Pacifica Tidings

PACIFICA
SENIOR LIVING
SANTA FE
Assisted Living
Memory Care

December 2018

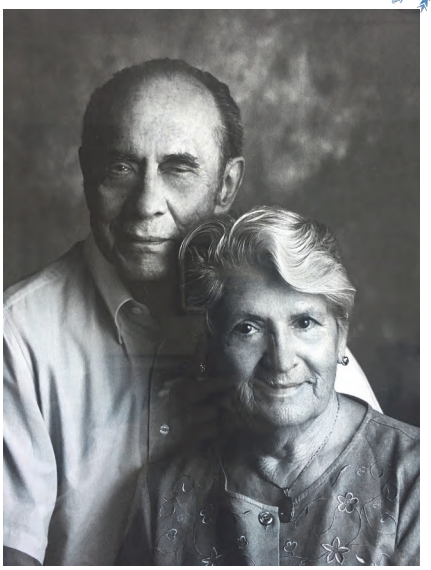
A Note from the Executive Director

Join in the Pacifica Holiday Traditions:
Traditions represent a critical piece of our culture. They help form the structure and foundation of our families and our society. They remind us that we are part of a history that defines our past, shapes who we are today and who we are likely to become.

- Tradition contributes a sense of comfort and belonging.
- Tradition showcases and reinforces our values
- Tradition offers a chance to say “thank you” for the contribution that someone has made
- Tradition enables us to showcase and celebrate our diversity
- Tradition serves as an avenue for creating lasting memories
- Tradition offers a context for meaningful pause and reflection

We here at Pacifica will be starting many new traditions including the Luminaria Walk and New Mexican Supper and our residents Holiday Dinner. We look forward to incorporating our residents, friends and teams’ traditions into our wonderful Pacifica family. Happy holidays to one and all!
Tommy Aragon, Executive Director, RN

Who am I?



Pacifica
Holiday Family Meal

Sunday, December 2nd
11:30 am -1:30 pm

Make reservations to join your Pacifica family for a Holiday Meal!

505-438-8464

Special Events & Memorable Moments

Luminaria Walk
4:30 pm - 6:30 pm

Wednesday, December 12th

Join us for a traditional New Mexican dinner and luminaria lighting

Winter Clothing Drive

Casa Real and Legacy Hospice are teaming up to keep our local seniors stay warm this winter. Please drop off new and gently used winter clothing at **the front desk**

ITEMS NEED
- Jackets
- Sweaters
- Pajamas
- Warm Socks
- Gloves
- Beanies

CAROLING

Come sing with our residents on **December 11th and 18th** at 10:30 am for a morning of caroling!

Thank you to our Pacifica Family for accompanying us this Thanksgiving. We are all thankful for each and every one of you!

Upcoming Outings

December 4th- Shopping at **1:30 pm**
December 7th- Lunch at **10:30 am**
December 11th- Caroling at **10:30 am**
December 14th- Drive through the Plaza to see the lights at **5:00 pm**
December 18th- Caroling at **10:30 am**
December 21st- Shopping at **10:30 am**
December 28th- City of Gold at **10:30 am**

Health and Fitness

Dance Party
Everyday at 9:30 am and 3:00 pm in Memory Care

Dancersize with Ricky
Every Tuesday at 3:30pm and Thursday at 1:30pm

Exercise Everyday
Endurance, Balance, Sittercise, Bowling, and more!

A Little Chile?

Here are 5 ways to stay warm and fit during the winter here at Pacifica

1. Look out into our beautiful courtyard while enjoying a cup of hot coco
2. Treat yourself to some time in our spa to wind down for the day
3. Join us on Tuesdays and Thursdays for Dancersize with Ricky to get the blood pumping
4. Relax and get a hand massage in our Namaste Room in Memory Care
5. Bundle up and participate in our Luminaria Walk this month with friends and family

JESSIE'S SALON

LOCATED ON THE 2ND FLOOR

9am—4pm
Wednesday-Friday

Cell: 505-699-0392 or 505-438-8464 Ext. 405

Birthdays

Paul
12/11

Joan
12/15

Bill
12/23

Ginny
12/28

Spiritual Activities

2nd & 4th Monday
Father Duncan
10:00 am
Communion Services

1st & 3rd Tuesday
Father Duncan
2:00 - 3:00 pm
Room Visits & Rosary

Friday
Father Earl
11:00 am
Catholic Communion Services

Sunday
Linde
10:30 am
Catholic Communion

Sunday
Deacon Gary
4:00pm
Teaching

Who Am I?
(answer)

Ciao! Mi chiamo Giuila! Hi, my name is Giuila. I was born in Italy! I can speak 4 languages. My absolute favorite dessert is chocolate - chocolate anything!

Thank you to Amber Care and Clear Captions for helping us put together a memorable Veteran's Day Celebration. We would also like to thank all of our veterans here at Pacifica. We are honored to have you here.

Management Team

Tommy Aragon
Executive Director

David Pacheco
Memory Care Director

Martha Smith
Dining Services Director

Marta Chavez
Community Relations Director

Edna Montoya
Resident Care Director

Anna Harland
Activities Director

Seferina Post
Business Office Manager

Daniel Roybal
Environmental Services Director

Our Mission

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family.

We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect.

Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.

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Santa Fe, NM 87505
(505) 438-8464

Welcome Home!