December 2018 Memory Support		NY YE		*		created created with capely
9:30 SS Let's Hear some Hymnals 10:30 PE Sunday Stretches 11:00 C Walker's Club 2:25 Broncos Vs Chargers! 3:00 AE Looking into Lyrics 5:30 LL Book Club 6:30 CE Words of Wisdom	New Year's Eve 10:30 AE Collaborative Environment! 11:00 Support Our Stroll! 12:00 SS Noon Year's Eve Party 2:00 CE Good News Network! 3:00 PE Early Evening Exercises 6:00 New Year's Rockin' Eve on ABC Part 1 8:00 New Year's Rockin' Eve on ABC Part 2	Northglenn Heights Assisted Living & Memory Care Community	Wednesday 11475 Pearl Street Northglenn, CO 80233 303-452-0501	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support		Saturday 10:00 PE Simple Saturday Stretches 11:00 CC Walker's Club 11:30 AE Pleasant Poetry 2:30 SS New Life Church in A.L. 3:00 CE Subjects Shared by Staff 6:00 The Lawrence Welk Show on PBS
9:30 SS Let's Hear some Hymnals 10:30 PE Sunday Stretches 11:00 LL Broncos Vs Bengals! 3:00 AE Looking into Lyrics 5:30 LL Book Club 6:30 CE Words of Wisdom	10:30 AE Collaborative Environment! 11:00 CC Support Our Stroll!	10:00 AE Poetry Club 10:30 PE Move, Groove, then Sooth 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CE Good News Network! 3:00 PE ALL Bowlers 2 A.L.! 6:00 LL Jeopardy on FOX	9:30 PE Optimal Exercise in A.L! 10:00 CE Bird-man Volunteer w/ Cheer 10:30 SS Catholic Communion & Blessing 10:30 M.O.V.E. = Monthly Optimal Vital's Experience 1:30 AE Amusing Music 3:00 CE Teachable Moments 6:30 Wheel of Fortune on Wednesday	2:00 CE Good News Network! 3:00 AE Seasonal Creations 6:00 Thursday Night	10:00 PE Chair Zumba in A.L. 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 CE Good News Network! 3:00 Entertainment in A.L. 6:00 CE Weekly Chronicles	10:00 PE Simple Saturday Stretches 11:00 Walker's Club 11:30 AE Pleasant Poetry 2:30 SS New Life Church in A.L. 3:00 CE Subjects Shared by Staff 6:00 1 9News Parade of Lights!
9:30 SS Let's Hear some Hymnals 10:30 PE Sunday Stretches 11:00 CC Walker's Club 2:05 LL Broncos Vs 49ers! 3:00 AE Looking into Lyrics 5:30 LL Book Club 6:30 CE Words of Wisdom	9:30 Silly OI Shows 10:30 AE Collaborative Environment! 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CE Good News Network! 3:00 PE Early Evening Exercises 6:15 Monday Night Football on ESPN	10:00 AE Poetry Club 10:30 PE Move, Groove, then Sooth 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CC Men's Group in A.L. 3:00 PE ALL Bowlers 2 A.L.! 6:00 LL Jeopardy on FOX	9:30 PE Optimal Exercise in A.L! 10:30 SS Catholic Communion & Blessings 11:00 Support Our Stroll! 1:30 AE Amusing Music 3:00 CE Teachable Moments 6:30 Wheel of Fortune on Wednesday	10:00 Morning Bingo 11:00 Let's Move It! 1:15 SS L.D.S. Choir in A.L. 2:00 CE Good News Network! 3:00 AE Seasonal Creations 6:00 L Thursday Night Football	10:00 PE Chair Zumba in A.L. 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 CE Good News Network! 3:00 CE Entertainment in A.L. 7:00 III I Love Lucy Christmas Special on CBS	10:00 PE Simple Saturday Stretches 11:00 CC Walker's Club 11:30 AE Pleasant Poetry 2:30 SS New Life Church in A.L. 3:00 CE Subjects Shared by Staff 6:20 Broncos Vs Browns
9:30 SS Let's Hear some Hymnals 10:30 E Sunday Stretches 11:00 Walker's Club 3:00 E Looking into Lyrics 5:30 Book Club 6:30 E Words of Wisdom	9:30 Silly OI Shows 10:30 AE Collaborative Environment! 11:00 CO Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CE Good News Network! 3:00 PE Early Evening Exercises 6:15 Monday Night Football on ESPN	10:00 AE Poetry Club 11:00 Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CE Good News Network! 3:00 PE ALL Bowlers 2 A.L.! 5:30 Our Community Support Meeting 6:00 LL Jeopardy on FOX	9:30 PE Optimal Exercise in A.L! 10:00 CE Bird-man Volunteer w/ Cheer 10:30 SS Catholic Communion & Blessings 11:00 Support Our Stroll! 1:30 AE Amusing Music 2:30 CE Taste & Tell 6:30 LL Wheel of Fortune on Wednesday	10:00 Morning Bingo 11:00 Let's Move It! 12:00 Veteran's Lunch w/ A.L. 1:15 SS L.D.S. Choir in A.L. 2:00 CE Good News Network! 3:00 AE Seasonal Creations 6:00 Thursday Night Football	10:00 PE Chair Zumba in A.L. 11:30 SS Words to Fill Our Spirit 12:00 LL Christmas Lunch Buffet 1:00 AE Fancy Nails on Friday! 2:00 CE Good News Network! 3:00 CE Entertainment in A.L. 6:00 CE Weekly Chronicles	10:00 PE Simple Saturday Stretches 11:00 CC Walker's Club 11:30 AE Pleasant Poetry 2:30 SS New Life Church in A.L. 3:00 CE Subjects Shared by Staff 6:00 The Lawrence Welk Show on PBS
9:30 SS Let's Hear some Hymnals 10:30 PE Sunday Stretches 11:00 Walker's Club 3:00 AE Looking into Lyrics 5:30 Book Club 6:30 CE Words of Wisdom	9:30 Silly OI Shows 10:30 Collaborative Environment! 11:00 Co Support Our Stroll!	Christmas Day 10:00 AE Christmas Poems 10:30 AE Move, Groove, then Sooth 11:00 C 25 Things to Share & More 11:30 SS Words to Fill Our Spirit 1:00 Movie: A Christmas Story 3:00 E 25 Things to Share & More 6:00 Movie: White Christmas	9:30 PE Optimal Exercise in A.L! 10:30 SS Catholic Communion & Blessings 11:00 Support Our Stroll! 1:30 AE Amusing Music 3:00 CE Teachable Moments 6:30 Wheel of Fortune on Wednesday	10:00 Morning Bingo 11:00 E Let's Move It! 1:15 S L.D.S. Choir in A.L. 2:00 E Good News Network! 3:00 E Seasonal Creations 6:00 Thursday Night Football	10:00 E Chair Zumba in A.L. 11:30 S Words to Fill Our Spirit 1:00 E Fancy Nails on Friday! 2:00 E Good News Network! 3:00 Entertainment in A.L. 6:00 E Weekly Chronicles	10:00 Simple Saturday Stretches 11:00 Walker's Club 11:30 AE Pleasant Poetry 2:30 SS New Life Church in A.L. 3:00 CE Subjects Shared by Staff 6:00 The Lawrence Welk Show on PBS Continued at top