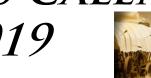


## SUITES SPECIAL EVENTS CALENDAR *JANUARY 2019*



Sunday	Monday	Tuesday	WEDNESDAY	THURSDAY	Friday	SATURDAY	ONGOING PROGRAMS
<b>Life Enrichment</b> <b>Contact Information:</b> Cindy Livingston & Linda Hellow Ext.5892		1 Happy New Year! 10:30 Spiritual Video Series (ALR) 1:00 Alcohol Ink Creations with Cindy (ALR)	2 11:30 Lunch Excursion To Bonefish Grill 2:00 Dogs: The Kid with the Dog (TH)	3 Guided Meditation With Cindy (Quiet Waters)	<b>4</b> <b>11:00</b> The Aging Brain: <i>The Aging</i> <i>Mind, What Changes?</i> (TH) <b>1:30</b> Suren's Nepalese Surprise For Cindy's Farewell (ALR)	5 10:00 Trivia (ALR)	Sunday9:15Chapel (FEL)3:00Moviee & Popcorn (TH)2:00Bingo (ALR)Monday9:30Community Circle (ALR)10:30World Religions (FEL) (1st & 3rd Mondays)11:00Exercise Class (ALR)11:00Thought for the Day (TLR)Tuesday9:30Community Circle (ALR)1:00Mind & Body Strengthening (TLR)10:30Spiritual Video Series (ALR)11:00St Gabriel Community Service (TH) (2nd Tuesday)3:00Blackjack (ALR)Wednesday9:30Community Circle (ALR)11:00Exercise Class (ALR)3:30Chaplain Video Series (FEL)Thursday9:30Community Circle (ALR)1:00Mind & Body Strengthening (TLR)10:30Sensory Exploration (TLR)10:30Sensory Exploration (TLR)10:30Chapel (ALR)3:00Bingo (ALR)7:00Movie in Theater (TH)Friday9:30Corneunity Circle (ALR)2:30Catholic Mass (2nd Friday) (TH)10:00Catholic Communion (TH)11:00Exercise Class (ALR)3:00Donut Day! (TDR)9:30Coffee & Donuts (ALR)2:00Blackjack (ALR)3:00Documentary Series (TH)
<b>6</b> 9:15 Chapel (FEL) 10:30 Aromatherapy Hand Massages (Private Sessions) 1:30 Music with Josh Brookstein (TLR)	7 <b>1:30</b> Epiphany Celebration With Chaplain Carol (ALR)	8 10:30 Spiritual Video Series (ALR) 2:00 Trudy Grabowski Celebration of Life (ALR)	9 12:00 Lunch in the Grill 1:30 Winter Decorating (ALR)	10 1:30 Explore History: Catherine the Great (MED) 5:30 Music with Dan McClerren (TLR)	<b>11</b> <b>2:00</b> Curious Dragonfly: The Power of the Human Brain (ALR)	12 10:30 Trivia (ALR)	
13 9:15 Chapel (FEL) 10:30 Aromatherapy Hand Massages (Private Sessions)	14 10:00 Travels with Toni: Welcome 2019! (TLR) 11:00 Resident Council (TLR)	15 10:30 Spiritual Video Series (ALR) 2:00 Life Enrichment Planning Meeting (ALR)	16 <b>1:30</b> Movie with Dick Gustafson: <i>Brigadoon</i> (ALR)	17 1:30 Primrose Academy Visit: Winter Crafts (ALR)	18 1:30 Nature's Educators: Animal Classification (ALR)	19 10:00 Trivia (ALR) 4:00 Cottager Concert Featuring: Kathryn Radakovich, Soprano & Amanda Williams, Piano (FEL)	
20 9:15 Chapel (FEL) 10:30 Aromatherapy Hand Massages (Private Sessions) 1:30 Music with Josh Brookstein (TLR) 27	21 1:30 Pansy Planting (TDR) 3:00 April & Nora: Hana to Makena and Everything in Between (FEL) 28	22 10:30 Spiritual Video Series (ALR) 2:00 Jim & Kent's Cowboy Show (FEL) 29	23 1:30 String Painting With Sandi (ALR) 30	24 1:30 Sacred Sound Concert With Jim Lanpheer (TLR) 5:45 Piano Music with Molly Kaufman (TLR) 31	25 1:30 Awesome Art with Lisa (ALR) ALIB– Alpine Library	26 10:00 Creative Craft (ALR) SIL– Silverton Gallery	
9:15 Chapel (FEL) 10:30 Aromatherapy Hand Massages (Private Sessions)	1:30 IN2L Hour (TLR)) 3:00 World Issues: <i>Renewable</i> <i>Energy</i> (FEL)	<b>10:30</b> Spiritual Video Series (ALR) <b>2:00</b> Town Hall (ALR)	<b>3:00</b> Birthday Bash (ALR)	1:30 Ten On Ten With Patrick (ALR) 1:30 Cowboy Poetry with Susie Knight (FEL)	ALR– Alpine Living Room FEL– Fellowship Hall LIB– Library SG– Suites Garden MED-Meadow Living Room	1	

Calendar events are subject to change. See Ch. 22 or call the Concierge Desk for up-to-date information. Items in bold are excursions.



## Christian Living COMMUNITIES

Enriching the lives of seniors since 1972.