

Glenwood Place Activities Calendar

JANUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</div> <div>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></div>	<div>All outings are highlighted in YELLOW.</div> <div>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</div>	<div>1</div> <div>1:00 New Year's Day Movie - "Sleepless in Seattle" (1993) PG 1h 45min (Tht)</div> <div>3:00 New Year's Day Movie - "Bundle of Joy" (1956) 1h 38min (Tht)</div> <div>7:00 Open Poker (CR)</div>	<div>2</div> <div>9:00 Rhythm Reaction (SG) 9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 10:00 Veteran's Group (Tht) 10:30 Beanbag Baseball - Teams B &amp; C (SG) 11:30 Jerlean on Piano (DR) 1:00 Open Cribbage (CR) 1:00 Shopping at Fred Meyer 1:00 Educational Series (Tht) 1:00 Vendor - Mountain Man Nut &amp; Fruit Company (LL) 2:00 Ted Talks - Short Presentations on Various Topics (Tht) 5:45 Rummy Q (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</div>	<div>3</div> <div>7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:30 DVD Concert - John Denver - "The Wildlife Concert" (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 12:30 Blood Pressure for Terrace and Plaza Residents (TL) 1:00 Open Scrabble (P) 1:00 Open Pool with Chelsea (SP) 1:00 Beanbag Baseball - Teams C &amp; A (SG) 2:30 BINGO (DR) 2:30 Tai-Chi - Moving for Better Balance (P) 3:15 Tai-Chi - Yang 24 (P) 4:30 Linda on Piano (DR)</div>	<div>4</div> <div>9:00 Sit To Be Fit (SG) 9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway 10:00 Brain Games (Tht) 10:00 Massage Therapy - Sign up at the Front Desk (ECU) 10:30 NEW - Beanbag Football (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Wii Bowling (SG) 1:00 Activity Calendar Forum with Nick (Tht) 2:30 Happy Hour with Ron Ruiz (DR) 6:00 Friday Night Movie - "The Old Man &amp; the Gun" (2018) PG-13 1h 33min (Tht)</div>	<div>5</div> <div>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) 10:30 Open Chess &amp; Checkers (CR) 10:30 Beanbag Baseball B&amp;D (SG) 11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR) 1:00 Open Billiards (Cue Room 3rd Floor Lodge) 1:00 Reminiscing - Come learn about your fellow neighbors (AR) 1:00 Computer Club (COMP) 2:30 BINGO (DR) 6:00 Saturday Night Movie - "Because I Said So" (2007) PG-13 1h 42min (Tht)</div>
<div>8:20 Bus to St. Paul Lutheran 8:20 Bus to St Joseph's. RSVP 8:20 Bus to Columbia Presbyterian 9:00 Bus to Immanuel Lutheran 9:20 Bus to United Methodist Church 9:20 Bus to First Presbyterian 10:45 Catholic Communion (Tht) 1:00 Sunday Movie - "The Old Man &amp; the Gun" (2018) PG-13 1h 33min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 First Christian Church Service (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</div> <div>6</div>	<div>9:00 Sit To Be Fit (SG) 9:30 Casino Outing to Ilani Casino - RSVP Bring \$ 9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) 10:30 Computer Lab (COMP) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (AR) 1:00 Monday Movie - "Forrest Gump" (1994) PG-13 2h 22min (Tht) 1:00 Open Farkle (ECU Dining Room) 1:00 Open Bridge (CR) 2:00 Bocce Ball (TL) 2:30 Tai-Chi - Moving for Better Balance (P) 3:15 Tai-Chi - Yang 24 (P) 5:45 Bunco with Vicki. RSVP at the front desk (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</div> <div>7</div>	<div>7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:30 NEW – Tech Talk with Nick – Got a new Smartphone? Come to the Theater for a Getting Started Presentation (Tht) 10:30 Beach Ball Toss (SG) 10:30 Crafting with Gay (TL) 1:00 Beanbag Baseball A&amp;B (SG) 1:00 Open Pool with Chelsea (SP) 1:00 Watercolor Becky (AR) 2:30 BINGO (DR) 3:00 Happy Hour with Barbara Cecil (P) 4:30 Supper Outing to Stanford's at the Lloyd Center / After Dinner We Will Watch Ice Skaters at the Indoor Rink. RSVP 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</div> <div>8</div>	<div>9:00 Rhythm Reaction Fitness (SG) 9:30 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) 