



January 2019

The Heritage
at Shalimar Gardens

Assisted
Living

SUN

MON

TUE

WED

THU

FRI

SAT

Activity Locations
A-Activity Room
B-Senior Conference Rm
C-Community Rm
D-Dining Room
F-Fireplace
G-Garden Area
I-Coffee Shop
L-Library
P-Pool Room
T-Tea Room
W-Wellness Room

COLOR CODES
COUNTRY STORE OPEN
FIELD TRIP OR: LUNCH OUTING ENTERTAINMENT OR: SPEAKER KENO / BINGO RELIGIOUS SERVICES



2 Beauty Shop Open
9:45 Daily Devotion (F)
10:00 Stretch & Bend
Exercise Class (W)
2:00 Bingo (D)
2:00 First State Bank (L)
2:30 Salem Lutheran Scripture & Communion Service (C)
3:30 Ballroom Chair Dancing w/ Pam Dutton from Arts in Motion (D)

3 Beauty Shop Open
9:30 St. Paul's Luth. Church Ch. 901
10:00 Stretch & Bend
Exercise Class (W)
11:15 Current Events
1:45 Busy Bakers (A)
2:00 Catholic Comm. Performance- Kim Eames (D)
3:30 Fresh Baked Cookies (I)
4:00 Cocktail Hour (D)

4 9:45 Daily Devotion
10:00 Stretch & Bend
10:00 Methodist Church Ch. 97.14
10:45-11:30 Country Store Open (L)
1:45 Bingo (D)
2-4:00 Manicure (A)
3:15 FREE Eye Glass Cleaning (I)
3:45 Crafts- "3D Hot Cocoa Mug" (I)

5 10:00 Connect
Four Game (I)
11:00 Mexican Train Dominos (I)
1:30 Scrabble (I)
1:45 Watch A Movie On Ch. 901 "Believe"
3:30 Coffee & Chatter
4:00 Independent Monopoly (I)
6:00 Tic Tac Toe Game (I)

6 8:30 Salem Luth. Ch.99
9:00 1st Plymouth Ch.9
9:00 Methodist Church Service/Bus Service
9:15 First Lutheran- Bus Service Available
402-721-2959
10:30 Catholic Mass On Ch. 6
12:00 Daily Chronicles
1:45 Movie On Ch. 901 "The Nutcracker"
3:30 Liberty Baptist (C)

7 9:45 Daily Devotion (F)
10:00 Stretch & Bend
Exercise Class (W)
11:00 Timeless Trivia
12:00 Mystery Person
1:15 Snapshots (F)
2:00 Wheel of Fortune on the Wii (B)
3:00 KENO (I)
4:00 The Diary of Anne Frank Reading- (F)
7:00 LeRoy's Bible Study (C)

8 10:00 Stretch & Bend
Exercise Class (W)
10-11:00 Manicure Appointments (A)
12:00 Mystery Person
1:45 Horse Races w/ our friends from Mosaic (F)
3:00 Reviewing the Resident survey results with Bethl. (C)
4:00 GIANT Crossword Puzzle (I)

9 Beauty Shop Open
9:45 Daily Devotions (F)
10:00 Stretch & Bend (W)
11:00 Bible Study Hosted by Chaplain Starks- Fremont Health (C)
12:00 Mystery Person (D)
2:00 Schann Stuart- Comedy/Humorous/Jazz Act (D)
2:00 First State Bank (L)
3:30 Ballroom Chair Dancing w/ Pam Dutton
6:15 Love On A Leash-

10 Beauty Shop Open
9:30 St. Paul's Luth. Church Ch. 901
10:00 Stretch & Bend
Exercise Class (W)
11:15 Current Events
12:00 Mystery Person
2:00 Meet & Greet (C)
3:00 Neighborhood Social- Non Alcoholic Hot Salted Caramel Apple Cider (I)
4:00 Cocktail Hour (D)

11 9:45 Daily Devotions
10:00 Stretch & Bend
10:00 Methodist Church Ch. 97.14
10:45-11:30 Country Store Open (L)
1:45 Bingo (D)
2-4:00 Manicure (A)
3:15 FREE Eye Glass Cleaning (I)
3:45 Crafts (I)
"Snowman Thermometer"

12 10:00 Connect
Four Game (I)
11:00 Mexican Train Dominos (I)
1:30 Scrabble (I)
1:45 Watch A Movie On Ch. 901 "The Princess Diaries"
3:30 Coffee & Chatter- (I)
4:00 Independent Monopoly (I)
6:00 Tic Tac Toe (I)

13 8:30 Salem Luth. Ch.99
9:00 1st Plymouth Ch.9
9:00 Methodist Church Service/Bus Service
9:15 First Lutheran- Bus Service Available
402-721-2959
10:30 Catholic Mass On Ch. 6
12:00 Daily Chronicles
1:45 Movie On Ch. 901 "A Wrinkle in Time"
3:30 Liberty Baptist (C)

14 9:45 Daily Devotions (F)
10:00 Stretch & Bend
11:00 Timeless Trivia (C)
1:15 Snapshots (F)
2:00 A Trip to Keene Memorial Library- Storytelling with John!
4:00 The Diary of Anne Frank Reading (F)
6:00 1st Lutheran Church Ch. 97.14
7:00 LeRoy's Bible Study (C)

15 10:00 Stretch & Bend
Exercise Class (W)
10-11:00 Manicure Appointments (A)
1:45 Horse Races w/ our friends from Mosaic (F)
3:00 It's Game Day! ~Pick your favorite Board Game (I)
4:00 GIANT Crossword Puzzle (I)

