



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Outings Some outings have a fee. Please let me know if you would like your loved one to participate. Friends and family welcome to join!	Meal Times Breakfast 7:30—9:00 Lunch 11:30—1:00 Dinner 4:30—6:00	1 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 JOY RIDE 3:00 SOCIAL HOUR	2 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 SITTERSIZE 3:00 SOCIAL HOUR	3 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 1:30 RICKY EXERCISE 3:00 HYDRATION/SOCIAL HOUR	4 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 ARTS 3:00 SOCIAL HOUR	5 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 GAMES 3:00 SOCIAL HOUR
6 9:30 DANCE PARTY 10:00 SPIRITUAL MEET 12:00 MOVIE & RELAX 2:00 BOWLING 3:00 SOCIAL HOUR	7 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 WEIGHTERSIZE 3:00 SOCIAL HOUR	8 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 JOY RIDE 3:00 SOCIAL HOUR	9 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 BALLOON FUN 3:00 SOCIAL HOUR	10 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 1:30 RICKY EXERCISE 3:00 YOUR SONG	11 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 BALL TOSS 3:00 SOCIAL HOUR	12 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 BALL TOSS 3:00 SOCIAL HOUR
13 9:30 DANCE PARTY 10:00 SPIRITUAL MEET 12:00 MOVIE & RELAX 2:00 HAND MASSAGES 3:00 SOCIAL HOUR	14 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 COOKING PROJECT 3:00 SOCIAL HOUR	15 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 JOY RIDE 3:00 SOCIAL HOUR	16 930 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 BOWLING 3:00 SOCIAL HOUR	17 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 1:30 RICKY EXERCISE 3:00 HYDRATION/SOCIAL HOUR	18 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 BEAN BAG TOSS 3:00 SOCIAL HOUR	19 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 GAMES 3:00 SOCIAL HOUR
20 9:30 DANCE PARTY 10:00 SPIRITUAL MEET 12:00 MOVIE & RELAX 2:00 BALL TOSS 3:00 SOCIAL HOUR	21 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 BOWLING 3:00 SOCIAL HOUR	22 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 JOY RIDE 3:00 SOCIAL HOUR	23 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 ARTS 3:00 SOCIAL HOUR	24 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 1:30 RICKY EXERCISE 3:00 YOUR SONG	25 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 COOKING FUN 3:00 SOCIAL HOUR	26 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 BALL TOSS 3:00 SOCIAL HOUR
27 9:30 DANCE PARTY 10:00 SPIRITUAL MEET 12:00 MOVIE & RELAX 2:00 PARACHUTE FUN 3:00 SOCIAL HOUR	28 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 WEIGHTERSIZE 3:00 SOCIAL HOUR	29 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 JOY RIDE 3:00 SOCIAL HOUR	30 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 2:00 COOKING FUN 3:00 SOCIAL HOUR	31 9:30 DANCE PARTY 10:00 HYDRATION 12:00 MOVIE & RELAX 1:30 RICKY EXERCISE 3:00 HYDRATION/SOCIAL HOUR		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Outings Some outings have a fee. Please let me know if you would like your loved one to participate. Friends and family welcome to join!	<ul style="list-style-type: none"> Gallery Community Room Living Room Library Outing 	1 10:30 Outing: Lunch 2:00 Father Duncan & Room Visits 3:00 Rosary 3:30 Dancersize with Ricky	2 10:30 Movie Matinee 1:30 Exercise: Balance 2:00 Reminisce: Recipes 3:00 Fireside Gathering 3:30 Social Hour: Ladies Afternoon	3 10:30 Movie Matinee 1:30 National Chocolate Covered Cherry Day 1:30 Pamper Yourself 2:00 Healthy Culinary Class 3:00 Social Hour: Bar Bingo	4 10:30 Outing: International Folk Art Museum 11:00 Communion 1:00 Exercise: Stretching 2:00 Fine Art Friday 3:30 Social Hour: Hot Chocolate	5 10:30 Exercise: Strength 1:30 Bingo 2:00 Monopoly Game Day 3:00 Social Hour: Root Beer Floats
