

Fabulous Special Events and Magical Moments All Year Long!



January Family Night!

Wednesday, January 16th

The focus on our first Family Night of 2019 is, appropriately enough, family and friends. With what's going on in today's world, some have lost the joy of spending that special time with people who care. So, on the 16th, why not invite your family and friends to join you for a special night of great food and entertainment for an unbelievable price.

You and your guests will enjoy **happy hour** from 4:00 to 6:00 p.m., featuring music, complimentary drinks and hot hors d'oeuvres, along with a gourmet meal. Top that off with great entertainment featuring our big Game Show Night!

Remember to book early. Reservations for dinner guests might not be available on the day of the event, so please sign up at the Front Desk in advance to book your table. Space is limited.

Game Show Night with Doug Shannon

The fun begins at 6:00 p.m.

Doug Shannon has entertained audiences for over 40 years. He enjoyed a long and successful career as a radio disc jockey and now entertains thousands through an array of interactive participation events. We're pleased to bring him back to Pacifica Forest Trace for another evening of fun as he presents **Game Show Night** for families and residents.

Doug enjoys entertaining people with his shows and

has received great reviews wherever he has performed. He knows how to captivate an audience with his charm, wit and persona. His success as a deejay and as entertainer have resulted in his being included in the Legends of Vinyl, DJ Hall of Fame.

Don't miss the game show excitement at Family Night on **the 16th** at 6:00 p.m. There will be lots of fun and prizes to be won!

Our Dazzling Ladies of the Runway!



We'd like to thank "General" **A.J. Byrd** for the great job in coordinating the **BonWorth Fashion Show**. The ladies had a great presentation of clothes that were stylish and different! We'll look forward to a spring line in the near future. So, practice your runway walk, ladies!



Pacifica Senior Living Forest Trace



Looking Forward to a Fabulous New Year at Pacifica Forest Trace!

Before delving into the New Year, let's take a moment to reminisce about some of the highlights of 2018. We continued our popular Family Nights, added a Sunday Concert Series and introduced you to the Lounge Lizards! You were delighted by our special shows including "Women Through the Decades," the "Pinktober" cancer benefit show and our "Mr. and Mrs. Claus" holiday extravaganza!

You enjoyed an amazing array of entertainers throughout the year along with wonderful holiday times. Mardi Gras and Halloween will not be forgotten. Another highlight, of course, was Veterans Day with The Hollywood Hills Cadets. Passover and the High Holy Days were superb, with our

new format allowing for greater participation by all. We aim to carry on with these special events throughout 2019.

Our wonderful Pacifica Forest Trace Chorus continues to thrive and you can look forward to some great shows in 2019.

This past year we also unveiled the new Pacifica Forest Trace Clubhouse with a renovated and redecorated theater and sparkling new facilities unmatched in the area! We look forward to more great performances in 2019.

The Management and Staff of Pacifica Senior Living Forest Trace wish you a very happy and healthy 2019.



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www.PacificaForestTrace.com



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JANUARY 2019

Kudos, Club News and a New Class

Caring for Our Residents in Assisted Living

Pearl Osilaja-McKenzie is our expert in nursing care for our Assisted Living residents. Pearl has been Director of Resident Services at Pacifica Senior Living Forest Trace for 13 years. It is a specialty in nursing and in caring, combined, that makes Pearl especially adept at her job.

Although we don't often hear the praise associated with her position, we felt especially moved to share this letter from two family members after the loss of their mother. This note exemplifies Pearl's capabilities.



Dear Pearl,

In my thoughts and actions, you are forever linked to my mother, Sara Goldman. The love, concern and care you provided her changed her long life for the better and, by extension, our lives. Pleased know you will forever be in our hearts and minds. Even though many miles separate us, you are truly a blessing to those in your care and everyone you meet.

—Joyce and Eric Goldman

New for the New Year! Line Dancing Class with Brian

Wednesdays, January 9th and 23rd • 11:00 a.m.

If one of your New Year's resolutions is to be more active, we've arranged a wonderful opportunity to get that resolution into gear! Join us in the Theater for a Line Dancing Class with Brian on the second and fourth Wednesdays of the month. He is a professional dance teacher at the **Fred Astaire Dance Studio**. We encourage you to come and enjoy this new class for fun, movement and music!

Book Club

Sunday, January 13th • 1:00 p.m.



This month's Book Club will again meet in the Card Room on Sunday, January 13th, at 1:00 a.m. The current book up for discussion is ***The Light Between Oceans*** by M.L. Stedman. It is an irresistible book with a high concept plot that will keep you riveted from the first page! We invite all who have read the book (or seen the movie) to join us, as we will again have the opportunity to exchange our thoughts, ideas, and opinions. For those who would like to read ahead, our coming schedule is: February 10th—*The Bridal Chair* by Gloria Goldreich, and March 10th—*Loving Eleanor* by Susan Wittig Albert. Enjoy reading, then come be a part of the discussion at the next Book Club meeting!

