


December 2018
The Bridges



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>December cont'd</div> <div>30</div> <div>Happy Birthday Dolores Heller! 9:00 Coffee & Conversation 9:30 Weekend Walkers 10:00 Catholic Worship Service on TV 11:00 Easy Does It Trivia 1:00 Ice Cream Social [B] 2:00 Sunday Cinema 4:00 Balloon Ball</div>	<div>31</div> <div>9:45 Fall Shape Up 10:30 Sing-a-Long (H) 11:30 Cranium Crunches 1:30 Finish the Phrase 2:00 Scenic Ride 2:15 Afternoon Stretch (H) 2:30 Garden Club [AR] 3:00 Bingo 4:00 Happy Hour (H) 6:00 New Year's Eve Dinner Dance [B] 6:30 Balloon Volleyball</div>	<div></div> <div>4</div> <div>9:45 Energy Boost 10:00 Hanukkah Party with Rabbi Jessica [B] 10:30 Brain Games (H) 11:30 Sitting Balance 1:30 Scenic Ride 3:30 Afternoon Tea [B] 4:00 Jigsaw Puzzles (H) 6:00 Bean Bag Toss</div>	<div>Location Keys Activity Room AR Bistro B Garden Room GR Library Lib Lounge L The Bridges BR</div> <div>5</div> <div>Happy Birthday Mary Bartley! 9:45 Chair Aerobics 10:45 Bible Study with Pastor Golden 11:00 Word Teasers (H) 11:30 <i>Catholic Mass at St. Mary Magdalene</i> 3:00 Crafts with Kathi 6:00 Resident Choice Cinema</div>	<div>6</div> <div>9:30 Hand Massages with Rena [B] 9:45 Balance 10:30 Food For Thought (Cooking 101) (H) 1:00 One to One Visits 2:15 Pampered and Polish (Nail Polishing) (H) 3:00 Bingo 4:00 Music With Megan [BR] 6:00 Balloon Volleyball</div>	<div>Resident Birthdays Mary B. 12/5 Donna F. 12/11 Delores H. 12/13 Christopher K. 12/14 Vivian M. 12/20 David K. 12/20 Cynthia M. 12/22 Dolores H. 12/30</div> <div>7</div> <div>9:45 Chair Aerobics 10:15 Bean Bag Toss (H) 11:30 Cranium Crunches 1:00 One to One Visits 2:00 Bingo [AR] 2:15 Fit Deck (H) 3:00 Finish the Phrase 4:00 Cocktail Hour [B] 6:00 Chair Aerobics</div>	<div>8</div> <div>9:45 Saturday Chair Exercises 10:15 Balloon Volleyball 11:00 Adult Coloring — Holiday Stop & Shop [B] 2:30 The Daily Chronicle 3:00 Creative Corner</div>
<div>2</div> <div>9:00 Coffee & Conversation 9:30 Weekend Walkers 10:00 Catholic Worship Service on TV 11:00 Easy Does It Trivia 1:00 Ice Cream Social [B] 2:00 Jazz for the Holidays at Touhill Theater 2:00 Sunday Cinema 4:00 Balloon Ball</div>	<div>3</div> <div>Hanukkah Begins 9:45 Fall Shape Up 10:30 Sing-a-Long (H) 11:30 Cranium Crunches 1:30 Finish the Phrase 2:15 Afternoon Stretch (H) 2:30 Garden Club [AR] 3:00 Bingo 4:00 Happy Hour (H) 6:30 Balloon Volleyball</div>	<div>4</div> <div>9:45 Energy Boost 10:00 Hanukkah Party with Rabbi Jessica [B] 10:30 Brain Games (H) 11:30 Sitting Balance 1:30 Scenic Ride 3:30 Afternoon Tea [B] 4:00 Jigsaw Puzzles (H) 6:00 Bean Bag Toss</div>	<div>5</div> <div>Happy Birthday Mary Bartley! 