

SUN	MON	TUE	WED	THUR	FRI	SAT	
9:30 Coffee & Conversations (LB) 10:00 Catholic Service with St. Gabriels 10:00 Forever Fit: Resident's Choice (FR) 10:30 Cranium Crunches (HR) 1:00 Panthers Vs. Saints Viewing Party (LR) 2:00 National Bacon Day Taste Test! (C) 3:00 BINGO (HR) 4:00 Yahtzee! (L)	30 New Year's Eve 9:00 Forever Fit: Arms (FR) 10:00 Forever Fit: Arms (FR) 10:30 New Year's Resolutions (HR) 11:30 Lunch at Texas Roadhouse 2:30 Year End Review Chat (L) 3:00 HH Snack Prep: Taco Dip (HR) 3:30 Happy Hour (C)	31 ROOM KEY C - Cafe DR - Dining Room FR - Fitness Room HR - Hobby Room L - Library LR - Living Room LB - Lobby T - Theatre	<u>Happy Birthday!</u> 2nd - Florence Rubin 14th - Adel Barsoum 21st - Doris Pridgen 29th - Ruth Gardner 30th - Martha Smith	All activities will last 30-45 minutes and are subject to change. Please refer to flyers for updates.		9:30 Saturday Errands with John! 10:00 Forever Fit: Chair Exercise (FR) 10:30 December IQ (HR) 2:00 Sweet Tooth Social (C) 3:00 Rosa Parks Day Disussion (L) 3:00 Joy Ride 4:00 Darts & Pool (LR) 6:30 Movie Night	
Hanukkah Begins at Sundown 9:30 Coffee & Conversations (LB) 10:00 Catholic Service with St. Gabriels 10:00 Forever Fit: Resident's Choice (FR) 10:30 Trivial Pursuit (HR) 1:00 Panthers Vs. Buccaneers Viewing Party (LR) 2:00 Providence Baptist Worship Service (T) 3:00 BINGO (HR) 4:00 The Beginning of Hanukkah Celebration (C)	2 9:00 Forever Fit: Arms (FR) 10:00 Forever Fit: Arms (FR) 10:30 Dominoes (HR) 11:30 Lunch at Cafe Monte 2:30 Rosanne Presents: "The Beautiful Songs of the Holidays" (T) 3:00 HH Snack Prep - Sweet Potato & Apple Latkes (HR) 3:30 Happy Hour (C) 5:30 Chanukah Celebration - Menorah Lighting & Songs (L)	3 9:00 Forever Fit: Arms (FR) 10:00 Forever Fit: Arms (FR) 10:30 Dominoes (HR) 11:30 Lunch at Cafe Monte 2:30 Rosanne Presents: "The Beautiful Songs of the Holidays" (T) 3:00 HH Snack Prep - Sweet Potato & Apple Latkes (HR) 3:30 Happy Hour (C) 5:30 Chanukah Celebration - Menorah Lighting & Songs (L)	4 9:00 Forever Fit: Legs (FR) 10:00 Holiday Open House (10:00-1:00) (LR) 10:00 Forever Fit: Legs (FR) 10:30 Trivia Tuesday (HR) 2:00 Bridge Group 1 (L) 2:00 Movie Matinee (T) 2:30 Pet Therapy with George 3:00 Machine Circuits (FR) 4:00 Afternoon Tea (C)	5 9:00 Forever Fit: Core (FR) 10:00 Forever Fit: Core (FR) 10:30 Name 5 (HR) 1:00 Kids Caroling 2:00 Bible Study with Peggy Washko (T) 3:00 Cornhole (FR) 4:00 Walt Disney Day Documentary (T) 4:30 Hanukkah Dinner Party (4:30-6:30) (DR) 6:00 Providence Baptist Children's Choir (DR)	6 9:00 Forever Fit: Cardio (FR) 10:00 Forever Fit: Cardio (FR) 10:30 Pokeno (HR) 1:00 Pet Therapy with Bentley! 2:00 Music with George DeMott (C) 2:15 Bridge Group 2 (L) 3:00 Balloon Volleyball (FR) 4:00 Hot Cocoa Social (C)	7 Pearl Harbor Remembrance Day 9:00 Forever Fit: Full Body (FR) 10:00 Forever Fit: Full Body (FR) 10:30 Remembering Pearl Harbor (HR) 11:00 Shabbat Service (L) 12:30 Outing to: The Nutcracker 2:00 Bingo! (HR) 2:45 Ladderball (FR) 3:30 Happy Hour (C) 6:30 Movie Night (T)	8 10:00 Forever Fit: Chair Exercise (FR) 10:30 Outing to Krispy Kreme 11:00 Dazzle Jewelry Sale (11:00-2:00) (C) 2:00 Rummikub (L) 3:00 Outing to the Christmas Performance at Central Church 4:00 Science Documentary: The World of Fungi (L) 6:30 Movie Night
