JANUARY 2019						VICTORIA COURT PACIFICA SENIOR LIVING
Sunday 🧷	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE DAILY 7 KEY: (P)-PHYSICAL WELLNESS (C)-COGNITIVE (R)-REMINISCENT (S)-SOCIAL (M)-MUSIC RELATED (L)-LIFE SKILL (O)-OUTDOOR ACTIVITY	BEAUTY SALON: TUESDAYS and WEDNESDAYS 8:00am-11:30am MANICUIRES: TUESDAYS 9:00am-11:00am DAILY DRIVES: TIMES TO BE ANNOUNCED	(S) 2:30 SOCIAL HOUR (M) 3:30 SING-A-LONG (D) 6:00 PM EXERCISE	2 (SR) 9:00 MORNING SHOW (P) 10:00 MORNING MOVES (PS)10:30 BOWLING (CS) 1:30 BINGO & PRIZES (S) 2:30 SOCIAL HOUR (M) 3:30 SING-A-LONG (P) 6:00 PM EXERCISE (SR)6:30 GAME NIGHT	3 (SR) 9:00 EARLY RISE VIEW (P) 10:00 MORNING MOVES (PS) 10:30 GOLFING (C) 1:30 TRIVIA AND GAMES (S) 2:30 SOCIAL HOUR (M) 3;30 SING A LONG (P) 6:00 EVENING MOVES (C) 6:30 SKETCH N' DRAW	(P) 10:00 MUDRAS HAND YOGA	5 (L)9:30 JEWERLY BEADING (P) 10:00 MORNING MOVES (PS) 10:30 BOWLING (C) 1:30 BINGO AND PRIZES (S) 2:30 SOCIAL HOUR (M) 3:30 KAROAKE (P) 6:00 PM EXERCISE (SR) 6:30 MOVIE NIGHT
6 (R) 9:00 RELIGIOUS HOUR (P) 10:00 MORNING MOVES (C) 10:30 FAMILY FEUD (RM) 11:00 GOSPEL SONGS (CS) 1:30 BINGO BANGO (S) 2:30 SHORTBREAD DAY (P) 6:00 SERENE STRETCH (C) 6:30 POKENO	(PO)10:30 PICK UP 6 (L)10:30 FAMILY FEUD		(CS) 10:30 PUZZEL PIECES (PS) 11:00 PITCH AND PUTT (SC) 1:30 BINGO & PRIZES (SR) 2:30 MENS CLUB WITH RAD	(O) 10:00 AM WORKOUT (PS) 10:30 VOLLEYBALL (RS) 1:30 PET THERAPY	11 (P) 10:00 MUDRAS HAND YOGA (PS) 10:30 BULLS-EYE (MS) 1:30 MUSIC AND GUITAR BY MIKE D. (S) 2:30 SOCIAL HOUR (R) 3:00 KAROAKE (P) 6:00 EVENING STRETCH	12 (L) 9:30 JEWERLY BEADING (P) 10:00 MORNING MOVES (PSC) 10:30 Wii GAMES (CS) 1:30 BINGO & PRIZES (S) 2:30 SOCIAL HOUR (M) 3:30 SING-A-LONG (P) 6:00 PM EXERCISE (SR) 6:30 MOVIE NIGHT
13 (R) 9:00 RELIGIOUS HOUR (P) 10:00 AM MOVES (C)10:30 HORSE RACING (SM)11:30 TRIVIA WORDS (RSC) 1:30 CRATIVE MINDS AT WORK (S) 2:30 HOT COCO SOCIAL (MR) 6:00 LAWRENCE WELK	(PCS) 2:30 TAI-CHI W/ BOB (CR) 3:30 BAKING GROUP	(RL) 10:30 ARTS & CRAFTS (RS) 10:30 BIBLE STUDY (CS) 1:30 CARD GAMES (S) 2:30 STRAWBERRY I.C.	 (C) 10:30 NAME 10 (SP) 1:30 TAP N TIME DANCING WITH BELLE (S) 2:30 SOCIAL HOUR (M) 3:30 SING A LONG 		18 (SR)9:00 TODAY SHOW (P) 10:00 MUDRAS HAND YOGA (CR)10:30 WORD GAMES (C) 1:30 CRAFTS W/ KAYLA (M) 3:30 SING A LONG (P) 6:00 EVENING MOVES (L) 6:30 PAINTING	19 (L)9:30 JEWERLY BEADING (P) 10:00 MORNING MOVES (PSC) 10:30 BOWLING (CS) 1:30 BINGO & PRIZES (S) 2:30 SOCIAL HOUR (M) 3:30 SING-A-LONG (P) 6:00 PM EXERCISE (SR)6:30 MOVIE NIGHT
20 (R) 9:00 RELIGIOUS HOUR (P) 10:00 MORNING MOVES (C)10:30 WATER COLORS (RM) 11:00 GOSPEL SING-A LONG WITH MARGE (PC)1:30 HORSERACING (SR) 2:30 SOCIAL HOUR (MR) 6:00 LAWRENCE WE LK	(CR) 1:30 MARTIN LUTHER KING DOCUMENTRY (SR) 2:30 TEA TIME SOCIAL (P) 6:00 EVENING STRETCH	(PO) 10:00 AM STRETCH (SR) 10:30 ROSARY (C) 11:00 TRIVIA W/ RHODA (MS) 1:30 MUSIC AND SINGING BY MIKE C. (PC) 2:30 TAI CHI W/ BOB	(SP) 1:30 TAP N TIME DANCING WITH BELLE (S) 2:30 SOCIAL HOUR	(SC) 1:30 READING CLUB (S) 2:30 SOCIAL HOUR	25 (SR) 9:00 MORNING SHOW (P) 10:00 MUDRAS HAND YOGA (PO) 10:30 BULLS-EYE (MS) 1:30 MUSIC BY SPLASH OF COLOR (S) 2:30 SOCIAL HOUR (P) 6:00 EVENING GROOVE	26 (L)9:30 JEWERLY BEADING (P) 10:00 MORNING MOVES (PS) 10:30 Wii GAMES (CS) 1:30 BINGO & PRIZES (S) 2:30 SOCIAL HOUR (M) 3:30 SING-A-LONG (P) 6:00 PM EXERCISE (SR)6:30 MOVIE NIGHT
27 (R) 9:00 RELIGIOUS HOUR (P)10:00 AM MOVES (RM) 11:00 GOSPEL SING-A -LONG WITH MARGE (C) 1:30 BINGO BANGO (S) 2:30 CHOCOLATE CAKE SOCIAL (CS) 6:00 POKENO	(P) 10:30 BEANBAG TOSS (MS) 1:30 MUSIC AND DANCING WITH JANINE A. (S) 2:30 SOCIAL HOUR	(SM) 2:30 RESIDENT BIRTH- DAY PARTY (P) 6:00 EVENING MOVES	 (P) 10:00 YOGA STRETCH (C) 10:30 WORD GAMES (CR) 11:00 EASY LISTENING (SP) 1:30 SNOWBALL FIGHT (S) 2:30 SOCIAL HOUR (SM) 6:00 EVENING MOVES 		RESIDENTS BIRTHDAY'S: LILLIAN G. 1-3 PAUL P. 1-5	STAFF BIRTHDAY'S: RHODA S. 1-25 HAPPY BIRTHDAY