9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 10:00 Veteran's Group - Watch Historic Films About War - Popcorn Provided. (Tht) 10:30 Beanbag Baseball Teams C&amp;D (SG) 11:30 Jerlean on Piano (DR) 1:00 Open Cribbage (CR) 1:00 Shopping at Fred Meyer 1:00 Happy Hour with Barbara Cecil (P) 1:00 Red Hat Tea Party (P) 2:00 Music History (Tht) 3:00 Sing-a-Long in the Theater (Tht) 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</div> <div>9</div>	<div>7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Bereavement Support Group (Tht) 10:30 Headlines and Donuts (P) 10:30 Beach Ball Toss (in the Sky Gym) 11:15 Dementia and Alzheimer's Caregiver Support Group (Tht) 12:30 Blood Pressure for Terrace and Plaza Residents (TL) 1:00 Open Scrabble (P) 1:00 Life Changes Women's Group (Tht) 1:00 Open Pool with Chelsea (SP) 1:00 Beanbag Baseball Teams D &amp; A (SG) 2:30 BINGO (DR) 2:30 Tai-Chi - Moving for Better Balance (P) 3:15 Tai-Chi - Yang 24 (P) 4:30 Linda on Piano (DR)</div> <div>10</div>	<div>9:00 Sit To Be Fit (SG) 9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.) 10:00 Brain Games (Tht) 10:00 Massage Therapy - Sign up at the Front Desk (ECU) 10:30 NEW - Beanbag Football. Come to the Sky Gym to get on a team (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Wii Bowling (SG) 1:00 All the World's a Zoo Trivia (Tht) 2:00 Residents Association Meeting (DR) 2:30 Happy Hour with Jon &amp; Meredith (DR) 3:30 "People and Stories" Reading Group (LLB) 5:30 Friday Night Movie - "First Man" (2018) PG-13 2h 21min (Tht)</div> <div>11</div>	<div>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) 10:30 Open Chess &amp; Checkers (CR) 10:30 Beanbag Baseball B&amp;C (SG) 11:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (CR) 1:00 Open Billiards (Cue Room 3rd Floor Lodge) 1:00 Computer Club - Club for Residents to Come Together to Share Tips &amp; Tricks on how to use your Computers &amp; Devices. (COMP) 1:00 Open Afternoon Games- Join us and play some board games (CR) 2:30 BINGO (DR) 6:00 Saturday Night Movie - "Guess Who's Coming to Dinner" (1967) 1h 48min (Tht)</div> <div>12</div>
<div>8:20 Bus to St. Paul Lutheran 8:20 Bus to St Joseph's. RSVP 8:20 Bus to Columbia Presbyterian 9:00 Bus to Immanuel Lutheran 9:20 Bus to United Methodist Church 9:20 Bus to First Presbyterian 10:45 Catholic Communion (Tht) 1:00 Sunday Movie - "First Man" (2018) PG-13 2h 21min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 3:00 Church Service with Doug Smith (DR) 5:45 Rummy Q in the Lofts (Lofts Lobby)</div> <div>13</div>	<div>9:00 Sit To Be Fit (SG) 9:30 Sit to be Fit (Lofts Lobby) 9:30 Threading Needles (AR) 10:30 Music Therapy with Dan. (Tht) 10:30 Lunch at Lapellah Restaurant in Vancouver. Limited Seating. RSVP 1:00 Monday Movie - "The Miracle Worker" (1962) 1h 46min (Tht) 1:00 Open Farkle (ECU Dining Room) 1:00 Open Bridge (CR) 2:00 Outing to Thrift Stores in Vancouver. RSVP 2:30 Tai-Chi - Moving for Better Balance (P) 3:15 Tai-Chi - Yang 24 (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</div> <div>14</div>	<div>7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:30 Cooking with Vicki (P) 1:00 Beanbag Baseball C&amp;A (SG) 1:00 Open Pool with Chelsea (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 4:30 Supper Outing to Gustav's. RSVP. 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</div> <div>15</div>	<div>7:30 Women &amp; Men's Breakfast! Free for everyone (BQ) 9:00 Rhythm Reaction (SG) 9:30 "Sit to be Fit" (Lofts Lobby) 10:00 Veteran's Group.