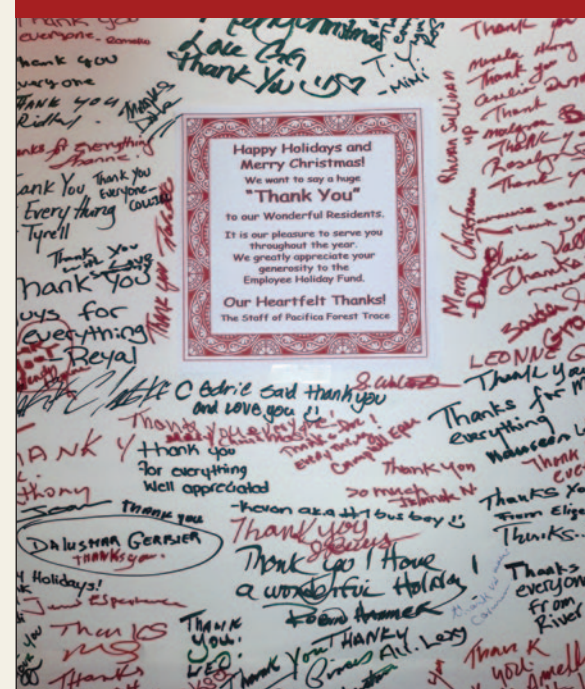
Veterans Club Meeting

Sunday, January 20th • 11:00 a.m.

Our Veterans Club continues strong with another meeting on Sunday, the 20th. The group will feature special guest **Owen Walter** from the **Veterans Administration**. Come hear this important program by an authority from the VA.

Pacifica Forest Trace supports our veterans and encourages those who have served, or have spouses who have served, to come and join the group.

A Card of Thanks from the Staff



New Year, New Friends

Eiko Adams
Lana Waltzer
Grace Libero

Stanley Miller
Helene Felt
Jeff Roth

Joel & Eileen Hoch

We thank them for choosing Pacifica Senior Living Forest Trace as their new home!

Another Year of Thought-Provoking Lectures

New Day, New Year, New You!

Tuesday, January 1st • 11:00 a.m.

The new year is always a time for reflection and new beginnings. It's a time of hope and possibility. It's a fresh start. New Year's resolutions are usually broken and forgotten before the end of the month. Join **Linda Sauget** for a look at building a foundation upon which real change and real possibility can thrive. Start 2019 with a positive focus!

Nova Southeastern University Lifelong Learning Topics

Wednesday, January 2nd • 11:00 a.m.

Wednesday, January 16th • 11:00 a.m.

Nova Southeastern University's Lifelong Learning Series brings two exceptional presentations to Forest Trace during January. Join **Peter Levine** for an examination of the "Tyranny of the Minority" on the 2nd.

In advance of the celebration of Martin Luther King Day, remember Dr. King's legacy with musician and folk singer **Jerry Gray**. "Dr. King, Civil Rights and the Songs of the Movement" is a fitting tribute for the occasion.

Learn a Lot with Rudy Berberian

Tuesday, January 8th • 11:00 a.m.

Tuesday, January 15th • 11:00 a.m.

Popular lecturer Rudy Berberian returns with two insightful programs ripped right out of the headlines. "What is the Chinese Dragon Doing?" takes a look at our largest trade partner and, according to some, most worrisome adversary. Join Rudy on the 8th to get the scoop on what's happening in relations with China.

Another topic on everyone's mind is the coming of "Driverless Cars." For those who worry about cars *without* drivers, Rudy will shed some light on this advancing technology and how it will affect us all. Make it a date for the 15th at 11:00 a.m.

Harry Getzov

Tuesday, January 22nd • 11:00 a.m.

No observance of Martin Luther King Day would be complete without a program presented by one of our most popular lecturers. Join Eldercare purveyor Harry Getzov for "Martin Luther King, Jr.: I Have a Dream" on the 22nd, as he honors the legacy of the slain Civil Rights leader.

What's Your View with Liz Reynolds

Tuesdays, January 7th, 14th and 21st
11:00 a.m.



Just when you thought the elections were over, here come the presidential wannabees for 2020. As January 2019 arrives, we will soon be watching the serious Republican and Democratic candidates announce their desire to run for president of the United States.

Ordinarily, the incumbent president faces little or no significant opposition. Since President Trump is dealing with investigations into his campaign, his inaugural, his business and his foundation as well as low approval ratings, there are several critics who are considering running. Ohio Governor John Kasich has been the most vocal. Others include former Massachusetts governor and newly elected Utah Senator Mitt Romney, Tennessee Senator Bob Corker and Arizona Senator Jeff Flake, who is retiring from the Senate.

For the Democrats, over 30 challengers with a wide range of views are thinking of running. Among the current senators the list includes Vermont's Bernie Sanders, Ohio's Sherrod Brown, Minnesota's Amy Klobuchar, Massachusetts' Elizabeth Warren, New Jersey's Cory Booker and California's Kamala Harris. The list of governors includes New York's Andrew Cuomo and Massachusetts' former governor Deval Patrick. Mayors in the running include Michael Bloomberg. Alumnus of the Obama Administration include Vice President Joe Biden and Attorney General Eric Holder. Outsiders such as Oprah Winfrey, Texas Representative Beto O'Rourke and even Dallas Mavericks owner Mark Cuban may be in the mix.

Obviously, it is way too soon to know who will be the final choice. We will be discussing the backgrounds and experience of these contenders in our "What's Your View?" sessions this month. Be sure that you're in the mix when opinions are being offered!

Gloria Shapiro's Book Review

Wednesday, January 30th • 11:00 a.m.

Gloria Shapiro has been presenting her insightful reviews of literary works for over a decade here at Pacifica Forest Trace. Her engaging style and choice of texts has earned her a huge following. Join her at the end of the month for a review of the *New York Times* number one best seller by former First Lady **Michelle Obama**. In ***Becoming***, described by the author as a deeply personal experience, she talks about her roots and how she found her voice, as well as her time in the White House, her public health campaign and her role as a mother.



