


# January 2019

## In The Moment - Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1240 Brace Road Cherry Hill, NJ 08034</b>	<b>New Year's Day 1</b> 9:30 Coffee & Headlines [D] 10:00 <b>PE</b> Morning Exercise [D] 10:30 <b>LL</b> New Year's Resolutions [D] 1:30 Relaxation Techniques [T] 2:00 Welcome Social [B] 3:30 Walking Club [D] 6:00 Individual Games [D]	<b>2</b> 9:30 Coffee & Daily News [D] 10:00 <b>CC</b> Tai Chi w/Juhi [D] 10:30 Humor Discussion [D] 1:30 Relaxation Techniques [T] 2:00 Table Games [D] 3:30 Busy Hands 6:00 Game Night Choice [D]	<b>3</b> 9:30 Coffee & News off the Press [D] 10:00 Movement w/Music [D] 10:30 Word Games [D] 1:30 Relaxation Techniques [T] 2:00 Sing a long w/Susie 3:30 Creative Art [A] 6:00 Knockout [D]	<b>4</b> 9:30 Coffee & Daily News [D] 10:00 Arm & Leg Stretching [D] 10:30 <b>CE</b> This Day in History [D] 1:30 Relaxation Techniques [T] 2:00 Indoor Basketball [D] 3:30 Short Stories [D] 6:00 Keno [D]	<b>5</b> 9:30 Coffee News & Views [D] 10:00 Stretch & Flex [D] 10:30 <b>AE</b> National Bird Day Feeders [D] 1:30 Relaxation Techniques [T] 2:00 Pet Therapy Games w/Clancy [D] 3:30 Evening at the Theater [T] 6:00 Busy Hands [D]
<b>Catholic Communion 6</b> 9:30 Coffee Social [D] 10:00 Sunday Morning Devotional [D] 10:30 Cooking Club "Apple Crisp" [D] 1:30 Relaxation Techniques [T] 2:00 Sunday Social w/Ice Cream [M] 3:30 Wheel of Fortune [D] 6:00 Table Games [D]	<b>7</b> 9:30 Coffee & News Discussion [D] 10:30 "J" is for January [D] 1:30 Relaxation Techniques [T] 2:00 Card Knockout [D] 3:30 Individual Puzzles [D] 6:00 BINGO [D]	<b>8</b> 9:30 Morning Welcome Social [D] 10:30 Meet & Greet [D] 1:30 Relaxation Techniques [T] 2:00 Happy Birthday Elvis [D] 3:30 Sing Along w/Susie Q [D] 6:00 Individual Games [D]	<b>9</b> 9:30 Coffee & Daily News [D] 10:00 Tai Chi w/Juhi [D] 10:30 Dear Abby Day [D] 1:30 Relaxation Techniques [T] 2:00 Sundae Social [M] 3:30 What Did it Cost? [D] 6:00 Game Night Choice [D]	<b>10</b> 9:30 Coffee & News off the Press [D] 10:00 Movement w/Music [D] 10:00 <b>AE</b> Segal Art Therapy [A] 10:30 <b>CE</b> Weird Food Day [D] 1:30 Relaxation Techniques [T] 2:00 <b>LL</b> Mocktail Hour [B] 3:30 Picture Art [D] 6:00 Card Games [D]	<b>11</b> 9:30 Coffee & Daily News [D] 10:00 Arm & Leg Stretching [D] 10:30 Lucky Day [D] 1:30 Relaxation Techniques [T] 2:00 Karaoke w/Jo [D] 3:30 Drama Club [D] 6:00 Book Club [D]	<b>12</b> 9:30 Coffee News & Views [D] 10:00 Stretch & Flex [D] 10:30 How Many Words [D] 1:30 Relaxation Techniques [T] 2:00 Pet Therapy Games w/Clancy [D] 3:30 Evening at the Theater [T] 6:00 Busy Hands [D]
<b>13</b> 9:30 Coffee Social [D] 10:00 Sunday Morning Devotional [D] 10:30 Picture Reminiscing [D] 11:00 <b>LL</b> Walking Club [D] 1:30 Relaxation Techniques [T] 2:00 Sunday Social w/Ice Cream [M] 3:30 Guess Who? [D] 6:00 Table Games [D]	<b>14</b> 9:30 Coffee & News Discussion [D] 10:00 <b>Exercise w/Fox Rehab [D]</b> 10:30 Follow Your Nose [D] 1:30 Relaxation Techniques [T] 2:00 Name That Tune [D] 3:30 Story & Discussion [D] 6:00 BINGO [D]	<b>15</b> 9:30 Coffee & Headlines [D] 10:00 <b>PE</b> Morning Exercise [D] 10:30 Famous Birthdays [D] 1:30 Relaxation Techniques [T] 2:00 Root Beer Floats [M] 3:30 Walking Club [D] 6:00 Individual Games [D]	<b>16</b> 9:30 Coffee & Daily News [D] 10:00 Tai Chi w/Juhi [D] 10:30 Dear Symphony [D] 11:00 Bus Outing 1:30 Relaxation Techniques [T] 2:00 Afternoon Manicures [D] 3:30 Individual Games [D] 6:00 Game Night Choice [D]	<b>17</b> 9:30 Coffee & News off the Press [D] 10:00 