(Tht) 10:30 Beanbag Baseball Teams B &amp; D (SG) 11:30 Jerlean on Piano (DR) 1:00 Open Cribbage (CR) 1:00 Shopping at Fred Meyer 1:00 Educational Series (Tht) 1:00 Vendor - Mountain Man Nut &amp; Fruit Company (LL) 2:30 Glentucky Derby Horse Racing - Store is open! (Tht) 5:45 Rummy Q (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle (COMP)</div> <div>16</div>	<div>7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Bereavement Group (Tht) 10:30 Book Club hosted by Cynthia. (ECU) 10:30 Beach Ball Toss (Sky Gym) 11:15 Dementia and Alzheimer's Caregiver Group (Tht) 12:30 Blood Pressure for Terrace and Plaza Residents (TL) 1:00 Open Scrabble (P) 1:00 Life Changes Women's Group (Tht) 1:00 Open Pool with Chelsea (SP) 1:00 Beanbag Baseball Teams B &amp; A (SG) 2:30 BINGO (DR) 2:30 Tai-Chi - Moving (P) 3:15 Tai-Chi - Yang 24 (P) 4:30 Linda on Piano (DR) 4:30 Mystery Supper Outing with Carroll. RSVP. Bring \$</div> <div>17</div>	<div>9:00 Sit To Be Fit (SG) 9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway 10:00 Brain Games (Tht) 10:00 Massage Therapy - Sign up at the Front Desk (ECU) 10:30 Beanbag Football. Come to the Sky Gym to get on a team (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Wii Bowling (SG) 1:00 Special Documentary - "Alive Inside: A Story of Music and Memory" 1h 17min (Tht) 2:30 Happy Hour with Vladimir on Violin (DR) 5:30 Friday Night Movie – "A Star Is Born" (2018) RATED R 2h 16min (Tht)</div> <div>18</div>	<div>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) 10:30 Open Chess &amp; Checkers (CR) 10:30 Beanbag Baseball C&amp;D (SG) 11:00 Cherie The Card Lady (LL) 11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR) 1:00 Open Billiards (Cue Room) 1:00 Computer Club (COMP) 1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht) 2:30 BINGO (DR) 6:00 Saturday Night Movie - "The Ladykillers" (1955) 1h 31min (Tht)</div> <div>19</div>

8:20 Bus to St. Paul Lutheran 8:20 Bus to St Joseph's. RSVP 8:20 Bus to Columbia Presbyterian 9:00 Bus to Immanuel Lutheran 9:20 Bus to United Methodist Church 9:20 Bus to First Presbyterian 10:45 Catholic Communion (Tht) 1:00 Sunday Movie - "The Boatniks" (1970) G 1h 39min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 3:00 Columbia Christian Church (DR) 5:45 Rummy Q in the Lofts (Lofts Lobby)	20	9:00 Sit To Be Fit (SG) 9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) 10:30 Mystery Drive. RSVP at the Front Desk 1:00 Monday Movie - "The King and I" (1956) G 2h 13min (Tht) 1:00 Open Farkle (ECU Dining Room) 1:00 Open Bridge (CR) 1:30 Mystery Drive. RSVP at the Front Desk 2:30 Tai-Chi - Moving for Better Balance (P) 3:15 Tai-Chi - Yang 24 (P) 5:45 Bunco - Bring a White Elephant Gift!. RSVP at the Front Desk (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)	21	7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Group - Come join the fun! (Tht) 10:30 Beach Ball Toss (SG) 1:00 Beanbag Baseball A&D (SG) 1:00 Open Pool with Chelsea (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Cooley (P) 4:30 Supper Outing to Cameo Café in Vancouver. RSVP 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)	22	9:00 Rhythm Reaction Fitness (SG) 9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 10:00 Veteran's Group - Watch Historic Films About War - Popcorn Provided. (Tht) 10:30 Beanbag Baseball Teams B & C (SG) 11:30 Jerlean on Piano (DR) 1:00 Open Cribbage (CR) 1:00 Shopping at Fred Meyer 1:00 Educational Series (Tht) 3:00 Stories with Nick - Come listen to humorous stories from various popular authors (Tht) 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)	23	7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Bereavement Support Group (Tht) 10:30 Beach Ball Toss (Sky Gym) 11:15 Dementia and Alzheimer's Caregiver Support Group (Tht) 12:30 Blood Pressure for Terrace and Plaza Residents (TL) 1:00 Open Scrabble (P) 1:00 Life Changes Women's Group (Tht) 1:00 Open Pool with Chelsea (SP) 1:00 Walker, Scooter and Wheelchair repairs. Free for basic repairs (MR) 1:00 Beanbag Baseball Teams C & A (SG) 2:00 Life Goes On Support (ECU) 2:30 BINGO (DR) 2:30 Tai-Chi - Better Balance (P) 3:15 Tai-Chi - Yang 24 (P) 4:30 Linda on Piano (DR) 7:00 Bean Bag Baseball Awards Banquet. Open to all players and one guest. Includes Fried Chicken Dinner, Drinks and our Annual Awards Show. Free (DR)	24	9:00 Sit To Be Fit (SG) 9:30 Shopping trip: Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.) 