

# BAYBERRY COMMONS NEWSLETTER



*Some of our beautiful residents decorating for Christmas and Dee found some new jewelry at the same time!*

## FROM THE DESK OF THE ADMINISTRATOR:



Hello everyone and Happy 2019!

Wow can you believe 2018 is gone already? Feels like the year went by in a flash! I thought

it would be fun to recap the highlights of 2018. Going through all the notes, I went through a myriad of emotions, from very happy to very sad. Following are some of the wonderful, and a couple not so wonderful, changes that happened at Bayberry Commons in 2018.

A new nurse call system was installed. With the upgrade came pendants for our residents. We are really happy and appreciative to have this upgraded call system. It is amazing!

We raised \$413 for breast cancer

research, which is almost four times what we raised in 2017! We also raised \$2,894 for the Alzheimer's Association, which is \$900 more than last year! Thank you one and all for helping us achieve these goals!!!

We experienced what we lovingly refer to as the Great Flood of '018. Was that a challenge! We want to thank you all for being so patient during the restoration, which felt like it took months. A big shout out to Tyson Kidder and his team at TTK Construction for their amazing job putting Bayberry back together again!

There are many, many other events that happened throughout the year. It is impossible to address all of them. In closing, I would like to leave you with the following:

Please say a prayer for all those we lost in 2018, not only those in

our community, but throughout our great country, as well as the world. While you are praying for all those that were lost and suffered trauma through fire and other tragedies, please put in a few words of positivity that people will no longer suffer trauma and loss from mass shootings and other senseless acts of violence. And please take a moment to say a kind word to a stranger at least once a day. That small act can make a huge difference in an individual's life.

Thank you. We appreciate each and every one of you!

Warm hugs,

*Patty*

**BAYBERRY COMMONS**  
ASSISTED LIVING & MEMORY CARE

**JANUARY 2019**

2211 Laura Street, Springfield, Oregon 97477

Office: 541-744-7000 | Fax: 541-744-7999

[www.BayberryCommonsALF.com](http://www.BayberryCommonsALF.com) |  Check out our Facebook Page!

## January Activities

### JANUARY 3

10:00 Resident Council Meeting

### JANUARY 4

2:30 Sing-A-Long w/ Annadon

### JANUARY 5

2:30 Ice Cream Social w/ Timothy Patrick

### JANUARY 8

10:00 Hearing Aid Clinic

### JANUARY 8

1:30 Food Meeting

### JANUARY 11

2:30 Guitar w/ Gordon

### JANUARY 18

2:30 Music w/ Julie

### JANUARY 19

2:30 Ice Cream Social w/ Parsons Creek Posse

### JANUARY 22

2:30 Visit w/ Shiloh & Fred

### JANUARY 25

2:30 Piano w/ Gus

### JANUARY 26

2:30 Ice Cream Social w/ Steve

## LETTER FROM THE MEMORY CARE COORDINATOR: SARAH ASTBURY



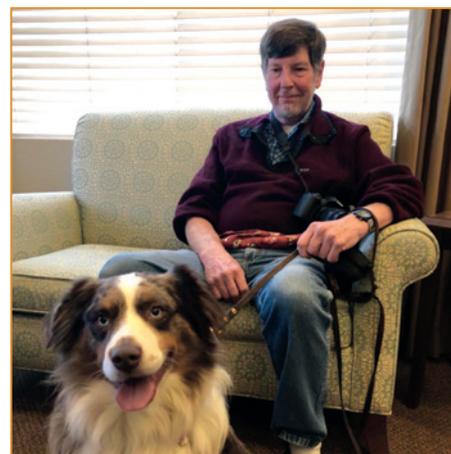
Hello from Memory Care. Pet therapy in memory care is important because it helps provide emotional support, lessens symptoms of depression and anxiety. We have a dog named Foxy that comes to work with Jenn, one of our Med Aides. All of the ladies love to spend time with Foxy and are always asking when she will be coming. We also have a dog named Shiloh who comes with his owner Fred to do tricks and visit with us. Shiloh loves all the attention he gets when he comes to see the residents.

We hope you all had a wonderful holiday and have a Happy New Year.

Best Wishes *Sarah*



*Maria & Foxy - Time for some snuggling on the couch!*



*Shiloh & Fred - A couple of our favorite visitors!*

## Photo Highlights



*Bayberry's own Mr. & Mrs. Santa*



*Donna & Jo getting in the Holiday spirit*



*Cold mornings are better sipping hot cocoa by the fireplace!*

# FEATURED RESIDENT: LOUISE M.



## Happy 102nd Birthday!

Louise was born 12/12/1916 near Hot Springs and Alamo, Arkansas. She is the oldest of seven brothers and sisters. Even though she was the firstborn, Louise said she did not have to help raise her siblings because they were all around 14 months apart so they took care of each other. When she was a young child her family moved to Dayton, Texas. Louise was a cheerleader during high school for the football team.

## Louise's secret to a long healthy life: Exercise and eat right!

Louise moved back to Arkansas after high school and that is when she met Monty. They got married after dating for just 2 months and enjoyed 52 years of marriage. Louise and Monty moved to New Mexico then to Klamath Falls, Oregon before they found their permanent home in Springfield in 1943. Louise worked as a waitress and then did receptionist work at a lawyer's office before she had her children Mary and Jim. After their births she was happy to be a stay at home mother.

Louise enjoyed playing golf with her husband and friends. She remembers playing at the Springfield Country Club when they first opened and only had 6 holes. She loves to watch sports and went to many of her sons games during his school years. Louise liked to sew and made many clothing items for the family.

Louise moved to Bayberry Commons in 2013. She loves to participate and help out whenever possible at most of our activities and events. She has many friends and family who come to visit and she seems to know everyone in the area. She is truly an inspiration and a joy to have in our community. Our days are always better when we get a hug from Louise!



Memory Care has lots of holiday spirit. Thank you Amy for the awesome fireplace you made for us!



Alzheimer's walk 2018 group photo..such a great day with a wonderful bunch of people.

## Employee of the Month



Residents and staff chose **Juanita S.** for the Employee of the Month because she is

sweet, funny, a hard worker, and very accommodating. She goes above and beyond to do her job and helps us out a lot. She always answers questions we have. She is a good team player and is very helpful to the residents and staff!

## Photo Highlights Continued...



Go Team Bayberry! These ladies are Amazing!

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## SUPPORT GROUP

Come to our support group at Bayberry Commons the first Monday of every month at 1pm.

## WEEKLY EVENTS

1. Fitness with Terri Sears on Monday, Wednesday and Friday at 10:00am. This class is held in our Atrium.
2. Wine & Cheese Socials are Thursdays at 3:00pm. Bring a friend and join us.
3. Enjoy an old fashioned ice cream social on Saturdays at 2:30pm.
4. Playing BINGO on Wednesday's and Mondays at 3:00pm.
5. Reading and Activities with Patricia on Tuesdays at 2:00 p.m.



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*Thank you Eugene's Youth Ballet for the beautiful performance of the Nutcracker!*

