

# December 2017 Independent Living Lifestyle & Leisure



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1180 Ben Franklin Hwy  
Douglassville, PA 19518  
610-385-5000

- AE** Artistic Expression
- CC** Community Connections
- CE** Continuing Education
- LL** Lifestyle & Leisure
- PE** Physical Engagement
- SS** Spiritual Support

### Location Keys

- 2nd Floor Kitchen 2FK
- 3rd Floor Bridge Area 3FBA
- 3rd Floor Game Room 3FGR
- 3rd Floor West Rear 3FWR
- Atrium A
- Bottle Bar BB
- Community Room CR
- Dining Room DR
- Living Room LR
- Private Dining Room PDR
- Theater T

<p>9:00 <b>SS</b> Worship Service w/ the Moses Family [T] <b>3</b></p> <p>1:00 <b>SS</b> Sunday Service w/ Fr. David from St. Gabe's [CR]</p> <p>3:00 <b>CC</b> Grace Bell Quartet [A]</p> <p>6:00 <b>LL</b> Movie Night-"Christmas Prince" Starring Rose McIver [T]</p>	<p>8:00 <b>PE</b> Walking Club <b>4</b></p> <p>9:00 <b>CC</b> Errand Express-Redner's</p> <p>10:00 <b>CC</b> Cookie decorating w/ Kids from St Gabe's [2FK]</p> <p>12:45 <b>LL</b> Pinochle [3FGR]</p> <p>1:00 <b>CE</b> "Ask a Nurse w/ Peg Stoudt from Health calls</p> <p>1:00 <b>AE</b> Sing a long w/ Jay [A]</p> <p>2:00 <b>LL</b> Presentation by Christine's Mobile Foot Massage &amp; Pedicure [CR]</p> <p>3:00 <b>LL</b> Bingo [2FK]</p> <p>4:00 <b>LL</b> Beer &amp; Wine w/ Tom on Piano</p> <p>6:00 <b>LL</b> Kings in the Corner-Card Game [3FGR]</p> <p>7:00 <b>LL</b> The Upbeats Perform [A]</p>	<p>8:45 <b>CC</b> Outing to Sight &amp; Sound to see "The Miracle of Christmas" <b>5</b></p> <p>1:00 <b>AE</b> Sing-a-long w/ Robin &amp; Sharon</p> <p>1:00 <b>CC</b> Senior Circle Bridge [3FGR]</p> <p>5:45 <b>CC</b> Christmas Caroling w/ Health Calls [A]</p>	<p>8:00 <b>PE</b> Walking Club <b>6</b></p> <p>9:00 <b>LL</b> Outing to Wilbur Chocolates &amp; Lititz Family Cupboard for Lunch</p> <p>9:00 <b>PE</b> Yoga [CR]</p> <p>10:30 <b>PE</b> Seated Exercise [CR]</p> <p>12:45 <b>LL</b> Canasta [3FGR]</p> <p>1:00 <b>PE</b> Wii Bowling [3FBA]</p> <p>3:00 <b>CC</b> Men's Outing to "The Sly Fox "</p> <p>3:00 <b>LL</b> Quarter/ Dime Bingo [2FK]</p> <p>6:00 <b>PE</b> Pool</p> <p>7:00 <b>CC</b> The Coventry Chorus Performs [A]</p>	<p>10:00 <b>PE</b> B/P Check [PDR] <b>7</b></p> <p>11:30 <b>CC</b> Outing to DBHS for Christmas Luncheon</p> <p>12:30 <b>LL</b> "Just Us Gals" [T]</p> <p>1:00 <b>LL</b> Poker [3FWR]</p> <p>1:30 <b>CC</b> The Merrynotes Perform [LR]</p> <p>3:30 <b>LL</b> Happy Hour w/ Jimmy Edwards</p>	<p>8:15 <b>AE</b> Leave for the Nutcracker Ballet <b>1</b></p> <p>12:30 <b>LL</b> November Birthday Celebration [BB]</p> <p>12:30 <b>CC</b> Errand Express-Douglassville Loop</p> <p>1:30 <b>LL</b> Christmas Entertainmant w/ Steve Walker [A]</p> <p>2:30 <b>LL</b> Bingo [2FK]</p> <p>4:00 <b>SS</b> Catholic Communion Service [T]</p> <p>6:00 <b>LL</b> Friday Flick- Residents Choice</p>	<p><b>Happy Birthday to Carl Burkhart</b> <b>2</b></p> <p>12:15 <b>LL</b> Mini Manicures w/Josie</p> <p>12:45 <b>LL</b> Rummikub [3FGR]</p> <p>2:30 <b>LL</b> Quarter/ Dime Bingo [2FK]</p> <p>3:30 <b>SS</b> Shuttle to St. Gabe's Catholic Church</p> <p>6:00 <b>LL</b> Movie Night-"The Christmas Candle" Starring Hans Matteson [T]</p>