16 Beauty Shop Open
9:45 Daily Devotions (F)
10:00 Stretch & Bend
Exercise Class (W)
11:15 Worship w/ Pastor Schmidt (C)
11:15 Lunch Outing- Village Inn (\$10-12.00)
2:00 Bingo (I)
2:00 1st State Bank (L)
3:30-4:30 Literature Out Loud w/ John from Keene Memorial Library

17 Beauty Shop Open
9:30 St. Paul's Luth. Church Ch. 901
10:00 Stretch & Bend
Exercise Class (W)
11:15 Current Events
1:45 Busy Bakers (A)
2:00 Catholic Comm. w/ Deacon Dan (C)
3:30 Musical Entertainment w/ Christine Colson (D)
4:30-5:00 Cocktail Hour (D)

18 9:45 Daily Devotions
10:00 Stretch & Bend
10:00 Methodist Church Ch. 97.14
10:45-11:30 Country Store Open (L)
2-4:00 Manicures Appointments (A)
3:15 FREE Eye Glass Cleaning (I)
3:45 Crafts- "Snowflake Bookmark" (I)

19 10:00 Connect
Four Game (I)
11:00 Independent Mexican Train Dominos (I)
1:30 Scrabble (I)
1:45 Watch A Movie On Ch. 901 "Walk- The Man Behind the Myth"
3:30 Coffee & Chatter
4:00 Independent Monopoly (I)
6:00 Tic Tac Toe (I)

20 8:30 Salem Luth. Ch.99
9:00 1st Plymouth Ch.9
9:00 Methodist Church Service/Bus Service
9:15 First Lutheran- Bus Service Available
402-721-2959
10:30 Catholic Mass On Ch. 6
12:00 Daily Chronicles
1:45 Movie On Ch. 901 "Sing"
3:30 Liberty Baptist (C)

21 9:45 Daily Devotions (F)
10:00 Stretch & Bend
Exercise Class (W)
11:00 Timeless Trivia
1:15 Snapshots (F)
1:45 Shopping Trip to Hobby Lobby
3:15 KENO (I)
4:00- The Diary of Anne Frank Reading (F)
7:00 LeRoy's Bible Study (C)

22 10:00 Stretch & Bend
Exercise Class (W)
10-11:00 Manicure Appointments (A)
1:45 Horse Races w/ our friends from Mosaic (F)
3:00 It's Game Day! ~Pick your favorite Board Game (I)
4:00 GIANT Crossword Puzzle (I)

23 Beauty Shop Open
9:45 Daily Devotions (F)
10:00 Stretch & Bend
Exercise Class (W)
11:00 Worship w/ Trinity Lutheran (C)
2:00 Bingo (I)
2:00 First State Bank (L)
3:30 Ballroom Chair Dancing w/ Pam Dutton
6:15 Love On A Leash- Pet Therapy (D)

24 Beauty Shop Open
9:30 St. Paul's Luth. Church Ch. 901
10:00 Stretch & Bend
Exercise Class (W)
11:15 Current Events
3:00 Karaoke Hour w/ Cheri (I)
3:15 Mystery Chef- Come see who it & what they are making! (I)
4:30 Cocktail Hour (D)

25 9:45 Daily Devotions
10:00 Stretch & Bend
10:00 Methodist Church Ch. 97.14
10:45-11:30 Country Store Open (L)
1:45 Community Bingo (D)
2-4:00 Manicure Appointments (A)
4:00 Crafts- Snowman Drink Coaster (I)

26 10:00 Connect
Four Game (I)
11:00 Mexican Train Dominos (I)
1:30 Scrabble (I)
1:45 Watch A Movie On Ch. 901 "Mowgli- Legend of the Jungle"
3:30 Coffee & Chatter
4:00 Independent Monopoly (I)
6:00 Tic Tac Toe (I)

27 8:30 Salem Luth. Ch.99
9:00 1st Plymouth Ch.9
9:00 Methodist Church Service/Bus Service
9:15 First Lutheran- Bus Service Available
402-721-2959
10:30 Catholic Mass C. 6
12:00 Daily Chronicles
1:45 Movie On Ch. 901 "God's Not Dead- A Light In Darkness"
3:30 Liberty Baptist (C)

28 9:45 Daily Devotions
10:00 Stretch & Bend
Exercise Class (W)
11:00 Timeless Trivia
1:15 Snapshots (F)
2:00 Resident Council
2:15 Dining Council
3:00 The Diary of Anne Frank Reading (F)
6:00 1st Lutheran Church Ch. 97.14
7:00 LeRoy's Bible Study (C)

29 10:00 Stretch & Bend
Exercise Class (W)
10-11:00 Manicure Appointments (A)
1:45 Horse Races w/ our friends from Mosaic (F)
3:00 It's Game Day! ~Pick your favorite Board Game (I)
4:00 GIANT Crossword Puzzle (I)

30 Beauty Shop Open
9:45 Daily Devotions (F)
10:00 Stretch & Bend
Exercise Class (W)
10:00 Trip the Fremont Friendship Center- Music w/ Tim Javorsky!
2:00 Bingo (I)
2:00 1st State Bank (L)
3:30 Ballroom Chair Dancing w/ Pam Dutton
4:30 R.O.M.E.O Club- Wooden Windmill

31 Beauty Shop Open
9:30 St. Paul's Luth. Church Ch. 901
10:00 Stretch & Bend
Exercise Class (W)
11:15 Current Events
1:45 Busy Bakers (A)
2:00 Catholic Comm. w/ Deacon Dan (C)
3:15 The Price Is Right Game Show LIVE!
4:30-5:00 Cocktail Hour (D)

Happy Birthday:
Doris Kuecht
1-17

Activities are subject to change... Family & Friends Are Always Welcome



Snacks are available in the Coffee Shop Daily 1:00pm