9:30 Coffee & Conversations (LB) 10:00 Catholic Service with St. Gabriels 10:00 Forever Fit: Resident's Choice (FR) 10:30 Game: Shut the Box! 1:00 Panthers vs. Browns Viewing Party (LR) 2:00 Higgins Piano Recital (DR) 2:00 Central Church Worship Service (T) 3:00 BINGO (HR) 4:00 Decorating Cookies (HR)	9 9:00 Forever Fit: Arms (FR) 10:00 Forever Fit: Arms (FR) 10:30 Game: Shut the Box! 1:00 Panthers vs. Browns Viewing Party (LR) 2:00 Higgins Piano Recital (DR) 2:00 Central Church Worship Service (T) 3:00 BINGO (HR) 4:00 Decorating Cookies (HR)	10 9:00 Forever Fit: Arms (FR) 10:00 Forever Fit: Arms (FR) 10:30 Outing to the Chanukah Luncheon at JCC 2:30 Christmas Crafting (HR) 3:00 HH Snack Prep - Deviled Eggs (HR) 3:30 Happy Hour (C)	11 9:00 Forever Fit: Legs (FR) 10:00 Forever Fit: Legs (FR) 10:30 Trivia Tuesday (HR) 2:00 Bridge Group 1 (L) 2:00 Movie Matinee (T) 2:30 Pet Therapy with George 3:00 Machine Circuits (FR) 3:30 Resident Council (HR) 4:00 Afternoon Tea (C)	12 9:00 Forever Fit: Core (FR) 10:00 Operation Sandwich for Urban Ministries (C) 10:00 Forever Fit: Core (FR) 10:30 Twelve Days of Christmas Puzzle (HR) 2:00 Chair Yoga with "Feel Good Yoga Girl" (FR) 3:00 Writing Christmas Cards (C) 4:00 The Price is Right Game (C) 5:30 Outing to Speedway Christmas Lights	13 9:00 Forever Fit: Cardio (FR) 10:00 Forever Fit: Cardio (FR) 10:30 Encore Choir Performance (DR) 1:00 Pet Therapy with Bentley! 1:30 Brandy the Mini Horse Visits! 2:00 Cocktail Hour: Eggnog Lattes (C) 2:15 Bridge Group 2 (L) 3:00 Toss N Talk 4:00 Scrabble Challenge (L)	14 9:00 Forever Fit: Full Body (FR) 10:00 Forever Fit: Full Body (FR) 10:30 Outing to Gingerbread Lane 2:00 Bingo! (HR) 2:45 Ping Pong Practice (C) 3:30 Happy Hour (C) 6:30 Movie Night (T)	15 9:30 Saturday Errands with John 10:00 Forever Fit: Chair Exercise (FR) 10:30 Nancy Brown's Piano Recital (DR) 2:00 Baking Bunch! (HR) 3:00 Joy Ride 3:00 Wine & Design (HR) 4:00 Brain Teasers (LR) 6:30 Movie Night
9:30 Coffee & Conversations (LB) 10:00 Catholic Service with St. Gabriels 10:00 Forever Fit: Resident's Choice (FR) 10:30 Card Game: HOI (HR) 1:00 Play Outing: Miracle on 34th St. 2:00 Providence Baptist Worship Service (T) 3:00 BINGO (HR) 4:00 Jewelry Class (HR)	16 9:00 Forever Fit: Arms (FR) 10:00 Forever Fit: Arms (FR) 10:30 Holiday Scategories (HR) 11:30 Lunch at Vivace 2:30 Giant Crossword (L) 3:00 HH Snack Prep - Grinch Kabobs (HR) 3:30 Happy Hour (C)	17 9:00 Forever Fit: Arms (FR) 10:00 Forever Fit: Arms (FR) 10:30 Holiday Scategories (HR) 11:30 Lunch at Vivace 2:30 Giant Crossword (L) 3:00 HH Snack Prep - Grinch Kabobs (HR) 3:30 Happy Hour (C)	18 9:00 