<p>9:00 <b>SS</b> Worship Service w/ the Moses Family [T] <b>3</b></p> <p>1:00 <b>SS</b> Sunday Service w/ Fr. David from St. Gabe's [CR]</p> <p>3:00 <b>CC</b> Grace Bell Quartet [A]</p> <p>6:00 <b>LL</b> Movie Night-"Christmas Prince" Starring Rose McIver [T]</p>	<p>8:00 <b>PE</b> Walking Club <b>4</b></p> <p>9:00 <b>CC</b> Errand Express-Redner's</p> <p>10:00 <b>CC</b> Cookie decorating w/ Kids from St Gabe's [2FK]</p> <p>12:45 <b>LL</b> Pinochle [3FGR]</p> <p>1:00 <b>CE</b> "Ask a Nurse w/ Peg Stoudt from Health calls</p> <p>1:00 <b>AE</b> Sing a long w/ Jay [A]</p> <p>2:00 <b>LL</b> Presentation by Christine's Mobile Foot Massage &amp; Pedicure [CR]</p> <p>3:00 <b>LL</b> Bingo [2FK]</p> <p>4:00 <b>LL</b> Beer &amp; Wine w/ Tom on Piano</p> <p>6:00 <b>LL</b> Kings in the Corner-Card Game [3FGR]</p> <p>7:00 <b>LL</b> The Upbeats Perform [A]</p>	<p>8:45 <b>CC</b> Outing to Sight &amp; Sound to see "The Miracle of Christmas" <b>5</b></p> <p>1:00 <b>AE</b> Sing-a-long w/ Robin &amp; Sharon</p> <p>1:00 <b>CC</b> Senior Circle Bridge [3FGR]</p> <p>5:45 <b>CC</b> Christmas Caroling w/ Health Calls [A]</p>	<p>8:00 <b>PE</b> Walking Club <b>6</b></p> <p>9:00 <b>LL</b> Outing to Wilbur Chocolates &amp; Lititz Family Cupboard for Lunch</p> <p>9:00 <b>PE</b> Yoga [CR]</p> <p>10:30 <b>PE</b> Seated Exercise [CR]</p> <p>12:45 <b>LL</b> Canasta [3FGR]</p> <p>1:00 <b>PE</b> Wii Bowling [3FBA]</p> <p>3:00 <b>CC</b> Men's Outing to "The Sly Fox "</p> <p>3:00 <b>LL</b> Quarter/ Dime Bingo [2FK]</p> <p>6:00 <b>PE</b> Pool</p> <p>7:00 <b>CC</b> The Coventry Chorus Performs [A]</p>	<p>10:00 <b>PE</b> B/P Check [PDR] <b>7</b></p> <p>11:30 <b>CC</b> Outing to DBHS for Christmas Luncheon</p> <p>12:30 <b>LL</b> "Just Us Gals" [T]</p> <p>1:00 <b>LL</b> Poker [3FWR]</p> <p>1:30 <b>CC</b> The Merrynotes Perform [LR]</p> <p>3:30 <b>LL</b> Happy Hour w/ Jimmy Edwards</p>	<p>8:30 <b>CC</b> Errand Express-Douglassville Loop <b>8</b></p> <p>10:00 <b>CC</b> St Andrews UCC Candy Sale [LR]</p> <p>10:15 <b>PE</b> Seated Volleyball [CR]</p> <p>12:15 <b>LL</b> Outing to Upland Square-TJ Maxx,AC Moore etc...</p> <p>1:00 <b>LL</b> Poker [3FWR]</p> <p>1:30 <b>LL</b> Mini Manicures [2FK]</p> <p>2:30 <b>LL</b> Bingo [2FK]</p> <p>6:00 <b>CC</b> Free Christmas Wrapping by The Girls Scouts [LR]</p> <p>6:00 <b>LL</b> Friday Flick- "The Santa Claus 2" Starring Tim Allen</p>	<p><b>Happy Birthday to Bill Uhler</b> <b>9</b></p> <p>12-4 <b>CC</b> Christmas display by Deb H [CR]</p> <p>12:45 <b>LL</b> Rummikub [3FGR]</p> <p>2:30 <b>LL</b> Quarter/ Dime Bingo [2FK]</p> <p>3:30 <b>SS</b> Shuttle to St. Gabe's Catholic Church</p> <p>5:45 <b>CC</b> Entertainment by Divine Connection [A]</p>