9:45 Chair Aerobics 10:45 Bible Study with Pastor Golden 11:00 Word Teasers (H) 11:30 <i>Catholic Mass at St. Mary Magdalene</i> 3:00 Crafts with Kathi 6:00 Resident Choice Cinema</div>	<div>6</div> <div>9:30 Hand Massages with Rena [B] 9:45 Balance 10:30 Food For Thought (Cooking 101) (H) 1:00 One to One Visits 2:15 Pampered and Polish (Nail Polishing) (H) 3:00 Bingo 4:00 Music With Megan [BR] 6:00 Balloon Volleyball</div>	<div>7</div> <div>9:45 Chair Aerobics 10:15 Bean Bag Toss (H) 11:30 Cranium Crunches 1:00 One to One Visits 2:00 Bingo [AR] 2:15 Fit Deck (H) 3:00 Finish the Phrase 4:00 Cocktail Hour [B] 6:00 Chair Aerobics</div>	<div>8</div> <div>9:45 Saturday Chair Exercises 10:15 Balloon Volleyball 11:00 Adult Coloring — Holiday Stop & Shop [B] 2:30 The Daily Chronicle 3:00 Creative Corner</div>
<div>9</div> <div>9:00 Coffee & Conversation 9:30 Weekend Walkers 10:00 Catholic Worship Service on TV 11:00 Easy Does It Trivia 1:00 Ice Cream Social [B] 2:00 Sunday Cinema 2:30 Pastor Golden's Youth Choir [B] 4:00 Balloon Ball</div>	<div>10</div> <div>9:45 Fall Shape Up 10:30 Resident Council [GR] 10:30 Sing-a-Long (H) 11:30 Cranium Crunches 1:30 Finish the Phrase 2:15 Afternoon Stretch (H) 3:00 Bingo 4:00 Happy Hour (H) 6:30 Balloon Volleyball</div>	<div>11</div> <div>Happy Birthday Donna Fawcett! 9:45 Energy Boost 10:30 Brain Games (H) 11:30 Sitting Balance 1:30 Scenic Ride 2:00 Chair Line Dancing [B] 3:30 Afternoon Tea [B] 4:00 Jigsaw Puzzles (H) 6:00 Christmas Lights at Tilles Park</div>	<div>12</div> <div>9:45 Chair Aerobics 10:45 Bible Study with Pastor Golden 11:00 Word Teasers (H) 2:00 Holidays Around the World [B] 2:00 Richmond Heights Memorial Library [Lib] 3:00 Crafts with Kathi 6:00 Resident Choice Cinema</div>	<div>13</div> <div>Happy Birthday Lola Hoefel! 9:45 Balance 10:30 Food For Thought (Cooking 101) (H) 1:00 One to One Visits 2:15 Pampered and Polish (Nail Polishing) (H) 3:00 A Taste of Wellness [L] 3:00 Bingo 4:00 Music With Megan [BR] 6:00 Balloon Volleyball</div>	<div>14</div> <div>Happy Birthday Chris Kline! 9:45 Chair Aerobics 10:15 Bean Bag Toss (H) 11:00 Lunch Out 11:30 Cranium Crunches 1:00 One to One Visits 2:15 Fit Deck (H) 3:00 Finish the Phrase 4:00 Happy Birthday Happy Hour with Entertainment by Matt Davis [B] 6:00 Chair Aerobics</div>	<div>15</div> <div>9:45 Saturday Chair Exercises 10:15 Balloon Volleyball 11:00 Adult Coloring 2:30 The Daily Chronicle 3:00 Creative Corner</div>
