

CARRIAGE PARK CONNECT

JANUARY 2019



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WHAT'S GOING ON?

January continues to give us so many reasons to celebrate and have fun! Our cooking classes this month will feature homemade granola and blonde brownies. Our favorite naturalist from the Wayne County parks will be back to teach us how Native Americans used various plants compared to how we use them today. January is National Soup Month and we will be sampling a variety of soups to decide which one will hold the title of Waltonwood Super Soup. Our outings will include trips to the Ypsilanti Automotive Heritage Museum, the Michigan Sea Life Aquarium, Matthaei Botanical Gardens and lunch at Tony Sacco's. We are looking forward to a great start to 2019!

COMMUNITY MANAGEMENT

Dustin Stolzman
Executive Director

Terry Lobb
Business Office Manager

Joel Vassallo
Culinary Services Manager

Erin McGraw
Life Enrichment Manager

Nichole Passmore
Life Enrichment Manager

Annette Rogers
Marketing Manager

JoAnn Mayher
Resident Care Manager

Jeremy Meriwether
Wellness Coordinator

Mike Burlett
Maintenance Manager

ASSOCIATE SPOTLIGHT

Our associate of the month is Lead Server Michael Weiler. Michael is regularly identified as a standout amongst our Waltonwood team, providing attention to detail and exceptional customer service to all of our residents. Michael thinks outside the box when it comes to exceeding the expectations of the residents. The staff concurs—Michael is truly the definition of a team-player and extremely worthy of this accolade!



DECEMBER HIGHLIGHTS

04

We had some fun creating beautiful Welcome Home signs to display outside of our apartments!

06

We must've made the nice list! Santa stopped by for a visit during our annual Holiday Party!



14

Happiness is homemade, which is why we crafted special candles to give as gifts this year!

16

Making ornaments with friends always makes us smile.



AN OPEN INVITATION!

As the hustle and bustle of the holidays slowly fades and we once again transition into a new year we find ourselves drifting back to those routine that we're use to. Sometimes that's a much welcomed occurrence, while other times it becomes a dull and uninspiring way to spend the winter months. So this January why not try something new? Something that will not only kick start your daily routine but also improve the way you move, think and feel. This January I like to extend a warm, open invitation to join our "Forever Fit" exercise program here at Waltonwood. Open to all residents our exercise classes and fitness center are aimed at enhancing independence while promoting healthy lifestyles in a safe enjoyable environment. Utilizing an approach that makes exercise accessible to everyone, each of our many offerings is designed for its participants to move at a pace in which they see fit. So, this New Year give exercise a try, it just might be one of the best things you can do to keep happy and healthy in 2019.

TRANSPORTATION INFORMATION

This month we will continue to post a sheet near the mailboxes for families and residents to sign up for outings or other transportation. If you or your loved one would like to be included in an outing please be sure to sign up! Outings that require additional fees will be charged to the resident's account.

Note: If transportation is needed for an appointment, please confirm availability with the front desk.

JANUARY OUTINGS

- Wednesday, January 9 Outing: Ypsilanti Automotive Heritage Museum Bus Loads at 1:30pm
- Wednesday, January 16 Bus Ride: Downtown Plymouth Ice Sculptures Bus Loads at 2:00pm
- Thursday, January 17 Outing: Michigan Sea Life Aquarium Bus Loads at 9:00am
- Wednesday, January 23 Outing: Matthaei Botanical Gardens Bus Loads at 2:00pm
- Thursday, January 24 Lunch Out: Tony Sacco's Bus Loads at 11:45am
- Wednesday, January 30 Bus Ride: Bald Eagle Sightings Bus Loads at 2:00pm

JANUARY SPECIAL EVENTS

02

Join us in wishing Rie a Happy Birthday! Rie is 107 today!

09

Hit the road with us as we travel to the Ypsilanti Automotive Heritage Museum.



16

We are headed out to view the ice sculptures in downtown Plymouth today from the cozy warmth of our bus!

31

Back by popular demand we are getting our pizza fix at Tony Sacco's!



EXECUTIVE DIRECTOR CORNER

Happy New Year! What a fantastic finale to 2018 we had here at Waltonwood! Behind the scenes, our entire team worked hard over the past year to consider how we can continuously improve our Carriage Park community, and hopefully you've recognized some of the improvements we've made to better your experience as a part of the Waltonwood Carriage Park family. We always encourage and welcome feedback and suggestions at our monthly resident council meetings, of course, and you can always reach out to myself or any manager for an individual conversation to address your suggestions. As a reminder, sometime this month, you should expect to receive your annual resident/family satisfaction surveys in the mail. This is an ideal opportunity for you to share positive feedback about improvements made in the last year as well as individual employees that have made your experience at Waltonwood outstanding. As always, this is also an opportunity to identify things you would still like to see here at our community and share your suggestions of areas of opportunity that yet remain from your perspective.

Best Regards,
Dustin Stolzman, Executive Director



Celebrating Birthdays In January

- Rie A. 1/2
- Mary Ann D. 1/3
- Joan C. 1/8
- Mary R. 1/9
- Fred K. 1/18
- Peg H. 1/25
- Mike T. 1/30

CHEF'S COOKING DEMONSTRATIONS

10

Enjoy our Shrimp Scampi Station with Chef Joel

24

We like you a waffle lot and want to show you with a tasty waffle bar! Fresh toppings and fluffy waffles are sure to be delicious!

Bowl Game Wings

January features all of the College Bowl Games! Root for your favorite team and enjoy this tasty wing recipe shared by our very own Chef Joel.

Ingredients:

- 5lb of Chicken Wings Split
- Old Bay 1/4cup
- Lemon Pepper 1/8th Cup
- Vegetable Oil 1/2 cup

Directions:

1. Toss raw chicken wings with all of the ingredients. Marinate overnight in the refrigerator.
2. Spread evenly on baking sheet.
3. Bake at 350f until internal temp is 165f (about 1 hour)
4. Serve and eat with your favorite dipping sauces.

17

Seafood Dinner tonight! From the ocean to your plate, enjoy the best seafood in town!

31

So healthy and tastes good too! Our Chicken Stir Fry Station is sure to be a hit!

-Chef Joel Vassallo, Culinary Services Manager



\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!