Forever Fit: Legs (FR) 10:00 Forever Fit: Legs (FR) 10:30 Trivia Tuesday (HR) 2:00 Bridge Group 1 (L) 2:00 Movie Matinee (T) 2:30 Pet Therapy with George 3:00 Machine Circuits (FR) 4:00 Afternoon Tea (C)	19 9:00 Forever Fit: Core (FR) 10:00 Forever Fit: Core (FR) 10:30 Who Am I? (HR) 12:00 Parkinson's Support Group (L) 2:00 David Jennings on the Piano! (DR) 3:00 Fitness Lecture (T) 3:00 Holiday Craft (HR) 4:00 Left, Right, Center (C)	20 9:00 Forever Fit: Cardio (FR) 10:00 Forever Fit: Cardio (FR) 1:00 St. Gabe's Catholic Service (T) 1:00 Pet Therapy with Bentley! 2:00 Culinary Creations with Chef Michael (HR) 2:15 Bridge Group 2 (L) 3:00 Elf Scavenger Hunt (LR) 5:00 Resident Birthday Dinner! (DR)	21 December Solstice 9:00 Forever Fit: Full Body (FR) 10:00 Forever Fit: Full Body (FR) 10:30 Outing to Billy Graham Library 2:00 Bingo! (HR) 2:45 Walking Club (FR) 3:30 Happy Hour (C) 6:30 Movie Night (T)	22 10:00 Forever Fit: Chair Exercise (FR) 10:30 Finish The Line: Christmas Edition (HR) 2:00 White Elephant Christmas Party! (HR) 3:00 FROST Bingo (HR) 4:00 Hott Tea Social (C) 6:30 Movie Night
9:30 Coffee & Conversations (LB) 10:00 Catholic Service with St. Gabriels 10:00 Forever Fit: Resident's Choice (FR) 10:30 Holiday Hangman (HR) 1:00 Panthers Vs. Falcons Viewing Party (LR) 2:00 Making Smore's (HR) 3:00 BINGO (HR) 4:00 Spelling Bee Challenge (LR)	23 Christmas Eve 9:00 Forever Fit: Arms (FR) 10:00 Forever Fit: Arms (FR) 10:30 Name that Tune! (HR) 11:00 Christmas Buffet Luncheon (11:00-2:00) 2:00 John Lewis in Memory Care (MC) 3:00 HH Snack Prep - Peanut Butter Reindeers (HR) 3:30 Happy Hour (C)	24 Christmas Eve 9:00 Forever Fit: Arms (FR) 10:00 Forever Fit: Arms (FR) 10:30 Name that Tune! (HR) 11:00 Christmas Buffet Luncheon (11:00-2:00) 2:00 John Lewis in Memory Care (MC) 3:00 HH Snack Prep - Peanut Butter Reindeers (HR) 3:30 Happy Hour (C)	25 Christmas Day 9:00 Forever Fit: Legs (FR) 10:00 Forever Fit: Legs (FR) 10:30 Trivia Tuesday (HR) 2:00 Bridge Group 1 (L) 2:00 Movie Matinee (T) 2:30 Pet Therapy with George 3:00 Machine Circuits (FR) 4:00 Afternoon Tea (C)	26 Kwanzaa (until Jan 1) 9:00 Forever Fit: Core (FR) 10:00 Forever Fit: Core (FR) 10:30 Uno! 2:00 Metropolitan Music Ministries (DR) 3:00 Deep Breathing & Stretch (FR) 3:00 Winter Gardening (HR) 4:00 Learn About it: Kwanzaa (L)	27 9:00 Forever Fit: Cardio (FR) 10:00 Forever Fit: Cardio (FR) 10:30 Apples to Apples (HR) 1:00 Pet Therapy with Bentley! 2:00 Waltonwood Welcome Social (C) 2:15 Bridge Group 2 (L) 3:00 Chair Yoga (FR) 4:00 Armchair Travel (T)	28 9:00 Forever Fit: Full Body (FR) 10:00 Forever Fit: Full Body (FR) 10:30 Shopping at Harris Teeter 2:00 Bingo! (HR) 2:45 Shuffleboard Competition (FR) 3:30 Happy Hour (C) 6:30 Movie Night (T)	29 9:30 Saturday Errands with John! 10:00 Forever Fit: Chair Exercise (FR) 10:30 Starbucks Run! 1:30 Party Prep Crew (LR) 2:00 Resident Birthday Party! (C) 3:00 Karaoke Time! (LR) 4:00 Word Puzzles (C) 6:30 Movie Night