Milestones and More!

Santa and Mrs. Claus Headlined a Delightful Holiday Show

Amazing vocalist **James Perkowski** joined our own **Jamie Danger** for a special show that set the tone for the holiday season. Who knew Mrs. Claus could look so stylish in boots and a mini-skirt? A surprise visit by our friendly elf added to the fun and made the evening extra special!



Residents were delighted at the show. Sherry takes a turn with our elf!

2019 Words of Wisdom from Rose Boyarsky

- Look for the glass to be half-full
- It's nice to be important, but it's important to be nice
- To make a friend, become a friend
- Do not gossip about others
- When using the bathrooms, wipe up so the next guest will have it clean as you did
- Step back in the elevator, to let others in
- Smile! You'll always get one in return

Editor's Note—The many thoughts from Rose are greatly appreciated. She is an insightful lady with a gentle heart. Our best wishes to Rose for the New Year!



Mr. and Mrs. Claus and our elf!

RESIDENT AND STAFF MILESTONES

January Resident Birthdays

BRENDA FEUER ...1ST	GOLDIE LEVITZ.....5TH	JANE WENGER.....20TH	JULES SILVERMAN28TH
LILLIAN KNOF1ST	BARBARA ROTENBERG 9TH	SHIRLEY TLUMAK.....21ST	SHIRLEY BERGER29TH
SAL PRUDENZANO ..1ST	ROSE TURCHIN10TH	ROSLYN PLESSER23RD	BOBBY BARNETT.....30TH
CHARLES KLEIN.....2ND	THELMA PULTMAN ...12TH	JUDITH KRAMER24TH	CECILE KARLIN.....31ST
RUTH EPSTEIN3RD	ESTHER KATZ.....15TH	FRANK CAPUZOZZI ..27TH	ANNE MANDERS-GLICKMAN
NETTY GROSS.....3RD	MILLIE SMILOVICH....15TH	ABBY RICH27TH31ST
	TEDDY NADEL19TH	MAXINE SCHWARTZ .27TH	

JANUARY EMPLOYEE BIRTHDAYS

SONIA CAMPBELL—Assisted Living1ST	WENDY HANNA—Dining Room20TH
PAUL CASY—Kitchen7TH	GIZELLE GENTLES—Dining Room Supervisor20TH
DALE HENDRICKS—Dining Room7TH	KEROLAND ROCK—Dining Room22ND
RENE VALESCOT—Dining Room7TH	WENTWORTH MILLER —Lead Kitchen Supervisor ...22ND
WILBERT GEORGES—Maintenance8TH	NORMA CHAMBERLAIN—Dining Room.....23RD
TYDELL RAMSEY—Dining Room.....8TH	OWANO BOOTHE —Director of Catering .27TH
CHRISTINE SMITH—Housekeeping8TH	LEXY THOMAS—Housekeeping.....28TH
REDHIL MATOS—Kitchen.....13TH	ANNMARIE WHYTE—Housekeeping29TH
MALGRACE MUCIAL—Housekeeping.....20TH	MELISSA PETITBO—Dining Room30TH



Get Out and About With These Great Excursions

We're starting the new year with some great excursions for shopping, dining and attending the movies.

This month's shopping offerings include some of our most-requested malls and shopping centers. **The Fountains**, the **Tower Shops** in Davie, **Town Center Mall** in Boca and **Festival Marketplace** are just some of our destinations.

The Festival Flea Market Mall has been rechristened the Festival Marketplace by its new owners. You'll still find a quarter-mile long promenade with over 250 shops, restaurants, fragrance outlets, cosmetic stores, shoe stores, clothing shops, jewelry stores, home furnishing stores and gift boutiques. Nowhere else can you feel the energy and excitement of an open-air, old-world market indoors as in this Pompano Beach mall. Combine that with the variety

of brand name products at bargain prices and that's what makes the Festival Marketplace the great Florida shopping experience it is today.

Dining out options include a lunchtime visit to the **Metro Diner**, the kind of place where last night is recalled over pancakes and large portions of a varied menu. "What we serve is serious diner food," according to their website.

Dinner outings will take you to two notable chains which are reputed for quality food. **Pei Wei Asian**, on **the 16th**, offers a fresh take on traditional Chinese fare. They accommodate requests from "extra spicy" to gluten-free. Come give it a try!

Bonefish Grill, our stop on **the 23rd**, offers a wonderful selection of fresh fish. It's no secret that we're going on a Wednesday for the Bang Bang Shrimp special!



January OUTINGS AT A GLANCE

DAY	DATE	TIME	DESTINATION
Saturday	January 5th	12:00 noon	Town Center Mall in Boca Raton
Sunday	January 6th	12:00 noon	Stein Mart
Wednesday	January 9th	12:00 noon	Lunch Outing—Metro Diner
Saturday	January 12th	12:00 noon	The Fountains
Sunday	January 14th	TBA	Local Movie
Wednesday	January 16th	4:30 p.m.	Dinner Outing—Pei Wei Asian
Saturday	January 19th	12:00 noon	Festival Marketplace
Sunday	January 20th	12:00 noon	Whole Foods
Tuesday	January 22nd	4:30 p.m.	Dinner Outing—Bonefish Grill
Saturday	January 26th	12:00 noon	Tower Shops in Davie
Sunday	January 27th	TBA	Local Movie

REMEMBER THAT YOU MUST SIGN-UP FOR ALL REGULARLY SCHEDULED AND TICKETED EVENTS AT THE FRONT DESK AFTER 5 P.M. WEEKDAYS OR ANYTIME WEEKENDS.

