

Pacifica Tidings



PACIFICA
SENIOR LIVING

ELLENSBURG
Independent Living
Assisted Living • Memory Care

January 2019



A Note from the Executive Director

Happy New Year and welcome to January. Pacifica Ellensburg has had a great fun filled year in 2018 that we look forward to bringing in the new year. We have lots to be thankful for and 1 is that we are done with our construction work! How many others agree?! I just want to say thank you to all the staff and residents as I could not do this without any of you. May your days be full of blessings and may you and your families have a wonderful start to a brand new year. I wish you all great health and blessings.

~~ Angelena



Who am I?



Welcome to Our Community

William Porter III

Peggy Krahenbuhl

Etta Sonntag

Activities & Special Events



Martin Luther King Jr .
Honorary Breakfast
Monday, January 21.

Happy New Year

Health & Fitness by

There are plenty of Winter activities for seniors to keep you busy, healthy, and in high spirits during shorter days and poor weather conditions. We can enjoy active lifestyle, even when winter weather won't cooperate!

1. Music is the perfect way to brighten spirits, despite the dreary weather conditions in the winter. Let's remember to join in with singing on Tuesday afternoons @2:00 pm with Ruth. The 3rd Thursday of each month @ 2:00 pm with the Fiddlers and even a televised concert hour.
2. Let's remember that a trip to the Salon can improve spirits and self-esteem! A day of pampering is just steps away—Brenda the Hairstylist on the 2nd floor here at Pacific would love to cut, perm, wash and style, and even shave faces for men.
3. It's all fun and games any time of the year, not just winter! Games like puzzles, dominoes, cards, and more are the idea activities for those cold winter days. Watching Jeopardy on television has good cognitive benefits, too.
4. Creative crafts like card making with our friend Jean who comes Tuesday afternoons @ 3:00pm is a lot of fun!
5. Shopping on Wednesday morning @10:00 am.

Birthdays

January brings us Birthday

***Birthday Party
Thursday, Jan 31***

Leroy Heppard 1/9

Dale Childress 1/18

Nina Livengood 1/20

Dorothy Powell 1/24

Spiritual Activities

MONDAY ~ 9:30

Bible study with Jean in the Media Room

TUESDAY ~ 9:15

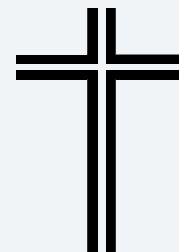
Communion ~ Catholic Faith Fireside Room

WEDNESDAY ~ 3:00

Calvary Baptist Service
Enjoy an uplifting service and singing. Dining Room

1st WEDNESDAY ~ 9:00

St. Andrews Mass
Media Room



**Sunday
Mornings
Spiritual
Hour at 11AM
with Terri**

Who Am I? (answer)

Joann Fisher



I was born in Walla Walla, Wa in 1934. A place that is known as the "Many Waters." I got married at the age of 19 years old to an Airforce Military Soldier. After 7 years of marriage, we had our first child (boy) following 4 years later with our second child (daughter). I was a stay home mom and worked at a school overseeing first to third graders on the playground. My husband and I loved to fish for salmon in the rivers and ocean. In addition, we enjoyed mushroom picking at Blewett Pass. We were married for 64 years. I moved to Pacifica in July 2017. I enjoy living in my nice, quiet, and clean apartment here at Pacifica.

Management Team

Angelena Bishop

Executive Director

Brian Jones

Sales Director

Alex Stevenson

Resident Care Director

Sharon Buettner

Resident Care Coordinator

Jacob Butler

Business Office Manager

Tim Ryan

Maintenance Director

Faly Nevarez

Dining Service Manager

Terri Wells

Activity Director

Lauren Melcher

Concierge



Our Mission

*Privately owned, Pacifica Senior Living
strives to create a lifestyle of
independence and peace of mind
for each individual and their family.*

*We do what we love and
what we truly believe in –
providing compassionate, personalized
care services with dignity and respect.*

*Our dedicated, professional team supports
each resident and goes above and beyond
to help them feel at home.*



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Welcome Home!