



30	31	Jan 1	2	3	4	5
		Broccoli Salad Swedish Meatballs Homestyle Turkey <i>or</i> Best Noodles Scandinavian Veg Apple Pie	Light Caesar Salad Herb Crusted Pork Roast Grilled Chicken Legs <i>or</i> Parmesan Roasted Potatoes Seasoned Cauliflower Baked Roll Mixed Berry Crisp	Citrus Fruit Salad Hamburger Steak/Onions Chicken Marengo <i>or</i> Sour Cream Potatoes Capri Blend Banana Creme Cake	Sweet Spinach Salad Cheddar Crumb Cod Sweet and Sour Pork <i>or</i> Boiled Red Potatoes Seasoned Peas Pound Cake	Marinated Tomatoes Cranberry Glazed Turkey Roast Aldilla Braised Beef <i>or</i> Mashed Potatoes/Gravy Mixed Vegetables Chocolate Eclairs
6	7	8	9	10	11	12
Green Pea Salad Yankee Pot Roast Baked Salmon/Lemon Dill Sauce <i>or</i> Garlic Mashed Potatoes Baby Carrots Peach Pie	Mixed Vegetable Salad Marinated Drum Sticks Veal/Mushroom Sauce <i>or</i> Lemon Rice Steamed Sugar Snap Peas Banana Pudding Poke Cake	Fruity Green Salad Grilled Pork Cutlet Swiss Steak/Tomatoes <i>or</i> Angel Hair Pasta Herbed Corn Baked Roll Pumpkin Pie	Pickle Relish Plate Steak Diane Turkey Roast/Stuffing <i>or</i> Mashed Potatoes/Gravy Mixed Vegetables German Chocolate Cake	Caesar Salad Rosemary Lemon Chicken Maple Marinated Pork Roast <i>or</i> Seasoned Rice Capri Blend Blackberry Vanilla Parfait	Coleslaw Crunch-Topped Fish Apricot Brown Sugar Ham <i>or</i> AuGratin Potatoes Green Beans Almondine Orange Cake	Four Bean Salad Meatloaf with Mozzarella Turkey Cutlets/Pan Gravy <i>or</i> Mashed Potatoes/Gravy Peas and Pearl Onions Red Velvet Cake
13	14	15	16	17	18	19
Carrot Coin Salad Parmesan Crusted Chicken Tender Beef Roast <i>or</i> Herb Mashed Potatoes Yellow Squash/Onions Apple Pie	7-Up Salad Oven Roasted Pork Bacon Tomato Quiche <i>or</i> Rice California Normandy Blend Carrot Cake	Vegetable Pasta Salad Classic Lasagna Pepper Steak <i>or</i> Mashed Potatoes/Gravy Roasted Carrots Garlic Bread Brownies	Caesar Salad Sliced Turkey Breast Crispy Pork Chops <i>or</i> Mashed Potatoes/Gravy Herbed Corn Blueberry Parfait	Fruit Compote Ham Roast Chicken Riviera <i>or</i> Cream and Cheese Potatoes Seasoned Cauliflower Fresh Coconut Cream Pie	Fresh Fruit/Lemon Dip Honey Glazed Meatballs Cod AuGratin <i>or</i> Rice Snap Pea Vegetable Blend Spiced Pear Cake	Romaine Orange Salad Mushroom and Swiss Chicken Corned Beef Brisket <i>or</i> Steamed Red Potatoes Garlic Carrots Boston Cream Pie
20	21	22	23	24	25	26
Lime Jello With Pears North Carolina Pork Roast Hamburger Steak/Gravy <i>or</i> Mashed Potatoes/Gravy California Normandy Blend Lemon Meringue Pie	Sour Cream Fruit Salad Turkey Medallions/Orange Glaze Beef Stroganoff <i>or</i> Noodles Green Beans Fresh Lemon Bars	Colorful Corn Salad Melt In Your Mouth Chicken Sausage and Peppers <i>or</i> Penne Pasta Mixed Vegetables Berry Cobbler	Juicy Fruit Salad Teriyaki Shrimp Cranberry Glazed Ham <i>or</i> Rice Parsley Carrots Angel Food Cake	Berry Jello Turkey Scallopini BBQ Glazed Meatballs <i>or</i> Boiled Red Potatoes Chef's Steamed Vegetable Cheesecake with Fruit Topping	Coleslaw Grilled Chicken/Roasted Pepper Sauce Glazed Salmon <i>or</i> Rice Baked Seasoned Squash Pineapple Blueberry Crumble	Garden Pasta Salad BBQ Saint Louis Pork Ribs Apricot Chicken Drumsticks <i>or</i> Seasoned Rice Corn on the Cob Marshmallow Treat
27	28	29	30	31	Feb 1	2
Berry Jello Zesty Meatloaf Oven Fried Chicken <i>or</i> Mashed Potatoes/Gravy Roasted Carrots Cherry Crisp	Asian Cabbage Salad Honey Curry Chicken Breast Cod/Garlic Butter Sauce <i>or</i> Rice Pilaf Broccoli Peach Pie	Cinnamon Fruit Cup Almond Crusted Pork Cutlet Turkey Piccata <i>or</i> Smashed Sweet Potatoes Corn Baked Roll Cream Pecan Cake	Easy Fruit Salad Salisbury Steak Chicken Parmesan <i>or</i> Garlic Pasta Parsley Carrots Fresh Coconut Cream Pie	Ambrosia Oven Roasted Chicken Breast Sweet and Sour Meatballs <i>or</i> Mashed Potatoes/Gravy Mixed Vegetables Blueberry Cream Angel Dessert		