Your Pacifica Forest Trace Management Team



Campbell Epes III.....Executive Director
Michelle SlagelSales Director
Robin HammerSales Associate
Owano BootheDirector of Dining & Catering
Jamie DangerEntertainment Director

Stephen Fornataro
.....Director of Environmental Services
Rani PersadDirector of Finance
Pearl Osilaja McKenzie
.....Director of Resident Services

January Begins a Year Filled With Exceptional Entertainers

The Bobby Barnett Band

Wednesday, January 5th • 7:00 p.m.

Along with drummer **Joe Belanger**, the incomparable **Bobby Weiner** on piano, resident saxophonist **Bobby Barnett** rounds out this talented trio! The toe-tapping standards of the Big Band era will delight and energize you with Bobby playing flute, clarinet and saxophone. Arrive early for a good seat and don't miss this evening of great music!



Jimmy Barkan

Saturday, January 8th • 7:00 p.m.

Jimmy Barkan returns to Forest Trace, singing the standards of Micheal Buble, Frank Sinatra, Bobby Darin and Elvis! Jimmy has performed at nightclubs throughout Manhattan, in the Catskill Mountains and at the Kravis Center, a 2000 seat auditorium in West Palm Beach. Enjoy this evening with a very personable entertainer!

Martha Brown

Sunday, January 13th • 2:00 p.m.

Martha Brown is a singer/pianist with personality. Martha has played The Colony in Palm Beach and also in other elegant and upscale venues throughout Florida. Her repertoire is eclectic and expansive. Everyone in the audience will feel included. Make her feel welcome during her first visit to Forest Trace!



Jaime Tinoco

Saturday, January 19th • 7:00 p.m.

This charming, natural entertainer has performed internationally through England, France, Switzerland, Spain, Canada, Mexico and his native Colombia. His powerful voice and diverse vocal range soars on Standards interpreted in a unique style.

Wayne Gilbert

Sunday, January 20th • 2:00 p.m.

As a metaphor for making people feel better through music, this lively entertainer goes by the name "Dr. Wayne." With 30 years of professional piano playing and a vast knowledge of music, "Dr. Wayne" performs with a verve and feeling of joy to help people escape the stresses of everyday life. He has worked the cruise ships, performed overseas in nearly a dozen European countries, as well as at major Florida events. Recently he performed at the Orange Bowl for the National Collegiate Football Championship.

Whether it's your home, or at the Orange Bowl, Dr. Wayne gives it his all to transform the lives of others. Do not miss him! Like any good doctor, he makes house calls!



Mikhail Smirnov & Elina Karokhina

Sunday, January 6th • 2:00 p.m.

Mikhail Smirnov, Artistic Director/Founder of Ensemble Barynya, was born in Moscow and received his Master's degree from the Moscow State University of Culture and Arts. He followed his passion for Russian folk culture, by traveling to many different regions of Russia, incorporating much of this original material into his repertoire. Mikhail is adept on a variety of Russian folk instruments including balalaika-contrabass, balalaika, and gusli. His favorite instrument remains the garmoshka, the small Russian folk button accordion used in Russian folk music and dancing.

Elina Karokhina is a balalaika player and began her formal training at the Mussorgsky Music College of Saint Petersburg and continued her training at N.A. Rimsky-Korsakov Saint Petersburg State Conservatory, earning a degree as an Orchestra Soloist. Following her graduation, she began working as a musician, both as a performer and a teacher of balalaika, mandolin, and piano.

Together, Elina and Mikhail will offer a thrilling afternoon of musical virtuosity!

Mark Bornfield & D'Jamin Bartlett

Wednesday, January 9th • 2:00 p.m.

Settling in Florida after performing in Las Vegas for many years, Mark and D'Jamin are a sought after act we're proud to bring back to our Pacifica Forest Trace stage.

Mark is an Emmy-winning composer, pianist, studio recording vocalist and trumpet player. His wide versatility is a perfect compliment to D'Jamin Bartlett. She has won Theater World, Drama Desk and Show Business Awards for her show stopping number, "The Miller's Son," by Stephen Sondheim, from *A Little Night Music*.

Together, this dynamic duo sings in several languages. Catch "All That Broadway" featuring highlights from the most popular musicals including *Phantom*, *Les Miz*, *Fiddler*, *West Side Story*, *Cats* and *Evita*.



Our Lounge Lizards series is drawing big crowds! With truly interactive musicians, don't miss the fun in the Atrium Lobby on **Tuesdays** and **Thursdays** at 2:30 p.m.



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Here are the Lounge Lizards you'll be sharing time with this month...

Tuesday, January 1st — Arthur Cruz

Thursday, January 3rd — Rich Shapiro

Tuesday, January 8th — Ted McDermott

Thursday, January 10th — Gene Fabian

Tuesday, January 15th — Rich Shapiro

Thursday, January 17th — Moshe

Tuesday, January 22nd — Ted McDermott

Thursday, January 24th — Pedro Paulo

Tuesday, January 29th — Gene Fabian

Thursday, January 31st — Arthur Cruz

Come find out what all the excitement is about!

Sharon Steinberg

Wednesday, January 23rd

7:00 p.m.



