


# Janurary 2019 Assisted Living Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		HAPPY NEW YEAR HAPPY BIRTHDAY- Betty Nickoloff & Mabel Silva 9:30 TV Morning New (AR) 10:00 Work Out with Vana 10:30 Morning Walk (L) 11:00 Story Wise (B) 2:00 -6:00 New Years Day Fun City Casino Co. (A) 7:15 Evening Movie (AR)	9:30 News & Views (B) 10:00 Rise & Shine Exercise (A) 10:00 World Geography Trivia (B) 10:00 Wheel Chair, Walker Repair (AR) 11:00 Lunch Outing- Betto's Italian (L) 12:30 You Be the Judge (B) 1:00 Game Time! (AR) 2:00 Bingo (AR) 3:30 Happy Hour (AR) 7:15 Evening Movie (AR)	HAPPY BIRTHDAY- Yetta Zeff 9:30 News & Views (AR) 10:00 Work Out with Vana (AR) 11:00 Morning Walk (L) 11:30 Reminiscing the 40's (B) 2:00 Matinee Movie (AR) 3:30 Wii Bowl with Renae (AR) 7:15 Evening Movie (AR)	HAPPY BIRTHDAY- Novelle Tucker 9:30 News & Views (B) 10:00 Focus Fitness (AR) 10:00 Parcheesi Game Time (LB) 11:30 New Year's Resolutions (B) 12:30 The Ol' Frontier (B) 2:00 Cookies & Chat (B) 2:00 Yoga with Linda (AR) 3:30 Wii Bowl with Renae (AR) 7:15 Evening Movie (AR)	9:30 News & Views (AR) 10:00 Work Out with Renae (AR) 11:00 TV Trivia Games (B) 12:30 Chat Pack (B) 1:00 Rummy Cubes (AR) 2:00 Bingo (AR) 3:30 Happy Hour (AR) 7:15 Evening Movie (AR)
	6	7	8	9	10	11
8:30 Church Run (L) 9:30 TV Morning News (AR) 10:00 Rise & Shine Exercise (AR) 11:00 Puzzle Pack (FD) 2:00 Center Stage Opera (A) 3:30 Happy Hour (AR) 7:15 Evening Movie (AR)	9:30 TV Morning News (AR) 10:30 Broadway Babes Chair Tap (AR) 11:30 Brain Game (B) 2:00 Afternoon Smoothies (B) 2:00 The Adventures of Doug (AR) 3:30 Blackjack Time (SR) 3:00 Bible Sharing Circle (A) 4:00 -6:00 Sing-along with Frolin (B) 7:15 Evening Movie (AR)	HAPPY BIRTHDAY- Delbert Jacobsen 9:30 News & Views (B) 10:00 Work Out with Vana (AR) 11:00 Morning Walk (L) 11:30 Name that Song & Discussion (B) 12:30 You Be the Judge (B) 1:00 Fun Card Game (AR) 2:00 Town Hall Mtg. (A)	9:30 News & Views (B) 10:00 Rise & Shine Exercise (A) 10:00 World Geography Trivia (B) 11:00 Lunch Outing- Salsa & Beer (L) 12:00 Podiatrist (BS) 1:00 Game Time! (AR) 2:00 Bingo (AR) 3:30 Happy Hour (AR) 7:15 Evening Movie (AR)	9:30 News & Views (AR) 10:00 Work Out with Vana (AR) 11:00 Morning Walk (L) 11:30 Story Wise Time (B) 12:45 Domino's with Renae (AR) 2:00 Watercolors with Yaffa (AR) 2:00 Hand Massage (B) 3:30 Activity Mtg. (A) 7:15 Evening Movie (AR)	HAPPY BIRTHDAY- Rosemond Goodman 9:30 News & Views (B) 10:00 Focus Fitness (AR) 10:00 Parcheesi Game Time (LB) 11:30 New Year's Resolutions (B) 12:30 The Ol' Frontier (B) 2:00 Cookies & Chat (B) 2:00 Yoga with Linda (AR) 3:30 Wii Bowl with Renae (AR)	HAPPY BIRTHDAY- Mike Brown & Thelma Alkama 9:30 News & Views (AR) 10:00 Work Out with Renae (AR) 11:00 TV Trivia Games (B) 12:30 Chat Pack (B) 1:00 Rummy Cubes (AR) 2:00 Matinee Movie (AR) 2:00 Bingo (A) 3:30 Happy Hour (AR) 7:15 Evening Movie (AR)
13	14	15	16	17	18	19
