

January 2019



Pacifica Memory Care		Controlling To 10		. SERVICIC EIVITYO		
Sunday 🕖	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:00 Morning socializing (SCR) 10:15 Garden Club (ORSC) 2:00 Stretch and Flex (PS) 3:00 Crafts (CSR) 7:00 Reminisce (SR)	9:15 Bridger student visits (RCS) 10:30 Piano music w/ Monty (MSR) 2:15 Bingo (SC) 3:30 Stretch and flex (PS) 7:00 Classical music (M)	9:00 Morning socializing (CSR) 9:30 Holy Communion (SCR) 10:30 Library book exchange (CS) 11:00 Men's salon/shave (RSL) 2:00 Walk and talk (MS)) 7:00 Reminisce (RS)	9:00 Morning socializing (CSR) 9:30 Exercise ball toss (PS) 10:30 Jewelry making (LCS) 2:00 Scenic Drive (RSO) 3:15 Singing group (RSM) 7:00 Evening walk (SOP)	10:30 Movie matinee (SR) 2:00 Walk and talk (OPS) 3:00 Manicures (LS) 7:00 Reminisce (RS) 2:00 Walk and talk (OPS)
2:00 Morning socializing (SCR) 2:30 Spiritual music (M) 0:30 Individual visits (SCR) 2:00 Classic movies (SR) 2:00 Life Stories (R)	9:00 Morning socializing (SCR) 10:00 Name 5 game (CS) 11:15 Reminisce (SCR) 2:00 Piano music w/ Bill (SMR) 3:00 Life stories (SCR)	9:00 Morning socializing (SCR) 10:00 Garden Club (ORSC) 2:00 Tone it up (SRP) 3:15 Name 5 game (SC) 7:00 Classic movies (SR) (MSR)	9:15 Bridger student visits (SCR) 10:00 Accordion music with Phil (SRM) 2:15 Bingo (CS) 3:30 Stretch and flex (PS) 7:00 Classical music (M)	9:00 Morning socializing (SRC) 10:30 Family Support Group 2:00 Piano music with Leilti (MS) 2:00 Staff meeting 7:00 Manicures (LPS)	11 8:30 Morning socializing (SCR) 9:30 Scenic drive (OPSR) 10:30 2:00 Cooking group (CSR) 3:00 Singing group (MS) 7:00 Puzzles (CS)	8:30 Good news (SR) 9:30 Manicures (LS) 10:30 Movie matinee (SR) 2:00 Manicures 3:30 Walk and talk (OPS) 7:00 Reminisce (RS)
9:00 Morning socializing (SCR) 9:30 Spiritual music (MSC) 10:00 Walk and talk (POS) 2:00 One to one time (CSR) 3:30 Manicures (LC) 7:00 Reminisce	9:00 Morning socializing (SCR) 9:30 Short stories (CSR) 10:30 Rosary in the chapel (RSC) 2:00 Stretch and flex (PS) 3:30 Walk and talk (OSR) 7:00 Board games (CS)	9:00 Morning socializing (SCR) 9:30 Reminisce stories (CSR) 10:15 Garden club (OCPS) 2:00 Live guitar with Will (SMR) 3:15 Tone it up (PS) 7:00 Classical music (MS)	9:15 Bridger student visits (RCS) 10:30 Folding towels (LR) 2:00 Rainy Day Tea Social (SR) 3:30 Stretch and flex (PS) 7:00 Life stories (RS)	9:00 Morning socializing (SCR) 10:30 Scenic drive (ORS) 2:00 Piano music with Leilti (MS) 3:00 Men's group (RS) 7:00 Reminisce (RS)	9:00 Morning socializing (SCR) 9:30 Art & crafts (PSC) 10:30 Finish the phrase game (CSR) 2:00 Folding towels (LSR) 7:00 Classic movie night (SR)	9:00 Morning socializing 10:30 Movie matinee (SR) 2:00 Walk and talk (OPS) 3:00 Manicures (LS) 7:00 Reminisce (RS)
20 9:00 Morning socializing (SCR) 9:30 Spiritual music (M) 10:00 Puzzle Time with kids (CS) 2:00 Movie matinee (SR) 3:30 Puzzles and games (SC) 7:00 Life Stories (R)	21 Dr. Martin Luther King Day 9:00 Morning socializing (SRC) 9:30 Finish the phrase game (CSR) 10:30 Remembering Dr. King (RCS) 2:00 Short stories (SCR) 4:00 Therapy dog Zita's visit	9:00 Morning socializing (SCR) 9:30 Individual visits (SRC) 10:15 Garden club (OCPS) 3:15 Tone it up (PS) 7:00 Classic movie night (SRC)	9:15 Bridger student visits (RCS) 10:30 Sorting silverware (LSRC) 2:15 Bingo (SC) 3:30 Stretch and flex (PS) 7:00 Life stories (CSR)	9:00 Morning socializing (CSR) 9:30 Short stories (SCR) 10:15 Garden Club (OCPS) 2:00 Piano Music with Leilti (MS) 3:00 Sit and be fit (PS) 7:00 Puzzles and games CS)	9:00 Morning socializing (SRC) 9:30 Outdoor fun (OPS) 11;00 Mass (CS) 2:00 Birthday party (SR) 3:15 Exercise ball toss (PS) 7:00 Manicures (LSP)	26 8:30 Morning socializing (CS 10:30 Walk and talk (SOP) 2:00 Reminisce (CRS) 3:30 Movie matinee (SR) 7:00 Life Stories (RS)
9:00 Morning socializing (SCR) 9:30 Ball toss (PS) 10:00 Individual visits (SCR) 2:00 Movie matinee (RS) 3:30 Puzzles and games (CSR) 7:00 Manicure Spa (LS)	9:00 Morning Socializing (SCR) 9:45 Walk and talk (OSPR) 10:30 Music with Gabriel (RSMC) 2:00 Stretch and flex (PS) 3:00 Classic movie night (SR)	9:00 Morning socializing (SCR) 9:30 Walk and talk (SPOR) 10:15 Garden Club (OCPS) 2:00 Tone it up (PS) 3:30 Salon makeovers (SRL) 7:00 Games (CS)	9:15 Bridger student visits (RCS) 10:30 Sorting silverware (LSRC) 2:15 Bingo (SC) 3:30 Stretch and flex (PS) 7:00 Classic movies (RS)	9:00 Morning socializing (CSR) 9:30 Short stories (SCR) 10:15 Garden Club (OCPS) 2:00 Piano Music with Leilti (MS) 3:00 Sit and be fit (PS) 7:00 Puzzles and games CS)	Activities are subject to change based on the needs of our residents	Outside walks are offered daily; weather permitting