Sharon Steinberg is an extraordinary woman of talent and education. Concurrent with her years as a professor of music and voice, Sharon pursued an operatic and concert career touring Europe and the United States. She went on with her studies to become a cantor and a rabbi. We welcome her to Forest Trace.



Kelly DiLorenzo

Saturday, January 26th • 7:00 p.m.

Originally from Los Angeles, Kelly DiLorenzo's 30 year career has included roles such as Fantine in the National Tour of *Les Miserables*. Other award winning roles include Miss Hannigan in *Annie*, Mame Dennis in *Mame* and Eva Peron in *Evita*. In addition to musical theater, Kelly has been the lead singer with The Fabulons. She has sailed the high seas singing and dancing on cruise ships and toured all over Canada, Europe and Southeast Asia.

Susan Ashley

Sunday, January 27th • 2:00 p.m.

An accomplished singer, dancer, songwriter and actress, Susan Ashley is welcomed back to Forest Trace! Her impressive background includes television, theater and the recording studio. From Broadway to Las Vegas, Susan's act has traveled the country! Susan Ashley is a star that will shine bright on our stage!



Ashley Cooper

Wednesday, January 30th

7:00 p.m.

Ashley Cooper has the look of a Rat Packer, pipes like Nat King Cole and can shake a leg like Gene Kelly! His show is part song, part dance, ballet and acrobatics! His love of performing is a testament to his great following of loyal audiences. You will be reminded of Sammy Davis, Fred Astaire and Nat King Cole, as Ashley transforms each segment of the show. His delivery will have you reminiscing of a time when music told stories. You'll laugh, you'll cry, and you'll sing out loud! This talented entertainer should not be missed!



Pacifica Senior Living Forest Trace's Weekly Scheduled Transportation

Sundays

Church
Main Lobby Departure
By Appointment

Publix
Main Lobby Departure
9:30 a.m.

Local Movie
Main Lobby Departure
Time: TBA
Check Front Desk

or Mall Trips
Main Lobby Departure
1:00 p.m.

Mondays

Doctor Appointments
North and South Tower
Departures by Reservation

Morning
LAUDERHILL/ TAMARAC

Afternoon
SUNRISE/PLANTATION

One week advance notice is required.
On the day of your appointment, please
check in at the Front Desk with your
Reservation Slip no later than 45 minutes
prior to your departure time.

Tuesdays

Doctor Appointments
North and South Tower
Departures by Reservation

Morning
**CORAL SPRINGS, MARGATE,
LAUDERDALE LAKES,
HOLY CROSS HOSPITAL**

Afternoon
SUNRISE/PLANTATION

One week advance notice is required.
On the day of your appointment, please
check in at the Front Desk with your
Reservation Slip no later than 45 minutes
prior to your departure time.

Wednesdays

Doctor Appointments
North and South Tower
Departures by Reservation

Morning
LAUDERHILL/ TAMARAC

Afternoon
**CORAL SPRINGS
MARGATE
LAUDERDALE LAKES**

One week advance notice is required.
On the day of your appointment, please
check in at the Front Desk with your
Reservation Slip no later than 45 minutes
prior to your departure time.

Thursdays

Banking
Bank of America, BB&T, Chase, Sun
Trust, South Trust, TD Bank, Wells Fargo

Dry Cleaners
North Tower Departure 9:15 a.m.
South Tower Departure 9:30 a.m.

**Publix, CVS, Walgreens,
Post Office**
North Tower Departure
10:45 a.m. and 12:45 p.m.
South Tower Departure
11:00 a.m. and 1:00 p.m.

Tamarac Library
By Reservation

Fridays

Doctor Appointments
North and South Tower
Departures by Reservation

Morning
SUNRISE/PLANTATION

Afternoon
LAUDERHILL/TAMARAC

One week advance notice is required.
On the day of your appointment, please
check in at the Front Desk with your
Reservation Slip no later than 45 minutes
prior to your departure time.

Saturdays

Temples
Main Lobby Departure
8:30 a.m.

Walmart Superstore
Main Lobby Departure
9:30 a.m.

Shoppes of 44 Street
Main Lobby Departure
9:30 a.m.

or Mall Trips
Main Lobby Departure
12:30 or 1:00 p.m.
Check Schedule for Details



AL Atrium Lobby
AR Activity Room
B Bar
CH Clubhouse
CR Card Room
DR Dining Room
JDR Jennie's Dining Room
LIB Library
PG Putting Green
PL Pool
TH Theater

Tuesday 1	
Happy New Year	
9:30-10:30 Large Print Library	LIB
11:00 Lecture—"New Day, New Year, New You" with LINDA SAUGET	TH
1:00-4:30 Early Holiday Dinner	DR
2:30 Lounge Lizards with ARTHUR CRUZ	AL
4:00-6:00 Happy Hour	CR
7:00 Movie Night—"Victoria "Roxanne" [COMEDY—PG] Coffee and Chat Follows	TH AL

Wednesday 2	
10:00 Exercise with Marian	TH
11:00 Nova Lifelong Learning—"Tyranny of the Minority" with PETER LEVINE	TH
1:00 Blackjack	AR
2:00 Blackjack	AR
3:00 Word Fun with Robin	LIB
4:00-6:00 Happy Hour Complimentary Drinks and Snacks	CR
7:00 Town Hall Meeting with Executive Director Campbell Epes Coffee and Chat Follows	TH AL

