

Cottonwood Court would like to wish
our residents a Happy Birthday!



Elgee R.—December 9th
Rollie R.—December 15th
Marilyn E. & Nell P.—December 22nd
Monty M.—December 30th

Our December Memories In Compass Rose



Alzheimer Support Group

December 26, 2018 Wednesday 6:00 p.m.
Namaste Room
Memory Care Building

January 2019



This Month

Sunday
Morning Worship

Monday
Joyful Songs
Scenic Drive

Tuesday
Art Studio
Karaoke
Happy Hour

Wednesday
Bingo
Pet Therapy

Thursday
Double Bingo
Nature Walk

Special Events

Friday
Arm Chair Travels
Bowling

Saturday
Movie Matinee
Table Games

January 1
New Year's
Celebration

January 8
Elvis Presley
Celebration

January 17
Popeye Day

Cottonwood Court Senior Living

7468 N Millbrook Ave., Fresno, 93720
(559) 446-1266



January 2019

COMPASS ROSE LIFESTYLE CALENDAR

"To read a poem in January is as lovely as to go for a walk in June."
- Jean-Paul Sartre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Compass Rose Lifestyle Director: Krystle Rodriguez	All Activities are Subject to Change	1 Happy New Year! 9:15 New Year Resolutions 10:00 Donut Social 10:30 Karaoke 1:15 Art Studio 2:30 New Years Celebration w/Jan Bevil	2 9:15 Kitchen Creations 10:00 Munch Brunch 10:30 Bowling 1:30 Let's Stretch 2:15 Goodie Snack 3:00 Bingo	3 9:15 Double Bingo 9:45 Munch Brunch 10:30 Brain Teaser's 1:30 Pet Therapy 2:00 Afternoon Stretch 2:00 Nature Walk 2:45 Goodie Snack 3:15 Double Bingo	4 9:15 Let's Move 10:00 Munch Brunch 10:45 Bowling 1:15 Arm Chair Travels 2:15 Ice Cream Social 3:00 Bingo 4:00 Current Events	5 9:15 Lets Move 10:00 Munch Brunch 10:30 Cranium Crunches 1:15 Movie Matinee 1:30 Table Games 2:15 Goodie Snack 3:00 Bingo
6 Apple Tree Day! 9:15 Morning Worship 10:00 Catholic Communion 10:00 Munch Brunch 10:45 Brain Teaser's 1:15 Pretty Nails 2:30 Goodie Snack 3:10 Bingo	7 9:15 Balloon Swat 10:00 Scenic Drive 10:15 Munch Brunch 10:45 Reminisce 1:15 Joyful Songs 2:30 Goodie Snack 3:10 Bingo	8 Elvis Presley Birthday! 9:15 Let's Move 10:00 Munch Brunch 10:30 Karaoke Town Square Lunch KFC 1:15 Art Studio 2:30 Happy Hour w/J.T&Sarah	9 9:15 Cranium Crunches 10:00 Munch Brunch 10:30 Bowling 1:30 Pet Therapy 2:15 Goodie Snack 3:00 Bingo	10 9:15 Double Bingo 9:45 Munch Brunch 10:30 Brain Teaser's 1:30 Pet Therapy 2:00 Afternoon Stretch 2:00 Nature Walk 2:45 Goodie Snack 3:15 Double Bingo	11 9:15 Let's Move 10:00 Munch Brunch 10:45 Bowling 1:15 Arm Chair Travels 2:15 Ice Cream Social 3:00 Bingo 4:00 Current Events	12 9:15 Let's Move 10:00 Munch Brunch 10:30 Riddle Me That 1:15 Movie Matinee 1:30 Table Games 2:15 Goodie Snack 2:30 Afternoon Praise 3:00 Bingo
