

Hilltop Commons Phone Numbers

Office: (530) 272-5274
Kitchen: (530) 272-2854
Maintenance: (530) 272-5274
Activities: (530) 272-5274
Fax: (530) 272-5275

Laundry Room Hours:
Daily: 7:00am-9:00pm
Please remove all items from washers and dryers by 9:00pm

Van Schedule
Van leaves at 10:00 am
Tuesday: Brunswick Area
Wednesday: Medical Appointments
Thursday: Pine Creek Area

Beauty Salon Hours:
Wednesday/Thursday/Friday
By appointment only
Please call (530) 271-5958

Important Phone Numbers
Gold Country Lift: 271- 7433 (271-RIDE)
Post Office: 273-3429
The Union: 273-9565
Comcast Cable: 1-800-266-2278
AT&T: 1-800-750-2355
Sacramento Bee: 1-800-284-3233
Grass Valley Police
477-4600 (non-emergency)



January Birthdays

Merrill Putnam.....Jan 3
Irene Lucas.....Jan 6
Colleen Krebs.....Jan 8
Claire Magliani.....Jan 20
Doris Moore.....Jan 31

January Anniversaries

Jennie Olson.....1 year
Pat Thomas.....1 year
Neva Bright.....2 years
Rose Lauria.....2 years
Tom Robins.....2 years
Joy Miller.....3 years
Sheila Gray.....4 years
Jean Thompson.....5 years

Welcome New Residents

Ever Dennis
Bev Lundholm
Bill & Ann Holsclaw
Carol Bliss
Shirlee Shaman



January Newsletter

Hilltop Commons 131 Eureka St. Grass Valley CA 95945 (530) 272-5274 www.raystoneseniors.com



From the Desk of Terri Howell
Community Administrator

Welcome 2019! It's hard to believe that 2018 has come and gone and what a momentous year it has been. New friendships have been forged, a few sad goodbyes exchanged, and many precious memories created. I am extremely fortunate to have been a part of these great adventures, along with all of you.

In December, we had our company holiday party where we kicked off the 50th anniversary year of Ray Stone Inc. During the celebration, our management team announced several awards for employees and their communities. I am so happy to announce that Hilltop Commons won the Property of the Year award! I couldn't be more proud of our team here and everything we have accomplished together the past year. Thank you to our residents and our team for making Hilltop Commons a great place to live and work! I can't wait to see what we accomplish together in 2019! Congratulations, team!

Let's start the New Year off by remembering to check your activity calendar every day. You won't want to miss out on any of the fun, informative events already in the works for 2019. It's going to be an amazing year!

Be sure to mark your calendars for Monday, January 7th. We will be hosting Scones & Mimosas, which is an opportunity for all residents to ask questions, share ideas and information with one another and the Hilltop staff. I encourage everyone to attend and enjoy the fresh baked scones and mimosas.

As most of you know, our front office is staffed 24 hours a day. Our fantastic evening porters, Sean, Al, Andrea and Starr are just a phone call away and ready to help in any emergency situation. Our office number is 272-5274 and if they miss your call, please leave a message and they will contact you as quickly as possible. Your safety and well-being is always our top priority.

With each New Year we get a fresh, clean page to start over. Here's hoping that life writes a beautiful new chapter for each of us this year. Happy New Year!

Celebrating January

Tuesday, January 1st
New Year's Day

Friday, January 4th
Happy Hour
Music with Jim Wright

Tuesday, January 8th
Accordion Music with Chet

Tuesday, January 15th
Speaker from SNMH
Wound Center

Wednesday, January 16th
Gigong Class with Rick

Friday, January 25th
Happy Hour
Music - Jack Scott Band

Every Sunday
Hot Chocolate Social



Marketing Minutes By Sue Hudson Marketing Director

We are kicking off 2019 in a big way, with many new faces and lots of renewed energy! We feel blessed to have been able to accommodate some folks who lost everything in the Paradise Camp Fire. Please help them feel welcome in their new home as they start this new and challenging chapter in their lives. Remember, it's scary to be the new kid on the block, so a welcoming, warm, friendly face really helps, ESPECIALLY in the dining room. We thank you for your kindness and compassion.

January is the month many of us start our New Year's Resolutions. Watching our diet, starting an exercise regime, reconnecting with friends and family, being more active, reading more, or starting a new hobby (like painting). Whatever New Year's resolutions you may have, please be patient with yourself and take one step at a time. Remember, nobody is perfect and each day can be a new start if need be. Let us know if we can help you achieve your goals, because when you're healthy and happy, we are too!!

May 2019 be filled with good health and much happiness for you and your family!

Warm hugs,
Sue

Letter from the Editor Traci Gelgood Associate Marketing Director

*"Youth is a gift of nature,
Age is a work of art..."*

Stay happy, healthy, and safe!



Activity Corner By Sabrina Buser Activity Director

This year went by so fast. We all had fun and great memories in the year 2018. I am looking forward to making more in 2019.

We are adding a variety of new exercise classes, I hope you can come and find the one that works for you. Exercise is very important.

January 7th we will be having our scones and mimosas meeting in the common area. This meeting is designed to help me get NEW IDEAS for 2019. We have a full house and new ideas are appreciated.

We will be going to get massages again on January 22nd. A massage is a wonderful way to relax and enjoy.

Happy Hour will be on Fridays from now on. Also, please look at your event calendars so you don't miss out.

Looking forward to sharing a fantastic 2019 together.



Culinary Corner



Happy New Year everyone!! Out with the old and in with the new. This last year went by so fast. It was a good year for me and this one will be just as good, if not better than the last. I hope you all enjoyed your holidays. It was nice to see all of you and your family at the holiday party and I hope you enjoyed your holiday dinner. I know everyone was looking forward to it.

I wanted to let you know, and have said it in the past, that I like to hear what you have to say. I am listening, and so is the staff. We like to hear all of your feedback and requests regarding what you might like to see on the menu and what you would like to have removed from the menu. I want to thank you for your compliments and the appreciation you have for all of us in the kitchen. It is always nice to hear a kind word on a busy day. I know you see how hard we work. So, thank you all, and a big thanks to my staff.

And just a reminder that the dining room dishes and utensils need to stay in the dining room please. We are missing quite a few dishes, utensils and glasses. If you could kindly return them, we would appreciate it, and there will be no questions asked. Also, if you are going to have guests, or would like to reserve the Gold Room in the dining room, please make reservations in advance with the kitchen. You can give us a call, or come talk to us. The sooner, the better, so we can accommodate you and your guests. Once again, Happy New Year ☺

Sincerely,

Jammie Barquilla (Chef)

Kitchen # 272-2854