Thursday 3	
9:00-10:00 Circuit Training	GYM
9:00-10:00 Large Print Library	LIB
9:30 Shopping Spree— Marina's Boutique	CH
10:00 Work Out with Curtis	TH
11:00 Chorus Rehearsal	TH
12:30 Music Appreciation—"The Nutcracker" (Ballet)	JDR
2:30 Lounge Lizards with RICH SHAPIRO	AL
2:30-3:00 Blood Pressure Check	LIB
4:00-6:00 Happy Hour	CR
7:00 Residents' Choice Movie—"The Confirmation" [COMEDY—PG13]	JDR
7:15 Cash Bingo	TH
Coffee and Chat Follows	AL

Friday 4	
10:00 Exercise with Linda	TH
10:00 Putt a'Round with Campbell	PG
11:00 Health Lecture with Comprehensive Home Care	TH
1:00 Blackjack with Robin	AR
2:00 Blackjack with Robin	AR
2:15 Trivia with Judy	LIB
4:00-6:00 Happy Hour Complimentary Drinks and Snacks	CR
7:00 Friday Night Movie—"The 15:17 to Paris" [DRAMA—PG13]	JDR
7:15 Shabbat Services with Cantor Ronit Rubin Coffee and Chat Follows	CR AL

Saturday 5	
9:30 Depart: Walmart	AL
9:30 Depart: 44th Street	AL
10:00 Classical Exercise with Robin	TH
11:00 Charcoal Drawings Lessons with Debora	AR
12:00 Depart: Town Center Mall in Boca Raton	AL
12:45 Wii with Robin	CH
4:00-6:00 Happy Hour Complimentary Drinks, Snacks	CR
7:00 Performance— BOBBY BARNETT BAND Coffee and Chat Follows	TH AL

Sunday 6	
9:30 Depart: Publix	AL
10:00 Classical Exercise with David	TH
11:00 Jewelry Making and Repairs with Veronica	AR
12:00 Depart: Stein Mart	AL
1:00 Ice Cream Social	LIB
2:00 Sunday Showtime— MIKHAIL SMIRNOV and ELINA KAROKHINA	TH
3:30 Word Fun with Vickey	LIB
4:00-6:00 Happy Hour	CR
7:00 Sunday Cinema—"Billionaire Boys Club" [DRAMA—R] Coffee and Chat Follows	TH AL

Monday 7	
10:00 Yoga with Andrea	TH
11:00 "What's Your View?" with LIZ REYNOLDS	TH
1:00 Duplicate Bridge with Margery Pecoraro	CR
2:15 Trivia with Marcia	LIB
4:00-6:00 Happy Hour Complimentary Drinks and Snacks	CR
7:00 Residents' Choice Movie—"The Only Living Boy in New York" [DRAMA—R]	JDR
7:15 Cash Bingo	TH
Coffee and Chat Follows	AL

Tuesday 8	
9:00-10:00 Circuit Training	GYM
9:30-10:30 Large Print Library	LIB
10:00 Work Out with Curtis	TH
11:00 Lecture with RUDY BERBERIAN—"What is the Chinese Dragon Doing?"	TH
2:30 Lounge Lizards with TED McDERMOTT	AL
2:30-3:00 Blood Pressure Check	LIB
4:00-6:00 Happy Hour Complimentary Drinks, Snacks	CR
7:00 Movie Night—"Being There" [COMEDY—PG] Coffee and Chat Follows	TH AL

Wednesday 9	
10:00 Shopping Spree— Avon Calling	CH
10:00 Exercise with Marian	TH
11:00 Line Dancing with Brian	TH
12:00 Depart: Lunch Outing at Metro Diners	AL
1:00 Blackjack	AR
2:00 Blackjack	AR
3:00 Word Fun with Robin	LIB
4:00-6:00 Happy Hour Complimentary Drinks, Snacks	CR
7:00 Performance— MARK BORNFIELD AND D'JAMIN BARTLETT Coffee and Chat Follows	TH AL

Thursday 10	
9:00-10:00 Circuit Training	GYM
9:00-10:00 Large Print Library	LIB
9:00 Shopping Spree—Terry's Jewelry and Watch Repairs	CH
10:00 Work Out with Curtis	TH
11:00 Chorus Rehearsal with Jamie and David	TH
12:30 Music Appreciation—"The Art of Ida Haendel" (Violin)	JDR
2:30 Lounge Lizards with GENE FABIAN	AL
2:30-3:00 Blood Pressure Check	LIB
4:00-6:00 Happy Hour	CR
7:00 Residents' Choice Movie—"The Con Is On" [COMEDY—R]	JDR
7:15 Cash Bingo	TH
Coffee and Chat Follows	AL

Friday 11	
10:00 Exercise with Linda	TH
10:00 Putt a'Round with Campbell	PG
11:00 Health Lecture with Wellcare Therapy	TH
1:00 Blackjack with Robin	AR
2:00 Blackjack with Robin	AR
2:15 Trivia with Judy	LIB
4:00-6:00 Happy Hour Complimentary Drinks and Snacks	CR
7:00 Friday Night Movie—"The Female Brain" [COMEDY—NR]	JDR
7:15 Shabbat Services with Cantor Ronit Rubin Coffee and Chat Follows	CR AL

