

DECEMBER 2018

# The Terrace at Mountain Creek

1005 Mountain Creek Road Chattanooga, TN 37405. (423) 874 0200. [www.theterraceatmountaincreek.com](http://www.theterraceatmountaincreek.com)



## The Terrace Management Team

**Executive Director**  
Cathy McMillon

**Director of Health & Wellness**  
Jennifer Stephenson

**Memory Care Director**  
Courtney Brown

**Director of Recreation & Events**  
Kristen Bonsor

**Director of Culinary Services**  
Conrad Gregory

**Director of Facilities Operations**  
Matthew Chandler

**Senior Lifestyle Counselor**  
Staci Pomeroy

**Senior Lifestyles Counselor**  
Alison Beckham

**Business Office Manager**  
Rachel Johnson



## *HAPPY HOLIDAYS*

*The 2018 Terrace Christmas Choir Concert will be held on Friday, December 21<sup>st</sup> at 2:00 p.m. We are very excited to present the hard work of our residents and hope to see you there!*





On December 12<sup>th</sup> the North shore Fellowship Choir will be coming to do some Christmas Caroling!

On December 13<sup>th</sup> St. Peters Elementary School Choir will be visiting to sing.

On December 18<sup>th</sup> Tyner Middle Academy Choir will be here spreading holiday joy as well!



Christmas Lights

December 17<sup>th</sup> – December 20<sup>th</sup> at 6:00 p.m. we will be taking a tour of the Chattanooga Christmas Lights. Make sure to sign up at the front desk to save your seat!



Just a friendly reminder that we are trying to make our home better so please bear with us this holiday season!

## DECEMBER BUS OUTINGS

### Mondays

9:00 a.m. Bank & Errands

10:00 a.m. Walmart/ Dollar Tree

1:00 p.m. Mystery Ride

Wednesday 12/5 Lunch Out "Red Lobster"  
10:30a.m.

Wednesday 12/12 Lunch Out "Pizza Bros"  
10:30 a.m.

Wednesday 12/19 Lunch Out "Cheddars"  
10:00 a.m.

Wednesday 12/26 Lunch Out "Moes"  
10:00 a.m.

December 17<sup>th</sup> – December 20<sup>th</sup> 6:00 p.m.  
Christmas Lights

## *SANTA IS COMING TO THE TERRACE!*

I hope you're on the nice list this year! Santa is coming to The Terrace and will be here on Friday, December 20<sup>th</sup> from 4:00p.m. – 5:00 p.m.

Bring the family and come enjoy some Christmas Spirit!



## Santa Baby !

### December Birthdays

Mary Ann Reese ..... 4 <sup>th</sup>	Jean Tipps ..... 8 <sup>th</sup>
Charlotte Gibney ..... 13 <sup>th</sup>	Elizabeth Everett ..... 15 <sup>th</sup>
Carolyn White ..... 15 <sup>th</sup>	Nina Donahoo ..... 15 <sup>th</sup>
Lera Stewart ..... 20 <sup>th</sup>	Roy Hicks ..... 23 <sup>rd</sup>
Mary Alspaugh ..... 25 <sup>th</sup>	Carol Maxwell ..... 28 <sup>th</sup>
Helen Wade ..... 30 <sup>th</sup>	Ty Hardin ..... 31 <sup>st</sup>

## Christmas Films

If you would like to be even more in the holiday spirit we will be showing a Christmas Movie every Friday at 1:00 p.m. and 6:00 p.m. in the Tivoli Center.. with a side of delicious hot coaco of course!

### Showtimes

December 7<sup>th</sup> : Prancer  
 December 14<sup>th</sup>: It's a Wonderful Life  
 December 21<sup>st</sup>: Miracle on 34<sup>th</sup> Street  
 December 24<sup>th</sup>: A Christmas Story  
 December 25<sup>th</sup>: White Christmas  
 December 28<sup>th</sup>: Great Expectations

### WELCOME NEW RESIDENTS

Cay Gray

Helen Bridges

## O Christmas Tree, O Christmas Tree



Starting the First week of December we will be decorating the halls for our "Tree Festival"!

The Terrace will be having a Christmas tree decorating contest with our vendors so make sure you come out and vote for which tree you like best throughout the month!



It may be chilly outside but that doesn't mean we can't keep walking! To keep those joints warm we will be continuing to count our steps this season ending the month with a walking club party!

If you still need a pedometer to count your steps, you can find them on the 5<sup>th</sup> floor in the Tivoli Center!

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## KEEPING YOU SAFE THIS HOLIDAY SEASON



Make sure when hanging holiday decorations (including wreaths) that they are fire retardant! To do this you can look on the tags or just ask us to spray your decorations for you. This is to keep everyone safe and our home up to state regulations!

## DECEMBER CHRISTMAS PROGRAM AT RED BANK BAPTIST

The Bus will be taking residents out for two nights for the Christmas Program..

December 8<sup>th</sup> at 2:30 p.m.

December 9<sup>th</sup> at 4:30 p.m.



**Red Bank**  
BAPTIST CHURCH

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