



2979 East Barnett Road
Medford, OR 97504

STAMP
HERE



Administrative Team:

CHARLEY PARKER
Executive Director

LOIS PAYNE
Assistant Executive Director

JESSICA TAYLOR
Business Office Director

NONA MCDOWELL
Registered Nurse

ALLEN HALL
Dining Services Director

KIM WILLIAMS
Maintenance Director

ERINN AGNE
Life Enrichment Director

Contact us: (541) 779-6943



**Our mission is to create and sustain
comfortable, caring environments
for those who depend on us.**

Barnett Woods Bulletin

Independent Living & In-Home Care Newsletter

In This Issue:

- 2 • Holiday Volunteer Opportunities
- 3 • Highlighted Resident & Team Member
- 4 & 5 • December Activities Calendar
- 6 • Birthdays, Highlights, Social Media
- 7 • Our Photos & Holiday Comforts
- 8 • Mission, Team, Contact Us

December 2018



Holiday Volunteer Opportunities

AS the holiday season nears, it is a great time to bring joy, and help those in need. For seniors who wish to do so, there are a lot of causes to consider!



Create Cards and Letters

Brighten another's day or help one through a tough situation with a card or letter. Two options: www.cardsforhospitalizedkids.com and www.amillionthanks.org

Help Meals on Wheels

Volunteer locally or decorate lunch bags and placemats for Meals on Wheels recipients!

Craft for a Cause

Reach out to a local hospital, homeless shelter, or community assistance organization to see what handmade supplies are accepted. Form a group with others who wish to devote time to a craft for others. Hats, blankets, bags, mittens, slippers, pillows, stuffed toys, heating pads, and art are all beloved crafts.

Explore Senior Corps

Visit Senior Corps online and look into their programs for seniors, such as being a foster grandparent or a companion at www.nationalservice.gov/programs/senior-corps

Help Children Read

One organizations that seeks such volunteers is AARP's Foundation Experience Corps. There are many more online. Also ask local libraries and elementary schools.

Sponsor a Child

The Salvation Army's Angel Tree Program welcomes sponsors to purchase new clothing and toys for children in need.

Additional Volunteering Ideas

Resources for finding a program through which to help include www.VolunteerMatch.org and www.generationtogenation.org. Both seek seniors wishing to give their time.

Also consider volunteering for:

- American Red Cross
- Boy Scouts of America
- Boys and Girls Club of America
- Child Welfare League of America
- Girl Scouts USA
- Greenpeace USA
- Make-A-Wish Foundation
- National Park Service
- St. Jude Children's Research Hospital
- Susan G. Komen Foundation
- United Nations (with online opportunities)
- United Way

To all who plan to take part in an act of helping another this holiday season, thank you. There is no act of kindness too small.

"Photography has nothing to do with cameras."

-Lucas Gentry



What's your cozy holiday comfort?

"The fireplace"

- Trena

"Christmas Songs"

- Billie-Jo

"Egg Nog"

- Lori

"Pumpkin Pie"

- Bob

"Cuddling up to friends & family"

- Joan

"My husband, Bob."

- Barbara

December Highlights

- December 1: Medford Holiday Tree Display
- December 2: Shopping at Rogue Valley Mall
- December 3: Supper Club
- December 4: Neilson's Travels
- December 5: Library Luncheon: Peter Britt
- December 6: Music with Jon Galfano
- December 8: Victorian Christmas: Carolers & trolley rides in Jacksonville
- December 9: Christmas Light Scenic Drive
- December 11: Music with Lee Stewart
- December 12: Lunch Club
- December 12: Staff v. Residents Wii Bowling Tournament
- December 15: Holiday Treasures & Angel Art Event in Jacksonville
- December 16: Shopping at Rogue Valley Mall
- December 18: Resident Council Meeting
- December 19: Guild Concert: The Sound of Christmas at the Medford Library
- December 20: Resident Holiday Party!
- December 20: Music with Chris & Dom
- December 21: Victorian Christmas Tours in Jacksonville
- December 22: Music with Brent Olstad
- December 23: Christmas Light Scenic Drive
- December 24: Christmas Eve
- December 25: Merry Christmas!
- December 26: December Birthday Party!
- December 27: Music with Tracy & Kathy
- December 28: Chocolate Candy Day
- December 29: Scenic Drive
- December 30: Shopping at Rogue Valley Mall

Follow us on Social Media:
[Facebook.com/BarnettWoods](https://www.facebook.com/BarnettWoods)
Blog.radiantseniorliving.com
 Radiantsrliving on Instagram
 Radiantvoices on Instagram
 RadiantSrLiving on Twitter
[Pinterest.com/radiantsrliving](https://www.pinterest.com/radiantsrliving)
 Radiant Senior Living on YouTube

December Birthdays!



