



NOTE FROM ADMINISTRATOR

Happy New Year!

New Year celebrations in the US include watching the famous ball drop in Times Square, celebrating with a Champagne toast at midnight and sharing a kiss with a special someone. Eating special foods are also associated with celebrating the New Year – Black eyed peas are thought to look like coins, and therefore eating them will result in wealth for the New Year. Other people believe that eating corned beef and cabbage will bring good luck for the New Year.

Other countries around the world have their own unique traditions.

It's interesting to consider how they celebrate the New Year:

Denmark - They save all of their unused dishes and plates until the 31st of December when they affectionately shatter them against the doors of all their friends and family. Another tradition is that people climb onto a chair and jump off to literally “jump” into the New Year.

Belgium – Farmers wish their cows a Happy New Year.

Bolivia – Coins are baked into cakes. If you get a coin, you'll have good luck for the upcoming New Year.

France – Simply eat a stack of pancakes.

Chile – Families sleep in the cemetery near their deceased loved ones.

Ireland – They throw bread against the walls to get rid of evil spirits.

How did you celebrate? I hope you had a good time, however you chose to celebrate. I wish you all a safe and healthy 2019!

Lori Crispen

Activity Highlights

- 1-2 at 10:30**
Pet Therapy
- 1-4 at 1:15**
Christmas Tree Store
- 1-4 at 3:00**
Entertainment with
Swing Sisters
- 1-7 at 10:15**
Goodwill Shopping
- 1-9 at 3:00**
Heart To Heart Hospice /
Education on Arthritis
- 1-10 at 11:15**
Lunch Trip / Big Panda Buffet
- 1-10 at 3:15**
Celebrating January
Birthdays / Birthday Cake
- 1-11 at 3:00**
Entertainment with
Bryan Edington
- 1-13 at 8:00**
Breakfast / Metro Diner
- 1-14 at 1:00**
Movie Theater outing
- 1-17 at 10:15**
Aldi Shopping
- 1-17 at 3:15**
Ice Cream Sundaes
- 1-18 at 3:00**
Entertainment with
Harold Collins
- 1-21 at 11:15**
Men's Lunch / Logan's
Steakhouse
- 1-21 at 3:00**
Movie & Popcorn / Martin
Luther King I Had A Dream
- 1-23 at 11:15**
Lunch / Ponderosa
- 1-24 at 3:15**
Rootbeer Floats
- 1-28 at 1:30**
Trip to University Park Mall
- 1-29 at 6:30**
Zumba Class

Photo Highlights



Resident Spotlight



Deb R. is our resident spotlight for January.

Deb was born in Elkhart IN. and when she was two her family moved to Redondo Beach California where she was raised.

Deb's favorite person in the world is her Dad. When she was 22 she moved to New Orleans, where she lived for 20 years. Deb has two boys and a girl, Drew, Forest, Devon and five grandchildren. Deb was a waitress for forty years. Her favorite employer was Marcie's Restaurant. She worked at five different Marcie's in Mishawaka In. Deb's Hobbies are crafts, music and she loves all animals. Deb traveled all over the United States. Her favorite spots were New Mexico and Colorado.

You can caught Deb with her number one dog, Gracie visiting our residents.

Photo Highlights *continued*



Dancing into the New Year at Wood Ridge!

Tuesday, January 29th at 6:30pm

We will be hosting a Zumba class for the community to get a head start on their New Year resolutions. Waters and bananas will be provided before and after classes. There will also be a chance to win a new Fit Bit Watch. To RSVP or for any questions, please contact us at 574-271-1151.



Resident Birthdays

Marie S.	Jan. 5
Walda S.	Jan. 6
Mary B.	Jan. 23
Steve N.	Jan. 28
Evelyn B.	Jan. 31

Staff Birthdays

Chris B.	Jan. 22
Carrie B.	Jan. 26
Deejra L.	Jan. 27

Welcome New Residents

Jerry K.	Dreanalee H.
Scott N.	

Happy New Year!

We're excited to bring in the New Year with New Goals, New Focuses, New Events and New Visions. Here at Wood Ridge, we will not stop until we are providing Joy, Independence and Wellness to our seniors each and everyday. We would like to hear from you. What ways would you like to see Wood Ridge improve? What things do you love about Wood Ridge? We want to be able to provide families, visitors and our residents with the best care and services. In 2019, we plan to do just that. Let your voice be heard and drop a review or leave a comment in our suggestion box located near the mailbox in main lobby. We are excited to be starting 2019 with you as our family.



17650 Generations Drive
South Bend, IN 46635
Office: 574-271-1151
www.WoodridgeALF.com

Our Staff

ADMINISTRATOR

Lori Crispen

Administrator@woodridgealf.com

HEALTH SERVICE COORDINATOR

Shaylan Johnson

Healthservices@woodridgealf.com

MARKETING

Deejra Lee

Marketing@woodridgealf.com

BUSINESS

Carly Singleton

Csingleton@woodridgealf.com

LIFE ENRICHMENT COORDINATOR

Chris Bayne

lifenrichment@woodridgealf.com

MAINTENANCE

Michael Cavender

Maintenance@woodridgealf.com



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JANUARY – WORD SEARCH

X	J	G	Q	R	S	J	P	O	S	B	L	O	O	D
Q	M	E	N	G	A	G	E	Y	T	Q	E	P	A	M
D	R	E	V	D	O	T	L	E	Z	L	S	O	U	P
C	E	R	Y	O	O	X	U	N	V	K	V	C	T	K
D	S	P	N	N	R	O	J	A	N	U	A	R	Y	T
Y	O	L	G	O	B	W	U	C	E	E	A	R	Y	Y
K	L	Q	K	R	X	A	O	T	R	M	W	X	M	N
F	U	H	O	F	C	R	A	I	S	G	P	A	D	X
M	T	F	S	Y	K	M	L	V	N	P	Q	B	G	S
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C	N	W	U	E	I	A	Y	Y	Y	N	E	V	T	R
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S	L	I	O	Z	I	H	O	M	U	U	D	S	I	S
G	X	D	V	I	S	I	O	N	X	K	W	P	M	X

ACTIVITY
AGING
BLOOD
CONFIDENCE
DONOR
ENGAGE
EYES
GLAUCOMA
JANUARY
MIND
RESOLUTION
SMART
SOUP
VISION
WARM



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