

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2018

“Sometimes It Only Takes 1 Song To Bring Back A Thousand Memories”

<p>9:30- Morning Stretch 10:30-Clean Around The House 11:00- LUNCH 12:00- Christmas Music 1:30-Snack 3:00- Christmas Coloring 4:00- DINNER 5:00-Evening News</p>							<p>2</p>	<p>9:30- Rest And Digest 10:30- Sensory Board 11:00- LUNCH 12:30-Snack 1:30- Christmas Movie "Polar Express" 3:15- Finish The Statement 4:00- DINNER 5:00- Evening News</p>							<p>3</p>	<p>9:30-Painting/Coloring 10:30- Antique Cars 11:00- LUNCH 12:30- Christmas Cookies 1:30-Mandala Art 2:00- Snack 2:30-Walk The Building 4:00- DINNER 5:00-News Recap</p>							<p>4</p>	<p>9:30- Career Talk 10:00- Snack 11:00- LUNCH 12:30-Residents Choice 2:00- Sittercise 3:30- Catch The Balloon 4:00- DINNER 5:00- Name That Tune</p>							<p>5</p>	<p>9:30- Parachute 10:00- Snack 11:00- Lunch 12:30-Noon Stretch 2:30-Looking Back 4:00- DINNER 5:00- Music Time</p>							<p>6</p>	<p>9:30- Sit To Be Fit 10:30-Table Ball 11:00- LUNCH 12:30-Finish That Statement 1:30- Snack 4:00- DINNER 5:00-Balloon Toss</p>							<p>7</p>	<p>9:30- Morning Exercise 10:00- Sensory Stick 11:00- LUNCH 12:00- Sit and Stretch 1:00- Snack 2:00-Ornament Making 3:30- Pretty Nails and Trivia 4:00- DINNER 5:00- Board Games</p>							<p>8</p>
<p>9:30-Groovin to the Oldies 10:15- Pretty Nails/Trivia 11:00-LUNCH 12:30-Rest And digest 1:00-Parachute 1:30-Table Ball 2:15-Snack 3:00-Walk The Building 4:00-DINNER</p>							<p>9</p>	<p>9:30-Christmas Paint Stamps 10:30- Clean Up 11:00-LUNCH 12:30-Sittercise 1:15-Snack 2:00-Counting With Dice 3:00-Table Setup 4:00-DINNER</p>							<p>10</p>	<p>9:30-Whats The Big Picture 10:30-Pass Christmas Stick 11:00-LUNCH 12:00- Noon News 1:15- Snack 2:00-Family Memories 3:00-Pipe Cleaner Art 4:00-DINNER</p>							<p>11</p>	<p>9:30-Painting/Coloring 10:30- Antique Cars 11:00- LUNCH 12:30- Christmas Cookies 1:30-Mandala Art 2:00- Snack 2:30-Walk The Building 4:00- DINNER 5:00-News Recap</p>							<p>12</p>	<p>9:30-Bean Bag Toss 10:15- Santa Name Plates 11:00-LUNCH 12:30-Finish That Phrase 1:15- Snack 2:00-Sit And Stretch 3:00- Set The Table 4:00-DINNER 5:00-Family Chat</p>							<p>13</p>	<p>9:30-Paint Stamps/Brush 10:30- Clean Up 11:00-LUNCH 12:30-Sittercise 1:15-Snack 2:00-Counting With Dice 3:00-Table Setup 4:00-DINNER 5:00-Discuss the 70's</p>							<p>14</p>	<p>9:30- Morning Exercise 10:00- Sensory Stick 11:00- LUNCH 1:00- Christmas Songs 2:00- Balloon Tennis 2:45-Snack 3:00- Mandala Art 4:00- DINNER 5:00- Evening News</p>							<p>15</p>