We hope you enjoy your special day!

- 1st - Jeanie W.**
- 3rd - Curtis L.**
- 10th - Byron H.**
- 14th - Lori B.**
- 24th - Pam M.**

Meet a Resident!

Bob

Bob comes to us from Mariposa, CA where he had his hand in three different professions. Bob worked as a heavy duty mechanic for 30+ years, had his own cabinet shop for 20 years, and taught Blacksmith lessons for the California Blacksmith Association for 27 years. One of Bob's creations is a beautiful grandfather clock that adorns his room at Barnett. He has created many over the years for friends and family. Bob's wife, Ingrid, was a surgical RN and moonlighted as a clarinet player in her own ensemble, Inky's Basement Band. Bob moved to Medford to be close to his son and grandchildren. Thank you for choosing Barnett Woods to be your home, Bob. We are thrilled to have you with us!



Meet a Team Member!

Liz

Liz is the longest standing member of our Barnett Woods team. November 1st marked her 13 year anniversary with us! Liz and her husband, Eloy, will be celebrating 21 years of marriage this November as well. They have three beautiful children. Liz enjoys her work with seniors and also enjoys working at local vineyards during the harvesting season. She loves being outdoors in the fresh air with a great view of the mountains. If Liz had her way, she would spend every weekend crabbing at the coast in Bandon, OR. We are so fortunate to have her kindness and dedication here with us at Barnett Woods!