<div>16</div> <div>9:00 Coffee & Conversation 9:30 Weekend Walkers 10:00 Catholic Worship Service on TV 11:00 Easy Does It Trivia 1:00 Ice Cream Social [B] 2:00 Sunday Cinema 4:00 Balloon Ball 4:00 Opening Minds Through Art Show [AR]</div>	<div>17</div> <div>9:45 Fall Shape Up 10:30 Sing-a-Long (H) 11:30 Cranium Crunches 1:30 Finish the Phrase 2:15 Afternoon Stretch (H) 2:30 Garden Club [AR] 3:00 Bingo 4:00 Happy Hour (H) 6:30 Balloon Volleyball</div>	<div>18</div> <div>9:45 Energy Boost 10:30 Brain Games (H) 11:30 Sitting Balance 1:30 Scenic Ride 3:30 Christmas Tea [B] 4:00 Jigsaw Puzzles (H) 6:00 Bean Bag Toss</div>	<div>19</div> <div>9:45 Chair Aerobics 10:45 Bible Study with Pastor Golden 11:00 Word Teasers (H) 11:30 <i>Catholic Mass at St. Mary Magdalene</i> 3:00 Crafts with Kathi 6:00 Resident Choice Cinema</div>	<div>20</div> <div>Happy Birthday Vivian Meyer & Dave Kean! 9:30 Hand Massages with Rena [B] 9:45 Balance 10:30 Food For Thought (Cooking 101) (H) 1:00 One to One Visits 2:15 Pampered and Polish (Nail Polishing) (H) 3:00 Bingo 4:00 Stonecrest Holiday Party! [B] 6:00 Balloon Volleyball</div>	<div>21</div> <div>9:45 Chair Aerobics 10:15 Bean Bag Toss (H) 11:30 Cranium Crunches 1:00 One to One Visits 2:00 Bingo [AR] 2:15 Fit Deck (H) 3:00 Finish the Phrase 4:00 Holiday Happy Hour with Entertainment by Bryan Foggs [B] 6:00 Chair Aerobics</div>	<div>22</div> <div>Happy Birthday Cindy Murphy! 9:45 Saturday Chair Exercises 10:15 Balloon Volleyball 11:00 Adult Coloring 2:30 The Daily Chronicle 3:00 Creative Corner</div>
<div>23</div> <div>9:00 Coffee & Conversation 9:30 Weekend Walkers 10:00 Catholic Worship Service on TV 11:00 Easy Does It Trivia 1:00 Ice Cream Social [B] 2:00 Sunday Cinema 4:00 Balloon Ball</div>	<div>24</div> <div>9:45 Fall Shape Up 10:30 Sing-a-Long (H) 11:30 Cranium Crunches 1:30 Finish the Phrase 2:00 Scenic Ride 2:15 Afternoon Stretch (H) 3:00 Bingo 3:00 Man Cave Monday [L] 4:00 Happy Hour (H) 6:30 Balloon Volleyball</div>	<div>25</div> <div>9:45 Energy Boost 10:30 Brain Games (H) 10:30 Southwestern Hearing 11:30 Sitting Balance 1:30 Scenic Ride 2:30 Trivia with Joey [B] 4:00 Jigsaw Puzzles (H) 6:00 Bean Bag Toss</div>	<div>26</div> <div>9:45 Chair Aerobics 10:45 Bible Study with Pastor Golden 11:00 Word Teasers (H) 2:00 Richmond Heights Memorial Library [Lib] 2:00 Vitality Ballet [B] 3:00 Crafts with Kathi 6:00 Resident Choice Cinema</div>	<div>27</div> <div>9:45 Balance 10:30 Food For Thought (Cooking 101) (H) 1:00 One to One Visits 2:15 Pampered and Polish (Nail Polishing) (H) 3:00 A Taste of Wellness [L] 3:00 Bingo 4:00 Music With Megan [BR] 6:00 Balloon Volleyball</div>	<div>28</div> <div>9:45 Chair Aerobics 10:15 Bean Bag Toss (H) 11:00 Lunch Out 11:30 Cranium Crunches 1:00 One to One Visits 2:15 Fit Deck (H) 3:00 Finish the Phrase 4:00 Cocktail Hour [B] 6:00 Chair Aerobics</div>	<div>29</div> <div>9:45 Saturday Chair Exercises 10:15 Balloon Volleyball 11:00 Adult Coloring 2:30 The Daily Chronicle 3:00 Creative Corner</div>

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