6 10:30 Exercise: Yoga 1:30 Sunday Sundaes 3:00 Social Hour: Hot Chocolate 4:00 Teaching	7 10:30 Coffee and Chatter 3:00 Social Hour: Men's Club 6:00 Monday Night Movie	8 10:30 Outing: Shopping 2:00 Room Visits 3:00 Rosary 3:30 Dancersize with Ricky	9 10:30 Movie Matinee 1:30 Exercise: Balance 2:00 Reminisce: Recipes 3:00 Fireside Gathering 3:30 Social Hour: Ladies Afternoon	10 10:30 Movie Matinee 1:30 Elvis's Birthday Celebration Week 1:30 Pamper Yourself 2:00 Healthy Culinary Class 3:00 Social Hour: Bar Bingo	11 9:00 Basketball with Tommy 10:30 Outing: Coffee & Tea 11:00 Communion 2:00 Fine Art Friday 4:30 - 6:00 Spicy Days and Salsa Nights	12 10:30 Exercise: Strength 1:30 Bingo 2:00 National Hot Tea Day 3:00 Social Hour: Root Beer Floats
13 10:30 Exercise: Yoga 1:30 Pampering with Edna 3:00 Social Hour: Hot Chocolate 4:00 Teaching	14 10:30 Coffee and Chatter 3:00 Social Hour: Men's Club 6:00 Monday Night Movie	15 10:30 Outing: Museum of Indian Art and Culture 2:00 Father Duncan & Room Visits 3:00 Rosary 3:30 Dancersize with Ricky	16 10:30 Movie Matinee 1:30 Exercise: Balance 2:00 Reminisce: Recipes 3:00 Fireside Gathering 3:30 Social Hour: Ladies Afternoon	17 10:30 Bowling with Daniel 1:30 National Mocktail Week 1:30 Pamper Yourself 2:00 Healthy Culinary Class 3:00 Social Hour: Bar Bingo	18 10:30 Outing: Scenic Drive 11:00 Communion 1:00 Exercise: Stretching 2:00 Fine Art Friday 3:30 Social Hour: Hot Chocolate	19 10:30 Exercise: Strength 1:30 Bingo 2:00 Popcorn Day 3:00 Social Hour: Root Beer Floats
20 10:30 Exercise: Yoga 1:30 National Cheese Lovers Day 3:00 Social Hour: Hot Chocolate 4:00 Teaching	21 10:30 Coffee and Chatter 3:00 Social Hour: Men's Club 6:00 Monday Night Movie	22 10:30 Outing: Shopping 2:00 Room Visits 3:00 Rosary 3:30 Dancersize with Ricky	23 10:30 Movie Matinee 1:30 Exercise: Balance 2:00 Reminisce: Recipes 3:00 Fireside Gathering 3:30 Social Hour: Ladies Afternoon	24 10:30 Movie Matinee 1:30 National Peanut Butter Day 1:30 Pamper Yourself 2:00 Healthy Culinary Class 3:00 Social Hour: Bar Bingo	25 10:30 Outing: Cathedral Basilica of St. Francis 11:00 Communion 1:00 Exercise: Stretching 2:00 Fine Art Friday 3:30 Social Hour: Hot Chocolate	26 10:30 Exercise: Strength 1:30 Bingo 2:00 National Peanut Brittle Day 3:00 Social Hour: Root Beer Floats
27 10:30 Exercise: Yoga 1:30 National Geographic Day 3:00 Social Hour: Hot Chocolate 4:00 Teaching	28 10:30 Coffee and Chatter 3:00 Social Hour: Men's Club 6:00 Monday Night Movie	29 10:30 Outing: Lunch with Seferina 2:00 Room Visits 3:00 Rosary 3:30 Dancersize with Ricky	30 10:30 Movie Matinee 1:30 Exercise: Balance 2:00 Reminisce: Recipes 3:00 Fireside Gathering 3:30 Social Hour: Ladies Afternoon	31 10:30 Movie Matinee 1:30 Inspire Your Heart with Art Day 1:30 Pamper Yourself 2:00 Healthy Culinary Class 3:00 Social Hour: Bar Bingo		Meal Times Breakfast 7:30—9:00 Lunch 11:30—1:00 Dinner 4:30—6:00