December 2018

Barnett Woods • 2979 East Barnett Road, Medford, Oregon • (541) 779-6943

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Dec 1st in last row) 2 9:15 Sunday Service with Pastor Ed 10:30 Tai Chi 12:30 Rogue Valley Mall 2:00 Library Work 2:30 Dominoes / Rummy 3:30 Hymn Sing	3 9:20 Queen Pins Practice 10:00 Stories & Coffee 10:30 Sit and Be Fit 1:00 Bingo 2:15 Poker & Beer 4:00 Supper Club	4 10:00 Sudoku & Coffee 10:30 Women with weights 10:30 Wii Bowling - Men 1:00 Menu Meeting 2:00 Holiday Crafting 3:30 <i>Neilson's Travels</i>	5 9:00 Blood Pressure Clinic 9:20 Queen Pins Practice 10:30 Sit and Be Fit 11:00 Library Luncheon: Peter Britt 2:00 Bingo 5:00 Christmas Light Tour	6 10:00 Crosswords & Coffee 10:30 Stretch for Flexibility 10:30 Wii Bowling - Men 1:00 Fancy Fingers - Nail polishing 2:00 Library Work 3:30 <i>Music: Jon Galfano</i>	7 9:20 Queen Pins Practice 9:30 AM Shopping Trip 10:30 Music in Motion 1:00 PM Shopping Trip 1:00 Resident led Bingo 2:00 Resident led Rummy	8 9:30 Poetry & Coffee 10:00 Pet Therapy 10:30 Music in Motion 12:30 Victorian Christmas Carolers & Trolley in Jacksonville 3:30 Wii Games for All
9 10:00 Chicken Soup for the Soul & Coffee 10:30 Tai Chi 1:00 Dominoes / Rummy 2:00 Library Work 3:30 Hymn Sing 5:00 Christmas Light Tour	10 9:20 Queen Pins Practice 10:00 Stories & Coffee 10:30 Sit and Be Fit 1:00 Bingo 2:15 Poker & Beer 3:30 Holiday Sing-a-Long 5:15 Vikings v. Seahawks	11 10:00 Poetry & Coffee 10:30 Women with weights 10:30 Wii Bowling - Men 1:00 Activities Meeting 2:00 Holiday Crafting 3:30 <i>Music w/ Lee Stewart</i>	12 9:20 Queen Pins Practice 10:30 Sit and Be Fit 11:00 Lunch Club 1:00 Bingo 2:00 Staff v. Residents Wii Bowling Tournament 3:30 Wrapping Station	13 10:00 Crosswords & Coffee 10:30 Stretch for Flexibility 10:30 Wii Bowling - Men 1:00 Holiday Journaling - Share your Stories! 2:00 Library Work 3:00 Wii Games for All	14 9:20 Queen Pins Practice 9:30 AM Shopping Trip 10:30 Music in Motion 1:00 PM Shopping Trip 1:00 Resident led Bingo 2:00 Resident led Rummy	15 9:30 Stories & Coffee 10:00 Pet Therapy 10:30 Music in Motion 12:30 Holiday Treasures & Angel Art Exhibit in Jacksonville 3:00 Wii Games for All
16 9:30 Chicken Soup for the Soul & Coffee 10:30 Tai Chi 2:00 Library Work 2:30 Dominoes / Rummy 3:30 Hymn Sing	17 9:20 Queen Pins Practice 10:00 Music in Motion 10:30 Sit and Be Fit 1:00 Bingo 2:15 Poker 5:15 Saints v. Panthers	18 10:00 Sudoku & Coffee 10:30 Sit and Be Fit 10:30 Wii Bowling - Men 1:00 Resident Council Meeting 2:00 Holiday Crafting 3:30 Wrapping Station	19 9:20 Queen Pins Practice 10:30 Women with weights 11:00 Guild Concert: Christmas Handbells 1:00 Bingo 2:00 Library Work 3:30 Wii Games for All	20 10:00 Stories & Coffee 10:30 Sit and Be Fit 10:30 Wii Bowling - Men 1:00 Mexican Train/ Rummy 3:30 Holiday Party! <i>Music: Chris & Dom</i>	21 9:20 Queen Pins Practice 9:30 AM Shopping Trip 10:30 Music in Motion 1:00 PM Shopping Trip 1:00 Resident led Bingo 2:00 Resident led Rummy 3:30 <i>John J.: Rocks, Fossils</i>	22 9:30 Sudoku & Coffee 10:00 Pet Therapy 10:30 Music in Motion 12:30 Victorian Christmas Tours - Jacksonville 3:00 Wii Games for All 3:30 <i>Brent Olstad on piano</i>
23 9:30 Chicken Soup for the Soul & Coffee 10:30 Tai Chi 1:00 Dominoes / Rummy 2:00 Library Work 3:30 Hymn Sing 5:00 Christmas Light Tour	24 9:20 Queen Pins Practice 10:00 Stories & Coffee 10:30 Sit and Be Fit 1:00 Bingo 2:15 Poker & Beer 3:30 Holiday Sing-a-Long 5:15 Broncos v. Raiders	25 MERRY CHRISTMAS! 10:00 Crosswords & Coffee 10:30 Women with weights 10:30 Wii Bowling - Men 11:15 Christmas Dinner 1:00 Mexican Train / Rummy 2:30 Wii Games for All	26 9:20 Queen Pins Practice 10:00 Wii Bowling Match w/ Northridge at BW 10:30 Sit and Be Fit 2:00 Bingo 3:30 December Birthday Party!	27 10:00 Poetry & Coffee 10:30 Stretch for Flexibility 10:30 Wii Bowling - Men 1:00 Memory Lane w/ Staff & Residents 2:00 Library Work 3:30 <i>Music: Tracy & Kathy</i>	28 9:20 Queen Pins Practice 9:30 AM Shopping Trip 10:30 Music in Motion 1:00 PM Shopping Trip 1:00 Resident led Bingo 2:00 Resident led Rummy	29 9:30 Stories & Coffee 10:00 Pet Therapy 10:30 Music in Motion 12:30 Words games IN2L 1:30 Scenic Drive 3:00 Wii Games for All
30 9:30 Chicken Soup for the Soul & Coffee 10:30 Tai Chi 12:30 Rogue Valley Mall 2:00 Library Work 2:30 Dominoes / Rummy 3:30 Hymn Sing	31 9:20 Queen Pins Practice 10:00 Stories & Coffee 10:30 Sit and Be Fit 1:00 Bingo 2:15 Poker & Beer 3:30 Sing-a-Long at piano		HAPPY BIRTHDAY!! 1st - Jeanie W. 3rd - Curtis L. 10th - Byron H. 14th - Lori B. 24th - Pam M.	CALENDAR KEY: Outings <i>Entertainment</i> Meetings / Special Events		Saturday, December 1st 9:30 Sudoku & Coffee 10:00 Pet Therapy 10:30 Music in Motion 12:30 Medford Holiday Tree Display 2:30 Wii Games for All 3:30 <i>Music: Louis Faro</i>