Saturday 12	
9:30 Depart: Walmart	AL
9:30 Depart: 44th Street	AL
10:00 Classical Exercise with Robin	TH
12:00 Depart: The Fountains	AL
12:45 Wii with Robin	CH
4:00-6:00 Happy Hour Complimentary Drinks and Snacks	CR
7:00 Performance— JIMMY BARKAN Coffee and Chat Follows	TH AL

Sunday 13 9:30 <i>Depart: Publix</i> AL 10:00 Classical Exercise TH with David 11:00 Book Club CR 11:00 Painting with Sally AR TBA Depart: Local Movie AL 1:00 Ice Cream Social LIB 2:00 Sunday Showtime— TH MARTHA BROWN 3:30 Word Fun with Vickey LIB 4:00-6:00 Happy Hour CR Complimentary Drinks and Snacks 7:00 Sunday Cinema— TH "Maudie" [DRAMA—PG13] Coffee and Chat Follows AL	Monday 14 10:00 Yoga with Andrea TH 11:00 "What's Your View?" TH with LIZ REYNOLDS 1:00 Duplicate Bridge with CR Margery Pecoraro 2:15 Trivia with Marcia LIB 4:00-6:00 Happy Hour CR Complimentary Drinks and Snacks 7:00 Residents' Choice Movie— JDR "Silver Linings Playbook" [COMEDY—R] 7:15 Cash Bingo TH Coffee and Chat Follows AL	Tuesday 15 9:00-10:00 Circuit Training GYM 9:30-10:30 Large Print Library LIB 10:00 Work Out with Curtis TH 10:45 New Resident Meeting DR 11:00 Lecture with TH RUDY BERBERIAN— "Driverless Cars" 1:00 Fun with Horticulture JDR with Robert Bornstein 2:30 Lounge Lizards with AL RICH SHAPIRO 2:30-3:00 Blood Pressure Check LIB 4:00-6:00 Happy Hour CR 7:00 Movie Night— TH "American Made" [THRILLER—R] Coffee and Chat Follows AL	Wednesday 16 FAMILY NIGHT 10:00 Exercise with Marian TH 10:00-11:00 Revive Hearing LIB 11:00 Nova Lifelong Learning— TH "Dr. King, Civil Rights and the Songs of the Movement" with JERRY GRAY 1:00 Blackjack AR 2:00 Blackjack AR 3:00 Word Fun with Robin LIB 4:00-6:00 Happy Hour CR 4:30 Depart: Dinner Outing AL at Pei Wei Asian 6:00 Family Night Show— TH Game Show Night Live! with DOUG SHANNON Coffee and Chat Follows AL	Thursday 17 9:00-10:00 Circuit Training GYM 9:00-10:00 Large Print Library LIB 9:00 Shopping Spree— CH Rachel's Hidden Treasures 10:00 Work Out with Curtis TH 11:00 Chorus Rehearsal TH with Jamie and David 12:30 Music Appreciation— JDR "Verdi Rigoletto" (Opera) 2:30 Lounge Lizards with AL MOSHE 2:30-3:00 Blood Pressure Check LIB 4:00-6:00 Happy Hour CR 7:00 Residents' Choice Movie— JDR "American Hustle" [DRAMA—R] 7:15 Cash Bingo TH Coffee and Chat Follows AL	Friday 18 10:00 Exercise with Linda TH 10:00 Putt a'Round PG with Campbell 11:00 Food Committee Meeting CR with "OB" 1:00 Blackjack with Robin AR 2:00 Blackjack with Robin AR 2:15 Trivia with Judy LIB 4:00-6:00 Happy Hour CR Complimentary Drinks and Snacks 7:00 Friday Night Movie— JDR "Limitless" [THRILLER—PG13] 7:15 Shabbat Services CR with Rabbi Offenkrantz Coffee and Chat Follows AL	Saturday 19 9:30 <i>Depart: Walmart</i> AL 9:30 <i>Depart: 44th Street</i> AL 10:00 Classical Exercise TH with Robin 11:00 Charcoal Drawings AR Lessons with Debora 12:00 Depart: AL Festival Marketplace 12:45 Wii with Robin CH 4:00-6:00 Happy Hour CR Complimentary Drinks, Snacks 7:00 Performance— TH JAIME TINOCO Coffee and Chat Follows AL
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Sunday 20 9:30 <i>Depart: Publix</i> AL 10:00 Classical Exercise TH with David 11:00 Veterans Club with CH Guest Speaker Owen Walter from Veterans Administration 11:00 Arts and Crafts with Adam AR 12:00 Depart: Whole Foods AL 1:00 Ice Cream Social LIB 2:00 Sunday Showtime— TH WAYNE GILBERT 3:30 Word Fun with Vickey LIB 4:00-6:00 Happy Hour CR 7:00 Sunday Cinema— TH "Joy" [COMEDY—PG13] Coffee and Chat Follows AL	Monday 21 MARTIN LUTHER KING HOLIDAY 10:00 Yoga with Andrea TH 11:00 "What's Your View?" TH with LIZ REYNOLDS 1:00 Duplicate Bridge with CR Margery Pecoraro 2:15 Trivia with Marcia LIB 4:00-6:00 Happy Hour CR Complimentary Drinks, Snacks 7:00 Residents' Choice Movie— JDR "Shutter Island" [THRILLER—R] 7:15 Cash Bingo TH Coffee and Chat Follows AL	Tuesday 22 9:00-10:00 Circuit Training GYM 9:30-10:30 Large Print Library LIB 10:00 Work Out with Curtis TH 