



FOR IMMEDIATE RELEASE

Traditions of Hanover Resident Accumulates Over 4,000 Volunteer Hours

BETHLEHEM, Pa., Jan. 23, 2018 –Jill Ward, a resident at Traditions of Hanover has been volunteering through various organizations for over 30 years.

Most recently, Ward, 88, can be found one day a week at St. Luke’s University Health Network. She donates about five hours of her time in the escort service to deliver flowers, papers and medical charts. She also assists nurses when they need additional help. “We do a lot of running around,” said Ward, smiling.

Currently, she has invested 4,244 hours to helping around the hospital. She began volunteering there in 1991 after listening to a beautiful speech given by Betsy Laylon, the former director of volunteers at St. Luke’s Health Network.

“I was very impressed with Betsy’s speech,” recalled Ward. “And, since I became a volunteer there I have never regretted one day of it!”

In 2016, Ward received the Lifetime Achievement Award from President Barak Obama for her lifelong commitment to building a stronger nation through volunteer service. She has previously volunteered in the kitchen at Trinity Episcopal Church and at various festivals in Bethlehem, such as Musikfest, Celtic Classic Highland Games and Festival and Christkindlmarkt. She has also helped out in the Northampton County Special Olympics.

When she’s not volunteering, Ward occupies her time with other activities at Traditions of Hanover. She exercises frequently through participation in Chair Yoga, Zumba and Wii bowling. To help keep her mind sharp, she enjoys puzzles and other brain-challenging games.

“I tried living in an apartment before moving here, even though I did a lot of volunteer work, I still felt isolated,” said Ward. “I thought I should go where there are more people, I love it here and the staff is wonderful.”

Traditions of Hanover Independent Living is a unique, award-winning retirement community offering Independent Living residences on an affordable month-to-month lease with no buy-in fees. Resident services and apartment features include meals, housekeeping, social events, transportation, and full kitchens. For more information, please call Jennifer Murphy at 484-893-6689 or visit www.traditionsofhanover.com.

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Contacts:

Jennifer Murphy

Marketing Director

Traditions of Hanover

5300 Northgate Drive

Bethlehem, PA 18017

484-893-6689

jmurphy@traditionsofhanover.com