<p>9:00 <b>SS</b> Worship Service w/ the Moses Family [T] <b>10</b></p> <p>1:00 <b>SS</b> Sunday Service w/ Fr. David from St. Gabe's [CR]</p> <p>3:00 <b>CE</b> Sunday Scrabble [3FGR]</p> <p>6:00 <b>LL</b> Movie Night-"Believe" starring Ryan O'Quinn [T]</p>	<p><b>Happy Birthday to Jane Hollenbach</b> <b>11</b></p> <p>9:00 <b>CC</b> Errand Express- Giant/ Target</p> <p>10:30 <b>PE</b> Seated Exercise [CR]</p> <p>12:45 <b>LL</b> Pinochle [3FGR]</p> <p>1:30 <b>LL</b> Town Hall [DR]</p> <p>3:00 <b>LL</b> Bingo [2FK]</p> <p>4:00 <b>LL</b> Beer &amp; Wine w/ Tom on Piano</p> <p>5:30 <b>CC</b> Holiday Open House</p> <p>6:00 <b>LL</b> Kings in the Corner-Card Game [3FGR]</p> <p>7:00 <b>CC</b> Pottsgrove Community Band performs [DR]</p>	<p><b>Happy Birthday to Dorothy Gilfert</b> <b>12</b></p> <p>9:00 <b>LL</b> Outing to The National Christmas Center</p> <p>9:30 <b>SS</b> Greif support group W/ Don Eisenhower [PDR]</p> <p>10:30 <b>PE</b> Noodle Ball [CR]</p> <p>2:00 <b>PE</b> Seated Yoga w/ Vicky [CR]</p> <p>7:00 <b>CC</b> Exeter Community Band Performs [DR]</p>	<p><b>Happy Birthday to Carol Seifert &amp; Mary Romania</b> <b>13</b></p> <p>8:00 <b>PE</b> Walking Club</p> <p>9:00 <b>PE</b> Yoga [CR]</p> <p>10:30 <b>PE</b> Seated Exercise [CR]</p> <p>11:00 <b>CC</b> Outing to Saville's Diner &amp; Big Lots</p> <p>12:45 <b>LL</b> Canasta [3FGR]</p> <p>1:00 <b>PE</b> Wii Bowling [3FBA]</p> <p>1:30 <b>LL</b> Blue Mountain strings Perform [A]</p> <p>3:00 <b>LL</b> Quarter/ Dime Bingo [2FK]</p> <p>6:00 <b>CE</b> History of Morlatten [CR]</p> <p>6:00 <b>PE</b> Pool</p>	<p>8:00 <b>PE</b> Walking Club <b>14</b></p> <p>10:00 <b>PE</b> B/P Check [PDR]</p> <p>11:00 <b>CC</b> Outing to The Center at Spring Street for Lunch &amp; Entertainment</p> <p>12:30 <b>LL</b> "Just Us Gals" [T]</p> <p>1:00 <b>LL</b> Poker [3FWR]</p> <p>1:30 <b>CC</b> DEC Holiday Singers [A]</p> <p>3:30 <b>LL</b> Happy Hour w/ Wahl Street</p> <p>4:30 <b>LL</b> Dinner Outing to Olive Garden</p>	<p>9:00 <b>CC</b> Errand Express-Douglassville Loop <b>15</b></p> <p>10:15 <b>PE</b> Seated Volleyball [CR]</p> <p>1:00 <b>CC</b> The Spring Street songsters &amp; Social to follow [A]</p> <p>1:00 <b>LL</b> Poker [3FWR]</p> <p>2:30 <b>LL</b> Bingo [2FK]</p> <p>6:00 <b>LL</b> Friday Flick- "The Santa Claus 3" Starring Tim Allen</p>	<p><b>16</b></p> <p>12:15 <b>LL</b> Mini Manicures [2FK]</p> <p>12:30 <b>SS</b> Bible Study"What does god Say..." W/ Deb &amp; Neil [PDR]</p> <p>12:45 <b>LL</b> Rummikub [3FGR]</p> <p>1:00 <b>CC</b> Sing-A-Long w/ Dave Antonio [A]</p> <p>2:30 <b>LL</b> Quarter/ Dime Bingo [2FK]</p> <p>3:30 <b>SS</b> Shuttle to St. Gabe's Catholic Church</p> <p>6:00 <b>CC</b> Sing-a-Long w/DB Girl Scout service Unit [A]</p> <p>7:00 <b>LL</b> Movie Night-"The Grinch" Starring Jim Carrey [T]</p>