11:00 "Martin Luther King, Jr.: I Have a Dream" with HARRY GETZOV 2:30 Lounge Lizards with AL TED McDERMOTT 2:30-3:00 Blood Pressure Check LIB 4:00-6:00 Happy Hour CR Complimentary Drinks, Snacks 4:30 Depart: Dinner Outing AL at Bonefish Grill 7:00 Movie Night— "Wind Talkers" [DRAMA—R] Coffee and Chat Follows AL	Wednesday 23 10:00 Exercise with Marian TH 11:00 Line Dancing TH with Brian 1:00 Blackjack AR 2:00 Blackjack AR 3:00 Word Fun with Robin LIB 4:00-6:00 Happy Hour CR Complimentary Drinks and Snacks 7:00 Performance— TH SHARON STEINBERG Coffee and Chat Follows AL	Thursday 24 9:00-10:00 Circuit Training GYM 9:00-10:00 Large Print Library LIB 9:30 Shopping Spree— CH Barbara and Mel's Boutique 10:00 Work Out with Curtis TH 11:00 Chorus Rehearsal TH 12:00 Birthday Bash with DR ED HOROWITZ 12:30 Music Appreciation— JDR "Argerich & Barenboim" (Piano) 2:30 Lounge Lizards with AL PEDRO PAULO 2:30-3:00 Blood Pressure Check LIB 4:00-6:00 Happy Hour CR 7:00 Residents' Choice Movie— JDR "Gone Girl" [THRILLER—R] 7:15 Cash Bingo TH Coffee and Chat Follows AL	Friday 25 10:00 Exercise with Linda TH 10:00 Putt a'Round PG with Campbell 11:00 BRAIN BLAST Trivia CR 1:00 Blackjack with Robin AR 2:00 Blackjack with Robin AR 2:15 Trivia with Judy LIB 4:00-6:00 Happy Hour AL Complimentary Drinks and Snacks 7:00 Friday Night Movie— JDR "Widow's Peak" [COMEDY—PG] 7:15 Shabbat Services CR with Cantor Bill Wood Coffee and Chat Follows AL	Saturday 26 9:30 <i>Depart: Walmart</i> AL 9:30 <i>Depart: 44th Street</i> AL 10:00 Classical Exercise TH with Robin 12:00 Depart: AL Tower Shops 12:45 Wii with Robin CH 4:00-6:00 Happy Hour CR Complimentary Drinks and Snacks 7:00 Performance— TH KELLY DiLORENZO Coffee and Chat Follows AL
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Sunday 27		Monday 28		Tuesday 29		Wednesday 30		Thursday 31		On-Site Wellness Services	
9:30 Depart: Publix AL		10:00 Yoga with Andrea TH		9:00-10:00 Circuit Training GYM		10:00 Exercise with Marian TH		9:00-10:00 Circuit Training GYM		<div>Wellness Center</div> <div>Open 7 Days</div> <div>7:00 a.m.-9:00 p.m.</div> <div>Call (954) 572-1117</div> <div>WELLCARE REHABILITATION Physical Therapy</div> <div>Available by Appointment</div> <div>Call (954) 440-2696</div>	
10:00 Classical Exercise TH		11:00 Yiddish for Fun with COOKIE BLATTMAN CR		9:30-10:30 Large Print Library LIB		11:00 Book Review with GOLDIE WITROCK— TH		9:00-10:00 Large Print Library LIB			
with David				10:00 Work Out with Curtis TH		"Becoming" by Michelle Obama		9:00 Shopping Spree—Marzee CH			
11:00 Painting with Sally AR		1:00 Duplicate Bridge with Margery Pecoraro CR		11:00 "The Brain Train" with JUDY HERMAN TH		1:00 Fun with Horticulture JDR		10:00 Work Out with Curtis TH			
TBA Depart: Local Movie AL				2:30 Lounge Lizards with GENE FABIAN AL		2:00 Blackjack AR		11:00 Chorus Rehearsal with Jamie and David TH			
1:00 Ice Cream Social LIB		2:15 Trivia with Marcia LIB		2:30-3:00 Blood Pressure Check LIB		3:00 Word Fun with Robin LIB		12:30 Music Appreciation— JDR			
2:00 Sunday Showtime— SUSAN ASHLEY TH		4:00-6:00 Happy Hour CR		4:00-6:00 Happy Hour CR		4:00-6:00 Happy Hour CR		2:30 Lounge Lizards with ARTHUR CRUZ AL			
3:30 Word Fun with Vickey LIB		Complimentary Drinks and Snacks		Complimentary Drinks and Snacks		Complimentary Drinks and Snacks		2:30-3:00 Blood Pressure Check LIB			
4:00-6:00 Happy Hour CR		7:00 Residents' Choice Movie— JDR		7:00 Movie Night— "The Confrontation" TH		7:00 Performance— ASHLEY COOPER TH		4:00-6:00 Happy Hour CR			
Complimentary Drinks and Snacks		"USS Indianapolis: Men of Courage" [DRAMA—R]		[COMEDY—PG13]		Coffee and Chat Follows AL		7:00 Residents' Choice Movie— JDR			
7:00 Sunday Cinema— "He's Just Not Into You" TH		7:15 Cash Bingo TH		Coffee and Chat Follows AL				"Night School" [COMEDY—PG13]			
[COMEDY—PG13]		Coffee and Chat Follows AL						7:15 Cash Bingo TH			
Coffee and Chat Follows AL								Coffee and Chat Follows AL			