

# CHERRY HILL CONNECT

DECEMBER 2018



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## HAPPY HOLIDAYS!

As the year comes to a close, we wanted to take this moment to wish everyone in our community a happy holiday season. We are so excited to spend it with you as we say goodbye to 2018 and welcome in 2019. Among the holiday-themed activities we have planned to celebrate the season: we will be having a Holiday Open House on December 6<sup>th</sup>, touring Detroit's Historic Trinity Church on December 13<sup>th</sup>, our annual Holiday Family Dinner on December 20<sup>th</sup>, and our New Years Party will be December 29<sup>th</sup>.

In addition, we're thrilled to be hosting several special Christmas-themed performances at Waltonwood Cherry Hill this month. The Bethlehem Baptist Music Ministry will be performing a Christmas concert on December 9<sup>th</sup>, and the Cherry Hill Choir's Christmas Around The World Concert will be on December 12<sup>th</sup>.

From all of us at Waltonwood Cherry Hill to all of you and your families, happy holidays. We look forward to all to come in 2019.

## COMMUNITY MANAGEMENT

Deanna Hite  
Business Office Manager

Kara Triplett  
Culinary Service Manager

Lindsay Orlor  
Housekeeping Supervisor

April Marcotte  
Independent Living Manager

Ariel Starr  
Independent Living Life  
Enrichment Manager

Allison Bock  
Assisted Living Life Enrichment  
Manager

Candice Jones  
Memory Care Life Enrichment  
Manager

Mary Hoskins  
Interim Memory Care Life  
Enrichment Manager

Renee Ralsky  
Marketing Manager

Jolene Maples  
Move In Coordinator

Monique Sartor  
Resident Care Manager

Tiffany Woodson  
Wellness Coordinator



# ASSOCIATE SPOTLIGHT

Ulysses Edmonson, caregiver is a hardworking individual, who brings fun and laughter to the shift. His kind sweet personality makes each day brighter for the residents, their families, and the staff. Ulysses enjoys singing karaoke to the residents to get them involved and to bring a home and family-like environment to the community. Ulysses goes above and beyond to help his team wherever he is needed, and he does so with a smile. He is quick to jump in and make the best of any situation. He is truly a great example of a team player and great customer service.



# NOVEMBER HIGHLIGHTS

01

National Button Day  
Creative Station Jewelry  
Making

02

National Gingerbread  
Cookie Day Social



03

America's Thanksgiving  
Day Parade Company  
Tour Outing

04

Veterans Day Ceremony:  
American Legion Post 32  
Livonia Honor Guard



# MULTIDIMENSIONAL WELLNESS AT WALTONWOOD

It seems hard to believe that another holiday season is already upon us. Whether it's searching for the perfect gift for a loved one or filling our calendars with parties and gatherings, there just never seems to be enough time to squeeze in all the season has to offer. The hustle and bustle of December can certainly be hectic but don't let the holiday stress slow you down, keep these "3M's" in mind during the coming weeks to ensure you have a happy and healthy holiday.

- **Moderation.** Try to keep your favorite treats within reason, you'll feel better and still get to enjoy those things you love.
- **Move.** Aim for 30 minutes of exercise each and every day to keep healthy and strong all winter long.
- **Manage Stress.** Find healthy outlets and let the joy and laughter that our family and friends bring help to manage even the most stressful days.

Have a safe, happy and healthy holiday!

# TRANSPORTATION INFORMATION

Waltonwood offers transportation via bus or car for resident appointments and activity outings Monday through Friday.

The bus is free for trips under 10 miles. If the trip is longer than 10 miles, a fee of \$2 per mile will be charged. Residents are not charged mileage for group activity outings.

All sign up sheets for activity outings, church outings, etc, can be found in the Outing Binder in the Assisted Living Post Office. You must sign up by writing your name and apartment number on the respective sheet.

In addition to the regularly scheduled outings found on the Life Enrichment Calendar, here are our special outings for the month of December:

- 13<sup>th</sup>- Leaving at 9am- Historic Trinity Lutheran Church Christmas Tour (Detroit)
- 21<sup>st</sup>- Leaving at 10am- Cornwells Turkeyville for Christmas Play and Full Christmas Dinner

# DECEMBER SPECIAL EVENTS

01

Christmas Decorating with St. Thomas a’ Becket 8<sup>th</sup> Graders on Saturday, December 1<sup>st</sup> starting at 10am

02

Live Entertainment with Tom Birchler on Wednesday, December 5<sup>th</sup> at 2pm

03

Chrsitmas Around the World Concert with IL Cherry Hill Choir on Wednesday, December 12<sup>th</sup> at 2pm

04

December Birthday and Holiday Party with Live Entertainment by Craig Marsden on Wednesday, December 19<sup>th</sup> at 2pm



# EXECUTIVE DIRECTOR CORNER

Dear Waltonwood Residents and Families,

I hope everyone had a blessed and happy Thanksgiving this year. It is with a heavy heart and much consideration that I am informing you that I have accepted another position at a different senior living community and will be leaving the Waltonwood family on November 30, 2018. I am feeling mixed emotions as I write my final ED newsletter. I want to take this time to thank all of you for your friendship, trust, and support. My time here has been very memorable. Each and every one of you has touched my heart deeply. I will always cherish my experiences here and will miss all of you dearly.

I wish all of you the best of health and happiness throughout the holidays and into the new year. Thank you so much for taking me into your home and making me feel like family.

Sincerely, Sherie Ingels





# Celebrating Birthdays In December

## Resident Birthdays:

- 12/2- Arthella M.
- 12/13- Marge W.
- 12/14- Betty D.
- 12/23- Nicholas W.

## Associate Birthdays:

- 12/6- Jennifer B.
- 12/10- Naquita C.
- 12/19- Elaine F.
- 12/19- Precious V.
- 12/29- Zakearra C.

# CHEF’S COOKING DEMONSTRATIONS

01

National Cookie Day- Culinary Creation  
Decorating Christmas Cookies on  
Tuesday, December 4<sup>th</sup> at 10:45am

03

National Cocoa Day- Social with Cocoa  
Bar on Thursday, December 13<sup>th</sup> at  
2pm

## Peppermint Bark

Yields: 12 Servings  
Prep Time: 10 Minutes  
Total Time: 50 Minutes

Ingredients:  
12oz. Semisweet Chocolate, chopped  
12oz. White Chocolate, chopped  
½ tsp. Peppermint Extract  
8 Candy Canes, crushed

1. Line a baking sheet with parchment paper. Fill the bottom of a large pot with 3” water and bring to simmer over medium heat. Reduce heat to low, then place a large heatproof bowl on top. Add semi-sweet chocolate and stir occasionally until chocolate has melted. Pour into prepared baking sheet and spread into an even layer with an offset spatula. Refrigerate until set, about 20 minutes.
2. Over the same pot of barely simmer water, place another large heatproof bowl. Add white chocolate and stir until melted. Pour over set semi-sweet chocolate then top immediately with candy canes. Refrigerate until set, about 20 minutes.

02

Culinary Creation with Pastry Chef  
Virginia: Gingerbread House  
Making/Decorating on Tuesday,  
December 11th at 10:45am

04

Holiday Family Dinner on Thursday,  
December 20<sup>th</sup>



# \$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately?  
When you refer someone to a Waltonwood  
community, they'll thank you for it - and then we'll  
thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!