# December 2017

## Independent Living Lifestyle & Leisure

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Friends &amp; Family Today</b> <b>17</b> <b>Happy Birthday to Pat Kerlin</b> 9:00 <b>SS</b> <b>Worship Service w/ the Moses Family [T]</b> 1:00 <b>SS</b> <b>Sunday Service w/ Fr. David from St. Gabe's [CR]</b> 2:00 <b>CC</b> <b>Christmas Caroling w/ Shenkel UCC w/ Social to follow [A]</b> 3:30 <b>CC</b> <b>Entertainment by the Zimmerman Family [A]</b> 6:00 <b>LL</b> <b>Movie Night-"The Polar Express" Starring Tom Hanks [T]</b>	9:00 <b>CC</b> <b>Errand Express-Walmart</b> <b>18</b> 10:00 <b>CC</b> <b>St Gabe's Kids Christmas Pageant [CR]</b> 12:45 <b>CC</b> <b>Christmas tour of Sue's House</b> 12:45 <b>LL</b> <b>Pinochle [3FGR]</b> 3:00 <b>LL</b> <b>Bingo [2FK]</b> 4:00 <b>LL</b> <b>Beer &amp; Wine w/ Tom on Piano</b> 6:00 <b>LL</b> <b>Kings in the Corner-Card Game [3FGR]</b> 6:15 <b>LL</b> <b>Neighborhood Christmas Light Tour</b>	8:00 <b>PE</b> <b>Walking Club</b> <b>19</b> 9:30 <b>LL</b> <b>Outing to The Dollar Tree</b> 10:30 <b>PE</b> <b>Noodle Ball [CR]</b> 1:00 <b>CC</b> <b>Sanatoga Ridge Chorus Performs &amp; Social to follow [A]</b> 1:00 <b>CC</b> <b>Senior Circle Bridge [3FGR]</b> 4:45 <b>CC</b> <b>Bingo Night At The Center at Spring Street</b> 6:00 <b>CC</b> <b>DBMS Chorus Performs [A]</b>	8:30 <b>Breakfast with the Managers [BB]</b> <b>20</b> 9:00 <b>PE</b> <b>Yoga [CR]</b> 10:15 <b>PE</b> <b>Zumba gold w/ Linda [CR]</b> 12:30 <b>LL</b> <b>Outing to Coventry Mall</b> 12:30 <b>CC</b> <b>DBHS Chorus Performs [A]</b> 12:45 <b>LL</b> <b>Canasta [3FGR]</b> 1:00 <b>Interfaith Service [CR]</b> 1:00 <b>PE</b> <b>Wii Bowling [3FBA]</b> 3:00 <b>LL</b> <b>Quarter/ Dime Bingo [2FK]</b> 6:00 <b>LL</b> <b>Movie Night:"White Christmas" Starring Bing Crosby</b> 6:00 <b>PE</b> <b>Pool</b>	8:00 <b>PE</b> <b>Walking Club</b> <b>21</b> 10:00 <b>PE</b> <b>B/P Check [PDR]</b> 10:30 <b>Outing to Rainbow Theater"Guess Who's Coming to Dinner"</b> 12:30 <b>LL</b> <b>"Just Us Gals" [T]</b> 1:00 <b>LL</b> <b>Poker [3FWR]</b> 3:30 <b>LL</b> <b>Happy Hour w/Maria Damore</b> 6:30 <b>CC</b> <b>Flute concert and social to follow [A]</b>	9:00 <b>CC</b> <b>Errand Express-Douglassville Loop</b> <b>22</b> 9:30 <b>CC</b> <b>St Gabe's Kids visit Santa [LR]</b> 10:30 <b>PE</b> <b>Seated Volleyball [CR]</b> 1:00 <b>AE</b> <b>Christmas Trivia &amp; Art Class w/ Tammy</b> 1:00 <b>LL</b> <b>Poker [3FWR]</b> 1:00 <b>CC</b> <b>Senior Circle Bridge [3FGR]</b> 2:30 <b>LL</b> <b>Christmas Bingo [2FK]</b> 4:00 <b>Catholic Communion Service [T]</b> 6:00 <b>CC</b> <b>Christmas Sing-A-Long w/ Friends and Social to follow [A]</b>	12:15 <b>LL</b> <b>Mini Manicures [2FK]</b> <b>23</b> 12:45 <b>LL</b> <b>Rummikub [3FGR]</b> 1:00 <b>CC</b> <b>The Boombadears Perform [A]</b> 2:30 <b>LL</b> <b>Quarter/ Dime Bingo [2FK]</b> 3:30 <b>SS</b> <b>Shuttle to St. Gabe's Catholic Church</b> 6:00 <b>LL</b> <b>Movie Night-"The Christmas Story" Starring Peter Billingsley [T]</b>
