

Pacifica Tidings

 **THE MERIDIAN**
at Kessler Park
Luxury Senior Living by Pacifica

**DECEMBER
2018**



*A Note from the
Executive Director*



Dear Residents,

It's beginning to look a lot like Christmas, here at the Meridian! I am looking forward to celebrating with each of you. As we sing carols, wrap presents, visit with loved ones, etc., let's pause to remember whose birthday it is! Let's show love all season.

**Merry Christmas,
Terry**



Who am I?

I am the big 50. I have two grandchildren. I love my family and love my amazing residents. I have worked in two different areas of our community. People say I have a pretty smile. I am a good friend to many. I am a sharing person, and one of my favorite things to do is EAT. Who am I?

Who am I?

*Welcome to
Our Community*

**Myrna Daniel
Mary Genera-
Baggett
Derek Linter
Connie Martin
James Parks
Darlyne Spencer
Steve Williams**

***We are so glad you
chose The Meridian.***

Activities & Special Events

★HAPPY★
BIRTHDAY!



**DECEMBER
BIRTHDAYS!**

Mary Clark—12/2
Mary Schoon—12/19
Ruth Powell— 12/20
Bernice Howell—12/24
Jacquelyn Cummings—
12/25
Arlene May—12/26
Armando Soto—12/28

**The December
Birthday Party will be
held on
Wednesday,
December 5th, at
2:00pm.**

RESIDENTS HAVING FUN!



**Mealtime at The Meridian
Continental Breakfast**

Monday through Friday 8am—9:30am
Saturday and Sunday 9am—10am

Lunch

Noon through 1:30pm

Dinner

5:00pm through 6:30pm

Doctor Appointments

Transportation from the Meridian is provided Tuesday and Thursday from 8am to 3pm.

Please make reservations 24 hours in advance.

The Salon at the Meridian

Closed Sunday and Monday
Tuesday through Friday 9am through 5pm
Saturdays 9am—2pm

Trash Out at 8:00pm

Health & Fitness by

Nurse Alice:

**Dear residents,
the cold weather
has arrived.
Please stay
warm, eat
healthy and
exercise! Get
your Flu Shot if
you haven't!
Let's "war"
against
sickness!**

**John Jones has
been our Front Desk
Concierge since
April 28. John lives
in East Dallas, is sin-
gle, loves traveling
and smoothies. His
favorite color is teal.
His Goal is to return
to college and study
finance.**



Fitness Activities

**10:00 a.m.—Sit & Fit
Exercise
Monday – Sunday
11:00 a.m.—WALKING
WITH LEGACY—
Wednesdays.**



Invite a friend!

Spiritual Activities

**4:00 p.m. - The Meridian
Church Service
(Only on Sundays)
In Dining Room**



**Please let Activities
know if you'd like
someone from your
church to have a Bible
Study or communion.**

**Mekia Collins.....Bus
Driver and Activities!
Mekia is 38, & has a
son & a daughter, Sa-
darian & Janaya. She
loves her residents &
her children. Her favor-
ite food is Mexican. We
love her!**



**Shavonda Hall
is our
December
"Who Am I"?**



Management Team

Terry Rawlinson

Executive Director

Ashley Griffin

Business Office Manager

Stacy Glover-Willie

Community Relations Director

Jessica Gomez

Community Relations Director

Alice Mairura

Resident Service Director

Paola Escobedo

Activity Director, IDL

Jane Davidson

Activity Director Heartland

Nicole Mitchell

Food Service Director

Jesus Ruiz

Maintenance Director

Our Mission

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family. We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect. Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.

*The right choice. The right time.
Welcome Home!*



THE MERIDIAN

at Kessler Park

Luxury Senior Living by Pacifica

2522 Fort Worth Avenue

Dallas, Texas 75211

Phone: 214 943 2522

www.pacificaseniorliving.com



Merry
Christmas



Welcome Home!