


January 2019

In The Moment – Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>The Homestead A Senior Living & Memory Care Community</p>	<p>365 West A Street Fallon, NV 89406 775-428-2428</p>	New Year's Day 1 8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 1:00 CE Coloring Creations 2:00 LL Book Club w/ CJ 3:00 AE Sing Along 6:00 LL Hot Coco or Tea Club	2 8:30 CC Morning Social 10:00 CC Bowling w/ Friends 11:00 LL Manicures 2:30 PE Silver Sneakers (Walking Club) 3:00 CC Wags And Wiggles 3:30 CC Busy Hands 5:00 LL Movie w/ Popcorn	3 8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 PE Talk and Toss 6:00 CC Book Club	4 8:30 CC Morning Social 10:00 CE Current Events 10:30 CC Get To know Me 11:00 CC Sing Along 2:00 AE Music Happy Hour w/ Joe 3:00 PE Talk and Toss 3:30 LL Busy Hands 6:00 CC Movie W/ Friends	5 11:00 LL Beauty Parlor (Hair & Nails) 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 LL Busy Hands 5:00 LL Movie w/ Popcorn 6:00 CC Book Club
6 11:00 CC Sing Along 1:00 CC Talk and Toss 2:30 PE Silver Sneakers (Walking Club) 3:00 SS Church Services 6:00 CC Book Club	7 8:30 CC Morning Social 10:00 CC Talk and Toss 11:00 CC Movie and Popcorn 1:30 AE Arts and Crafts 2:30 PE Silver Sneakers (Walking Club) 2:30 AE Sing Along w/ Joe 3:00 LL Busy Bees 6:00 CE Book Club	8 8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 1:00 CE Coloring Creations 2:00 LL Book Club w/ Diane 3:00 AE Sing Along 6:00 LL Hot Coco or Tea Club	9 8:30 CC Morning Social 10:00 CC Bowling w/ Friends 11:00 LL Manicures 2:30 PE Silver Sneakers (Walking Club) 3:00 CC Wags And Wiggles 3:30 CC Busy Hands 5:00 LL Movie w/ Popcorn	10 8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 11:00 CC Sing Along 2:00 LL Music w/ Don Kay 2:30 PE Silver Sneakers (Walking Club) 3:30 PE Talk and Toss 6:00 CC Book Club	11 8:30 CC Morning Social 10:00 CE Current Events 10:30 CC Get To know Me 11:00 CC Sing Along 2:00 AE Music Happy Hour w/ Joe 3:00 PE Talk and Toss 3:30 LL Busy Hands 6:00 CC Movie W/ Friends	12 11:00 LL Beauty Parlor (Hair & Nails) 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 LL Busy Hands 5:00 LL Movie w/ Popcorn 6:00 CC Book Club
13 11:00 CC Sing Along 1:00 CC Talk and Toss 2:30 PE Silver Sneakers (Walking Club) 3:00 SS Church Services 6:00 CC Book Club	14 8:30 CC Morning Social 10:00 CC Talk and Toss 11:00 CC Movie and Popcorn 1:30 AE Arts and Crafts 2:30 PE Silver Sneakers (Walking Club) 2:30 AE Sing Along w/ Joe 3:00 LL Busy Bees 6:00 CE Book Club	15 8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 1:00 CE Coloring Creations 2:00 LL Book Club w/ CJ 3:00 AE Sing Along 6:00 LL Hot Coco or Tea Club	16 8:30 CC Morning Social 10:00 CC Bowling w/ Friends 11:00 LL Manicures 2:30 PE Silver Sneakers (Walking Club) 3:00 CC Wags And Wiggles 3:30 CC Busy Hands 5:00 LL Movie w/ Popcorn	17 8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 PE Talk and Toss 6:00 CC Book Club	18 8:30 CC Morning Social 10:00 CE Current Events 10:30 CC Get To know Me 11:00 CC Sing Along 2:00 AE Music Happy Hour w/ Joe 3:00 PE Talk and Toss 3:30 LL Busy Hands 6:00 CC Movie W/ Friends	19 11:00 LL Beauty Parlor (Hair & Nails) 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 LL Busy Hands 5:00 LL Movie w/ Popcorn 6:00 CC Book Club
20 11:00 CC Sing Along 1:00 CC Talk and Toss 1:00 CE Taste And Tell w/ Brandi 2:30 PE Silver Sneakers (Walking Club) 3:00 SS Church Services 6:00 CC Book Club	Martin Luther King, Jr. Day 21 8:30 CC Morning Social 10:00 CC Talk and Toss 11:00 CC Movie and Popcorn 1:30 AE Arts and Crafts 2:30 PE Silver Sneakers (Walking Club) 2:30 AE Sing Along w/ Joe 3:00 LL Busy Bees 6:00 CE Book Club	22 8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 1:00 CE Coloring Creations 2:00 LL Book Club w/ Diane 3:00 AE Sing Along 6:00 LL Hot Coco or Tea Club	23 8:30 CC Morning Social 10:00 CC Bowling w/ Friends 11:00 LL Manicures 1:00 Creative Kitchen w/ Brandi 2:30 PE Silver Sneakers (Walking Club) 3:00 CC Wags And Wiggles 3:30 CC Busy Hands 5:00 LL Movie w/ Popcorn	24 8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 PE Talk and Toss 6:00 CC Book Club	25 8:30 CC Morning Social 10:00 CE Current Events 10:30 CC Get To know Me 11:00 CC Sing Along 2:00 AE Music Happy Hour w/ Joe 3:00 PE Talk and Toss 3:30 LL Busy Hands 6:00 CC Movie W/ Friends	26 11:00 LL Beauty Parlor (Hair & Nails) 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 LL Busy Hands 5:00 LL Movie w/ Popcorn 6:00 CC Book Club
27 11:00 CC Sing Along 1:00 CC Talk and Toss 2:30 PE Silver Sneakers (Walking Club) 3:00 SS Church Services 6:00 CC Book Club	28 8:30 CC Morning Social 10:00 CC Talk and Toss 11:00 CC Movie and Popcorn 1:30 AE Arts and Crafts 2:30 PE Silver Sneakers (Walking Club) 2:30 AE Sing Along w/ Joe 3:00 LL Busy Bees 6:00 CE Book Club	29 8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 1:00 CE Coloring Creations 2:00 LL Book Club w/ CJ 3:00 AE Sing Along 6:00 LL Hot Coco or Tea Club	30 8:30 CC Morning Social 10:00 CC Bowling w/ Friends 11:00 LL Manicures 2:30 PE Silver Sneakers (Walking Club) 3:00 CC Wags And Wiggles 3:30 CC Busy Hands 5:00 LL Movie w/ Popcorn	31 8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 PE Talk and Toss 6:00 CC Book Club	<div> <div> AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support </div> <div> Healthy Snacks & Hydration offered throughout each day! </div> </div>	