13 Happy Birthday Dolores R.! 9:15 Morning Worship 10:00 Catholic Communion 10:00 Munch Brunch 10:45 Brain Teaser's 1:15 Pretty Nails 2:30 Goodie Snack 3:10 Bingo	14 9:15 Balloon Swat 10:00 Scenic Drive 10:15 Munch Brunch 10:45 Reminisce 1:15 Joyful Songs 2:30 Goodie Snack 3:10 Bingo	15 Strawberry Ice Cream Day! 9:15 Let's Move 10:00 Munch Brunch 10:30 Karaoke 1:15 Art Studio 2:30 Happy Hour w/Susie Spadier	16 9:15 Kitchen Creations 10:00 Munch Brunch 10:30 Bowling 1:30 Pet Therapy 2:15 Goodie Snack 3:00 Bingo	17 Popeye Day! 9:15 Double Bingo 9:45 Munch Brunch 10:30 Popeye Social 1:30 Pet Therapy 2:00 Afternoon Stretch 2:00 Nature Walk 2:45 Goodie Snack	18 9:15 Let's Move 10:00 Munch Brunch 10:45 Bowling 1:15 Arm Chair Travels 2:15 Ice Cream Social 3:00 Bingo 4:00 Current Events	19 9:15 Let's Move 10:00 Munch Brunch 10:30 Name That Tune 1:15 Movie Matinee 1:30 Table Games 2:15 Goodie Snack 3:00 Bingo
20 9:15 Morning Worship 10:00 Catholic Communion 10:00 Munch Brunch 10:45 Brain Teaser's 1:15 Pretty Nails 2:30 Goodie Snack 3:10 Bingo	21 Happy Birthday Herman S.! 9:15 Balloon Swat 10:00 Scenic Drive 10:15 Munch Brunch 10:45 Reminisce 1:15 Joyful Songs 2:30 Goodie Snack 3:10 Bingo	22 9:15 Let's Move 10:00 Munch Brunch 10:30 Karaoke Town Square Lunch Pizza 1:15 Art Studio 2:30 Happy Hour w/Rich Jackson	23 Happy Birthday Marian M.! 9:15 Cranium Crunches 10:00 Munch Brunch 10:30 Bowling 1:30 Pet Therapy 2:15 Goodie Snack 3:00 Bingo	24 9:15 Double Bingo 9:45 Munch Brunch 10:30 Brain Teaser's 1:30 Pet Therapy 2:00 Afternoon Stretch 2:00 Nature Walk 2:45 Goodie Snack 3:15 Double Bingo	25 9:15 Let's Move 10:00 Munch Brunch 10:45 Bowling 1:15 Arm Chair Travels 2:15 Ice Cream Social 3:00 Bingo 4:00 Current Events	26 9:15 Let's Move 10:00 Munch Brunch 10:30 Riddle Me That 1:15 Movie Matinee 1:30 Table Games 2:15 Goodie Snack 3:00 Bingo
27 9:15 Morning Worship 10:00 Catholic Communion 10:00 Munch Brunch 10:45 Brain Teaser's 1:15 Pretty Nails 2:30 Goodie Snack 3:10 Bingo	28 9:15 Balloon Swat 10:00 Scenic Drive 10:15 Munch Brunch 10:45 Reminisce 1:15 Joyful Songs 2:30 Goodie Snack 3:10 Bingo	29 National Puzzle Day! 9:15 Let's Move 10:00 Munch Brunch 10:30 Karaoke 1:15 Art Studio 2:30 Happy Hour w/Richie Blue	30 9:15 Kitchen Creations 10:00 Munch Brunch 10:30 Bowling 1:30 Pet Therapy 2:15 Goodie Snack 3:00 Bingo	31 9:15 Double Bingo 9:45 Munch Brunch 10:30 Brain Teaser's 1:30 Pet Therapy 2:00 Afternoon Stretch 2:00 Nature Walk 2:45 Goodie Snack 3:15 Double Bingo	28 9:15 Let's Move 10:00 Munch Brunch 10:45 Bowling 1:15 Arm Chair Travels 2:15 Ice Cream Social 3:00 Bingo 4:00 Current Events	29 9:15 Let's Move 10:00 Munch Brunch 10:30 Name That Tune 1:15 Movie Matinee 1:30 Table Games 2:15 Goodie Snack 3:00 Bingo