Movement w/Music [D] 10:00 <b>AE</b> Segal Art Therapy [A] 10:30 <b>CC</b> Music Therapy w/Meaghan [D] 11:00 Bus Outing 1:30 Relaxation Techniques [T] 2:00 <b>CE</b> Benjamin Franklin Day [D] 3:30 Word Games [D] 6:00 Knockout [D]	<b>18</b> 9:30 Coffee & Daily News [D] 10:00 Arm & Leg Stretching [D] 10:30 Coffee Remedies [B] 1:30 Relaxation Techniques [T] 2:00 Spiritual Sing Along [D] 3:30 Popcorn Trivia Toss [D] 6:00 Family Feud [D]	<b>19</b> 9:30 Coffee News & Views [D] 10:00 Stretch & Flex [D] 10:30 Welcome Antarctica [D] 1:30 Relaxation Techniques [T] 2:00 Pet Therapy Games w/Clancy [D] 3:30 Evening at the Theater [T] 6:00 Busy Hands [D]
<b>Activity Professional Week 20</b> <b>Catholic Communion</b> 9:30 Coffee Social [D] 10:00 Sunday Morning Devotional [D] 10:30 Paint by Number [D] 1:30 Relaxation Techniques [T] 2:00 Sunday Social w/Ice Cream [M] 3:30 <b>CE</b> Tu B'Shevat Celebration [D] 6:00 Table Games [D]	<b>Martin Luther King, Jr. Day 21</b> 9:30 Coffee & News Discussion [D] 10:00 <b>Exercise w/Fox Rehab [D]</b> 10:30 <b>CE</b> Celebrating Martin Luther King [D] 1:30 Relaxation Techniques [T] 3:30 <b>CC</b> A Day of Service [D] 6:00 BINGO [D]	<b>22</b> 9:30 Coffee & Headlines [D] 10:00 <b>PE</b> Morning Exercise [D] 10:30 Tuesday Trivia [D] 1:30 <b>SS</b> Holy Rosary w/Sonia [T] 1:30 Relaxation Techniques [T] 2:00 <b>Taste &amp; Tell [B]</b> 3:30 Conversation Ball [D] 6:00 Individual Games [D]	<b>23</b> 9:30 Coffee & Daily News [D] 10:00 Tai Chi w/Juhi [D] 10:30 Hangman [D] 11:00 Bus Outing 1:30 Relaxation Techniques [T] 2:00 <b>LL</b> Bible Study [T] 3:30 Handwriting Contest [D] 6:00 Game Night Choice [D]	<b>24</b> 9:30 Coffee & News off the Press [D] 10:00 Movement w/Music [D] 10:00 <b>AE</b> Segal Art Therapy [A] 10:30 Peanut Butter Cookies [B] 11:00 Bus Outing 1:30 Relaxation Techniques [T] 2:00 <b>LL</b> Mocktail Hour [B] 3:30 3 of a Kind [D] 6:00 Card Games [D]	<b>25</b> 9:30 Coffee & Daily News [D] 10:00 Arm & Leg Stretching [D] 10:30 Indoor Bowling [D] 1:30 Relaxation Techniques [T] 2:00 Team Opposite Hangman [D] 3:30 Resident Council [T] 6:00 Book Club [D]	<b>26</b> 9:30 Coffee News & Views [D] 10:00 Stretch & Flex [D] 10:30 <b>LL</b> Everything Green & Healthy [D] 1:30 Relaxation Techniques [T] 2:00 Pet Therapy Games w/Clancy [D] 3:30 Evening at the Theater [T] 6:00 Busy Hands [D]
<b>27</b> <b>Catholic Communion</b> 9:30 Coffee Social [D] 10:00 <b>SS</b> Sunday Morning Devotional [D] 10:30 Armchair Travels [D] 11:00 <b>LL</b> Walking Club [D] 1:30 Relaxation Techniques [T] 2:00 Sunday Social w/Ice Cream [M] 6:00 Table Games [D]	<b>28</b> 9:30 Coffee & News Discussion [D] 10:00 <b>Exercise w/Fox Rehab [D]</b> 10:30 Fast Ball [D] 1:30 Relaxation Techniques [T] 2:00 Afternoon Craft [D] 3:30 <b>CE</b> Australia Day [D] 6:00 BINGO [D]	<b>29</b> 9:30 Coffee & Headlines [D] 10:00 <b>PE</b> Morning Exercise [D] 10:30 Price is Right [D] 1:30 Relaxation Techniques [T] 2:00 Sing Along [D] 3:30 Riddles [D] 6:00 Individual Games [D]	<b>30</b> 9:30 Coffee & Daily News [D] 10:00 <b>CC</b> Tai Chi w/Juhi [D] 10:30 Finish the Line [D] 11:00 Bus Outing 1:30 Relaxation Techniques [T] 2:00 Magazine Hunt [D] 3:30 Short Stories [T] 6:00 Game Night Choice [D]	<b>31</b> 9:30 Coffee & News off the Press [D] 10:00 Movement w/Music [D] 10:00 <b>AE</b> Segal Art Therapy [A] 10:30 Winter Reminiscing Craft [D] 11:00 Bus Outing 1:30 Relaxation Techniques [T] 2:00 Name Game [D] 3:30 Creative Pictures [D] 6:00 Knockout [D]	<b>Healthy Snacks &amp; Hydration offered throughout each day!</b>	