10:00 Brain Games (Tht) 10:00 Massage Therapy - Sign up at the Front Desk (ECU) 10:30 NEW - Beanbag Football. Come to the Sky Gym to get on a team (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Wii Bowling (SG) 1:00 Glenwood Place Choir - Open to all skill levels! (Tht) 2:30 Under the Sea Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie "The Wife" (2017) RATED R 1h 40min (Tht)	25	10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) 10:30 Open Chess & Checkers (CR) 10:30 Beanbag Baseball D&B (SG) 11:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (CR) 1:00 Quilting for Babies in Need (AR) 1:00 Open Billiards (Cue Room 3rd Floor Lodge) 1:00 Computer Club - Club for Residents to Come Together to Share Tips & Tricks on how to use your Computers & Devices. (COMP) 1:00 Classic TV Series - I Love Lucy (Tht) 1:30 Outing to the Vancouver Symphony - Tickets \$34. RSVP 2:30 BINGO (DR) 6:00 Saturday Night Movie - "Anastasia" (1956) 1h 45min (Tht)	26
8:20 Bus to St. Paul Lutheran 8:20 Bus to St Joseph's. RSVP 8:20 Bus to Columbia Presbyterian 9:00 Bus to Immanuel Lutheran 9:20 Bus to United Methodist Church 9:20 Bus to First Presbyterian 10:45 Catholic Communion (Tht) 1:00 Sunday Movie - "The Castaway Cowboy" (1974) G 1h 31min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)  3:00 Hymns & Devotions with Ron & Donna (DR) 5:45 Rummy Q in the Lofts (Lofts Lobby)	27	9:00 Sit To Be Fit (SG) 9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) 10:30 Music Therapy with Dan- Join us for sing alongs and play instruments. (Tht) 11:00 Lunch at Portland Culinary Institute. \$15 Cash only. RSVP. Limited Seating. Mystery Pit Stop After Lunch 1:00 Monday Movie - "State Fair" (1945) 1h 40min (Tht) 1:00 Open Farkle (ECU Dining Room) 1:00 Open Bridge (CR) 2:30 Tai-Chi - Moving for Better Balance (P) 3:15 Tai-Chi - Yang 24 (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)	28	7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Group - Come join the fun! (Tht) 1:00 Beanbag Baseball A&B (SG) 1:00 Open Pool - with Chelsea (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Shelly Voight (P) 4:30 Supper Outing to Peachtree Restaurant in Vancouver. RSVP 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)	29	9:00 Rhythm Reaction Fitness (SG) 9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 10:00 Veteran's Group - Watch Historic Films About War - Popcorn Provided. (Tht) 10:30 Beanbag Baseball Teams D & C (SG) 11:30 Jerlean on Piano (DR) 1:00 Open Cribbage (CR) 1:00 Shopping at Fred Meyer 1:00 Educational Series (Tht) 1:00 Vendor - Mountain Man Nut & Fruit Company (LL) 2:30 Resident Ambassadors Meeting - Snacks Provided (Tht) 4:00 Linda on Piano (DR) 4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR) 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)	30	7:15 Water Walking (SP) 9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Bereavement Support Group (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:15 Dementia and Alzheimer's Caregiver Support Group (Tht) 12:30 Blood Pressure for Terrace and Plaza Residents (TL) 1:00 Open Scrabble (P) 1:00 Life Changes Women's Group (Tht) 1:00 Open Pool - with Chelsea (SP) 1:00 Beanbag Baseball Teams D & A (SG) 2:30 Tai-Chi - Moving for Better Balance (P) 3:15 Tai-Chi - Yang 24 (P) 4:00 Birthday Dinner for the Plaza, Terrace, & Lofts - RSVP at the Front Desk (DR) 4:30 Linda on Piano (DR) 4:30 Mystery Supper Outing with Carroll. RSVP. Bring \$ 7:00 Evening Concert with Nehemiah Brown (DR)	31	<div>DOCTOR DAYS</div> <div>TUESDAYS</div> <div>West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</div> <div>THURSDAYS</div> <div>East of ANDRESEN Road. 87th Ave, Cascade Park, Fisher's Landing, Orchards Mall</div>		<div>ROOM KEY</div> <div>(AR) Activity Room (BQ) Buffet Dining Room (COMP) Computer Room (CR) Card Room, 3rd Floor (Cue) Cue Room, 3rd Floor (DR) Dining Room (ECU) ECU Activity Room (Lbal) Lodge Balcony 2nd Floor (LLB) Lodge Library (LL) Lodge Lobby (MR) Mailroom (P) Plaza Community Room (SP) Swimming Pool, Lodge (TL) Terrace Lobby (Tht) Theater</div>	