<b>Happy Birthday to Janet Francis</b> <b>24</b> <b>Christmas Eve</b> 9:00 <b>SS</b> <b>Worship Service w/ the Moses Family [T]</b> 1:00 <b>SS</b> <b>Christmas Service w/ Fr. David from St. Gabe's [CR]</b> 3:00 <b>CE</b> <b>Sunday Scrabble [3FGR]</b> 6:00 <b>LL</b> <b>Movie Night-"The Nativity Story" Starring Oscar Isaac [T]</b>	<b>Happy Birthday to Jean Magilton</b> <b>25</b> <b>Christmas Day</b> 8:30 <b>LL</b> <b>Coffee, Donuts &amp; Conversation [BB]</b> 12:45 <b>LL</b> <b>Pinochle [3FGR]</b> 4:00 <b>LL</b> <b>Beer &amp; Wine w/ Tom on Piano</b> 6:00 <b>LL</b> <b>Movie Night:"The Radio City Christmas Spectacular"</b> 6:00 <b>LL</b> <b>Kings in the Corner-Card Game [3FGR]</b>	8:00 <b>PE</b> <b>Walking Club</b> <b>26</b> 9:00 <b>CC</b> <b>Errand Express-Redner's</b> 9:00 <b>SS</b> <b>Grief Support Group w/ Don Eisenhower [CR]</b> 10:30 <b>PE</b> <b>Noodle Ball [CR]</b> 2:00 <b>PE</b> <b>Seated Yoga w/ Vicky [CR]</b>	<b>Happy Birthday to John Rutkowski</b> <b>27</b> 9:00 <b>PE</b> <b>Yoga [CR]</b> 10:30 <b>PE</b> <b>Seated Exercise [CR]</b> 12:45 <b>LL</b> <b>Canasta [3FGR]</b> 1:00 <b>PE</b> <b>Wii Bowling [3FBA]</b> 3:00 <b>LL</b> <b>Quarter/ Dime Bingo [2FK]</b> 6:00 <b>PE</b> <b>Tai Chi [CR]</b> 6:00 <b>PE</b> <b>Pool</b>	8:00 <b>PE</b> <b>Walking Club</b> <b>28</b> 10:00 <b>LL</b> <b>90's Group [3FGR]</b> 10:00 <b>PE</b> <b>B/P Check [PDR]</b> 11:30 <b>LL</b> <b>Lunch outing at Cutillo's</b> 12:30 <b>LL</b> <b>"Just Us Gals" [T]</b> 1:00 <b>LL</b> <b>Poker [3FWR]</b> 1:30 <b>CC</b> <b>Sing A long W/ Tom &amp; Mary [LR]</b> 2:30 <b>Cash in your Bingo Bucks [2FK]</b> 3:30 <b>LL</b> <b>Happy Hour w/Lorrie &amp; James</b>	8:00 <b>PE</b> <b>Walking Club</b> <b>29</b> 9:00 <b>CC</b> <b>Errand Express-Douglassville Loop</b> 10:15 <b>PE</b> <b>Seated Volleyball [CR]</b> 1:00 <b>LL</b> <b>December Birthday Celebration</b> 1:00 <b>LL</b> <b>Poker [3FWR]</b> 2:30 <b>LL</b> <b>Bingo [2FK]</b> 6:00 <b>LL</b> <b>Friday Flick- Residents Choice</b>	<b>Happy Birthday to Norma Goddard</b> <b>30</b> 12:15 <b>LL</b> <b>Mini Manicures [2FK]</b> 12:45 <b>LL</b> <b>Rummikub [3FGR]</b> 2:30 <b>LL</b> <b>Quarter/ Dime Bingo [2FK]</b> 3:30 <b>SS</b> <b>Shuttle to St. Gabe's Catholic Church</b> 6:00 <b>LL</b> <b>Movie Night-"A Christmas Prince" Starring Rose Mclver [T]</b>
<b>New Year's Eve</b> <b>31</b> 9:00 <b>SS</b> <b>Worship Service w/ the Moses Family [T]</b> 1:00 <b>SS</b> <b>Sunday Service w/ Fr. David from St. Gabe's [CR]</b> 2:45 <b>LL</b> <b>Erwin Chandler Performs [A]</b> 7:00 <b>LL</b> <b>New Years Eve Party w/ Monkey Business [A]</b>						