<p>9:30- Morning Stretch 10:30-Clean Around The House 11:00- LUNCH 12:00- Christmas Music 1:30- Snack 3:00- Christmas Coloring 4:00- DINNER 5:00-Evening News</p>							<p>16</p>	<p>9:30- Rest And Digest 10:30- Sensory Board 11:00- LUNCH 12:30-Snack 1:30- Christmas Movie "the Grinch" 3:15- Finish The Statement 4:00- DINNER 5:00- Evening News</p>							<p>17</p>	<p>9:30-Painting/Coloring 10:30- Antique Cars 11:00- LUNCH 12:30- Christmas Cookies 1:30-Mandala Art 2:00- Snack 2:30-Walk The Building 4:00- DINNER 5:00-News Recap</p>							<p>18</p>	<p>9:30- Career Talk 10:00- Snack 11:00- LUNCH 12:30-Residents Choice 2:00- Sittercise 3:30- Catch The Balloon 4:00- DINNER 5:00- Name That Tune</p>							<p>19</p>	<p>9:30- Parachute 10:00- Snack 11:00- Lunch 12:30-Noon Stretch 2:30-Looking Back 4:00- DINNER 5:00- Music Time</p>							<p>20</p>	<p>9:30- Sit To Be Fit 10:30-Table Ball 11:00- LUNCH 12:30-Finish That Statement 1:30- Snack 4:00- DINNER 5:00-Balloon Toss</p>							<p>21</p>	<p>10:00- Hot cocoa/chat 11:00- LUNCH 12:00- Sit and Stretch 1:00- Snack 2:00- Christmas Word Building 3:30- Pretty Nails and Trivia 4:00- DINNER 5:00- Board Games</p>							<p>22</p>
<p>9:30- Christmas Bible Study 10:00- UP and Stretch 11:00- LUNCH 12:30-Organizing the Magazines/Reading 1:30-Family Memories 2:30-Snack 4:00-DINNER</p>							<p>23</p>	<p>10:00- Wrapping Paper Designs 11:00- LUNCH 12:30- Cotton Ball Snowman 2:00-Snack 3:00- Snow Ball Toss 4:00-DINNER 5:30- Christmas Snack</p>							<p>24</p>	<p>CHRISTMAS! 9:00-Rest and Digest 10:00- Pass The Snowman 11:00-LUNCH 12:00- Resident Council 1:00- Snack 2:00- Christmas Movie "Home Alone"</p>							<p>25</p>	<p>9:30-Groovin to the Oldies 10:15- Pretty Toes/Trivia 11:00-LUNCH 12:30-Rest And digest 1:00-Parachute 1:30-Table Ball 2:15-Snack 3:00-Walk The Building 4:00- DINNER</p>							<p>26</p>	<p>9:30-Bean Bag Toss 10:15- Painting/Coloring 11:00-LUNCH 12:30-Finish That Phrase 1:15- Snack 2:00-Sit And Stretch 3:00- Set The Table 4:00-DINNER 5:00-Family Chat</p>							<p>27</p>	<p>9:30-Sittercise 10:15-Who Am I 11:00-LUNCH 12:30-Westerns/Nails 2:00-Snack 3:00- Head To Toe Stretch 4:00-DINNER 5:00-Family Recap</p>							<p>28</p>	<p>9:30-Whats The Big Picture 10:30-Stretch Stretch! 11:00-LUNCH 12:00- Noon News 1:15- Snack 2:00-Family Memories 3:00-Pipe Cleaner Art 4:00-DINNER</p>							<p>29</p>
<p>9:30- Bible Study 10:15-Mandala Art 11:00-LUNCH 12:30-Family Stories 1:15- Snack 2:30-Stretch 4:00-DINNER 5:00- News Recap</p>							<p>30</p>	<p>9:30-Paint Stamps/Brush 10:30- Clean Up 11:00-LUNCH 12:30-Sittercise 1:15-Snack 2:00-Counting With Dice 3:00-Table Setup 4:00-DINNER</p>							<p>31</p>	<p style="text-align: center;">Memory Care! Resident Council Meeting <u>Last Tuesday</u> Every Month.</p>																																							

