Vista West

January

SCOTTSDALE VILLAGE SQUARE
A Pacifica Senior Living Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Coffee Talk & Exercises 9:30 Music & Coloring 10:00 Sensory One-on-Ones 11:00 Trivia 11:30 Lunch Set Up 1:30 Craft Class 2:00 Sing-A-Long 2:30 Sensory One-on-Ones	**2** 9:00 Coffee Talk & Exercises 9:30 Walks 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:00 Themed Class 1:30 Board Games 2:00 Book Club 2:30 Moderate One-on-Ones	**3** 9:00 Coffee Talk & Trivia 9:30 Dance Class, MDR 9:40 Dog Visits 10:30 Ball Games 11:00 Trivia 11:30 Lunch Set Up 1:00 Bingo 1:30 Gardening 2:00 Walks 3:00 Sensory One-on-Ones	**4** 9:00 Mary Jo Music, MDR 10:00 Coffee Talk & Exercise 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:00 Coloring & Music 1:30 Walks 2:00 Jewelry Making 2:30 Moderate One-on-Ones	**5** 9:00 Coffee Talk & Exercises 9:30 Walks 10:00 Sensory One-on-Ones 11:00 Ball Games 11:30 Lunch Set Up 1:00 Book Club 1:30 Sing-A-Long 2:00 Bingo 2:30 Moderate One-on-Ones
6 9:00 Coffee Talk & Exercises 9:30 Walks 10:00 Catholic Service, MDR 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:30 Bus Adventure 2:00 Protestant Service, MDR	**7** 9:00 Men's Group 10:00 Music Therapy 11:00 Sensory One-on-Ones 11:30 Lunch Set Up 1:00 Gardening 1:30 Music With Carlos 2:00 Manicures 2:45 Ball Games 3:00 Sensory One-on-Ones	**8** 9:00 Coffee Talk & Exercises 9:30 Music & Coloring 10:00 Jubilee Choir, MDR 11:00 Trivia 11:30 Lunch Set Up 1:00 Bingo 1:30 Craft Class 2:00 Sing-A-Long 2:30 Sensory One-on-Ones	**9** 9:00 Coffee Talk & Exercises 9:30 Walks 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:00 Themed Class 1:30 Board Games 2:00 Book Club 2:30 Resident Council, VV	**10** 9:00 Coffee Talk & Trivia 9:30 Dance Class, MDR 9:40 Dog Visits 10:30 Ball Games 11:00 Trivia 11:30 Lunch Set Up 1:00 Bingo 1:30 Gardening 2:00 Walks 3:00 Sensory One-on-Ones	**11** 9:00 Mary Jo Music, MDR 10:00 Artsy Smartsy, KMDR 11:30 Lunch Set Up 1:00 Coloring & Music 1:30 Walks 2:00 Jewelry Making 2:30 Moderate One-on-Ones	**12** 9:00 Coffee Talk & Exercises 9:30 Walks 10:00 Sensory One-on-Ones 11:00 Ball Games 11:30 Lunch Set Up 1:00 Book Club 1:30 Sing-A-Long 2:00 Bingo 2:30 Moderate One-on-Ones
13 9:00 Coffee Talk & Exercises 9:30 Walks 10:00 Catholic Service, MDR 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:30 Bus Adventure 2:00 Protestant Service, MDR	**14** 9:00 Men's Group 9:30 Walks 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:00 Gardening 1:30 Music with Gladys 2:00 Manicures 2:45 Ball Games 3:00 Sensory One-on-Ones	**15** 9:00 Coffee Talk & Exercises 9:30 Music & Coloring 10:00 Sensory One-on-Ones 11:00 Trivia 11:30 Lunch Set Up 1:30 Craft Class 2:00 Sing-A-Long 2:30 Sensory One-on-Ones	**16** 9:00 Coffee Talk & Exercises 9:30 Walks 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:00 Themed Class 1:30 Board Games 2:00 Book Club 2:30 Moderate One-on-Ones	**17** 9:00 Coffee Talk & Trivia 9:30 Dance Class, MDR 9:40 Dog Visits 10:30 Ball Games 11:00 Trivia 11:30 Lunch Set Up 1:00 Bingo 1:30 Gardening 2:00 Walks 3:00 Sensory One-on-Ones	**18** 9:00 Mary Jo Music, MDR 10:00 Coffee Talk & Exercise 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:00 Coloring & Music 1:30 Walks 2:00 Jewelry Making 2:30 Moderate One-on-Ones	**19** 9:00 Coffee Talk & Exercises 9:30 Christian Music, MDR 10:00 Sensory One-on-Ones 11:00 Ball Games 11:30 Lunch Set Up 1:00 Book Club 1:30 Sing-A-Long 2:00 Bingo 2:30 Moderate One-on-Ones
20 9:00 Coffee Talk & Exercises 9:30 Walks 10:00 Catholic Service, MDR 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:30 Bus Adventure 2:00 Protestant Service, MDR	**21** 9:00 Men's Group 9:30 Walks 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:00 Gardening 1:30 Music with Carlos 2:00 Manicures 2:45 Ball Games 3:00 Sensory One-on-Ones	**22** 9:00 Coffee Talk & Exercises 9:30 Music & Coloring 10:00 Sensory One-on-Ones 11:00 Trivia 11:30 Lunch Set Up 1:30 Craft Class 2:00 Sing-A-Long 2:30 Sensory One-on-Ones	**23** 9:00 Coffee Talk & Exercises 9:30 Walks 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:00 Themed Class 1:30 Board Games 2:00 Book Club 2:30 Moderate One-on-Ones	**24** 9:00 Coffee Talk & Trivia 9:30 Dance Class, MDR 9:40 Dog Visits 10:30 Ball Games 11:00 Trivia 11:30 Lunch Set Up 1:00 Bingo 1:30 Gardening 2:00 Walks 3:00 Sensory One-on-Ones	**25** 9:00 Mary Jo Music, MDR 10:00 Coffee Talk & Exercise 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:00 Coloring & Music 1:30 Walks 2:00 Jewelry Making 2:00 Library on Wheels 2:30 Moderate One-on-Ones	**26** 9:00 Coffee Talk & Exercises 9:30 Walks 10:00 Sensory One-on-Ones 11:00 Ball Games 11:30 Lunch Set Up 1:00 Book Club 1:30 Sing-A-Long 2:00 Bingo 2:30 Moderate One-on-Ones
27 9:00 Coffee Talk & Exercises 9:30 Walks 10:00 Catholic Service, MDR 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:30 Bus Adventure 2:00 Protestant Service, MDR	**28** 9:00 Men's Group 9:30 Walks 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:00 Gardening 1:30 Music with Gladys & Birthday Party 2:00 Manicures 2:45 Ball Games 3:00 Sensory One-on-Ones	**29** 9:00 Coffee Talk & Exercises 9:30 Music & Coloring 10:00 Sensory One-on-Ones 11:00 Trivia 11:30 Lunch Set Up 1:30 Craft Class 2:00 Sing-A-Long 2:30 Sensory One-on-Ones	**30** 9:00 Coffee Talk & Exercises 9:30 Walks 10:30 Sensory One-on-Ones 11:30 Lunch Set Up 1:00 Moderate One-on-Ones 1:30 Board Games 2:00 Book Club 2:30 Moderate One-on-Ones	**31** 9:00 Coffee Talk & Trivia 9:30 Dance Class, MDR 9:40 Dog Visits 10:30 Ball Games 11:00 Trivia 11:30 Lunch Set Up 1:00 Bingo 1:30 Gardening 2:00 Walks 3:00 Sensory One-on-Ones		