purpose being to serve as obstacles to low-flying enemy aircraft. Barrage balloons flew above Britain during the war and became a common feature of the British skyline.

In 1947, Caroline, at age 24, with her 26-year-old brother Henry, emigrated to the United States, both sponsored by their aunt in Seattle.

Left behind was their 10-year old brother, Frank.

In Seattle she met the man who would become her husband and the father of their daughter, Cheryl born in 1953.

Having studied for her naturalization papers, she passed the test to become an American citizen.

Following her arrival and her experiences in the United States, what impressed her most about our country were the expansiveness of our mountains and the snow. She had never before seen so much snow!

For about 30 years she worked in housekeeping for a Roman Catholic organization, the Sisters of Providence, in Seattle. Caroline, however, was a member of the Church of England. During those years she made many friends, spending time with them, mostly by sewing – making clothes for children, which were then donated to needy families. During these years, she and her cousin Elsie traveled to many countries around the world.

In 1970, 23 years after her arrival in America, Caroline and her brother Henry traveled back to England for a 3-week visit. By that time, her other brother, Frank, who had stayed behind, was 34 years old. During this trip, Caroline had considered moving back to England, but even so long after the war, she found living conditions in England to be harsh, and she decided to stay in America. Her brother Henry was surprised to learn how bad the conditions were in the country he had left many years before.

By the time she retired from the Sisters of Providence, Caroline was 85 years old. Now, having reached the age of 95, she is looking forward to celebrating her 100th birthday – in America.