8:30 Church Run 9:30 TV Morning News (AR) 10:00 Rise & Shine Exercise (AR) 11:00 Puzzle Pack (FD) 2:00 Center Stage Opera (A) 3:30 Happy Hour (AR) 7:15 Evening Movie (AR)	9:30 TV Morning News (AR) 10:30 Broadway Chair Tap (AR) 11:30 Brain Game (B) 2:00 Matinee Movie (AR) 2:00 Afternoon Smoothies (B) 3:00 Poker Time (SR) 3:00 Bible Sharing Circle (A) 4:00 -6:00 Sing- along with Frolin (B) 7:15 Evening Movie (AR)	HAPPY BIRTHDAY- Gertrude Schmitt 9:30 News & Views (B) 10:00 Work Out with Vana (AR) 11:00 Morning Walk (L) 11:30 Sing-Along with Me! (B) 12:30 You Be the Judge (B) 1:00 Fun Card Game (AR) 2:00 Wii Bowl with Renae (AR) 3:30 Resident Council Mtg. (AR)	HAPPY BIRTHDAY- Ann Lisa Magid & Phyllis Wills 9:30 News & Views (B) 10:00 Rise & Shine Exercise (A) 10:00 World Geography Trivia (B) 11:00 King's Fish House (L) 1:00 Game Time! (AR) 2:00 Bingo (AR) 3:30 Happy Hour (AR) 6:15 Family/Caregiver Support Group (A) 7:15 Evening Movie (AR)	HAPPY BIRTHDAY- Oliva Biggerstaff 9:30 News & Views (AR) 10:00 Work Out with Vana (AR) 11:00 Morning Walk (L) 11:30 Splish-Splash: Discussion of the Bath (B) 12:45 Domino's with Renae (AR) 2:00 Matinee Movie (AR) 2:00 Let's Play Cards (B) 3:30 ...Bacce' Ball (A)	HAPPY BIRTHDAY- Sylvia Marcus & Laura Pincus 9:30 News & Views (B) 10:00 Focus Fitness (AR) 10:00 Gardens of the World & Lunch Outing 10:00 Parcheesi Game Time (LB) 11:30 New Year's Resolutions (B) 12:30 The Ol' Frontier (B) 2:00 Cookies & Chat (B) 2:00 Yoga with Linda (AR)	9:30 News & Views (AR) 10:00 Work Out with Renae (AR) 11:00 TV Trivia Games (B) 12:30 Chat Pack (B) 1:00 Rummy Cubes (AR) 2:00 Matinee Movie (AR) 2:00 Bingo (A) 3:30 Happy Hour (AR) 7:15 Evening Movie (AR)
20	21	22	23	24	25	26
8:30 Church Run (L) 9:30 TV Morning News (AR) 10:00 Rise & Shine Exercise (AR) 11:00 Puzzle Pack (FD) 2:00 Center Stage Opera (A) 3:30 Happy Hour (AR) 7:15 Evening Movie (AR)	9:30 TV Morning News (AR) 10:30 Broadway Chair Tap (AR) 11:30 Brain Game (B) 2:00 Matinee Movie (AR) 2:00 Arthritis - What You Might Not Know with Daryl RN (AR) 3:00 Bible Sharing Circle (A) 3:30 Afternoon Smoothies (B) 4:00 -6:00 Sing-along with Frolin (B) 7:15 Evening Movie (AR)	9:30 News & Views (B) 10:00 Work Out with Vana (AR) 11:00 Morning Walk (L) 11:30 Sing-Along (B) 12:30 You Be the Judge (B) 1:00 Fun Card Game (AR) 2:00 Wii Bowl with Renae (AR) 3:30 Manicure & Chat (AR) 7:15 Evening Movie (AR)	9:30 News & Views (B) 10:00 Rise & Shine Exercise (A) 10:00 World Geography Trivia (B) 11:00 Pizza Cookery (L) 12:30 You Be the Judge (B) 1:00 Game Time! (AR) 2:00 Bingo (AR) 3:30 Happy Hour (AR) 7:15 Evening Movie (AR)	9:30 News & Views (AR) 10:00 Work Out with Vana (AR) 11:00 Morning Walk (L) 11:30 Cards (AR) 12:45 Domino's with Renae 2:00 Watercolor with Yaffa (AR) 2:00 Crafting Time (B) 3:30 ...Bacce' Ball (A) 7:15 Evening Movie (AR)	10:00 Focus Fitness (AR) 10:50 -11:20 Music with the Troopers (A) 11:30 New Year's Resolutions (B) 12:30 The Ol' Frontier (B) 2:00 Cookies & Chat (B) 2:00 Yoga with Linda (AR) 3:30 Wii Bowl with Renae (AR) 7:15 Evening Movie (AR)	9:30 News & Views (AR) 10:00 Work Out with Renae (AR) 10:00 -2:00 Resident 2nd Hand Shop (A) 11:00 TV Trivia Games (B) 12:30 Chat Pack (B) 1:00 Rummy Cubes (AR) 2:00 Matinee Movie (AR) 2:00 Bingo (A) 3:30 Happy Hour (AR)
27	28	29	30	31	All Activities are subject to change! Please sign up at the Front Desk for all Outings by 5pm the day before. Please note our appreciations for locations of special events and meetings.  (AR) Activity Rm. (LB) Library (A) Auditorium (B) Bistro (L) Lobby (FD) Front Desk (BS) Beauty Shop (P) Patio	
					